

ARIZONA



TRACK AND FIELD

20

16

★ STATE CHAMPIONSHIPS ★

AIA

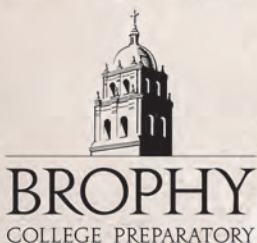


BROPHY

JESUIT COLLEGE PREP

Brophy: *Men for Others* on and off the field

As a Catholic, Jesuit high school, Brophy is one of over 450 high schools and universities across the globe. We are committed to the vision of education established by St. Ignatius of Loyola: to develop the whole student —body, mind, and spirit.



www.brophyprep.org



2015-16 Executive Board



EXECUTIVE DIRECTOR
HAROLD SLEMMER, Ed.D.



PRESIDENT
MIKE DeLaO
Governing Board Member
Safford Unified District
Arizona School Boards Assn.



VICE PRESIDENT
DR. ANNA BATTLE
Asst. Superintendent
Of Plant Operations
Tempe Union HS District
5A Conference



MEMBER
MARK GOODMAN
Superintendent
St. David
1A Conference



MEMBER
JACOB HOLIDAY
Athletic Director
Monument Valley HS
3A Conference



MEMBER
JOE PADDOCK, CMAA
District Athletic Director
Amphitheater Unified District
4A Conference



MEMBER
SR. LYNN WINSOR
Athletic Director
Xavier College Prep
Arizona Interscholastic Athletic
Administrators Association



MEMBER
DR. CAMILLE CASTEEL
Superintendent
Chandler Unified School District
Arizona Superintendents
Association



MEMBER
TRAVIS UDALL
Superintendent
Round Valley
AdvancED

MAPPING OUR MEMBER SCHOOLS



**Arizona Interscholastic
Association**

Phoenix Metro Area

Agua Fria
Alhambra
American Leadership Academy
Apache Junction
Apollo
Arcadia
Arete Prep
Arizona Charter
Arizona Lutheran
Arizona College Prep
ASU Prep
Barry Goldwater
Basha
Bella Vista
Benjamin Franklin
Betty H. Fairfax
Boulder Creek
Bourgade Catholic
Brophy Prep
Buckeye Union
Cactus
Cactus Shadows
Camelback
Campo Verde
Canyon State Academy
Carl Hayden
Centennial
Central
Cesar Chavez
Chandler
Chandler Prep
Chaparral
Combs
Copper Canyon
Corona del Sol
Coronado
Cortez
Deer Valley
Desert Edge
Desert Mountain
Desert Ridge
Desert Vista
Dobson
Dysart
Estrella Foothills
Fountain Hills
Gilbert
Gilbert Christian
Gilbert Classical Academy
Glendale
Glendale Prep
Greenway
Hamilton
Highland
Higley
Horizon
Horizon Honors
Imagine Prep
Independence
Ironwood
Joy Christian
La Joya
Liberty
Marcos de Niza
Maricopa
Maryvale
McClintock
Mesa

Mesa Prep
Mesquite
Millennium
Moon Valley
Mountain Pointe
Mountain Ridge
Mountain View (Mesa)
North
North Canyon
North Pointe Prep
Northwest Christian
Notre Dame Prep
Paradise Honors
Paradise Valley
Peoria
Perry
Phoenix Christian
Phoenix Country Day
Phoenix Day School Deaf
Pinnacle
Poston Butte
Queen Creek
Rancho Solano
Raymond Kellis
Red Mountain
Saguaro
Salt River
San Tan Foothills
Sandra Day O'Connor
Scottsdale Christian
Scottsdale Prep
Sequoia Charter
Seton Catholic
Shadow Mountain
Shadow Ridge
Sierra Linda
Skyline
South Mountain
St. Mary's
Sunnyslope
Sunrise Mountain
Tempe
Tempe Prep
Thunderbird
Thunderbird Adventist
Tolleson
Tonopah Valley
Trevor Browne
Valley Christian
Valley Lutheran
Valley Vista
Veritas Prep
Verrado
Washington
Westview
Westwood
Williams Field
Willow Canyon
Xavier Prep
Youngker

Tucson Area

Academy of Tucson
Alta Vista
Amphitheater
Arizona School Deaf Blind
Canyon Del Oro
Catalina
Catalina Foothills

Cholla
Cienega
Desert Christian
Desert View
Empire
Flowing Wells
Green Fields Country Day
The Gregory School
Immaculate Heart
Ironwood Ridge
Marana
Mountain View (Marana)
Palo Verde
Pueblo
Pusch Ridge Christian
Rincon
Sabino
Sahuaro
Salpointe Catholic
Santa Rita
St. Augustine
St. Gregory Prep
Sunnyside
Tanque Verde
Tucson

Flagstaff Area

Coconino
Flagstaff
Northland Prep

Yuma Area

Cibola
Gila Ridge
Kofa
San Luis
San Pasqual
Yuma
Yuma Catholic

1 Ajo
2 Alchesay
3 Antelope
4 Ash Fork
5 Baboquivari
6 Bagdad
7 Beaver Dam
8 Benson
9 Bisbee
10 Blue Ridge
11 Bowie
12 Bradshaw Mountain
13 Buena
14 Camp Verde
15 Casa Grande
16 Chinle
17 Chino Valley
18 Cibecue
19 Clifton
20 Coolidge
21 Douglas
22 Duncan
94 El Capitan
24 Florence
25 Fort Thomas
26 Fredonia
27 Ganado
28 Gila Bend
29 Globe
30 Grand Canyon

31 Greyhills Academy
32 Hayden
33 Holbrook
34 Hopi
35 Joseph City
36 Kingman
23 Kingman Academy
37 Lake Havasu
88 Lee Williams
38 Lourdes Catholic
39 Many Farms
40 Mayer
41 Miami
42 Mingus
95 Mingus Mountain
43 Mogollon
44 Mohave
49 Mohave Accelerated
45 Monument Valley
46 Morenci
48 Nogales
50 Page
51 Parker
52 Patagonia
53 Payson
54 Pima
55 Pinon
56 Prescott
57 Ray
58 Red Mesa
47 Red Valley-Cove
59 Rio Rico
60 River Valley
61 Rock Point
62 Rough Rock
63 Round Valley
64 Safford
65 Sahuarita
66 Salome
67 San Carlos
68 San Manuel
69 San Simon
70 Santa Cruz
71 Sedona Red Rock
72 Seligman
73 Shonto Prep
74 Show Low
75 Snowflake
76 St. David
77 St. Johns
78 St. Michael
79 Superior
80 Thatcher
81 Tohono O'odham
82 Tombstone
83 Tuba City
84 Valley (Sanders)
85 Valley Union
87 Vista Grande
86 Walden Grove
89 Wickenburg
90 Willcox
91 Williams
92 Window Rock
93 Winslow

PROUD SPONSORS OF THE ARIZONA INTERSCHOLASTIC ASSOCIATION.



Learn more at ValleyToyotaDealers.com |



TOYOTA
Let's Go Places

VALLEY TOYOTA DEALERS

AUTONATION

I-10 and Elliot Road
Tempe 480-598-0000

AVONDALE

10005 W. Papago Freeway
Avondale 623-936-7700

BELL ROAD

2020 W. Bell Road
Phoenix 602-863-0600

BIG TWO

1250 S. Gilbert Road
Chandler 480-898-6000

CAMELBACK

1550 E. Camelback Road
Phoenix 602-264-2841

EARNHARDT

6136 E. Auto Loop Avenue
Mesa 480-807-9700

LARRY MILLER

8633 W. Bell Road
Peoria 623-876-3400

RIGHT

7701 E. Frank Lloyd Wright Blvd.
Scottsdale 480-778-2200

RIVERVIEW

202 and Dobson Road
Mesa 480-655-4400

SURPRISE

303 and Waddell Road
Surprise 623-312-3100



Recent Girls State Championship Results

YEAR	STATE CHAMPION (PTS)	DIVISION IV STATE RUNNERUP (PTS)	THIRD-PLACE FINISHER (PTS)
2015	Scottsdale Prep (116)	Pima (65.33)	Flagstaff Northland Prep (64)
2014	Scottsdale Prep (141)	Tempe Prep (91)	Chandler Valley Christian (57)
2013	Tucson Pusch Ridge Christian (75)	Tempe Prep (58.5)	Scottsdale Prep (54)
2012	Tucson Pusch Ridge Christian (95)	Tempe Prep (84.50)	Chandler Valley Christian (81.5)
2011	Tempe Prep (97.5)	Chandler Valley Christian (88)	St. Johns (47.5)

YEAR	STATE CHAMPION (PTS)	DIVISION III STATE RUNNERUP (PTS)	THIRD-PLACE FINISHER (PTS)
2015	Show Low (68.5)	(TIE) Fountain Hills (51)	Sahuarita (51)
2014	Cottonwood Mingus (68.33)	Fountain Hills (54.5)	Safford (45.33)
2013	Cottonwood Mingus (89)	Sedona Red Rock (68)	Gilbert Higley (52)
2012	Cottonwood Mingus (106)	Show Low (66.33)	Gilbert Higley (61.33)
2011	Gilbert Higley (72)	Goodyear Estrella Foothills (64)	Rio Rico (52)

YEAR	STATE CHAMPION (PTS)	DIVISION II STATE RUNNERUP (PTS)	THIRD-PLACE FINISHER (PTS)
2015	Phoenix South Mountain (56)	Buckeye Youngker (55)	CC Cactus Shadows (50.42)
2014	Tucson Catalina Foothills (52)	Glendale Cactus (47)	Buckeye Youngker (45)
2013	Tucson Salpointe Catholic (88)	Tempe (43)	Tucson Ironwood Ridge (37.5)
2012	Tucson Salpointe Catholic (85)	Tucson Canyon Del Oro (72)	Tucson Ironwood Ridge (52)
2011	Tucson Canyon Del Oro (76.5)	Tucson Catalina Foothills (42)	Glendale Independence (41)

YEAR	STATE CHAMPION (PTS)	DIVISION I STATE RUNNERUP (PTS)	THIRD-PLACE FINISHER (PTS)
2015	Tempe Mountain Pointe (108)	Chandler (101)	Tempe Desert Vista (87.5)
2014	Chandler (129)	Tempe Desert Vista (123.5)	Gilbert Highland (53)
2013	Chandler (139)	Tempe Desert Vista (84)	Mesa Mt. View (61)
2012	Chandler (147)	Gilbert Highland (63)	Chandler Hamilton (52)
2011	Chandler (224.5)	Chandler Hamilton (71)	Phoenix Xavier Prep (61)

YEAR	1A CONFERENCE	2A CONFERENCE	3A CONFERENCE
2010	Joseph City (97.50)	Phoenix Valley Lutheran (70)	Heber Mogollon (64)
2009	Tempe Prep (115)	Phoenix Valley Lutheran (72)	Tucson St. Augustine (69)
2008	Tempe Prep (187)	Flagstaff Northland Prep (94)	Joseph City (66)
2007	Tempe Prep (165)	Flagstaff Northland Prep (91.5)	Joseph City (71)
2006	Tempe Prep (165)	Phoenix Valley Lutheran (85)	Heber Mogollon (83)

YEAR	1A CONFERENCE	2A CONFERENCE	3A CONFERENCE
2010	Chandler Valley Christian (116)	Phoenix Northwest Christian (82)	Bisbee (66)
2009	Chandler Valley Christian (216)	Phoenix Northwest Christian (88.5)	Phoenix Christian (33)
2008	Chandler Valley Christian (192.5)	Morenci (79)	Phx Northwest Christian (71.5)
2007	Chandler Valley Christian (182)	Benson (93)	Morenci (64)
2006	Chandler Valley Christian (149)	Yuma Catholic (102)	Benson (73)

YEAR	1A CONFERENCE	2A CONFERENCE	3A CONFERENCE
2010	Estrella Foothills (100)	Sedona Red Rock (71)	Payson (55)
2009	Lakeside Blue Ridge (102)	Estrella Foothills (96)	Sedona Red Rock (64.5)
2008	Lakeside Blue Ridge (112.5)	Sedona Red Rock (93)	Snowflake (52)
2007	Sedona Red Rock (82)	Snowflake (77)	Kayenta Monument Valley (72)
2006	Lakeside Blue Ridge (111.5)	Snowflake (77)	Kayenta Monument Valley (55)

YEAR	1A CONFERENCE	2A CONFERENCE	3A CONFERENCE
2010 4A-1	Queen Creek (78)	Tucson Canyon Del Oro (77)	Glendale Apollo (46)
2010 4A-2	Scottsdale Notre Dame (81)	Goodyear Desert Edge (71)	Glendale Cactus (56)
2009 4A-1	Tucson Sahuaro (86.5)	Tucson Canyon Del Oro (73)	Glendale Cactus (63)
2009 4A-2	Queen Creek (96)	Glendale Raymond Kellis (85)	Flagstaff (63)
2008 4A-1	Glendale Cactus (66)	Glendale Apollo (65)	Tucson Sahuaro (56)
2008 4A-2	Phoenix Greenway (99)	Glendale Raymond Kellis (83)	Queen Creek (63)
2007 4A-1	Glendale Cactus (67)	Tucson Sahuaro (64)	Glendale Apollo (63)
2007 4A-2	Queen Creek (134.5)	Flagstaff Sinagua (55)	Bradshaw Mountain (54)
2006 4A-1	Tucson Canyon Del Oro (69.5)	Glendale Apollo (66)	Scottsdale Chaparral (43)
2006 4A-2	Queen Creek (123)	Prescott Valley Bradshaw Mountain (76)	Flagstaff Sinagua (49)

YEAR	1A CONFERENCE	2A CONFERENCE	3A CONFERENCE
2010 5A-1	Chandler (177.50)	Tempe Desert Vista (84.50)	Phoenix Xavier Prep (84)
2010 5A-2	Oro Valley Ironwood Ridge (101)	Tucson Rincon (74)	Glendale Deer Valley (58)
2009 5A-1	Chandler (176)	Phoenix Xavier Prep (100)	Tempe Desert Vista (82)
2009 5A-2	Oro Valley Ironwood Ridge (108)	Glendale Deer Valley (77)	Tucson Rincon (74)
2008 5A-1	Chandler (141.5)	Phoenix Xavier Prep (99)	Tempe Desert Vista (55.5)
2008 5A-2	Phoenix South Mountain (110)	Glendale Deer Valley (67)	Tucson Rincon (57.5)
2007 5A-1	Chandler (118)	Phoenix Xavier (93)	Mesa Mountain View (65)
2007 5A-2	Phoenix South Mountain (137)	Glendale Sandra Day O'Connor (90)	Glendale Ironwood (77)
2006 5A-1	Chandler (130)	Tempe Desert Vista (82)	Glendale Mountain Ridge (61)
2006 5A-2	Phoenix South Mountain (135)	Glendale Ironwood (89)	Peoria Sunrise Mountain (62)



Recent Boys State Championship Results

YEAR	STATE CHAMPION (PTS)	DIVISION IV STATE RUNNERUP (PTS)	THIRD-PLACE FINISHER (PTS)
2015	Scottsdale Prep (81)	Yuma Catholic (63)	Pima (54.5)
2014	Phoenix Arizona Lutheran (116)	Tucson Pusch Ridge (67)	Scottsdale Prep (51)
2013	Phoenix Arizona Lutheran (59)	Morenci (53)	Chandler Valley Christian (48)
2012	Chandler Valley Christian (60)	(TIE) St. Johns (53.50)	Phx Arizona Lutheran (53.50)
2011	Tempe Prep (79.5)	Phoenix Northwest Christian (54)	Chandler Valley Christian (51.5)

YEAR	STATE CHAMPION (PTS)	DIVISION III STATE RUNNERUP (PTS)	THIRD-PLACE FINISHER (PTS)
2015	Snowflake (75.5)	Rio Rico (54)	Page (38)
2014	Rio Rico (64)	Snowflake (50)	Lakeside Blue Ridge (48.5)
2013	Gilbert Williams Field (82)	Gilbert Higley (73)	Snowflake (66)
2012	Gilbert Higley (74)	Sedona Red Rock (67)	Gilbert Williams Field (63)
2011	Florence (66)	Gilbert Higley (65)	Peoria Liberty (64)

YEAR	STATE CHAMPION (PTS)	DIVISION II STATE RUNNERUP (PTS)	THIRD-PLACE FINISHER (PTS)
2015	Tolleson (66.5)	Yuma Cibola (54)	Yuma Gila Ridge (42.5)
2014	Scottsdale Arcadia (49)	Gilbert Campo Verde (43)	Queen Creek (42)
2013	Glendale Raymond Kellis (47)	(TIE) Queen Creek (42)	Peoria Liberty (42)
2012	Tucson Salpointe Catholic (54)	Tucson Canyon Del Oro (53)	CC Cactus Shadows (40)
2011	Queen Creek (58.5)	Tucson Canyon Del Oro (48)	Scottsdale Notre Dame (44)

YEAR	STATE CHAMPION (PTS)	DIVISION I STATE RUNNERUP (PTS)	THIRD-PLACE FINISHER (PTS)
2015	Tempe Desert Vista (109.5)	Tucson (52)	Mesa Mountain View (47.5)
2014	Tempe Corona del Sol (89.5)	Tempe Desert Vista (63)	Phoenix Brophy Prep (48)
2013	Phoenix Brophy Prep (85)	Tempe Corona del Sol (70)	Tempe Mountain Pointe (55)
2012	Chandler (107.50)	Phoenix Brophy Prep (63)	Tempe Mountain Pointe (46)
2011	Phoenix Brophy Prep (77)	Chandler (73)	Glendale Deer Valley (55.5)

1A CONFERENCE

2010	Joseph City (99.50)	(TIE) Heber Mogollon (75)	Tucson St. Augustine (75)
2009	Tempe Prep (137)	Joseph City (109)	Tucson St. Augustine (60)
2008	Tempe Prep (137)	Joseph City (115)	Pima (77)
2007	Queen Creek Canyon State (219)	Flagstaff Northland Prep (90)	Joseph City (74)
2006	Queen Creek Canyon State (190)	Flagstaff Northland Prep (95)	Joseph City (57)

2A CONFERENCE

2010	Tombstone (87.50)	Tempe Prep (85)	Phoenix Christian (49)
2009	Chandler Valley Christian (116)	Yuma Catholic (76.5)	Phx Northwest Christian (62)
2008	Phoenix Northwest Christian (107)	Chandler Valley Christian (106)	Queen Ck. Canyon State (103)
2007	Chandler Valley Christian (168.5)	Thatcher (107)	St. Johns (54.5)
2006	Thatcher (104)	Chandler Valley Christian (82)	Tombstone (58)

3A CONFERENCE

2010	Sedona Red Rock (95)	Snowflake (77)	Safford (58)
2009	Lakeside Blue Ridge (78)	Snowflake (74)	Winslow (64)
2008	Safford (104)	Lakeside Blue Ridge (89)	Sedona Red Rock (68)
2007	(TIE) Snowflake (74)	Lakeside Blue Ridge (74)	Payson (72)
2006	Payson (120)	Lakeside Blue Ridge (74)	Coolidge (54)


4A CONFERENCE

2010 4A-1	Queen Creek (108)	Tucson Canyon Del Oro (62)	Avondale Agua Fria (61)
2010 4A-2	Peoria Liberty (70)	Phoenix Thunderbird (50.50)	Rio Rico (47)
2009 4A-1	Peoria (68)	Tucson Sabino (59)	Paradise Valley (57)
2009 4A-2	Scottsdale Notre Dame Prep (82)	Higley (70)	Queen Creek (59)
2008 4A-1	Apache Junction (67)	Tucson Sabino (57.5)	Phoenix Thunderbird (49)
2008 4A-2	Queen Creek (73)	Tucson Catalina (54)	Glendale Raymond Kellis (53.5)
2007 4A-1	Avondale Agua Fria (78)	Tucson Canyon Del Oro (50)	Tempe McClintock (48)
2007 4A-2	Goodyear Desert Edge (81)	Scottsdale Arcadia (71)	Queen Creek (69)
2006 4A-1	Avondale Agua Fria (83)	Prescott (76)	Phoenix Greenway (58)
2006 4A-2	Glendale (74)	Queen Creek (61)	Page (54.5)

5A CONFERENCE

2010 5A-1	Chandler (92.16)	Mesa Mountain View (88)	Tempe Desert Vista (76.66)
2010 5A-2	Glendale Deer Valley (69)	Tolleson (67)	OV Ironwood Ridge (66.50)
2009 5A-1	Tempe Desert Vista (157.66)	Chandler (79.50)	Mesa Mountain View (64)
2009 5A-2	Oro Valley Ironwood Ridge (71)	Anthem Boulder Creek (56)	Tucson Rincon (54)
2008 5A-1	Tempe Desert Vista (209.5)	Mesa Mountain View (66)	Chandler (57)
2008 5A-2	Scottsdale Horizon (87)	Tolleson (73.5)	Mesa Desert Ridge (67)
2007 5A-1	Tempe Desert Vista (146)	Chandler (88)	Mesa Mountain View (52)
2007 5A-2	Tolleson (78)	Peoria (70)	Peoria Centennial (62)
2006 5A-1	Chandler (75.2)	Tempe Desert Vista (75)	Chandler Hamilton (48)
2006 5A-2	Peoria Sunrise Mountain (74)	Peoria (66)	Tolleson Westview (60.5)

LOVE THE
LORD YOUR
GOD WITH
ALL YOUR
STRENGTH



**ARIZONA
CHRISTIAN**
UNIVERSITY

ARIZONACHRISTIAN.EDU 
800-247-2697 



Track & Field Schedule of Events

DIVISION I, II, III & IV STATE CHAMPIONSHIPS Mesa Community College

Wednesday, May 4, 2016

Order of Field Events

1:00 pmDiv. II Girls Pole Vault
Div. II Boys Pole Vault
Div. I Boys Pole Vault
Div. II Boys Long Jump
Div. I Girls Long Jump
Div. II Girls Long Jump
Div. I Boys Triple Jump
Div. II Boys Triple Jump
Div. I Girls High Jump
Div. II Girls High Jump
Div. II Boys Shot Put
Div. I Boys Shot Put
Div. I Girls Discus
Div. II Girls Discus

Order of Track Events

3:00 pmDiv. II Girls High Hurdles
Div. I Girls High Hurdles
Div. II Boys High Hurdles
Div. I Boys High Hurdles
 3:45 pmDiv. II Girls 4x800M Relay (FINAL)
Div. I Girls 4x800M Relay (FINAL)
Div. II Girls 100 Meters
Div. I Girls 100 Meters
Div. II Boys 100 Meters
Div. I Boys 100 Meters
 4:50 pmDiv. II Boys 1600 Meters (FINAL)
Div. I Boys 1600 Meters (FINAL)
Div. II Girls 4x100M Relay
Div. I Girls 4x100M Relay
Div. II Boys 4x100M Relay
Div. I Boys 4x100M Relay
 5:35 pmDiv. II Girls 400 Meters
Div. I Girls 400 Meters
Div. II Boys 400 Meters
Div. I Boys 400 Meters
Div. II Girls 300M Hurdles
Div. I Girls 300M Hurdles
Div. II Boys 300M Hurdles
Div. I Boys 300M Hurdles
 7:10 pmDiv. II Boys 800 Meters (FINAL)
Div. I Boys 800 Meters (FINAL)
Div. II Girls 200 Meters
Div. I Girls 200 Meters
Div. II Boys 200 Meters
Div. I Boys 200 Meters
 8:10 pmDiv. II Girls 3200 Meters (FINAL)
Div. I Girls 3200 Meters (FINAL)
Div. II Girls 4x400M Relay
Div. I Girls 4x400M Relay
Div. II Boys 4x400M Relay
Div. I Boys 4x400M Relay

Friday, May 6, 2016

Order of Field Events

1:00 pmDiv. IV Girls Pole Vault
Div. IV Boys Pole Vault
Div. III Girls Pole Vault
Div. III Boys Long Jump
Div. IV Boys Long Jump
Div. IV Girls Triple Jump
Div. III Boys Triple Jump
Div. III Girls Triple Jump
Div. III Girls High Jump
Div. III Boys High Jump
Div. IV Boys High Jump
Div. III Girls Shot Put
Div. IV Girls Shot Put
Div. IV Boys Discus
Div. III Boys Discus

Friday, May 6, 2016

Order of Track Events

3:00 pmDiv. IV Girls High Hurdles
Div. III Girls High Hurdles
Div. IV Boys High Hurdles
Div. III Boys High Hurdles
 3:45 pmDiv. IV Boys 4x800M Relay (FINAL)
Div. III Boys 4x800M Relay (FINAL)
Ambulatory 100 Meters
Div. IV Girls 100 Meters
Div. III Girls 100 Meters
Div. IV Boys 100 Meters
Div. III Boys 100 Meters
 4:55 pmDiv. IV Girls 1600 Meters (FINAL)
Div. III Girls 1600 Meters (FINAL)
Div. IV Girls 4x100M Relay
Div. III Girls 4x100M Relay
Div. IV Boys 4x100M Relay
Div. III Boys 4x100M Relay
Ambulatory 400 Meters
Div. IV Girls 400 Meters
Div. III Girls 400 Meters
Div. IV Boys 400 Meters
Div. III Boys 400 Meters
Div. IV Girls 300M Hurdles
Div. III Girls 300M Hurdles
Div. IV Boys 300M Hurdles
Div. III Boys 300M Hurdles
 7:05 pmDiv. IV Girls 800 Meters (FINAL)
Div. III Girls 800 Meters (FINAL)
Div. IV Girls 200 Meters
Div. III Girls 200 Meters
Div. IV Boys 200 Meters
Div. III Boys 200 Meters
 8:10 pmDiv. IV Boys 3200 Meters (FINAL)
Div. III Boys 3200 Meters (FINAL)
Div. IV Girls 4x400M Relay
Div. III Girls 4x400M Relay
Div. IV Boys 4x400M Relay
Div. III Boys 4x400M Relay

Saturday, May 7, 2016

Order of Field Events

12:00 pmDiv. II Girls Shot Put
Div. III Boys Shot Put
Div. I Girls Shot Put
Div. IV Boys Shot Put
Div. I Boys Discus
Div. IV Girls Discus
Div. II Boys Discus
Div. III Girls Discus
 12:30 pmDiv. I Boys Long Jump
Div. IV Girls Long Jump
Div. III Girls Long Jump
Div. II Girls Triple Jump
Div. I Girls Triple Jump
Div. IV Boys Triple Jump
Div. IV Girls High Jump
Div. II Boys High Jump
Div. I Boys High Jump
 1:30 pmDiv. III Boys Pole Vault
Div. I Girls Pole Vault

Order of Track Events

2:45 pmDiv. IV Girls High Hurdles
Div. III Girls High Hurdles
Div. II Girls High Hurdles
Div. I Girls High Hurdles
Div. IV Boys High Hurdles
Div. III Boys High Hurdles
Div. II Boys High Hurdles
Div. I Boys High Hurdles

Saturday, May 7, 2016 (cont)

Order of Track Events

.....Div. IV Girls 4x800M Relay
Div. III Girls 4x800M Relay
Div. II Boys 4x800M Relay
Div. I Boys 4x800M Relay
 4:00 pmDiv. IV Girls 100 Meters
Div. III Girls 100 Meters
Div. II Girls 100 Meters
Div. I Girls 100 Meters
Div. IV Boys 100 Meters
Div. III Boys 100 Meters
Div. II Boys 100 Meters
Div. I Boys 100 Meters
Div. IV Boys 1600 Meters
Div. III Boys 1600 Meters
Div. II Girls 1600 Meters
Div. I Girls 1600 Meters
 5:15 pmDiv. IV Girls 4x100M Relay
Div. III Girls 4x100M Relay
Div. II Girls 4x100M Relay
Div. I Girls 4x100M Relay
Div. IV Boys 4x100M Relay
Div. III Boys 4x100M Relay
Div. II Boys 4x100M Relay
Div. I Boys 4x100M Relay
Div. IV Girls 400 Meters
Div. III Girls 400 Meters
Div. II Girls 400 Meters
Div. I Girls 400 Meters
Div. IV Boys 400 Meters
Div. III Boys 400 Meters
Div. II Boys 400 Meters
Div. I Boys 400 Meters
 6:40 pmDiv. IV Girls 300M Hurdles
Div. III Girls 300M Hurdles
Div. II Girls 300M Hurdles
Div. I Girls 300M Hurdles
Div. IV Boys 300M Hurdles
Div. III Boys 300M Hurdles
Div. II Boys 300M Hurdles
Div. I Boys 300M Hurdles
Div. IV Boys 800 Meters
Div. III Boys 800 Meters
Div. II Girls 800 Meters
Div. I Girls 800 Meters
 8:00 pmDiv. IV Girls 200 Meters
Div. III Girls 200 Meters
Div. II Girls 200 Meters
Div. I Girls 200 Meters
Div. IV Boys 200 Meters
Div. III Boys 200 Meters
Div. II Boys 200 Meters
Div. I Boys 200 Meters
Div. IV Girls 3200 Meters
Div. III Boys 3200 Meters
Div. II Boys 3200 Meters
Div. I Boys 3200 Meters
 9:35 pmDiv. IV Girls 4x400M Relay
Div. III Girls 4x400M Relay
Div. II Girls 4x400M Relay
Div. I Girls 4x400M Relay
Div. IV Boys 4x400M Relay
Div. III Boys 4x400M Relay
Div. II Boys 4x400M Relay
Div. I Boys 4x400M Relay



Recent T&F State Champions

DIV. IV GIRLS 100 METERS

2015...Kelby Brown, Pima.....	12.82
2014...Morgan Nelson, Scottsdale Prep.....	13.11
2013...Savannah Brown, St. Johns.....	12.82
2012...Marie Sutton, Westwind Prep.....	12.68
2011...Cheryl Montague, Acad. of Tucson.....	13.02

DIV. III GIRLS 100 METERS

2015...Hannah Flodin, Blue Ridge.....	12.54
2014...Briana Myers, Santa Rita.....	12.74
2013...Morgan Chilson, Payson.....	12.56
2012...Jasmin Pratt, Estrella Foothills.....	12.32
2011...Jasmin Pratt, Estrella Foothills.....	12.47

DIV. II GIRLS 100 METERS

2015...Alexis Center, South Mountain.....	11.85
2014...Alexis Center, South Mountain.....	11.99
2013...Micha Crunkleton-Wilson, Salpointe.....	11.89
2012...Micha Crunkleton-Wilson, Salpointe.....	11.80
2011...Promise Amukamara, Apollo.....	12.47

DIV. I GIRLS 100 METERS

2015...Nastasia Peevy, Chandler.....	11.75
2014...Ky Westbrook, Chandler.....	11.69
2013...Ky Westbrook, Chandler.....	11.45
2012...Ky Westbrook, Chandler.....	11.42
2011...Ky Westbrook, Chandler.....	12.22

DIV. IV GIRLS 200 METERS

2015...Crystal Akpede, Arete Prep.....	26.51
2014...Crystal Akpede, Mesa Prep.....	27.11
2013...Savannah Brown, St. Johns.....	26.47
2012...Savannah Brown, St. Johns.....	26.81
2011...Cheryl Montague, Acad. of Tucson.....	26.49

DIV. III GIRLS 200 METERS

2015...Hannah Flodin, Blue Ridge.....	25.73
2014...Symone Wright-Flowers, NW Chr.....	26.18
2013...Morgan Chilson, Payson.....	25.81
2012...Darreyl Woodson, Higley.....	25.63
2011...Jasmin Pratt, Estrella Foothills.....	25.25

DIV. II GIRLS 200 METERS

2015...Alexis Center, South Mountain.....	24.94
2014...Alexis Center, South Mountain.....	25.34
2013...Micha Crunkleton-Wilson, Salpointe.....	24.47
2012...Micha Crunkleton-Wilson, Salpointe.....	24.50
2011...Jaide Stepter, Canyon Del Oro.....	24.99

DIV. I GIRLS 200 METERS

2015...Nastasia Peevy, Chandler.....	24.79
2014...Ky Westbrook, Chandler.....	24.33
2013...Ky Westbrook, Chandler.....	23.39
2012...Ky Westbrook, Chandler.....	24.15
2011...Ky Westbrook, Chandler.....	24.60

DIV. IV GIRLS 400 METERS

2015...Crystal Akpede, Arete Prep.....	58.46
2014...Charlotte Moore, Scottsdale Prep.....	1:00.62
2013...Savannah Brown, St. Johns.....	58.83
2012...Jaclyn Hill, Yuma Catholic.....	1:00.94
2011...Kayla Beene, Tempe Prep.....	1:00.78

DIV. III GIRLS 400 METERS

2015...Taylor McClelland, Sahuarita.....	56.43
2014...Symone Wright-Flowers, NW Chr.....	58.88
2013...Drianna Mustin, Cactus.....	58.24
2012...Jasmin Pratt, Estrella Foothills.....	58.26
2011...Jasmin Pratt, Estrella Foothills.....	56.92

DIV. II GIRLS 400 METERS

2015...Sasha Jarrett, Raymond Kellis.....	57.54
2014...Courtnee Oglesby, Youngker.....	56.79
2013...Micha Crunkleton-Wilson, Salpointe.....	55.41
2012...Diane Gajda, Salpointe.....	55.92
2011...Abbey Barbera, Ironwood Ridge.....	56.68

DIV. I GIRLS 400 METERS

2015...Jasmin Stauffacher-Gray, North C.....	54.36
2014...Jasmin Stauffacher-Gray, North C.....	54.12

DIV. I GIRLS 400 METERS (cont)

2013...Jasmin Stauffacher-Gray, North C.....	55.30
2012...Jasmin Stauffacher-Gray, North C.....	56.34
2011...Destiny Lundy, Hamilton.....	55.85

DIV. IV GIRLS 800 METERS

2015...Abby Miller, Scottsdale Prep.....	2:25.36
2014...Charlotte Moore, Scottsdale Prep.....	2:22.01
2013...Charlotte Moore, Scottsdale Prep.....	2:20.65
2012...Sarah MacDonald, Pusch Ridge.....	2:20.64
2011...Ashton Wolf, Valley Christian.....	2:27.32

DIV. III GIRLS 800 METERS

2015...Allie Schadler, Rio Rico.....	2:15.20
2014...Brianna Loughran, Tuba City.....	2:18.92
2013...Drianna Mustin, Cactus.....	2:17.47
2012...Brianna Loughran, Tuba City.....	2:23.45
2011...Ashley Kealamakia, Liberty.....	2:13.80

DIV. II GIRLS 800 METERS

2015...Carissa Diaz, Vista Grande.....	2:18.47
2014...Katie Izzo, Catalina Foothills.....	2:14.73
2013...Tiffany Riley, Liberty.....	2:15.54
2012...April Steward, Canyon Del Oro.....	2:20.13
2011...Tess Berghoff, Arcadia.....	2:18.06

DIV. I GIRLS 800 METERS

2015...Danielle Jones, Desert Vista.....	2:09.15
2014...Lauren Ellsworth, Highland.....	2:07.61
2013...Danielle Jones, Desert Vista.....	2:12.08
2012...Lauren Ellsworth, Highland.....	2:13.45
2011...Yasmine Yacut, Desert Vista.....	2:14.31

DIV. IV GIRLS 1600 METERS

2015...Maya Smith, Northland Prep.....	5:19.23
2014...Amber Miller, Scottsdale Prep.....	5:17.21
2013...Sarah MacDonald, Pusch Ridge.....	5:17.87
2012...Sarah MacDonald, Pusch Ridge.....	5:20.46
2011...Keven Griffen, Northland Prep.....	5:36.13

DIV. III GIRLS 1600 METERS

2015...Allie Schadler, Rio Rico.....	4:45.15
2014...Allie Schadler, Rio Rico.....	5:04.62
2013...Megan Goettl, Mingus.....	5:08.51
2012...Rolanda Jumbo, Chinle.....	4:57.83
2011...Haley Stenquist, Sabino.....	5:04.75

DIV. II GIRLS 1600 METERS

2015...Bridgette Doucet, CDO.....	4:59.06
2014...Tatiana Gillick, Flagstaff.....	4:59.11
2013...Tatiana Gillick, Flagstaff.....	5:08.11
2012...Taylor Taite, Flagstaff.....	5:12.50
2011...Kylee Kieser, Marcos de Niza.....	5:04.66

DIV. I GIRLS 1600 METERS

2015...Danielle Jones, Desert Vista.....	4:55.02
2014...Danielle Jones, Desert Vista.....	4:48.73
2013...Danielle Jones, Desert Vista.....	4:51.17
2012...Sarah Fakler, Xavier.....	4:58.63
2011...Sarah Fakler, Xavier.....	4:54.39

DIV. IV GIRLS 3200 METERS

2015...Maya Smith, Northland Prep.....	11:22.98
2014...Amber Miller, Scottsdale Prep.....	11:39.56
2013...Sarah MacDonald, Pusch Ridge.....	11:35.11
2012...Sarah MacDonald, Pusch Ridge.....	11:39.01
2011...Catherine Zabalski, Veritas Prep.....	12:14.43

DIV. III GIRLS 3200 METERS

2015...Chamique DuBoise, Window R.....	11:16.92
2014...Daangoiina Haven, Ganado.....	11:13.49
2013...Mykala Seresun, Sed. Red Rock.....	11:27.35
2012...Rolanda Jumbo, Chinle.....	10:37.52
2011...Rolanda Jumbo, Chinle.....	10:50.13

DIV. II GIRLS 3200 METERS

2015...Bridgette Doucet, CDO.....	10:30.57
2014...Tatiana Gillick, Flagstaff.....	10:36.90
2013...Tatiana Gillick, Flagstaff.....	11:12.58

DIV. II GIRLS 3200 METERS (cont)

2012...Tatiana Gillick, Flagstaff.....	11:18.51
2011...Kayla Freeman, Greenway.....	11:04.41

DIV. I GIRLS 3200 METERS

2015...Danielle Jones, Desert Vista.....	10:19.62
2014...Danielle Jones, Desert Vista.....	10:34.16
2013...Sarah Fakler, Xavier.....	10:30.34
2012...Sarah Fakler, Xavier.....	10:33.45
2011...Sarah Fakler, Xavier.....	10:35.48

DIV. IV GIRLS 100 METER HURDLES

2015...Ashley Harrison, Valley Christian.....	15.37
2014...Ashley Harrison, Valley Christian.....	15.48
2013...Emily Shieh, Valley Christian.....	15.77
2012...Sydney Tassielli, Valley Christian.....	15.36
2011...ReBeca Ames, Benson.....	16.19

DIV. III GIRLS 100 METER HURDLES

2015...Kaitlyn Wayne, Monument Valley.....	15.57
2014...Briana Myers, Santa Rita.....	15.00
2013...Briana Myers, Santa Rita.....	14.88
2012...Torey Braly, Mingus.....	15.53
2011...Kenesha Coleman, Higley.....	15.25

DIV. II GIRLS 100 METER HURDLES

2015...Brielle Sterns, Sahuaro.....	14.35
2014...Brielle Sterns, Sahuaro.....	15.00
2013...Alyssa Thompson, Salpointe.....	14.78
2012...Jaide Stepter, Canyon Del Oro.....	14.43
2011...Jaide Stepter, Canyon Del Oro.....	14.62

DIV. I GIRLS 100 METER HURDLES

2015...Autumn Smith, Mountain Pointe.....	14.23
2014...Ky Westbrook, Chandler.....	14.17
2013...Makaila Flannigan, Chandler.....	14.00
2012...Makaila Flannigan, Chandler.....	14.36
2011...Sherrelle Jordan, Chandler.....	14.52

DIV. IV GIRLS 300 METER HURDLES

2015...Shaelyn Trejo, St. David.....	47.64
2014...Shaelyn Trejo, St. David.....	47.42
2013...Samantha Weeman, H. Honors.....	47.60
2012...Sydney Tassielli, Valley Christian.....	46.55
2011...Sydney Tassielli, Valley Christian.....	49.42

DIV. III GIRLS 300 METER HURDLES

2015...Kaitlyn Wayne, Monument Valley.....	46.78
2014...Brooklyn Farar, Safford.....	47.91
2013...Katie Fleming, Saguaro.....	45.02
2012...Torey Braly, Mingus.....	45.65
2011...Torey Braly, Mingus.....	46.14

DIV. II GIRLS 300 METER HURDLES

2015...Alanisse Williams, Youngker.....	45.31
2014...Alanisse Williams, Youngker.....	45.40
2013...Alyssa Thompson, Salpointe.....	42.55
2012...Jaide Stepter, Canyon Del Oro.....	42.01
2011...Jaide Stepter, Canyon Del Oro.....	43.40

DIV. I GIRLS 300 METER HURDLES

2015...Autumn Smith, Mountain Pointe.....	42.94
2014...Jasmin Stauffacher-Gray, North C.....	43.82
2013...Makaila Flannigan, Chandler.....	42.61
2012...Makaila Flannigan, Chandler.....	43.18
2011...Victoria McArthur, Hamilton.....	43.74

DIV. IV GIRLS 400 METER RELAY

2015...Chandler Prep.....	52.11
2014...Yuma Catholic.....	52.27
2013...Chandler Prep.....	52.65
2012...Tucson Pusch Ridge Christian.....	51.03
2011...Tucson Pusch Ridge Christian.....	51.89

DIV. III GIRLS 400 METER RELAY

2015...Sahuarita.....	49.32
2014...Seton Catholic.....	50.31
2013...Glendale Cactus.....	50.20
2012...Higley.....	49.71
2011...Higley.....	49.57



Recent T&F State Champions

DIV. II GIRLS 400 METER RELAY

2015...South Mountain	48.63
2014...Deer Valley	48.02
2013...Tucson Sahuaro	48.33
2012...Verrado	48.39
2011...Glendale Independence	48.43

DIV. I GIRLS 400 METER RELAY

2015...Tempe Mountain Pointe	47.34
2014...Chandler	47.71
2013...Chandler	47.27
2012...Chandler	46.86
2011...Chandler	47.24

DIV. IV GIRLS 1600 METER RELAY

2015...Chandler Prep	4:17.07
2014...Scottsdale Prep	4:09.88
2013...Scottsdale Prep	4:14.18
2012...Tucson Pusch Ridge Christian	4:14.14
2011...Chandler Valley Christian	4:15.62

DIV. III GIRLS 1600 METER RELAY

2015...Sahuarita	4:02.62
2014...Safford	4:07.82
2013...Buckeye Youngker	4:04.62
2012...Buckeye Youngker	4:06.13
2011...Higley	4:10.15

DIV. II GIRLS 1600 METER RELAY

2015...Buckeye Youngker	3:58.12
2014...Buckeye Youngker	3:58.73
2013...Sahuarita	3:53.68
2012...Oro Valley Ironwood Ridge	3:58.20
2011...Scottsdale Arcadia	4:02.36

DIV. I GIRLS 1600 METER RELAY

2015...Chandler	3:52.58
2014...Chandler	3:52.74
2013...Chandler	3:51.05
2012...Chandler	3:51.47
2011...Chandler	3:54.46

DIV. IV GIRLS 3200 METER RELAY

2015...Scottsdale Prep	9:59.14
2014...Scottsdale Prep	9:49.04
2013...Scottsdale Prep	9:46.03
2012...Tucson Pusch Ridge Christian	10:02.57
2011...Scottsdale Christian	10:50.46

DIV. III GIRLS 3200 METER RELAY

2015...Ganado	9:52.96
2014...Cottonwood Mingus	9:48.51
2013...Cottonwood Mingus	9:49.77
2012...Cottonwood Mingus	9:57.63
2011...Rio Rico	9:44.94

DIV. II GIRLS 3200 METER RELAY

2015...Yuma Gila Ridge	9:38.40
2014...Tucson Catalina Foothills	9:33.17
2013...Flagstaff	9:34.69
2012...Flagstaff	9:41.58
2011...Tempe Marcos de Niza	9:42.74

DIV. I GIRLS 3200 METER RELAY

2015...Tempe Desert Vista	9:01.51
2014...Gilbert Highland	9:03.90
2013...Tempe Desert Vista	9:16.13
2012...Gilbert Highland	9:15.38
2011...Gilbert Highland	9:22.51

DIV. IV GIRLS SHOT PUT

2015...Jamie Young, Arete Prep	34-06.00
2014...Miranda Jackson, St. Augustine	34-09.75
2013...Miranda Jackson, St. Augustine	32-08.75
2012...Shayla Hancock, Pima	33-08.00
2011...Shayla Hancock, Pima	35-10.25

DIV. III GIRLS SHOT PUT

2015...Hannah Ringel, Sed. Red Rock	39-04.25
2014...Heather Calandra, Mingus	44-06.25

DIV. III GIRLS SHOT PUT (cont)

2013...Heather Calandra, Mingus	41-00.00
2012...Heather Calandra, Mingus	38-10.75
2011...Nneeka Lankster, Santa Cruz	36-04.75

DIV. II GIRLS SHOT PUT

2015...Jessica Shinkle, Raymond Kellis	41-07.00
2014...Jessica Shinkle, Raymond Kellis	41-10.00
2013...Maritza Murillo, Dysart	39-03.00
2012...Maritza Murillo, Dysart	37-00.50
2011...Jamee Swan, Marana	37-08.00

DIV. I GIRLS SHOT PUT

2015...Corneisha Mitchell, Chandler	43-03.75
2014...Ky Westbrook, Chandler	45-07.75
2013...Ky Westbrook, Chandler	45-02.25
2012...Ashley Weber, Buena	41-09.50
2011...Hannah Carson, Chandler	45-01.50

DIV. IV GIRLS DISCUS

2015...Katelyn Pugh, Joseph City	114-02
2014...Katelyn Pugh, Joseph City	110-00
2013...Katie Koepf, Phoenix Christian	113-02
2012...Katie Koepf, Phoenix Christian	115-02
2011...Shayla Hancock, Pima	113-07

DIV. III GIRLS DISCUS

2015...Sayge McKrill, Show Low	129-01
2014...Gabriella Simon, Sed. Red Rock	116-04
2013...Heather Calandra, Mingus	119-00
2012...Nyomi Mosley, Sedona Red Rock	118-04
2011...Nneeka Lankster, Santa Cruz	112-08

DIV. II GIRLS DISCUS

2015...Sierra Rodriguez, Flowing Wells	127-11
2014...Kayla Melgar, Tempe	143-00
2013...Kayla Melgar, Tempe	134-04
2012...Meredith Alarcio Caldon, CDO	115-00
2011...Alexus Dale, Apollo	131-11

DIV. I GIRLS DISCUS

2015...Corneisha Mitchell, Chandler	135-04
2014...Makenz Holmes-Digiovine, DV	142-09
2013...Makenz Holmes-Digiovine, DV	138-06
2012...Ashley Weber, Buena	133-03
2011...Hannah Carson, Chandler	159-04

DIV. IV GIRLS HIGH JUMP

2015...Amity Brown, Immaculate Heart	5-01.00
2014...McKenna McGrath, St. David	5-05.00
2013...Shea Cottrell, St. David	5-02.00
2012...McKenna McGrath, St. David	5-02.00
2011...Bethany Unkefer, Ariz. Lutheran	5-01.00

DIV. III GIRLS HIGH JUMP

2015...Quintella Johnson, St. Mary's	5-06.00
2014...Tori Wayne, Estrella Foothills	5-06.00
2013...Jordan Abalos, Safford	5-04.00
2012...Aaliyah Cook, Cactus	5-04.00
2011...Rachel Orr, Thatcher	5-10.00

DIV. II GIRLS HIGH JUMP

2015...Anita Eichenour, C. Foothills	5-02.00
2014...Emily Gerard, Catalina Foothills	5-06.00
2013...Kaysee Pilgrim, Barry Goldwater	5-06.00
2012...Emily Gerard, Catalina Foothills	5-06.00
2011...Kinsey Minter, Cactus	5-06.00
2011...Shakayla McEaddy, C. Foothills	5-06.00

DIV. I GIRLS HIGH JUMP

2015...Zarria Willis, Alhambra	5-08.00
2014...Zarria Willis, Alhambra	5-08.00
2013...Shekinah Green, Phoenix Central	5-04.00
2012...Ashlee Moore, Hamilton	5-06.00
2011...Ashlee Moore, Hamilton	5-10.00

DIV. IV GIRLS LONG JUMP

2015...Anika Weisbrod, Scottsdale Prep	17-08.00
2014...Camille Zimmerman, Tempe Prep	16-05.00
2013...Savannah Brown, St. Johns	16-09.25

DIV. IV GIRLS LONG JUMP (cont)

2012...Claire Horvath, Tempe Prep	16-04.00
2011...Courtney Samudio, NW Chr	17-10.50

DIV. III GIRLS LONG JUMP

2015...Kaitlyn Wayne, Monument Valley	18-06.25
2014...Tristen Vaughn, St. Mary's	17-03.75
2013...Vanessa Fox, Snowflake	17-02.00
2012...Darreyl Woodson, Higley	17-09.00
2011...Jerissa Cooper, Coolidge	17-05.00

DIV. II GIRLS LONG JUMP

2015...Brielle Sterns, Sahuaro	18-02.00
2014...Aaliyah Cook, Cactus	18-10.50
2013...Alyssa Thompson, Salpointe	19-03.00
2012...Jaide Stepter, Canyon Del Oro	19-03.00
2011...Brianna Rodriguez, Cienega	18-09.50

DIV. I GIRLS LONG JUMP

2015...Jai Gruenwald, Chandler	18-11.00
2014...Ashlee Moore, Hamilton	18-09.50
2013...Ashlee Moore, Hamilton	19-09.50
2012...Ashlee Moore, Hamilton	19-03.00
2011...Jasmine Todd, Chandler	19-06.50

DIV. IV GIRLS TRIPLE JUMP

2015...Ashley Harrison, Valley Chr	35-08.00
2014...Ashley Harrison, Valley Chr	35-11.75
2013...Elle Uldrich, Pusch Ridge	35-04.50
2012...Abby Maas, Pusch Ridge	35-01.50
2011...Courtney Samudio, NW Chr	35-00.75

DIV. III GIRLS TRIPLE JUMP

2015...Leah Carillo, Fountain Hills	34-06.25
2014...Sydney Olson, Snowflake	36-09.00
2013...Grecia Castillo, Douglas	36-01.75
2012...Nyomi Mosley, Sed. Red Rock	37-03.00
2011...Melissa Castillo, Douglas	36-06.50

DIV. II GIRLS TRIPLE JUMP

2015...Katheryn Nantz, Deer Valley	38-00.25
2014...Darreyl Woodson, Higley	38-06.75
2013...Alyssa Thompson, Salpointe	39-07.00
2012...Alyssa Thompson, Salpointe	38-00.00
2011...Shakayla McEaddy, C. Foothills	36-03.50

DIV. I GIRLS TRIPLE JUMP

2015...Tria Seawater-Simmons, Mt. P	40-04.50
2014...Juliette Cossey, SD O'Connor	37-05.25
2013...Lauren Hicks, Gilbert	37-11.75
2012...Chloe Richardson, Mt. View	37-08.50
2011...Jasmine Todd, Chandler	40-08.50

DIV. IV GIRLS POLE VAULT

2015...Skylar Cavanaugh, Valley Chr	10-09.00
2014...Stephanie Boulger, St. Gregory	11-00.00
2013...Stephanie Boulger, St. Gregory	11-00.00
2012...Chandler Fraley, Valley Christian	12-00.00
2011...Chandler Fraley, Valley Christian	11-00.00

DIV. III GIRLS POLE VAULT

2015...Kaija Bramwell, America Lea	12-07.00
2014...Trista Smith, Fountain Hills	11-00.00
2013...Athena Masolini, Saguardo	11-00.00
2012...Jenna Ingram, Fountain Hills	10-03.00
2011...Cortney Hageman, Mingus	10-06.00

DIV. II GIRLS POLE VAULT

2015...Justice Angel, Saguardo	11-00.00
2014...Athena Masolini, Saguardo	11-03.00
2013...Savannah Whitehead, MDN	12-00.00
2012...Jenny Rolph, Liberty	11-03.00
2011...Ashley Groves, Cienega	11-00.00

DIV. I GIRLS POLE VAULT

2015...Nicole Baker, Highland	12-09.00
2014...Vanessa Davis, Desert Vista	13-00.00
2013...Vanessa Davis, Desert Vista	12-00.00
2012...Hunter Wilkes, Hamilton	12-00.00
2011...Lindsay Pew, Mountain View	12-05.00



Recent T&F State Champions

DIV. IV BOYS 100 METERS

2015...Edwin Lovett, Pusch Ridge.....	11:38
2014...Tonka Watson, Joy Christian.....	11.50
2013...Jerardo Samarripas, Joy Christian.....	10.94
2012...Simon Whitfield, Veritas Prep.....	11.28
2011...Rey Patterson, St. Johns.....	11.10

DIV. III BOYS 100 METERS

2015...Duece Muldrow, Coolidge.....	10.89
2014...Wyatt Chapman, Payson.....	11.05
2013...Tristan DaCosta, Higley.....	10.76
2012...Tyler Johnson, Snowflake.....	10.90
2011...Thomas Moronta, Higley.....	11.08

DIV. II BOYS 100 METERS

2015...Jullian Coronado-Clark, Copper C.....	10:56
2014...Weston Barlow, Queen Creek.....	10.86
2013...Jelani Brice-Moore, Verrado.....	10.99
2012...Scott Simpson, South Mountain.....	10.75
2011...Martwon Weaver, Marcos de Niza.....	11.02

DIV. I BOYS 100 METERS

2015...D.J. Ware, Chandler.....	10.68
2014...Paul Lucas, Mountain Pointe.....	10.66
2013...Paul Lucas, Mountain Pointe.....	10.44
2012...Trae Armstrong, Deer Valley.....	10.48
2011...Trae Armstrong, Deer Valley.....	10.67

DIV. IV BOYS 200 METERS

2015...Treyshon Malone, Yuma Catholic.....	22.31
2014...Dallyn Despain, Mogollon.....	22.84
2013...Jerardo Samarripas, Joy Christian.....	22.33
2012...Bryant James, Tombstone.....	22.25
2011...Rey Patterson, St. Johns.....	22.35

DIV. III BOYS 200 METERS

2015...Duece Muldrow, Coolidge.....	22.29
2014...Ryan Talbot, Mingus.....	22.68
2013...Tristan DaCosta, Higley.....	21.81
2012...Michael Strnad, Higley.....	22.12
2011...Thomas Moronta, Higley.....	22.12

DIV. II BOYS 200 METERS

2015...Jullian Coronado-Clark, Copper C.....	21.68
2014...Kenneth Owens, Williams Field.....	22.08
2013...Deon Parks, Raymond Kellis.....	22.07
2012...Scott Simpson, South Mountain.....	21.95
2011...Jontrell Wooten, Washington.....	21.92

DIV. I BOYS 200 METERS

2015...Marcus Parker, Centennial.....	21.91
2014...Robert Grant, Brophy.....	21.44
2013...Devon Allen, Brophy.....	20.98
2012...Trae Armstrong, Deer Valley.....	20.74
2011...Trae Armstrong, Deer Valley.....	21.37

DIV. IV BOYS 400 METERS

2015...Gabe Galvan, Arizona Lutheran.....	51.37
2014...Gabe Galvan, Arizona Lutheran.....	51.21
2013...Simon Whitfield, Veritas Prep.....	49.12
2012...Preston VanHofwegen, Phx Chr.....	49.45
2011...Hunter McShanag, NW Christian.....	51.26

DIV. III BOYS 400 METERS

2015...Luke Zuluaga, Seton Catholic.....	48.97
2014...Ryan Talbot, Mingus.....	48.50
2013...Tristan DaCosta, Higley.....	48.83
2012...Cameron Woodson, Higley.....	49.26
2011...Josh Weeks, Show Low.....	50.33

DIV. II BOYS 400 METERS

2015...Alex Poe, Tolleson.....	48.86
2014...Bobby Cooper, Washington.....	48.61
2013...Jelani Brice-Moore, Verrado.....	48.51
2012...Jordan McLamb, South Mountain.....	48.63
2011...Brian Canavan, Notre Dame.....	48.73

DIV. I BOYS 400 METERS

2015...Tavian Ross, Tucson.....	48.01
2014...Clark Brown, Mountain View.....	48.63

DIV. I BOYS 400 METERS (cont)

2013...Paul Lucas, Mountain Pointe.....	47.48
2012...Trae Armstrong, Deer Valley.....	46.84
2011...Trae Armstrong, Deer Valley.....	48.64

DIV. IV BOYS 800 METERS

2015...Logan Pinkerton, Gilbert Christian.....	1:59.27
2014...Kyle Cajero, Pusch Ridge.....	1:56.88
2013...Danion Tecle, Morenci.....	1:57.86
2012...Nico Montanez, St. Augustine.....	1:59.32
2011...Emilio Martinez-White, St. August.....	2:00.02

DIV. III BOYS 800 METERS

2015...Carlos Villarreal, Rio Rico.....	1:54.23
2014...Carlos Villarreal, Rio Rico.....	1:53.00
2013...Travis Okie, Sedona Red Rock.....	1:56.52
2012...Matthew Murray, Tuba City.....	1:53.48
2011...Matthew Murray, Tuba City.....	1:54.87

DIV. II BOYS 800 METERS

2015...Simon Paige, Prescott.....	1:56.70
2014...Emilio Vasquez, Catalina Foothills.....	1:55.98
2013...Ethan Homan, Cactus Shadows.....	1:53.96
2012...Andy Trouard, Salpointe.....	1:56.46
2011...Dylan Souza, Catalina Foothills.....	1:56.30

DIV. I BOYS 800 METERS

2015...Jacob Onofrio, Corona del Sol.....	1:57.65
2014...Nathan Rodriguez, Corona del Sol.....	1:52.97
2013...Bernie Montoya, Cibola.....	1:50.19
2012...Bernie Montoya, Cibola.....	1:52.49
2011...Tommy Williams, Brophy.....	1:55.48

DIV. IV BOYS 1600 METERS

2015...Logan Pinkerton, Gilbert Christian.....	4:32.64
2014...Josh Hoskinson, Arizona Lutheran.....	4:23.82
2013...Josh Hoskinson, Arizona Lutheran.....	4:20.19
2012...Nico Montanez, St. Augustine.....	4:28.29
2011...David Hoskinson, AZ Lutheran.....	4:31.36

DIV. III BOYS 1600 METERS

2015...Carlos Villarreal, Rio Rico.....	4:03.97
2014...Carlos Villarreal, Rio Rico.....	4:19.27
2013...Jeffery Miller, Page.....	4:21.06
2012...Juan Wells, Mingus.....	4:21.63
2011...Billy Orman, Tuba City.....	4:06.75

DIV. II BOYS 1600 METERS

2015...Simon Paige, Prescott.....	4:14.35
2014...Lucky Schreiner, Campo Verde.....	4:14.08
2013...Andrew Garcia, Canyon Del Oro.....	4:23.17
2012...Juan Trouard, Salpointe.....	4:19.70
2011...Daniel Wong, Canyon Del Oro.....	4:24.61

DIV. I BOYS 1600 METERS

2015...Logan Jones, Highland.....	4:17.30
2014...Nathan Rodriguez, Corona del Sol.....	4:11.75
2013...Bernie Montoya, Cibola.....	4:05.89
2012...Bernie Montoya, Cibola.....	4:14.69
2011...Bernie Montoya, Cibola.....	4:12.01

DIV. IV BOYS 3200 METERS

2015...Adam Wong, San Pasqual.....	9:52.12
2014...Josh Hoskinson, Arizona Lutheran.....	9:26.83
2013...Josh Hoskinson, Arizona Lutheran.....	9:28.51
2012...Nico Montanez, St. Augustine.....	9:46.82
2011...Josh Hoskinson, Arizona Lutheran.....	9:56.72

DIV. III BOYS 3200 METERS

2015...Jeffery Miller, Page.....	9:20.07
2014...Jeffery Miller, Page.....	9:20.24
2013...Searle Tracy, Chinle.....	9:24.64
2012...Juan Wells, Mingus.....	9:29.30
2011...Billy Orman, Tuba City.....	8:48.63

DIV. II BOYS 3200 METERS

2015...Simon Paige, Prescott.....	9:23.59
2014...Lucky Schreiner, Campo Verde.....	9:12.38
2013...Andrew Garcia, Canyon Del Oro.....	9:31.12

DIV. II BOYS 3200 METERS (cont)

2012...Andy Trouard, Salpointe.....	9:25.89
2011...Daniel Wong, Canyon Del Oro.....	9:27.51

DIV. I BOYS 3200 METERS

2015...Tyler Day, Mesquite.....	9:28.02
2014...Nathan Rodriguez, Corona del Sol.....	9:25.50
2013...Bernie Montoya, Cibola.....	8:56.60
2012...Bernie Montoya, Cibola.....	9:08.70
2011...Bernie Montoya, Cibola.....	9:24.06

DIV. IV BOYS 110 METER HURDLES

2015...Treyshon Malone, Yuma Catholic.....	14.92
2014...Michael Massadeh, AZ Lutheran.....	15.93
2013...Wayne Newman, San Manuel.....	14.52
2012...Wayne Newman, San Manuel.....	14.80
2011...Caleb Fraley, Valley Christian.....	14.76

DIV. III BOYS 110 METER HURDLES

2015...Andre Davis, Sedona Red Rock.....	14.85
2014...Tanner Bingham, Round Valley.....	15.07
2013...Quincy Stokes, Williams Field.....	14.92
2012...Dustin Shumway, Snowflake.....	15.26
2011...Jacob Rawlins, Snowflake.....	15.20

DIV. II BOYS 110 METER HURDLES

2015...Trey Johnson, Tolleson.....	14.83
2014...Darren Dorsey, Thunderbird.....	14.41
2013...Dedrick Harris, Queen Creek.....	14.93
2012...Chris Hawks, Verrado.....	14.59
2011...Lezo Urreiztieta, Canyon Del Oro.....	14.70

DIV. I BOYS 110 METER HURDLES

2015...Isaiah Oliver, Brophy Prep.....	14.05
2014...Tevin Mayfield, Corona del Sol.....	14.02
2013...Devon Allen, Brophy.....	13.59
2012...Devon Allen, Brophy.....	13.58
2011...Cameron Taylor, Westwood.....	13.81

DIV. IV BOYS 300 METER HURDLES

2015...Treyshon Malone, Yuma Catholic.....	39.08
2014...Jess Llanez, Arizona Lutheran.....	41.27
2013...Wayne Newman, San Manuel.....	38.41
2012...Wayne Newman, San Manuel.....	39.79
2011...Caleb Fraley, Valley Christian.....	40.33

DIV. III BOYS 300 METER HURDLES

2015...Jake Hageman, Shadow Ridge.....	39.81
2014...Jordan Davis, Safford.....	39.87
2013...Dustin Shumway, Snowflake.....	39.15
2012...Chris Oestmann, Sedona Red Rock.....	39.28
2011...Alfonso Mejia, Douglas.....	39.76

DIV. II BOYS 300 METER HURDLES

2015...Anthony Stennis, Camelback.....	38.79
2014...Anthony Phelps, Deer Valley.....	38.00
2013...Dedrick Harris, Queen Creek.....	39.00
2012...Dedrick Harris, Queen Creek.....	38.40
2011...Colton Lock, Queen Creek.....	38.18

DIV. I BOYS 300 METER HURDLES

2015...Isaiah Oliver, Brophy.....	36.54
2014...Robert Grant, Brophy.....	36.33
2013...Devon Allen, Brophy.....	36.74
2012...Devon Allen, Brophy.....	36.94
2011...Cameron Taylor, Westwood.....	37.05

DIV. IV BOYS 400 METER RELAY

2015...Joy Christian.....	44.00
2014...Phoenix Christian.....	43.76
2013...Joy Christian.....	43.32
2012...Joy Christian.....	44.39
2011...Phoenix Christian.....	43.76

DIV. III BOYS 400 METER RELAY

2015...Snowflake.....	43.09
2014...Lakeside Blue Ridge.....	43.81
2013...Gilbert Williams Field.....	42.40
2012...Higley.....	42.49
2011...Higley.....	42.16



Recent T&F State Champions

DIV. II BOYS 400 METER RELAY

2015 ...Tolleson.....	41.91
2014 ...Tempe Marcos de Niza.....	41.79
2013 ...Glendale Raymond Kellis.....	41.90
2012 ...Glendale Raymond Kellis.....	42.06
2011 ...Oro Valley Ironwood Ridge.....	42.09

DIV. I BOYS 400 METER RELAY

2015 ...Tucson.....	42.17
2014 ...Tempe Desert Vista.....	41.93
2013 ...Sandra Day O'Connor.....	41.28
2012 ...Tempe Mountain Pointe.....	40.46
2011 ...Phoenix South Mountain.....	41.40

DIV. IV BOYS 1600 METER RELAY

2015 ...Gilbert Christian.....	3:27.92
2014 ...Arizona Lutheran.....	3:34.15
2013 ...Morenci.....	3:24.87
2012 ...Morenci.....	3:29.25
2011 ...Yuma Catholic.....	3:31.67

DIV. III BOYS 1600 METER RELAY

2015 ...Chandler Seton Catholic.....	3:25.02
2014 ...Cottonwood Mingus.....	3:26.67
2013 ...Higley.....	3:22.10
2012 ...Safford.....	3:23.67
2011 ...Peoria Liberty.....	3:26.88

DIV. II BOYS 1600 METER RELAY

2015 ...Buckeye Verrado.....	3:22.92
2014 ...Tucson Sahuaro.....	3:24.36
2013 ...Peoria Liberty.....	3:23.23
2012 ...Phoenix Washington.....	3:21.29
2011 ...Tucson Catalina Foothills.....	3:19.89

DIV. I BOYS 1600 METER RELAY

2015 ...Phoenix Brophy Prep.....	3:18.55
2014 ...Phoenix Brophy Prep.....	3:20.47
2013 ...Tempe Corona del Sol.....	3:18.24
2012 ...Chandler.....	3:15.52
2011 ...Glendale Deer Valley.....	3:16.95

DIV. IV BOYS 3200 METER RELAY

2015 ...Scottsdale Prep.....	8:22.11
2014 ...Gilbert Christian.....	8:23.80
2013 ...Chandler Valley Christian.....	8:23.60
2012 ...Chandler Valley Christian.....	8:12.88
2011 ...Tucson St. Augustine.....	8:17.39

DIV. III BOYS 3200 METER RELAY

2015 ...Rio Rico.....	8:03.05
2014 ...Rio Rico.....	7:55.38
2013 ...Rio Rico.....	8:08.14
2012 ...Cottonwood Mingus.....	8:08.39
2011 ...Rio Rico.....	8:04.63

DIV. II BOYS 3200 METER RELAY

2015 ...Tempe McClintock.....	8:02.04
2014 ...Tucson Catalina Foothills.....	7:58.95
2013 ...Tucson Catalina Foothills.....	8:04.76
2012 ...Cave Creek Cactus Shadows.....	8:05.49
2011 ...Tucson Catalina Foothills.....	7:55.69

DIV. I BOYS 3200 METER RELAY

2015 ...Gilbert Highland.....	7:54.71
2014 ...Tempe Corona del Sol.....	7:54.60
2013 ...Tempe Corona del Sol.....	7:51.19
2012 ...Tempe Corona del Sol.....	7:49.80
2011 ...Mesa Mountain View.....	7:52.09

DIV. IV BOYS SHOT PUT

2015 ...Weston Wright, Scottsdale Prep.....	47-01.25
2014 ...Weston Wright, Scottsdale Prep.....	45-05.25
2013 ...Dayton Nussle, Valley Christian.....	46-00.75
2012 ...Joseph Greer, Benson.....	47-05.25
2011 ...KJ Gould, Scottsdale Christian.....	49-04.75

DIV. III BOYS SHOT PUT

2015 ...Jaisen Brown, Show Low.....	50-04.25
2014 ...Conner Allen, Safford.....	48-08.50

DIV. III BOYS SHOT PUT (cont)

2013 ...Jacob Moore, Sedona Red Rock.....	55-00.50
2012 ...Jacob Moore, Sedona Red Rock.....	55-07.50
2011 ...Kevin McDonald, Seton Catholic.....	52-08.25

DIV. II BOYS SHOT PUT

2015 ...Abraham Thompson, Cibola.....	55-08.75
2014 ...Nik Mercer, South Mountain.....	56-04.00
2013 ...Matthew Garcia, Sunnyslope.....	51-08.00
2012 ...Ghaleb Al-saleh, Vista Grande.....	55-02.25
2011 ...Jose Rojas, Nogales.....	51-03.00

DIV. I BOYS SHOT PUT

2015 ...Torrey Hickel, Desert Vista.....	57-03.00
2014 ...Troy Kowalski, Mountain Ridge.....	59-01.25
2013 ...Dylan Fischer, Desert Vista.....	60-05.00
2012 ...Shawn Collins, Chandler.....	58-10.25
2011 ...Brandon Pineda, Tolleson.....	61-06.00

DIV. IV BOYS DISCUS

2015 ...Weston Wright, Scottsdale Prep.....	155-10
2014 ...Daken Hawkins, Pima.....	149-10
2013 ...Ben Miller, Willcox.....	149-03
2012 ...Aidan Wright, Scottsdale Prep.....	146-00
2011 ...Matt Summerset, Desert Christian.....	144-11

DIV. III BOYS DISCUS

2015 ...Nick Dunker, Combs.....	145-01
2014 ...Drake DeYonge, Palo Verde.....	146-00
2013 ...Jacob Moore, Sedona Red Rock.....	160-01
2012 ...Anfernee Alexander, Santa Cruz.....	175-01
2011 ...Jacob McBride, Safford.....	153-10

DIV. II BOYS DISCUS

2015 ...Turner Washington, CDO.....	172-08
2014 ...Jacob McCrory, Vista Grande.....	161-10
2013 ...	
2012 ...Mike Foley, Notre Dame.....	165-02
2011 ...Jose Rojas, Nogales.....	162-02

DIV. I BOYS DISCUS

2015 ...Elijah Mason, Desert Vista.....	172-02
2014 ...Beau Eggers, Hamilton.....	175-08
2013 ...Dylan Fischer, Desert Vista.....	181-08
2012 ...Travis Colby, Chandler.....	172-10
2011 ...Jeremy Tuttle, Buena.....	182-02

DIV. IV BOYS HIGH JUMP

2015 ...Tyler Jones, Grand Canyon.....	6-02.00
2014 ...Tyler Jones, Grand Canyon.....	6-04.00
2013 ...Lane Bentley, Mogollon.....	6-07.00
2012 ...Lane Bentley, Mogollon.....	6-06.00
2011 ...Pau Tonneson, Tempe Prep.....	6-04.00

DIV. III BOYS HIGH JUMP

2015 ...Michael Williams, Shadow Ridge.....	6-08.00
2014 ...Giancarlo Narvarte, Lee Williams.....	6-06.00
2013 ...Colton Wilson, Round Valley.....	6-07.00
2012 ...Jared Roth, Amphitheater.....	6-08.00
2011 ...Shane Nelson, Liberty.....	6-04.00

DIV. II BOYS HIGH JUMP

2015 ...Reed Bussey, Queen Creek.....	6-08.00
2014 ...Cameron Crandell, CDO.....	6-08.00
2013 ...Amel Andrews, Thunderbird.....	6-06.00
2012 ...Taj Brewer, Betty Fairfax.....	6-04.00
2011 ...Jared Roth, Amphitheater.....	6-04.00

DIV. I BOYS HIGH JUMP

2015 ...Sam Shoultz, Corona del Sol.....	6-10.00
2014 ...Bryant O'Georgia, North Canyon.....	7-02.75
2013 ...Bryant O'Georgia, North Canyon.....	6-10.00
2012 ...Zack Peschke, Gilbert.....	6-08.00
2011 ...Michael Okonkwo, Chandler.....	6-08.00

DIV. IV BOYS LONG JUMP

2015 ...Treyshon Malone, Yuma Cath.....	22-06.25
2014 ...Gabe Galvan, Arizona Lutheran.....	21-08.25
2013 ...Wayne Newman, San Manuel.....	22-08.25

DIV. IV BOYS LONG JUMP (cont)

2012 ...Konner Lee, St. Johns.....	22-06.50
2011 ...Pau Tonneson, Tempe Prep.....	22-11.25

DIV. III BOYS LONG JUMP

2015 ...Jordan Banister, Buckeye.....	22-05.50
2014 ...Jordan Banister, Buckeye.....	22-07.25
2013 ...Jabril Taylor, Buckeye.....	21-10.50
2012 ...Tyler Johnson, Snowflake.....	23-04.50
2011 ...Dimitri Jones, Higley.....	23-04.50

DIV. II BOYS LONG JUMP

2015 ...Derrick Monroe, Cibola.....	24-00.75
2014 ...Quinton Rusk, Central.....	23-06.75
2013 ...Brandon Murphy, Liberty.....	22-04.75
2012 ...Khalil Hakim, Raymond Kellis.....	23-00.00
2011 ...Jamil Williams, Agua Fria.....	22-11.75

DIV. I BOYS LONG JUMP

2015 ...Lawrence Wallace, Tucson.....	25-01.75
2014 ...Paul Lucas, Mountain Pointe.....	24-04.50
2013 ...Marcus Flannigan, Chandler.....	23-08.00
2012 ...Travonn White, Mt. Pointe.....	24-05.50
2011 ...Just'N Thymes, Hamilton.....	23-05.00

DIV. IV BOYS TRIPLE JUMP

2015 ...Nick Winn, Scottsdale Chr.....	42-08.75
2014 ...Josh Carollo, Pusch Ridge.....	43-07.00
2013 ...Konner Lee, St. Johns.....	44-06.50
2012 ...Konner Lee, St. Johns.....	44-06.25
2011 ...Pau Tonneson, Tempe Prep.....	46-04.50

DIV. III BOYS TRIPLE JUMP

2015 ...Seth Jarus, Wickenburg.....	44-04.50
2014 ...Ryan Rodriguez, Seton.....	43-07.50
2013 ...Landon Godfrey, Snowflake.....	45-04.50
2012 ...Derrius Kelly, Williams Field.....	45-11.50
2011 ...Jacob Rawlins, Snowflake.....	44-06.00

DIV. II BOYS TRIPLE JUMP

2015 ...Allen Alonso, Kofa.....	46-00.00
2014 ...Stephfon Hayden, Poston Butte.....	47-05.50
2013 ...Stephon Wells, Arcadia.....	46-01.25
2012 ...Robert Metz, Canyon Del Oro.....	47-00.25
2011 ...Craig Mattox, Thunderbird.....	45-06.00

DIV. I BOYS TRIPLE JUMP

2015 ...Kyle Frost, Dobson.....	47-01.50
2014 ...Sam Tooker, Chaparral.....	46-11.75
2013 ...Hayden McClain, SD O'Connor.....	50-08.25
2012 ...Hayden McClain, SD O'Connor.....	48-08.50
2011 ...Benjamin Ngonomo, C. Grande.....	47-09.25

DIV. IV BOYS POLE VAULT

2015 ...Eric Cochran, Valley Christian.....	14-06.00
2014 ...Sherod Bride, St. Johns.....	13-06.00
2013 ...Mike Huls, Scottsdale Christian.....	14-03.00
2012 ...Jacob Manuel, Benson.....	13-00.00
2011 ...Paul Corona, Yuma Catholic.....	15-09.00

DIV. III BOYS POLE VAULT

2015 ...Cody McBride, Blue Ridge.....	13-06.00
2014 ...Quentin Scott, Snowflake.....	14-00.00
2013 ...Timothy Ryan, Sed. Red Rock.....	14-06.00
2012 ...Keith Williams, Payson.....	14-03.00
2011 ...Daniel Patterson, Show Low.....	14-06.00

DIV. II BOYS POLE VAULT

2015 ...John Wenig, Thunderbird.....	14-06.00
2014 ...Timothy Duckworth, Arcadia.....	16-02.75
2013 ...Will Hooper, Moon Valley.....	15-00.00
2012 ...Adrian Childress, Copper Cyn.....	15-03.00
2011 ...Greg Peterson, Queen Creek.....	15-00.00

DIV. I BOYS POLE VAULT

2015 ...Connor Stevens, Hamilton.....	16-04.75
2014 ...Connor Stevens, Hamilton.....	15-03.00
2013 ...Grant Sisserson, Horizon.....	17-00.00
2012 ...Garrett Starkey, Basha.....	16-06.00
2011 ...Garrett Starkey, Basha.....	16-00.00

Burks Aims to Track Down Distance Titles

Perry Senior Believes It's "My Turn"

By Les Willsey
azpreps365.com

In May 2013 Cade Burks was just happy to be part of the Division I 800-meter state final contingent. He was the only freshman to qualify that year. Did well. Won his heat. Then took a seat to view the second heat.

"It was fun watching that next heat," Burks recalled. "You had (Cibola's) Bernie (Montoya), (Highland's) Logan Woolf, (Corona del Sol's) Nate Rodriguez and (Rincon's) Ryan Silva going at it. There was a lot of high-end talent out there. Some of them nationally. They were fast."

That they were. Montoya, who owns the state record in the 800 and 3,200, set the state record that night in 800 (1:50.19). The top five runners in that heat timed out under 1:55. Montoya swept the 800, 1,600 and 3,200 at the meet. Rodriguez went on to sweep the same events the following year. Burks realized with that type of talent in front of him he would have to be patient. His turn, if he acquits himself this week, may have arrived.

Fast forward to now. The Perry senior brings the top times to the D-I finals in the 800 and 1,600 on Wednesday (May 4) at Mesa Community College. His season best in the 800 occurred two-and-a-half weeks ago at the Pioneer Invitational (1:55.37). His top time in the 1,600 is 4:18.28 and was clocked at the Chandler Rotary in mid-March. Burks completes his participation on Saturday (May 7) anchoring the 4X800 relay and competing in the 3,200.

"I've been watching others run since I was in middle school and there have been so many good ones," Burks, who is headed to Northern Arizona University in the fall, said. "I saw (Tuba City's) Billy Orman set records (1,600 and 3,200). And then all those guys my freshman year".

With all the competition he witnessed the past five years in particular and all the distance state records falling, it might have persuaded him to compete in a sport other than running. No such luck.

"I played football through junior high and I ran," I knew the choice I needed to make. Decide if I wanted to be a mediocre football player or be a great runner. It wasn't much of a choice."

Burks has made steady progress in his prep career, despite all the talent he's bumped up against. He's won his share of invitationals, mostly this season, as experience and maturity have helped him prevail.

Some of his triumphs in 2015-16: In cross country he won the prestigious Doug Conley Invitational. At the D-I state meet he sheared 34 seconds off his time from the previous year to finish at 16:03 -- second to Desert Vista's DJ Harris. After finishing 11th in the 800 as a freshman, he's nabbed runner-up honors at state in the 800 the last two seasons -- to Rodriguez (1:52.97) in 2014 with his career best time of 1:54.22 and to Corona's Jacob Onofrio in 2015.

He and Onofrio ran in different heats last year. Onofrio's heat was the "slower" heat, although not much separated those competing in the two heats. Burks won the "fast" heat and Onofrio the "slow" heat. Onofrio's time was better. They likely will compete in the same heat this year.



Perry's Cade Burks (photo courtesy of Ron Ceton)

"My heat came out super-slow,," Burks said. "The first lap was like 60 or 61 seconds. That was the difference."

What the last two years' results in cross country/track add up to is no individual state titles for Burks. That motivates. As does an admittedly disappointing junior campaign.

After the 2014 cross country season (his junior year) concluded he was lethargic. After consulting a naturopath, the finding was low levels of key nutrients. Treatment helped replenish. When track ended five months late, Burks concluded the physical part wasn't the main issue.

"I was low on some nutrients," Burks said. "It was as much a mental thing as anything else. I was seeded No.1 in track most of my junior year. I just didn't get it done...."

"Last year I thought I could step up. Be the one. I need it to be my turn this year."

Division II State Track & Field

Featuring Marana Mt. View's Justice Summerset

By Andy Morales
azpreps365.com

Justice Summerset passed for 5,264 yards in his career, good enough to put him in the top four in the history of Southern Arizona, but the Marana Mountain View quarterback is also a high jumper. A very good one.

Why settle for fourth best when you can be the best?

Summerset set the Southern Arizona track scene on fire when he cleared 6 feet 8 inches when he was in only middle school. That mark would have given him the Division II state championship last year but Summerset has divided his time between football, 7-on-7 football, the long jump, the 400-meter dash, and various other sprints as well as the skill that earned him a scholarship to the University of Arizona – the high jump.

Summerset cleared 6-4 as a sophomore at the Division II state championships and 6-6 as a junior. He took second last year but it will be difficult for someone to jump higher than him this time.

Summerset has officially passed 7 feet four times this spring, each time getting closer and closer to the state record held by North Canyon's Bryant O'Georgia. O'Georgia set the record of 7-2 ¼ at the state championships in 2014.

How difficult is it to jump past 7-2? Gabriel Beechum (Casa Grande) did it in 1989 and that record stood till O'Georgia's jump two years ago.

Then, on a bright April day, came 7 feet, 2 ½ inches.

Summerset set the new state record at the Southern Arizona Championships on April 23 and his jump stood as the best in the nation until Noah Martin of Spokane cleared 7-3 later that same day.

Martin is headed to Montana State and Summerset will soon be a Wildcat.

As mentioned before, Summerset was being pulled in several directions. Summerset won the USATF National Junior Olympic Track & Field high jump title in 2014 in the 15-16 Division at 6 feet 8 ¾ but he was also being invited to the Rivals Quarterback Challenge, the Five-Star QB Challenge, the Rivals Combine, the USA Football Combine and the Blue-Grey Combine.

He was getting looks by Arizona, UCLA, Oklahoma and Texas A&M according to his father Robert.

"Which sport will it be?" his father told us last sum-



Justice Summerset (photo by Andy Morales of azpreps365.com)

mer. "Football or track? For now, we do not know, but he is having fun with it."

Well, Summerset can say goodbye to football because the high jump is a full-time sport in college.

"I'm super excited about being a Wildcat," Summerset said before he signed his NLI at a ceremony held at Mountain View. "This is a dream come true. I might run a bit but I get to focus on the high jump now."

His training will officially shift to the high jump once he graduates from Mountain View. The unique and specific training for that sport will be under the guidance of the Arizona staff. Who knows what his true potential will be under those circumstances?

CHANDLER UNIFIED SCHOOL DISTRICT NO. 80

Dedicated to Excellence

In Academics, Athletics, and Arts

Arizona College Preparatory • Basha High School • Chandler High School • Hamilton High School • Perry High School

District of Champions



Badminton • Baseball • Basketball • Cross Country • Football • Golf • Soccer
Softball • Swimming • Tennis • Track & Field • Unified Sports • Volleyball • Wrestling

Dr. Camille Casteel, Superintendent

www.cusd80.com

1525 West Frye Road • Chandler • Arizona • 85224

480.812.7000

KUKULSKI BROTHERS

Proud Souvenir Vendors
for



KUKULSKIBROTHERS INC. • 4834 S. 40TH ST. • PHOENIX, AZ 85040 • 602.386.3460

Division III State Track & Field

Seton's Zuluaga Blazed His Way to Stardom Quickly

By Jose Garcia
azpreps365.com

Like breathing, Luke Zuluaga believed running fast was just one of his daily functions.

That was until one of his good friends, Dominic Johnson, asked Zuluaga last year if he'd consider joining Seton Catholic's track and field team. Seton Catholic needed sprinters, and Johnson encouraged his defensive back mate, Zuluaga, to sign up.

Off Zuluaga took, and the then junior didn't look back, unless it was to see who was chasing him during a race. Remarkably, he went on to win the Division III state 400-meter race in his first season and is now the 62-year-old school's 400-meter record holder.

Zuluaga is still scratching the surface of his potential, but his inexperience shouldn't keep him from more state high school glory. "People have asked me why it took me so long to start running," Zuluaga said. "I was just doing other sports."

Besides breathing, football, baseball and basketball also occupied Zuluaga's time at the start of his high school career.

But his focus now is on just one sport and his final high school meet. His next career track marker arrives on the day he's circled many times over — May 7, the day of the Division III track and field finals at Mesa Community College.

This time, he isn't shooting for just one title in his final high school race. The goal is to win the 100-meter, 4x100-meter relay, 400-meters and 200-meter titles.

It won't be easy with the competition in the field, but if one of Zuluaga's strengths is his final kick, he is capable of catching the quadruple feat. Individual objectives aside, Zuluaga is a team-first student athlete.

The state race he is looking forward to the most is the 4x100 relay. Last year, Zuluaga and his 4x400 crew, including Johnson, took state, but Seton Catholic's 4x100 relay team false started in the finals and was disqualified.

This year, Seton's 4x100 team continued to run into obstacles, including injuries. But Zuluaga believes his relay team is now peaking at the right time.

Sophomore Jason Toyne, junior C.J. Holten, co-captain Brandon Garcia, a top scholar athlete this year, and Zuluaga, Seton Catholic's 4x100 anchor, are anxious to learn what they can accomplish at full strength and without false starting.

But another D-III stand out, Tanner Willis, and his Snowflake team will have plenty to say about who will leave Mesa as the 4x100 D-III relay champ. Speaking of co-captains, Zuluaga gladly accepted his new leadership role this year as Seton Catholic's second co-captain.

"As far as the leadership," Zuluaga said, "having to motivate and coach the younger athletes has been a great challenge, but I'm having a great time with it."

This won't be the first or last course in leadership he takes.

The leadership demands will increase tremendously next season when he attends the United States Air Force Academy Prep School on scholarship. He'll be at the school for one season before applying for acceptance into the Air Force Academy.

"From the (Air Force Academy) application alone I knew it was going to be challenging," Zuluaga said. "What got me interested in the Air Force Academy was the recruitment process and the track coaches."

Zuluaga's favorite event is the 400, but if he continues to improve, the 200 might turn out to be his main event in the future. This season, he PR'd in the 200 during the Sun Angel Classic at Arizona State, breaking his personal best by about half a second.

Along with his training regimen at school with Seton Catholic coach Thomas Darby, Zuluaga began working with a Nike runner, E.J. Martin, which has also helped him improve his speed.

"I have never had a runner like Luke in my 10 years at Seton," Darby said. "He qualified for six state events, including, and although he is a sprinter, the 800 meters. Besides having exception-



Seton Catholic's Luke Zuluaga (photo by Adam Rodriguez)

al physical gifts, he does not sacrifice them. He is the hardest worker on the team. Every day he is our consummate example of leadership."

He might need to summon all he can against the speedsters he'll compete against in the 200 and 100 meter state races.

Walden Grove's Jordan Albertie and Sahaurita's Erick Thompson are also expected to perform well in the D-III state sprints. And don't forget about Estrella Foothills' Mr. Do It All, Joe Logan.

Logan got off to a slow start this season after a state runner-up run with his basketball team but finished third in the 100 last year at state.

"At this moment I've done everything possible to put myself in the best position," Zuluaga said. "All I'm doing now is just waiting to get in the blocks and get going."

Zuluaga By The Numbers

Personal Best
100m: 11.03 (ranked 2nd in D-III this season)
200m: 21.75, 1st in D-III (top-5 in state this season)
400m: 48.26, 1st in D-III (top-5 in state this season)
4x100m: 44.01, ranked 6th in D-III

He spent two years playing football. He was a defensive back and wide receiver.



D-IV Track: Gilbert Christian's Pinkerton

By Jose Garcia
azpreps365.com

For those attempting to get in a zone just before competing in a race Logan Pinkerton is in, try to avoid Pinkerton.

Pinkerton doesn't talk trash or play mind games. The senior just enjoys talking with others or to himself before lining up.

It's just Logan being Logan, a carefree kid living without worry.

But peel away the jovial side, and a kid with a strong faith and a passion to compete is revealed.

This is hard to believe because Pinkerton is one of the state's best 800 meter runners this season regardless of division, but the Gilbert Christian senior isn't too into running sometimes. He'll tell his Division IV opponents so.

"I like to joke around, and sometimes I'll line up and say, 'Ugh, I hate running,'" he said. "I'm not like a get up and let's go run type of person."

What Pinkerton does get jacked up for is competing.

As soon as the gun goes off, it's no longer all fun and games with Pinkerton.

"I am a very competitive," he said. "I like the competitive nature of track, of making your time. You're in control."

Logan trails only two runners in higher divisions, Snowflake's Jordan Gardner and Perry's Cade Burks, for the top mark in the 800 so far this season, with less than a second separating them.

Pinkerton's 1:56.30, his personal best in the 800, was clocked at the Sedona Red Rock Invitational this season.

"I think it (the 800) fits my body type," Pinkerton said. "I don't have a lot of speed, but I have the endurance to keep up the speed."

Gilbert Christian is hoping Pinkerton can score as much points as he can on state championship day, May 7.

The senior is penciled in for the 4x4 and 4x8 relays, 800 and 1,600-meter races as well. Last year, he won his first state individual titles in the 800 and 1,600 and was part of Gilbert Christian's 4x400 state championship team.

Gilbert Christian also won the 4x800 title with Pinkerton two years ago. This year, Chandler Prep and Glendale Prep figure to make a run at the titles in the relays.

So Gilbert Christian might need a few breaks to go its way for it to claim a boys team D-IV title. Pinkerton is the clear favorite to win the 800 and 1,600 this year, though.

Pinkerton couldn't remember the last time he lost to D-IV 800 or 1,600 race, but he knows exactly what usually happens when he hits the third lap of the 1,600.

"The third lap is the most mental," he said. "Your body is hurting by that point."

That's just one of the few worries in Pinkerton's life.

Blocking out the noise is one of his strengths and so is his faith.



Gilbert Christian's Logan Pinkerton (#4) (photo courtesy of Melody Pinkerton)

"That (faith) is the source of everything to me," Pinkerton said. "I gain a lot of strength from my faith. It gives me purpose to do everything."

He might be having fun most of the time, but Pinkerton also knows when it's time to buckle down.

In the fall, he'll take his 3.76 GPA to Wheaton College, a well-respected school in Chicago with high academic standards.

"He's a fun-loving kid, but he's come more into responsibility," said Jerry, Pinkerton's dad.

The fact that Pinkerton is about to graduate, preparing for finals and is expected to do well at the state meet isn't weighing him down.

What is stressing him out his new puppy, Aslan, who sleeps in Pinkerton's room and is waking up Pinkerton throughout the night.

"That's the hardest part of my life right now," Pinkerton said.

Of course Pinkerton laughed after he said it.

That's just Logan being Logan.

Pinkerton By The Numbers

Best Times

200M: 23.87

400M: 51.46

800M: 1:56.30

1,600M: 4:29.60

3,200: 10:31.80

Division IV state champ

2014: 4x800

2015: 4x800, 4x400, 800meters, 1,600 meters.



A Decade of Track & Field Champions

1A GIRLS 100 METERS

2010....Cheryl Montague, Academy of Tucson..	12.95
2009....Christy McHugh, Joy Christian	12.72
2008....Cheryl Montague, Academy of Tucson..	13.32
2007....Briana Prince, Tempe Prep	13.51
2006....Ginger Williams, Mogollon	13.11
2005....Ginger Williams, Mogollon	12.96
2004....Ginger Williams, Mogollon	13.06
2003....Sierra Bundy, Fredonia	13.64
2002....Audra Smith, Pima	12.87
2001....Siera Bundy, Fredonia	13.76

2A GIRLS 100 METERS

2010....Katie Warinner, Scottsdale Christian	13.05
2009....Jaszmyne Smith, Phoenix Christian	12.80
2008....Jonelle Robson, Northwest Christian.....	13.19
2007....Brittany Parks, Maricopa	12.60
2006....Lauren Michaels, Arizona Lutheran	12.58
2005....Tiffany Foley, Valley Christian	12.62
2004....Tiffany Foley, Valley Christian	12.76
2003....Jacque Trickey, St. Johns	12.70
2002....Debbie Dolan, Valley Christian	13.08
2001....Jacque Trickey, St. Johns	12.75

3A GIRLS 100 METERS

2010....Jasmine Pratt, Estrella Foothills	12.69
2009....Jasmine Pratt, Estrella Foothills	12.67
2008....Brittany Park, Maricopa	12.32
2007....Chanel Renfro, Winslow	12.64
2006....Marielle Westover, Snowflake	12.66
2005....Crystal Onochie, Sahuarita	12.45
2004....Kelly Smith, Chino Valley	12.63
2003....Stephanie Garnett, Winslow	12.48
2002....Kelly Smith, Chino Valley	12.59
2001....Rheanna Martinez, Payson	12.34

4A GIRLS 100 METERS

2010....(4A-1) Serene Williams, Peoria.....	11.91
2010....(4A-2) Rachel Johns, Notre Dame.....	12.12
2009....(4A-1) Serene Williams, Peoria	12.07
2009....(4A-2) Shauntrell Thompson, Coro	12.39
2008....(4A-1) Serene Williams, Peoria	12.06
2008....(4A-2) Kenesha Coleman, Perry	12.59
2007....(4A-1) Tamara Pridgett, Rincon	12.20
2007....(4A-2) Marissa Maki, Buckeye	12.63
2006....(4A-1) Jasmine Easley, Agua Fria	12.22
2006....(4A-2) Angela Ferguson, Bradshaw Mt.	12.44
2005....Jasmine Easley, Agua Fria	12.33
2004....Jasmine Easley, Agua Fria	12.47
2003....Amber Gill, Rincon	12.50
2002....Levise Robertson, Foothills.....	12.37
2001....Kenya Perkins, Pueblo	12.12

5A GIRLS 100 METERS

2010....(5A-1) Jasmine Todd, Chandler	12.10
2010....(5A-2) Tamara Pridgett, Rincon	12.10
2009....(5A-1) Jasmine Todd, Chandler	12.19
2009....(5A-2) Tamara Pridgett, Rincon	12.12
2008....(5A-1) Larissa Matthews, Chandler	12.14
2008....(5A-2) Terra Evans, South Mountain.....	11.77
2007....(5A-1) Shawn-Te Greene, Dobson	12.17
2007....(5A-2) Kenyanna Wilson, Peoria	11.62
2006....(5A-1) Leah Benton, Chandler	12.16
2006....(5A-2) Kenyanna Wilson, Peoria	11.69
2005....Taylor Evans, South Mountain	11.90
2004....Jessica Onyepunuka, Peoria	11.55
2003....Jessica Onyepunuka, Peoria	11.72
2002....Jessica Onyepunuka, Peoria	11.66
2001....Keri Suell, Chandler	11.69

1A GIRLS 200 METERS

2010....Cheryl Montague, Academy of Tucson	26.58
2009....Cheryl Montague, Academy of Tucson	26.76
2008....Briana Prince, Tempe Prep	27.45
2007....Emily Goswick, Orme	28.06
2006....Ginger Williams, Mogollon	27.21
2005....Nafthifa Wright, Orme	27.26
2004....Nafthifa Wright, Orme	27.10
2003....Siera Bundy, Fredonia	28.90
2002....Audra Smith, Oima	26.32
2001....Kendie Judd, St. David	28.83

2A GIRLS 200 METERS

2010....Jonelle Robson, Northwest Christian.....	26.97
--	-------

2009....Breanna Leslie, Valley Christian	26.03
2008....Jonelle Robson, Northwest Christian.....	26.34
2007....Brittany Parks, Maricopa	26.09
2006....Lauren Michaels, Arizona Lutheran	26.28
2005....Ashley Aitken, Yuma Catholic	26.41
2004....Keoshia Ray, Tombstone	26.44
2003....Jacque Trickey, St. Johns	26.33
2002....Debbie Dolan, Valley Christian.....	26.11
2001....Jacque Trickey, St. Johns	26.36

3A GIRLS 200 METERS

2010....Jasmine Pratt, Estrella Foothills	25.40
2009....Jasmine Pratt, Estrella Foothills	25.53
2008....Brittany Parks, Maricopa	25.19
2007....Chanel Renfro, Winslow	25.35
2006....Talia Jones, Monument Valley	26.02
2005....Crystal Onochie, Sahuarita	25.53
2004....Kelly Smith, Chino Valley	26.25
2003....Kelly Smith, Chino Valley	26.19
2002....Kelly Smith, Chino Valley	26.33
2001....Rheanna Martinez, Payson.....	25.67

4A GIRLS 200 METERS

2010....(4A-1) Serene Williams, Peoria	24.19
2010....(4A-2) Rachel Johns, Notre Dame.....	25.27
2009....(4A-1) Serene Williams, Peoria	24.78
2009....(4A-2) Tristan Thomas, R. Kellis	25.73
2008....(4A-1) Serene Williams, Peoria	24.83
2008....(4A-2) Kenesha Coleman, Perry	25.64
2007....(4A-1) Tamara Pridgett, Rincon	25.36
2007....(4A-2) Marissa Maki, Buckeye	25.88
2006....(4A-1) Jasmine Chaney, McClintock	25.19
2006....(4A-2) Catherine Lamb, Mohave	25.76
2005....Meaghan Ryan, Lake Havasu	25.13
2004....Jasmine Easley, Agua Fria	24.83
2003....Leshawn Woods, Pueblo	25.59
2002....Levise Robertson, Foothills.....	25.61
2001....Cassandra Reed, Agua Fria	24.85

5A GIRLS 200 METERS

2010....(5A-1) McKenzie Flannigan, Chandler...24.85	
2010....(5A-2) Tamara Pridgett, Rincon	25.01
2009....(5A-1) McKenzie Flannigan, Chandler	24.79
2009....(5A-2) Tamara Pridgett, Rincon	24.97
2008....(5A-1) Steffanie Jordan, Chandler	25.30
2008....(5A-2) Terra Evans, South Mountain	24.39
2007....(5A-1) Polyanna Trotter, Mt. Pointe	25.17
2007....(5A-2) Kenyanna Wilson, Peoria	24.13
2006....(5A-1) Leah Benton, Chandler	24.81
2006....(5A-2) Kenyanna Wilson, Peoria	23.91
2005....Taylor Evans, South Mountain	23.98
2004....Jessica Onyepunuka, Peoria	23.60
2003....Jessica Onyepunuka, Peoria	23.93
2002....Jessica Onyepunuka, Peoria	24.13
2001....Keri Suell, Chandler	24.16

1A GIRLS 400 METERS

2010....Alana Kempf, Joy Christian	62.18
2009....Alana Kempf, Joy Christian	62.56
2008....Briana Prince, Tempe Prep	61.59
2007....Emily Goswick, Orme	62.85
2006....Ginger Williams, Mogollon	61.56
2005....Ginger Williams, Mogollon	59.96
2004....Ginger Williams, Mogollon	61.36
2003....Tera Fish, Joseph City	64.64
2002....Audra Smith, Pima	60.65
2001....Chani Vnittonet, St. David.....	67.08

2A GIRLS 400 METERS

2010....Rachel Orr, Thatcher.....	61.50
2009....Ashton Wolf, Valley Christian	59.92
2008....Sylvia Gomez, Benson	58.26
2007....Sylvia Gomez, Benson	58.04
2006....Lauren Michaels, Arizona Lutheran	57.46
2005....Michelle Cameron, Scottsdale Chr	58.16
2004....Shamesha Smith, Valley Christian	60.07
2003....Jennifer Ekstrand, Valley Christian	59.66
2002....Michelle Cameron, SCA.....	61.45
2001....Jennifer Ekstrand, Valley Christian	62.32

3A GIRLS 400 METERS

2010....Jasmine Pratt, Estrella Foothills	57.84
2009....Allie Haskell, Empire	58.41
2008....Courtney Roybal, Chino Valley	58.75

2007....Talia Jones, Monument Valley	59.55
2006....Talia Jones, Monument Valley	57.97
2005....Talia Jones, Monument Valley	58.81
2004....Kelly Smith, Chino Valley	58.99
2003....Kelly Smith, Chino Valley	58.63
2002....Kelly Smith, Chino Valley	59.74
2001....Briana Marshall, Payson	60.15

4A GIRLS 400 METERS

2010....(4A-1) Jerri Lyn Kincade, Pueblo	58.60
2010....(4A-2) Bianca Burrell, Desert Edge	57.94
2009....(4A-1) Kelly Dallman, Cactus.....	58.06
2009....(4A-2) Mariah Bowers, Queen Creek	57.74
2008....(4A-1) Serene Williams, Peoria	58.09
2008....(4A-2) Mariah Bowers, Queen Creek	58.45
2007....(4A-1) Precious Amukamara, Apollo.....	57.50
2007....(4A-2) Mariah Bowers, Queen Creek	58.42
2006....(4A-1) Jessica McDonald, Cactus	56.52
2006....(4A-2) Catherine Lamb, Mohave	57.12
2005....Jessica McDonald, Cactus	55.26
2004....Meaghan Ryan, Lake Havasu	56.42
2003....Meaghan Ryan, Lake Havasu	57.50
2002....Tyeshia Harvey, Nogales	57.65
2001....Ursula Martin, Desert View	60.76

5A GIRLS 400 METERS

2010....(5A-1) McKenzie Flannigan, Chandler...55.86	
2010....(5A-2) Michelle Kreutzberg, Desert Mt	56.55
2009....(5A-1) McKenzie Flannigan, Chandler...56.36	
2009....(5A-2) Elizabeth Romero, Sunnyside	58.80
2008....(5A-1) Andre Menhennett, Mt. Ridge.....	56.41
2008....(5A-2) Taylor Evans, South Mountain	56.77
2007....(5A-1) Tanisha Kendrick, Tucson.....	55.47
2007....(5A-2) Taylor Evans, South Mountain	57.63
2006....(5A-1) Natalie Johnson, Xavier.....	55.39
2006....(5A-2) Taylor Evans, South Mountain	55.77
2005....Natalie Johnson, Xavier	55.74
2004....Judith Onyepunuka, Peoria	56.36
2003....Judith Onyepunuka, Peoria	(ht) 54.00
2002....Alisha Hines, Hamilton	58.38
2001....Kristen Stuart, Westwood	56.34

1A GIRLS 800 METERS

2010....Lexi Edwards, Joseph City	2:29.29
2009....Andrea Klimowski, Northland Prep	2:24.78
2008....Andrea Klimowski, Northland Prep	2:27.47
2007....Andrea Klimowski, Northland Prep	2:27.85
2006....Carolyn Cann, Tempe Prep	2:27.90
2005....Carolyn Cann, Tempe Prep	2:33.80
2004....Calah Schlabuch, St. Michael	2:42.40
2003....Calah Schlabuch, St. Michael	2:47.42
2002....Tiffany Sanders, Pima.....	2:38.72
2001....Erin Wahler, Grand Canyon	2:48.66

2A GIRLS 800 METERS

2010....Terah Fullman, Horizon Honors	2:21.26
2009....Jessie Munoz, NW Christian	2:25.94
2008....Kresta Rogers, Morenci	2:24.79
2007....Jillian Klassen, Scottsdale Christian	2:25.33
2006....Kylie Huckleberry, PCDS	2:21.09
2005....Dani Higgins, Benson	2:21.06
2004....Jillian Klassen, SCA	2:25.50
2003....Julie-Anne Bailey, VC	2:24.24
2002....Julie-Anne Bailey, VC	2:24.75
2001....Julie-Anne Bailey, VC	2:25.13

3A GIRLS 800 METERS

2010....Chrisinw Virgin, Show Low	2:21.27
2009....Emerald Raney, Blue Ridge	2:15.42
2008....Emerald Raney, Blue Ridge	2:19.55
2007....Talia Jones, Monument Valley	2:19.74
2006....Janean Yazzie, Winslow	2:22.31
2005....Kari Hardt, Queen Creek	2:18.32
2004....Whitney Hardt, Round Valley	2:18.43
2003....Whitney Hardt, Round Valley	2:20.23
2002....Whitney Hardt, Payson	2:17.36
2001....Jodie Denike, Chino Valley	2:16.68

4A GIRLS 800 METERS

2010....(4A-1) Ashley Workman, Queen C	2:18.28
2010....(4A-2) Tess Berghoff, Arcadia	2:16.90
2009....(4A-1) Alex Green, Cactus	2:18.79
2009....(4A-2) Chloe Phillips, Flagstaff	2:15.25
2008....(4A-1) Lindsay Prescott, O'Connor.....	2:19.07

2008....(4A-2) Hannah Moen, Coconino.....	2:15.71
2007....(4A-1) Melanie McGrath, Catalina.....	2:19.48
2007....(4A-2) Hannah Moen, Coconino.....	2:18.50
2006....(4A-1) Precious Amukamara, Apollo.....	2:19.75
2006....(4A-2) Kari Hardt, Queen Creek.....	2:14.48
2005....Brittany Quinn, Pinnacle.....	2:17.71
2004....Lucy Caldwell, Arcadia.....	2:16.54
2003....Christina Wilhelmi, Centennial.....	2:17.14
2002....Vanessa Hernandez, Sunnyside.....	2:17.27
2001....Ariel Latimer, Mingus Union.....	2:19.26

5A GIRLS 800 METERS

2010....(5A-1) Yasmine Yacut, Desert Vista.....	2:16.22
2010....(5A-2) Gloria Tello, SD O'Connor.....	2:17.21
2009....(5A-1) Jessica Tonn, Xavier.....	2:14.84
2009....(5A-2) Kaitlynd Holland, Ma. Mt. View.....	2:20.11
2008....(5A-1) Jessica Tonn, Xavier.....	2:14.70
2008....(5A-2) Sam Rasmussen, Deer V.....	2:20.14
2007....(5A-1) Natalie Johnson, Xavier.....	2:15.55
2007....(5A-2) Tara Erdmann, Flowing Wells.....	2:16.65
2006....(5A-1) Natalie Johnson, Xavier.....	2:14.74
2006....(5A-2) Christina Rodgers, Central.....	2:17.35
2005....Leah Ybarra, Ironwood.....	2:14.56
2004....Haley Paul, Desert Vista.....	2:15.16
2003....Rachel Christensen, Mountain View.....	2:16.11
2002....Sally Meyerhoff, Mt. Pointe.....	2:13.53
2001....Sally Meyerhoff, Mt. Pointe.....	2:12.41

1A GIRLS 1600 METERS

2010....Lexi Edwards, Joseph City.....	5:22.59
2009....Andrea Klimowski, Northland Prep.....	5:38.66
2008....Andrea Klimowski, Northland Prep.....	5:31.90
2007....Andrea Klimowski, Northland Prep.....	5:49.70
2006....Carolyn Cann, Tempe Prep.....	5:38.53
2005....Calah Schlabach, St. Michael.....	5:29.43
2004....Calah Schlabach, St. Michael.....	5:47.95
2003....Bonnie Bryce, Pima.....	5:48.34
2002....Tiffany Sanders, Pima.....	5:47.70
2001....Erin Wahler, Grand Canyon.....	5:58.42

2A GIRLS 1600 METERS

2010....Letitia Luch, Bisbee.....	5:25.39
2009....Amanda Patterson, Valley Christian.....	5:43.77
2008....Katelyn Williams, Yuma Catholic.....	5:39.19
2007....Jillian Klassen, Scottsdale Christian.....	5:15.58
2006....Jillian Klassen, Scottsdale Christian.....	5:29.65
2005....Jillian Klassen, Scottsdale Christian.....	5:22.01
2004....Julie-Anne Bailey, VC.....	5:08.12
2003....Julie-Anne Bailey, VC.....	5:19.89
2002....Julie-Anne Bailey, VC.....	5:16.68
2001....Julie-Anne Bailey, VC.....	5:17.65

3A GIRLS 1600 METERS

2010....Rolanda Jumbo, Chinle.....	5:12.37
2009....Jessica Rydberg, Blue Ridge.....	4:58.34
2008....Jessica Rydberg, Blue Ridge.....	5:25.86
2007....Jessica Rydberg, Blue Ridge.....	5:19.22
2006....Janeen Yazzie, Winslow.....	5:19.23
2005....Kari Hardt, Queen Creek.....	5:03.58
2004....Whitney Hardt, Queen Creek.....	5:04.03
2003....Whitney Hardt, Round Valley.....	5:08.53
2002....Whitney Hardt, Payson.....	5:05.33
2001....Jodie Denike, Chino Valley.....	5:06.66

4A GIRLS 1600 METERS

2010....(4A-1) Ashley Workman, Queen C.....	5:12.80
2010....(4A-2) Alex Green, Cactus.....	5:07.69
2009....(4A-1) Alex Green, Cactus.....	5:09.41
2009....(4A-2) Chloe Phillips, Flagstaff.....	5:03.86
2008....(4A-1) Lindsay Prescott, O'Connor.....	5:01.81
2008....(4A-2) Hannah Moen, Coconino.....	5:29.96
2007....(4A-1) Alex Green, Cactus.....	5:08.91
2007....(4A-2) Hannah Moen, Coconino.....	5:12.63
2006....(4A-1) Ashley Chirco, Rincon.....	5:21.75
2006....(4A-2) Kari Hardt, Queen Creek.....	5:06.87
2005....Lucy Caldwell, Arcadia.....	5:11.93
2004....Lucy Caldwell, Arcadia.....	5:08.22
2003....Vanessa Hernandez, Sunnyside.....	5:04.03
2002....Ariel Latimer, Mingus Union.....	5:04.85
2001....Ariel Latimer, Mingus Union.....	5:13.95

5A GIRLS 1600 METERS

2010....(5A-1) Jessica Tonn, Xavier.....	4:53.55
2010....(5A-2) Lauren Cooper, Ironwood R.....	5:07.85
2009....(5A-1) Jessica Tonn, Xavier.....	5:01.30
2009....(5A-2) Allison Crawford, Ironwood R.....	5:14.38
2008....(5A-1) Jessica Tonn, Xavier.....	4:50.42
2008....(5A-2) Sara Beth MiVilte, Iron. Ridge.....	5:14.01
2007....(5A-1) Jessica Tonn, Xavier.....	5:02.08
2007....(5A-2) Tara Erdmann, Flowing Wells.....	4:58.81
2006....(5A-1) Kristin Phillips, Mt. Pointe.....	5:01.97

2006....(5A-2) Tara Erdmann, Flowing Wells.....	5:05.51
2005....Lindsay Prescott, SD O'Connor.....	5:06.63
2004....Haley Paul, Desert Vista.....	5:02.58
2003....Haley Paul, Desert Vista.....	5:08.46
2002....Sally Meyerhoff, Mtn. Pointe.....	4:55.16
2001....Sally Meyerhoff, Mtn. Pointe.....	5:01.02

1A GIRLS 3200 METERS

2010....Lexi Edwards, Joseph City.....	12:07.23
2009....Andrea Klimowski, Northland Prep.....	11:52.19
2008....Andrea Klimowski, Northland Prep.....	11:54.40
2007....Andrea Klimowski, Northland Prep.....	12:37.19
2006....Carolyn Cann, Tempe Prep.....	12:19.20
2005....Emily Rand, Northland Prep.....	12:05.05
2004....Calah Schlabach, St. Michael.....	13:07.03
2003....Bonnie Bryce, Pima.....	12:56.78
2002....Bonnie Bryce, Pima.....	13:12.87
2001....Michelle Shenbondy, ASDB.....	15:42.71

2A GIRLS 3200 METERS

2010....Letitia Luch, Bisbee.....	11:54.70
2009....Amanda Patterson, Valley Chr.....	12:35.21
2008....Katelyn Williams, Yuma Catholic.....	12:25.05
2007....Jillian Klassen, Scottsdale Chr.....	11:44.92
2006....Jillian Klassen, Scottsdale Chr.....	11:49.86
2005....Jillian Klassen, Scottsdale Chr.....	12:30.82
2004....Jillian Klassen, Scottsdale Chr.....	11:38.60
2003....Julie-Anne Bailey, VC.....	11:44.27
2002....Julie-Anne Bailey, VC.....	11:58.90
2001....Katie Sammons, VC.....	11:41.24

3A GIRLS 3200 METERS

2010....Rolanda Jumbo, Chinle.....	11:29.57
2009....Jessica Rydberg, Blue Ridge.....	10:32.23
2008....Jessica Rydberg, Blue Ridge.....	11:38.52
2007....Deann Honanie, Hopi.....	11:36.80
2006....Tiffany Sorrell, Window Rock.....	11:41.64
2005....Kari Hardt, Queen Creek.....	11:00.78
2004....Whitney Hardt, Queen Creek.....	11:01.39
2003....Whitney Hardt, Round Valley.....	11:32.57
2002....Whitney Hardt, Payson.....	11:06.49
2001....Jodie Denike, Chino Valley.....	(NT)

4A GIRLS 3200 METERS

2010....(4A-1) Ashley Workman, Queen C.....	11:37.59
2010....(4A-2) Alex Green, Cactus.....	11:14.13
2009....(4A-1) Alex Green, Cactus.....	11:15.40
2009....(4A-2) Alex Myers, Sinagua.....	11:19.56
2008....(4A-1) Lindsay Prescott, O'Connor.....	11:03.08
2008....(4A-2) Hannah Moen, Coconino.....	10:57.75
2007....(4A-1) Kristen Herrera, Ironwood R.....	11:30.10
2007....(4A-2) Hannah Moen, Coconino.....	11:25.20
2006....(4A-1) Ashley Chirco, Rincon.....	11:30.87
2006....(4A-2) Kari Hardt, Queen Creek.....	10:50.58
2005....Kelsey Greathouse, Bradshaw Mt.....	11:19.37
2004....Lucy Caldwell, Arcadia.....	11:16.77
2003....Rory Schmidt, Arcadia.....	11:05.43
2002....Kate Kline, Arcadia.....	11:05.69
2001....Ariel Latimer, Mingus Union.....	11:36.81

5A GIRLS 3200 METERS

2010....(5A-1) Jessica Tonn, Xavier.....	10:38.56
2010....(5A-2) Lauren Cooper, Ironwood R.....	11:14.06
2009....(5A-1) Jessica Tonn, Xavier.....	10:56.93
2009....(5A-2) Sarah MiVilte, Ironwood R.....	11:22.92
2008....(5A-1) Jessica Tonn, Xavier.....	10:30.55
2008....(5A-2) Sarah Beth MiVilte, Iron. R.....	11:36.80
2007....(5A-1) Jessica Tonn, Xavier.....	10:37.23
2007....(5A-2) Tara Erdmann, FW.....	10:56.59
2006....(5A-1) Kristin Phillips, Mt. Pointe.....	10:50.32
2006....(5A-2) Lindsay Prescott, O'Connor.....	11:08.16
2005....Lindsay Prescott, SD O'Connor.....	11:00.02
2004....Trisha Rasmussen, Mt. Ridge.....	11:19.06
2003....Keara Sammons, Desert Vista.....	11:15.95
2002....Sally Meyerhoff, Mt. Pointe.....	10:26.71
2001....Sally Meyerhoff, Mt. Pointe.....	10:49.13

1A GIRLS 100 METER HURDLES

2010....Taylor Maynes, Salome.....	16.55
2009....Taylor Maynes, Salome.....	16.89
2008....Jessi Rush, Joseph City.....	17.35
2007....Sandy Crusa, St. Augustine.....	17.24
2006....Sandy Crusa, St. Augustine.....	17.19
2005....Amy Sanders, Pima.....	17.52
2004....Amy Sanders, Pima.....	17.38
2003....Bonnie Bryce, Pima.....	17.65
2002....Denise Lunt, Pima.....	16.95
2001....Kendal Judd, St. David.....	17:28

2A GIRLS 100 METER HURDLES

2010....Quinn Robertson, Valley Christian.....	16.08
--	-------

2009....Breanna Leslie, Valley Christian.....	15.33
2008....Breanna Leslie, Valley Christian.....	15.04
2007....Ashley Aitken, Yuma Catholic.....	14.76
2006....Ashley Aitken, Yuma Catholic.....	15.10
2005....Ashley Aitken, Yuma Catholic.....	15.28
2004....Ashley Aitken, Yuma Catholic.....	15.33
2003....Alex Robertson, Valley Christian.....	15.53
2002....Jaime Cluff, Scottsdale Christian.....	14.01
2001....Jaime Cluff, SCA.....	(w.a.) 14.32

3A GIRLS 100 METER HURDLES

2010....Shea Grant, Estrella Foothills.....	15.76
2009....Marie Lupe, Alcheyas.....	16.28
2008....Arona Spader, Snowflake.....	15.60
2007....Arona Spader, Snowflake.....	15.20
2006....Arona Spader, Snowflake.....	15.80
2005....Amy Showers, Camp Verde.....	16.18
2004....Nicole Nevitt, Queen Creek.....	14.87
2003....Nicole Nevitt, Queen Creek.....	15.24
2002....Nicole Nevitt, Queen Creek.....	15.31
2001....Amber Naranjo, Safford.....	16.49

4A GIRLS 100 METER HURDLES

2010....(4A-1) Jaide Stepter, CDO.....	14.70
2010....(4A-2) Brittany Marshall, Washington.....	15.13
2009....(4A-1) Kala Stepter, CDO.....	15.07
2009....(4A-2) Taylor Stapley, Sinagua.....	15.28
2008....(4A-1) Georgeanne Moline, T-Bird.....	14.59
2008....(4A-2) Emily Rodela, Greenway.....	14.91
2007....(4A-1) Georgeanne Moline, T-Bird.....	15.04
2007....(4A-2) Taylor Stapley, Sinagua.....	14.99
2006....(4A-1) Jasmine Chaney, McClintock.....	14.68
2006....(4A-2) Hailey Buschur, Queen Creek.....	15.35
2005....Jasmine Chaney, McClintock.....	14.63
2004....Rshawanda Brown, Shadow Mt.....	14.97
2003....Dareese Gibson, Independence.....	15.17
2002....Ashley Hinz, Sunrise Mtn.....	15.22
2001....Kelly Burke, Catalina Foothills.....	15.53

5A GIRLS 100 METER HURDLES

2010....(5A-1) Christine Clark, Tucson.....	14.51
2010....(5A-2) Jessica Pierce, Centennial.....	15.12
2009....(5A-1) Larissa Mathews, Chandler.....	14.27
2009....(5A-2) Juliet Summers, Pinnacle.....	15.22
2008....(5A-1) Larissa Mathews, Chandler.....	13.86
2008....(5A-2) Joeneisha Vincent, South Mt.....	14.77
2007....(5A-1) Larissa Mathews, Chandler.....	14.29
2007....(5A-2) Jasmine Williams, South.....	14.15
2006....(5A-1) Micsha Carson, Chandler.....	14.86
2006....(5A-2) Jasmine Williams, South Mt.....	14.54
2005....Tara Cozzetto, Desert Vista.....	14.48
2004....Alex Kasik, Red Mountain.....	14.60
2003....Jacquelyn Johnson, Yuma.....	13.60
2002....Jacquelyn Johnson, Yuma.....	13.81
2001....Jacquelyn Johnson, Yuma.....	13.88

1A GIRLS 300 METER HURDLES

2010....Taylor Maynes, Salome.....	49.02
2009....Taylor Maynes, Salome.....	49.67
2008....Jessi Rush, Joseph City.....	49.41
2007....Jessi Rush, Joseph City.....	50.19
2006....Sandy Crusa, St. Augustine.....	49.63
2005....Amy Sanders, Pima.....	52.02
2004....Amy Sanders, Pima.....	51.47
2003....Bonnie Bryce, Pima.....	50.64
2002....Amanda Young, St. David.....	50.67
2001....Amanda Young, St. David.....	51.33

2A GIRLS 300 METER HURDLES

2010....Quinn Robertson, Valley Christian.....	47.16
2009....Breanna Leslie, Valley Christian.....	46.62
2008....Breanna Leslie, Valley Christian.....	46.33
2007....Breanna Leslie, Valley Christian.....	45.76
2006....Kim Wigboldy, Valley Christian.....	46.78
2005....Katie Berkey, Horizon Honors.....	46.62
2004....Katie Berkey, Horizon Honors.....	46.85
2003....Alex Robertson, Valley Christian.....	46.40
2002....Jaime Cluff, Scottsdale Christian.....	43.45
2001....Jaime Cluff, Scottsdale Christian.....	46.58

3A GIRLS 300 METER HURDLES

2010....Shea Grant, Estrella Foothills.....	44.98
2009....Marie Lupe, Alcheyas.....	45.98
2008....Arona Spader, Snowflake.....	45.11
2007....Arona Spader, Snowflake.....	46.30
2006....Rikkilyn London, Blue Ridge.....	47.32
2005....Amy Showers, Camp Verde.....	46.57
2004....Nicole Nevitt, Queen Creek.....	44.44
2003....Nicole Nevitt, Queen Creek.....	44.98
2002....Roberta Haskie, Window Rock.....	45.89
2001....Roberta Haskie, Window Rock.....	47.24

4A GIRLS 300 METER HURDLES

2010....(4A-1) Jaide Stepter, CDO.....	44.40
2010....(4A-2) Shantelle Edwards, D. Edge.....	46.72
2009....(4A-1) Kala Stepter, CDO.....	43.64
2009....(4A-2) Annalynn Sanders, Queen C.....	46.17
2008....(4A-1) Georgeanne Moline, T-Bird.....	43.15
2008....(4A-2) Emily Rodela, Greenway.....	45.97
2007....(4A-1) Goergeanne Moline, T-Bird.....	44.82
2007....(4A-2) Rashel Stapley, Sinagua.....	45.91
2006....(4A-1) Jasmine Chaney, McClintock.....	44.82
2006....(4A-2) Hailey Buschur, Queen Creek.....	46.28
2005....Jasmine Chaney, McClintock.....	44.04
2004....Rshawnda Brown, Shadow Mt.....	45.46
2003....April Kubishta, Lake Havasu.....	45.68
2002....Amanda Andrus, Cactus.....	47.04
2001....Dareece Gibson, Independence.....	46.05

5A GIRLS 300 METER HURDLES

2010....(5A-1) Christine Clark, Tucson.....	44.58
2010....(5A-2) Sarah Geren, Horizon.....	44.61
2009....(5A-1) Christine Clark, Tucson.....	44.84
2009....(5A-2) Sarah Geren, Horizon.....	45.27
2008....(5A-1) Larissa Matthews, Chandler.....	43.42
2008....(5A-2) Joeneisha Vincent, South Mt.....	45.15
2007....(5A-1) Nicole Kittelson, Hamilton.....	44.53
2007....(5A-2) Jasmine Williams, South Mt.....	43.97
2006....(5A-1) Rebecca Nelson, Desert Vista.....	44.30
2006....(5A-2) Jasmine Williams, South Mt.....	45.43
2005....Jasmine Williams, South Mountain.....	43.93
2004....Tara Cozzetto, Desert Vista.....	43.95
2003....Tiffany McDonald, Peoria.....	44.13
2002....Rebecca Williams, Kofa.....	43.55
2001....Rebecca Williams, Kofa.....	43.71

1A GIRLS 400 METER RELAY

2010....Joy Christian.....	53.37
2009....Joy Christian.....	52.93
2008....Joseph City.....	54.05
2007....Pima.....	54.34
2006....Valley Lutheran.....	55.27
2005....Pima.....	55.22
2004....Orme.....	53.79
2003....Salome.....	55.41
2002....Salome.....	55.50
2001....St. David.....	53.86

2A GIRLS 400 METER RELAY

2010....Northwest Christian.....	51.47
2009....Chandler Valley Christian.....	51.19
2008....Chandler Valley Christian.....	50.51
2007....Chandler Valley Christian.....	51.40
2006....Benson.....	51.86
2005....Chandler Valley Christian.....	51.17
2004....Chandler Valley Christian.....	51.18
2003....St. Johns.....	50.86
2002....Chandler Valley Christian.....	50.17
2001....Chandler Valley Christian.....	50.54

3A GIRLS 400 METER RELAY

2010....Estrella Foothills.....	50.14
2009....Chino Valley.....	51.51
2008....Estrella Foothills.....	50.92
2007....Winslow.....	51.55
2006....Chandler Seton Catholic.....	51.63
2005....Winslow.....	50.63
2004....Chandler Seton Catholic.....	51.20
2003....Globe.....	51.32
2002....Payson.....	52.06
2001....Payson.....	51.24

4A GIRLS 400 METER RELAY

2010....(4A-1) Glendale Apollo.....	49.16
2010....(4A-2) Higley.....	49.21
2009....(4A-1) Glendale Apollo.....	49.16
2009....(4A-2) Raymond Kellis.....	50.07
2008....(4A-1) Glendale Apollo.....	49.00
2008....(4A-2) Raymond Kellis.....	49.53
2007....(4A-1) Glendale Apollo.....	49.98
2007....(4A-2) Tucson Palo Verde.....	50.11
2006....(4A-1) Glendale Apollo.....	49.95
2006....(4A-2) Bradshaw Mountain.....	49.94
2005....Avondale Agua Fria.....	49.21
2004....Tucson Palo Verde.....	49.41
2003....Scottsdale Chaparral.....	49.89
2002....Tucson Catalina Foothills.....	48.90
2001....Tucson Catalina Foothills.....	50.04

5A GIRLS 400 METER RELAY

2010....(5A-1) Chandler.....	46.95
2010....(5A-2) Tucson Rincon.....	48.78
2009....(5A-1) Chandler.....	47.30

2009....(5A-2) Tucson Rincon.....	49.20
2008....(5A-1) Chandler.....	47.62
2008....(5A-2) South Mountain.....	48.89
2007....(5A-1) Chandler.....	47.28
2007....(5A-2) Peoria.....	46.28
2006....(5A-1) Chandler.....	48.29
2006....(5A-2) South Mountain.....	48.62
2005....South Mountain.....	48.33
2004....Peoria.....	46.78
2003....Peoria.....	47.11
2002....Peoria.....	46.63
2001....Peoria.....	47.13

1A GIRLS 800 METER MEDLEY RELAY

2010....Joy Christian.....	1:56.80
2009....St. Augustine.....	1:59.21
2008....Tempe Prep.....	2:01.81
2007....Tempe Prep.....	1:58.81
2006....St. Augustine.....	2:02.04
2005....Tempe Prep.....	2:06.01
2004....Heber Mogollon.....	2:00.18
2003....Salome.....	2:05.82
2002....Salome.....	2:07.21
2001....St. David.....	2:07.21

2A GIRLS 1600 METER RELAY

2010....Northwest Christian.....	4:14.83
2009....Chandler Valley Christian.....	4:06.50
2008....Chandler Valley Christian.....	4:08.69
2007....Chandler Valley Christian.....	4:02.26
2006....Chandler Valley Christian.....	4:05.25
2005....Benson.....	4:06.61
2004....Chandler Valley Christian.....	4:11.14
2003....Chandler Valley Christian.....	4:09.05
2002....Chandler Valley Christian.....	4:12.66
2001....Chandler Valley Christian.....	4:14.85

3A GIRLS 1600 METER RELAY

2010....Snowflake.....	4:05.90
2009....Estrella Foothills.....	4:05.08
2008....Snowflake.....	4:07.80
2007....Snowflake.....	4:07.39
2006....Snowflake.....	4:08.12
2005....Sahuarita.....	4:05.04
2004....Queen Creek.....	4:01.95
2003....Chino Valley.....	4:07.15
2002....Queen Creek.....	4:09.59
2001....Payson.....	4:10.82

4A GIRLS 1600 METER RELAY

2010....(4A-1) Glendale Apollo.....	4:00.12
2010....(4A-2) Scottsdale Notre Dame.....	4:05.24
2009....(4A-1) Tucson Sahuaro.....	3:55.48
2009....(4A-2) Queen Creek.....	4:01.46
2008....(4A-1) Glendale Apollo.....	3:58.03
2008....(4A-2) Flagstaff.....	4:01.82
2007....(4A-1) Willow Canyon.....	3:57.99
2007....(4A-2) Queen Creek.....	4:02.46
2006....(4A-1) Tucson Catalina Foothills.....	4:01.77
2006....(4A-2) Bradshaw Mountain.....	4:06.49
2005....Tucson Catalina Foothills.....	3:59.96
2004....Tucson Rincon.....	4:02.46
2003....Lake Havasu.....	4:04.63
2002....Centennial.....	4:03.27
2001....Glendale Apollo.....	4:03.23

5A GIRLS 1600 METER RELAY

2010....(5A-1) Chandler.....	3:54.05
2010....(5A-2) Scottsdale Desert Mountain.....	3:59.98
2009....(5A-1) Chandler.....	3:54.77
2009....(5A-2) Marana Mt. View.....	4:02.61
2008....(5A-1) Chandler.....	3:53.83
2008....(5A-2) South Mountain.....	3:58.00
2007....(5A-1) Chandler.....	3:53.27
2007....(5A-2) Phoenix South Mountain.....	3:55.93
2006....(5A-1) Chandler.....	3:52.31
2006....(5A-2) Phoenix South Mountain.....	3:52.49
2005....Phoenix South Mountain.....	3:51.02
2004....Mesa Mountain View.....	3:52.55
2003....Chandler.....	3:54.22
2002....Chandler.....	3:56.72
2001....Chandler.....	3:58.86

1A GIRLS 3200 METER RELAY

2010....Joseph City.....	10:35.08
2009....Northland Prep.....	10:36.15
2008....Tempe Prep.....	10:39.04
2007....Northland Prep.....	11:20.48
2006....Tempe Prep.....	11:10.13

2A GIRLS 3200 METER RELAY

2010....Bisbee.....	10:18.33
2009....Northwest Christian.....	10:04.07
2008....Chandler Valley Christian.....	10:16.06
2007....Chandler Valley Christian.....	10:23.78
2006....Scottsdale Christian.....	10:11.43
2005....Scottsdale Christian.....	10:13.09
2004....Scottsdale Christian.....	10:16.82
2003....Morenci.....	10:19.73
2002....Chandler Valley Christian.....	10:21.44
2001....Chandler Valley Christian.....	9:55.53

3A GIRLS 3200 METER RELAY

2010....Chinle.....	10:09.52
2009....Lakeside Blue Ridge.....	9:48.61
2008....Lakeside Blue Ridge.....	9:59.52
2007....Lakeside Blue Ridge.....	10:14.25
2006....Lakeside Blue Ridge.....	10:02.03
2005....Chandler Seton Catholic.....	10:09.94
2004....Chandler Seton Catholic.....	9:56.32
2003....Round Valley.....	9:38.11
2002....Payson.....	9:50.91
2001....Payson.....	9:57.66

4A GIRLS 3200 METER RELAY

2010....(4A-1) Tucson Sahuaro.....	9:53.43
2010....(4A-2) Notre Dame Prep.....	9:48.42
2009....(4A-1) Cactus Shadows.....	9:46.83
2009....(4A-2) Greenway.....	9:53.80
2008....(4A-1) Glendale Cactus.....	9:34.35
2008....(4A-2) Queen Creek.....	9:41.50
2007....(4A-1) Glendale Cactus.....	9:36.66
2007....(4A-2) Queen Creek.....	9:47.98
2006....(4A-1) Catalina.....	9:47.71
2006....(4A-2) Rio Rico.....	9:59.97
2005....Tucson Catalina Foothills.....	9:45.84
2004....Flagstaff.....	9:48.48
2003....Flagstaff.....	9:34.32
2002....Flagstaff.....	9:48.60
2001....Flagstaff.....	9:46.84

5A GIRLS 3200 METER RELAY

2010....(5A-1) Phoenix Xavier Prep.....	9:20.53
2010....(5A-2) Marana Mt. View.....	9:41.78
2009....(5A-1) Phoenix Xavier Prep.....	9:27.79
2009....(5A-2) Marana Mt. View.....	9:49.27
2008....(5A-1) Phoenix Xavier Prep.....	9:32.67
2008....(5A-2) Tempe Marcos de Niza.....	9:43.69
2007....(5A-1) Chandler.....	9:29.48
2007....(5A-2) Sandra Day O'Connor.....	9:45.70
2006....(5A-1) Phoenix Xavier.....	9:21.53
2006....(5A-2) Phoenix South Mountain.....	9:45.17
2005....Phoenix Xavier.....	9:27.00
2004....Chandler.....	9:29.95
2003....Chandler.....	9:34.40
2002....Phoenix Xavier.....	9:20.15
2001....Tempe Desert Vista.....	9:21.91

1A GIRLS SHOT PUT

2010....Danine Smith, Valley Lutheran.....	32-2 3/4
2009....Danine Smith, Valley Lutheran.....	32-5 1/2
2008....Danine Smith, Valley Lutheran.....	30-2
2007....ShaSha Jackson, Seligman.....	29-8 3/4
2006....Ashlee Smith, Seligman.....	35-7
2005....Ashlee Smith, Seligman.....	32-7 1/4
2004....Ashlee Smith, Seligman.....	34-2
2003....Jade Valenzuela, Ajo.....	34-11
2002....Jade Valenzuela, Ajo.....	33-1
2001....Audra Sipes, San Simon.....	31-5

2A GIRLS SHOT PUT

2010....A'Jha Edwards, Tombstone.....	38-0
2009....Ashley Klump, Willcox.....	36-1 1/2
2008....Ashley Klump, Willcox.....	35-8
2007....Kori Westfall, Benson.....	36-0
2006....Michelle Baltimore, Yuma Catholic.....	36-1 1/2
2005....Alicia Moreno, Yuma Catholic.....	37-6 1/2
2004....LeeAnn Greenwade, St. Johns.....	36-8
2003....Katie Barrera, Benson.....	38-11
2002....Katie Barrera, Benson.....	35-10 3/4
2001....Rebecca Drake, Bisbee.....	35-3 3/4

3A GIRLS SHOT PUT

2010....Nneeka Lankster, Santa Cruz.....	34-6 1/2
2009....Kayla Morgan, Payson.....	35-8 3/4
2008....Kali Gajewski, Sedona Red Rock.....	35-4 3/4
2007....Deezbaa Whaley, Monument Valley.....	38-7 1/2
2006....Deezbaa Whaley, Monument Valley.....	37-4 1/2
2005....Sarah Griffis, Estrella Foothills.....	37-7 3/4
2004....Michelle Amete, Queen Creek.....	40-5 3/4
2003....Michelle Amete, Queen Creek.....	38-8 3/4

2002....Michelle Amete, Queen Creek.....	37-9
2001....Ebony Rutledge, Coolidge.....	37-0 1/2

4A GIRLS SHOT PUT

2010....(4A-1) Haley Lowrance, S'slope.....	37-4 3/4
2010....(4A-2) Chelsea Phillips, Cactus.....	37-0 3/4
2009....(4A-1) Haley Lowrance, Sunnyslope.....	34-7
2009....(4A-2) Quancie Wright, R. Kellis.....	37-5
2008....(4A-1) Latifah Felton, Peoria.....	37-2
2008....(4A-2) Ryan Cunningham, R. Kellis.....	40-8
2007....(4A-1) Sophie Guerrero, Cactus.....	38-6
2007....(4A-2) Marika Lemmons, Notre Dame.....	35-4
2006....(4A-1) Kandi Sims, Agua Fria.....	38-5
2006....(4A-2) Natasia Milladge, D. View.....	38-5 1/4
2005....C.J. Navarro, Desert Ridge.....	38-3 1/2
2004....Sarah Gast, Flagstaff.....	39-0 1/4
2003....Marisa Johnson, Sunrise Mountain.....	40-7
2002....Melisa Laborin, Douglas.....	40-0
2001....Jennifer McCullough, Greenway.....	42-0 1/2

5A GIRLS SHOT PUT

2010....(5A-1) Hannah Carson, Chandler.....	44-7 3/4
2010....(5A-2) Amanda Colin, Deer Valley.....	37-4 1/4
2009....(5A-1) Omotayo Talabi, Chandler.....	41-6 3/4
2009....(5A-2) Leigha Graziano, Deer V.....	38-10
2008....(5A-1) Hannah Carson, Dobson.....	41-10 1/2
2008....(5A-2) Leigha Graziano, Deer V.....	38-9 1/4
2007....(5A-1) Alisha Asjije, Red Mountain.....	39-7 1/4
2007....(5A-2) CJ Navarro, Desert Ridge.....	39-9 1/2
2006....(5A-1) Meagan Berg, Desert Vista.....	38-11 1/2
2006....(5A-2) CJ Navarro, Desert Ridge.....	41-9
2005....Kelsey Jessup, Flowing Wells.....	39-10
2004....Cori Tarzwell, Mt. View.....	39-6
2003....Janine Sandell, Deer Valley.....	41-10 1/4
2002....Toni Kee, Trevor Browne.....	39-5 1/2
2001....Melissa Metcalfe, Highland.....	39-1 1/2

1A GIRLS DISCUS

2010....Hayley Smith, Seligman.....	106-06
2009....Shayla Hancock, Pima.....	99-6
2008....Liberty Brittain, Tempe Prep.....	102-4
2007....ShaSha Jackson, Seligman.....	94-6
2006....Ashlee Smith, Seligman.....	118-2
2005....Ashlee Smith, Seligman.....	124-9
2004....Brenda Dozier, San Simon.....	104-3 1/2
2003....Brenda Dozier, San Simon.....	103-10
2002....Patty Johnson, San Simon.....	100-3
2001....Patty Johnson, San Simon.....	95-6

2A GIRLS DISCUS

2010....Shayla Hancock, Pima.....	97-1
2009....Ashley Klump, Willcox.....	120-10
2008....Ashley Klump, Willcox.....	123-10
2007....Kori Westfall, Benson.....	119-8
2006....Kate Shaheen, Horizon Honors.....	130-1
2005....Michelle Baltimore, Yuma Catholic.....	125-7
2004....Katie Barrera, Benson.....	121-4
2003....Katie Barrera, Benson.....	119-7
2002....Rebecca Drake, Bisbee.....	120-8
2001....Rebecca Drake, Bisbee.....	123-8

3A GIRLS DISCUS

2010....Stella Tarango, Globe.....	116-0
2009....Annete Hopkins, Safford.....	104-11
2008....Alexandra Stricklin, Fountain Hills.....	109-0
2007....Deezbaa Whaley, Monument Valley.....	138-9
2006....Deezbaa Whaley, Monument Valley.....	136-3
2005....Shelby Bennett, Round Valley.....	127-5
2004....Michelle Amete, Queen Creek.....	129-10
2003....Michelle Amete, Queen Creek.....	122-8
2002....Michelle Amete, Queen Creek.....	121-10
2001....Jackie Foster, Winslow.....	121-2

4A GIRLS DISCUS

2010....(4A-1) Alkyri Wellington, CDO.....	115-8
2010....(4A-2) Latasia Franklin, Desert Edge.....	115-10
2009....(4A-1) Alexis Dale, Apollo.....	126-7
2009....(4A-2) Heather Ogden, Buckeye.....	111-4
2008....(4A-1) Eshaunna Robinson, FW.....	126-1
2008....(4A-2) Kennis Kirkpatrick, Buckeye.....	134-7
2007....(4A-1) Kristin Honaker, Pinnacle.....	110-11
2007....(4A-2) Courtney Adolph, Queen Creek.....	119-7
2006....(4A-1) Danielle Wetten, Prescott.....	110-2
2006....(4A-2) Natasha Milladge, Desert View.....	127-6
2005....C.J. Navarro, Desert Ridge.....	135-1
2004....Sarah Gast, Flagstaff.....	142-11
2003....Sarah Gast, Flagstaff.....	120-6
2002....Sarah Gast, Flagstaff.....	124-0
2001....Dana Posey, Independence.....	135-1

5A GIRLS DISCUS

2010....(5A-1) Hannah Carson, Chandler.....	140-2
2010....(5A-2) Cami Barbera, Ironwood R.....	112-1
2009....(5A-1) Briana Viafale, Corona del Sol.....	125-4
2009....(5A-2) Leigha Graziano, Deer Valley.....	134-6
2008....(5A-1) Hannah Carson, Dobson.....	125-7
2008....(5A-2) Arisha Blevins, South Mountain.....	140-5
2007....(5A-1) Samia Stokes, Corona del Sol.....	143-5
2007....(5A-2) Kelsey Klein, Ironwood.....	140-3
2006....(5A-1) Meagan Berg, Desert Vista.....	142-1
2006....(5A-2) CJ Navarro, Desert Ridge.....	136-7
2005....Meagan Berg, Desert Vista.....	143-7
2004....Andrea Martinez, Tolleson.....	134-7
2003....Janine Sandell, Deer Valley.....	138-11
2002....Toni Kee, Trevor Browne.....	129-1
2001....Krystal Poleon, Mountain Pointe.....	133-7

1A GIRLS HIGH JUMP

2010....Maya Holzman, Green Fields.....	5-1
2009....Monique Streit, Grand Canyon.....	5-0
2008....Robyn Robledo, Tempe Prep.....	4-8
2007....Carly Slade, Mogollon.....	5-0
2006....Carly Slade, Mogollon.....	4-8
2005....Brooke Gibson, St. David.....	4-10
2004....Jessica Purinton, Mogollon.....	4-10
2003....Lindsay Miller, Joseph City.....	4-8
2002....Lindsay Miller, Joseph City.....	4-6
2001....Siera Bundy, Fredonia.....	4-8

2A GIRLS HIGH JUMP

2010....Rachel Orr, Thatcher.....	5-7
2009....Rachel Orr, Thatcher.....	5-4
2008....Rachel Orr, Thatcher.....	5-2
2007....Kresta Rogers, Morenci.....	5-4
2006....Ashley Aitken, Yuma Catholic.....	5-4
2005....Kresta Rogers, Morenci.....	5-4
2004....Ashley Aitken, Yuma Catholic.....	5-0
2003....Janiel Udall, Thatcher.....	5-0
2002....Jeannie Leavitt, Antelope.....	5-1
2001....Jamie Wright, Morenci.....	5-0

3A GIRLS HIGH JUMP

2010....Maddie Nossek, Payson.....	5-3
2009....Maddie Nossek, Payson.....	5-1
2008....Arona Spader, Snowflake.....	5-0
2007....Arona Spader, Snowflake.....	5-2
2006....Rachel Papa, Snowflake.....	5-2
2005....Caitlin Skaarer, Willcox.....	5-4
2004....Kathrine Ashley, Fountain Hills.....	5-0
2003....Kiare Caldwell, Snowflake.....	5-0
2002....Kailee Ferguson, Safford.....	4-10
2001....Indie Vallery, Show Low.....	5-3

4A GIRLS HIGH JUMP

2010....(4A-1) Shakayla McEaddy, C. Foothills.....	5-4
2010....(4A-2) Kinsey Minter, Cactus.....	5-4
2009....(4A-1) Shakayla McEaddy, C. Foothills.....	5-4
2009....(4A-2) Chantell Johnson, Desert Edge.....	5-4
2008....(4A-1) Gabrielle Siltanen, Chaparral.....	5-3
2008....(4A-2) Taylor Stapley, Sinagua.....	5-2
2007....(4A-1) Vanessa Nagy, Prescott.....	5-4
2007....(4A-2) Kelsey Wood, Higley.....	5-6
2006....(4A-1) Mallory Drain, Ironwood Ridge.....	5-4
2006....(4A-2) Kelsey Wood, Higley.....	5-4
2005....Linda Ubah, Agua Fria.....	5-6
2004....Mallory Drain, Ironwood Ridge.....	5-4
2003....Katherine Allen, Cactus.....	5-2
2002....Liz Levarado, Sunrise Mountain.....	5-2
2001....Courtney Kelner, Saguaro.....	5-2

5A GIRLS HIGH JUMP

2010....(5A-1) Cadija Harris, Chandler.....	5-5
2010....(5A-2) Lauren Laszczak, Ironwood R.....	5-1
2009....(5A-1) Sierra Meyer, Gilbert.....	5-6
2009....(5A-2) Lauren Laszczak, Ironwood R.....	5-2
2008....(5A-1) Sierra Meyer, Gilbert.....	5-5
2008....(5A-2) Lauren Laszczak, Ironwood R.....	5-3
2007....(5A-1) Courtney Hayes, Dobson.....	5-6
2007....(5A-2) Eunice Makinde, Shadow Mt.....	5-3
2006....(5A-1) Whitney Dosty, Salpointe.....	5-9
2006....(5A-2) Kelsey Klein, Ironwood.....	5-4
2005....Alicia Ingallina, Hamilton.....	5-5
2004....Leah Neff, Mountain Ridge.....	5-4
2003....Jacquelyn Johnson, Yuma.....	6-0
2002....Jacquelyn Johnson, Yuma.....	5-10
2001....Jacquelyn Johnson, Yuma.....	5-8

1A GIRLS LONG JUMP

2010....Hope Redhawk, Valley Union.....	15-5 1/4
2009....Sarah Prokop, Tempe Prep.....	16-4 1/2
2008....Robyn Robledo, Tempe Prep.....	15-7 1/2

2007....Robyn Robledo, Tempe Prep.....	16-0 3/4
2006....Ashleigh Gaylor, Tempe Prep.....	14-5
2005....Ginger Williams, Mogollon.....	16-2 1/2
2004....Siera Bundy, Fredonia.....	16-9
2003....Alayna Heaton, Fredonia.....	15-7
2002....Audra Smith, Pima.....	16-7
2001....Candace Mayberry, St. David.....	15-7

2A GIRLS LONG JUMP

2010....Courtney Samudio, NW Christian.....	17-1 1/2
2009....Shanel Smith, Valley Christian.....	17-7 3/4
2008....Shanel Smith, Valley Christian.....	18-9 1/2
2007....Shamesha Smith, Valley Chr.....	18-3
2006....Shamesha Smith, Valley Chr.....	17-3 1/2
2005....Shamesha Smith, Valley Chr.....	17-1
2004....Shamesha Smith, Valley Chr.....	17-10 3/4
2003....Jacque Trickey, St. Johns.....	17-6 3/4
2002....Jaime Cluff, SCA.....	17-9 1/2
2001....Jaime Cluff, SCA.....	16-8 1/2

3A GIRLS LONG JUMP

2010....Maddie Nossek, Payson.....	17-2 1/2
2009....Ciera Holston, Safford.....	16-8
2008....Hannah Mosely, Sedona Red Rock.....	16-5
2007....Maddie Nossek, Payson.....	16-8
2006....Hannah Sadler, Fountain Hills.....	16-2
2005....Stephanie Garnett, Winslow.....	19-4 3/4
2004....Kathrine Ashley, Fountain Hills.....	16-0 3/4
2003....Stephanie Garnett, Winslow.....	19-6 1/4
2002....Stephanie Garnett, Winslow.....	18-0
2001....Rheanna Martinez, Payson.....	18-1

4A GIRLS LONG JUMP

2010....(4A-1) Brianna Rodriguez, Sahuaro.....	18-8
2010....(4A-2) Amanda Stricker, Flagstaff.....	17-3
2009....(4A-1) Jaquaiha Hickman, Agua F.....	17-11
2009....(4A-2) Amber Yingling, R. Kellis.....	18-2 1/2
2008....(4A-1) Kelly Dallman, Cactus.....	16-2 1/2
2008....(4A-2) Amber Yingling, R. Kellis.....	18-4 3/4
2007....(4A-1) Amber Yingling, R. Kellis.....	18-3
2007....(4A-2) Rashed Stapley, Sinagua.....	16-7 1/4
2006....(4A-1) Angelyn Avery, Millennium.....	17-5 1/2
2006....(4A-2) Shanell Wilson, Palo Verde.....	16-10
2005....Meaghan Ryan, Lake Havasu.....	17-11 3/4
2004....Maddie Sparks, Prescott.....	17-4
2003....Ashley Hintz, Sunrise Mountain.....	17-7 1/4
2002....Crystal Harden, Palo Verde.....	17-5
2001....Stephanie Hartz, Saguaro.....	17-5 1/2

5A GIRLS LONG JUMP

2010....(5A-1) Jasmine Todd, Chandler.....	19-11
2010....(5A-2) Shantella McCoy, MDN.....	17-11 1/4
2009....(5A-1) Samantha Collins, W'wood.....	18-8 3/4
2009....(5A-2) Tamara Pritgett, Rincon.....	17-8 1/2
2008....(5A-1) Micsha Carson, Chandler.....	18-11
2008....(5A-2) Brianna Kee, Sunrise Mt.....	17-4 3/4
2007....(5A-1) Samantha Collins, Westwood.....	19-0
2007....(5A-2) Sarah Reaves, Ironwood.....	17-8
2006....(5A-1) Amanda Duarte, Mt. Ridge.....	18-3 3/4
2006....(5A-2) Sarah Reaves, Ironwood.....	17-9
2005....JennaBree Tollestrup, Cibola.....	18-6
2004....JennaBree Tollestrup, Cibola.....	17-9 1/2
2003....Jacquelyn Johnson, Yuma.....	19-9 1/2
2002....Jacquelyn Johnson, Yuma.....	18-11 3/4
2001....Jacquelyn Johnson, Yuma.....	18-2 1/2

1A GIRLS TRIPLE JUMP

2010....Kathryn Claus, Valley Lutheran.....	32-0
2009....Robyn Robledo, Tempe Prep.....	34-8 3/4
2008....Robyn Robledo, Tempe Prep.....	33-9 1/2
2007....Katie Crandall, Mogollon.....	31-0
2006....Lizzy Tobin, Grand Canyon.....	32-2 1/4
2005....Ginger Williams, Mogollon.....	33-10

2A GIRLS TRIPLE JUMP

2010....Courtney Samudio, NW Christian.....	34-10 1/4
2009....Courtney Samudio, NW Christian.....	34-5 1/2
2008....Courtney Samudio, NW Christian.....	34-10 1/4
2007....Shamesha Smith, Valley Christian.....	36-4
2006....Shamesha Smith, Valley Christian.....	35-10
2005....Shamesha Smith, Valley Christian.....	35-1 1/2
2004....Shamesha Smith, Valley Christian.....	35-10
2003....Keyoshia Ray, Tombstone.....	34-8
2002....Jaime Cluff, SCA.....	36-5 3/4
2001....Jaime Cluff, SCA.....	36-4 3/4

3A GIRLS TRIPLE JUMP

2010....Maurisa Jones, Estrella Foothills.....	33-9 1/4
2009....Marie Lupe, Alchesay.....	34-11 1/2
2008....Marie Lupe, Alchesay.....	35-3
2007....Hannah Sadler, Fountain Hills.....	35-10 1/2

2006Shawnee Favela, Estrella Foothills34-4
2005Stephanie Garnett, Winslow34-5 1/2
2004Rachel Papa, Snowflake34-3
2003Stephanie Garnett, Winslow36-7 1/4
2002Stephanie Garnett, Winslow35-4 1/2
2001Rheanna Martinez, Payson37-5

4A GIRLS TRIPLE JUMP

2010(4A-1) Shakayia McEaddy, C. Foothills36-3
2010(4A-2) Essence Johnson, Amphi37-2 1/2
2009(4A-1) Kelly Dallman, Cactus36-3
2009(4A-2) Essence Johnson, Amphi37-7
2008(4A-1) Chloe Nowell, Millennium36-1 1/2
2008(4A-2) Brittney Fallon, Greenway36-0 1/2
2007(4A-1) Kelly Dallman, Cactus36-5 3/4
2007(4A-2) Gabby Mantley, Tempe36-1 1/4
2006(4A-1) Jaime Minor, Canyon del Oro38-5
2006(4A-2) Jocelyn West, Mohave34-2
2005Audrey Barbera, Ironwood Ridge34-9 1/2
2004Ashley West, Shadow Mountain37-10 1/4
2003Joanna Chung, Chaparral37-11
2002Crystal Harden, Palo Verde39-2
2001Nina Henson, Sahuaro37-10 1/2

5A GIRLS TRIPLE JUMP

2010(5A-1) Jasmine Todd, Chandler39-3 1/4
2010(5A-2) Courtney Brown, D. Valley37-2 1/2
2009(5A-1) Jasmine Todd, Chandler37-11
2009(5A-2) Brianne Kee, Sunrise Mt35-1 3/4
2008(5A-1) Micsha Carson, Chandler38-0 1/2
2008(5A-2) Amie Kilgore, Rincon35-0
2007(5A-1) Micsha Carson, Chandler36-10 1/2
2007(5A-2) Paula Hart, Skyline37-5 1/2
2006(5A-1) Micsha Carson, Chandler37-0 3/4
2006(5A-2) Paula Hart, Skyline36-10 1/2
2005Jaime Minor, Canyon del Oro38-2 1/2
2004JennaBree Tollestrup, Cibola38-1
2003Jacquelyn Johnson, Yuma40-1 1/4
2002Nina Henson, Sahuaro40-11
2001Jacquelyn Johnson, Yuma38-1

1A GIRLS POLE VAULT

2010Chad Beguin, Veritas Prep10-9
2009Laurissa Beus, Pima8-6
2008Jessi Stiles-Culver, Pima6-0
2007Summer Shipley, Salome7-6
2006Jessica Bryce, Pima8-6
2005Jessica Bryce, Pima9-3
2004Alayna Heaton, Fredonia8-6
2003Alayna Heaton, Fredonia8-3
2002Audra Sipes, San simon8-0
2001Kendi Judd, St. David9-0

2A GIRLS POLE VAULT

2010Chandler Fraley, Valley Christian10-3
2009Sarah Mehan, Valley Christian10-3
2008Sarah Mehan, Valley Christian10-0
2007Katlyn Carroll, Valley Christian10-0
2006Jenny Woudenberg, Scottsdale Chr10-3
2005Kasi Sandberg, Northwest Christian9-0
2004Kasi Sandberg, Northwest Christian9-6
2003Delaine Rockwell, SCA11-1
2002Delaine Rockwell, SCA10-6
2001Lanna Campbell, Valley Christian10-0

3A GIRLS POLE VAULT

2010Amanda Wilcock, Blue Ridge9-9
2009Rebecca Brewer, Show Low9-9
2008Loretta Morris, Round Valley10-0
2007Shanna Coleman, Payson9-0
2006Rikkilyn London, Blue Ridge10-7
2005Angie Sandell, Seton Catholic10-0
2004Angie Sandell, Seton Catholic10-2
2003Leticia Austin, Round Valley9-6
2002Tata McWorthy, Queen Creek11-0
2001Alex Chavez, Round Valley8-3

4A GIRLS POLE VAULT

2010(4A-1) Ashley Groves, Cienega11-0
2010(4A-2) Leslie Kindade, Mingus10-6
2009(4A-1) Liz Portanova, Chaparral10-9
2009(4A-2) Lauren Gale, Higley11-4
2008(4A-1) Liz Portanova, Chaparral10-0
2008(4A-2) Amber Yingling, R. Kellis10-0
2007(4A-1) Molly Clancy, Canyon Del Oro11-0
2007(4A-2) Amy Boyer, Washington10-6
2006(4A-1) Caitlin Clancy, Canyon Del Oro12-0
2006(4A-2) Jessica Bowman, Queen Creek10-0
2005Nancy Piazza, Centennial10-6
2004Camieau Galligan, Moon Valley10-3
2003April Kubishta, Lake Havasu12-0

2002April Kubishta, Lake Havasu12-7
2001Erin Anderson, Marana Mt. View11-6

5A GIRLS POLE VAULT

2010(5A-1) Shaylan Simpson, D. Vista12-6
2010(5A-2) Liz Portanova, Chaparral12-0
2009(5A-1) Shaylan Simpson, D. Vista12-9 3/4
2009(5A-2) Sarah Hedberg, North11-6
2008(5A-1) Cara Carpenter, Mesa Mt. View12-9
2008(5A-2) Lindsay McKinney, Sunrise Mt.11-9
2007(5A-1) Cara Carpenter, Mesa Mt. View12-0
2007(5A-2) Lindsay McKinney, Sunrise Mt10-9
2006(5A-1) Jaci Perryman, Desert Vista12-6
2006(5A-2) Lauren Cruzan, Sunrise Mt.11-0
2005Jaci Perryman, Desert Vista12-3
2004Katie Morgan, Corona del Sol12-0
2003Katie Morgan, Corona del Sol12-3
2002Katie Morgan, Corona del Sol11-6
2001Whitney Schauer, Corona del Sol11-1

1A BOYS 100 METERS

2010Theo Turner, Orme11.55
2009Rocky Brittain, Tempe Prep11.44
2008Michael Begley, Tempe Prep11.84
2007Jai Brewster, Canyon State11.45
2006Justin Kremer, Grand Canyon10.81
2005Justin Kremer, Grand Canyon11.02
2004Justin Kremer, Grand Canyon11.50
2003Eric Johnson, Life School11.69
2002Jake Hill, Pima11.62
2001Brent Trejo, St. David11.57

2A BOYS 100 METERS

2010Rocky Brittain, Tempe Prep11.12
2009Matt Holtfrerich, Northwest Christian10.92
2008Bobby Priest, Northwest Christian11.11
2007Bobby Priest, Northwest Christian11.12
2006Kyle Johnson, Ray11.42
2005Kyle Cruz, Northwest Christian11.17
2004Jimmy Arollo, Bourgade11.08
2003Leon Johnson, Thatcher11.07
2002Willie Blair, Morenci11.03
2001Quinton McCoy, VC10.53 (w.a.)

3A BOYS 100 METERS

2010Kevin Cox, Sedona Red Rock11.04
2009Matt Reidhead, Snowflake11.02
2008Patrick Cann, Santa Cruz11.07
2007Matt Reidhead, Snowflake11.29
2006Todd Kreimeyer, Payson11.20
2005Kyle Karchner, Snowflake11.29
2004Andrew Papa, Snowflake11.02
2003Andrew Papa, Snowflake11.37
2002Anthony Carter, Winslow11.19
2001Kade Good, Safford11.08

4A BOYS 100 METERS

2010(4A-1) Breyen Miller, Agua Fria11.10
2010(4A-2) Zion Harvey, Amphi11.09
2009(4A-1) Jamal Miles, Peoria10.92
2009(4A-2) Patrick Foley, Notre Dame10.83
2008(4A-1) Jamal Miles, Peoria11.05
2008(4A-2) Stefan Johnson, Cortez11.13
2007(4A-1) Prince Amukamara, Apollo10.78
2007(4A-2) Patrick Foley, Notre Dame10.99
2006(4A-1) John Arrington, Moon Valley10.86
2006(4A-2) Ronnie Whitehead, Flagstaff10.91
2005Joe Bagby, McClintock11.03
2004Bryan Haynes, Centennial10.64
2003Bryan Haynes, Centennial10.81
2002Andrew Bailey, McClintock11.03
2001Nick Chandler, Tolleson10.83

5A BOYS 100 METERS

2010(5A-1) Ryan Wheeler, Casa Grande10.84
2010(5A-2) Trae Armstrong, Deer Valley10.76
2009(5A-1) Ryan Milus, Hamilton10.39
2009(5A-2) Isaiah Underwood, Ironwood10.73
2008(5A-1) Ryan Milus, Hamilton10.56
2008(5A-2) Dmitri Holman, Centennial11.07
2007(5A-1) Allante Battle, Desert Vista10.64
2007(5A-2) Anthony Tarkington, Tolleson10.64
2006(5A-1) Dontay Moch, Hamilton10.78
2006(5A-2) Travis Simpson, Peoria11.02
2005Keegan Herring, Peoria10.64
2004Sherrod Austin, North Canyon10.80
2003Steve Koehnemann, Corona del Sol10.54
2002P.J. Kinsale, Mountain Pointe10.87
2001Jason Shivers, South Mountain10.67

1A BOYS 200 METERS

2010Theo Turner, Orme23.21
2009Rocky Brittain, Tempe Prep23.06
2008Michael Begley, Tempe Prep23.66
2007Jai Brewster, Canyon State23.51
2006Justin Kremmer, Grand Canyon22.12
2005Justin Kremmer, Grand Canyon22.87
2004Justin Kremmer, Grand Canyon23.53
2003Stratton Solomon, Joseph City23.15
2002Stratton Solomon, Joseph City23.63
2001Brent Trejo, St. David23.58

2A BOYS 200 METERS

2010Ray Holguin, Morenci22.35
2009Matt Holtfrerich, NW Christian21.64
2008Matt Holtfrerich, NW Christian22.00
2007George Leftrich, Tonopah Valley22.69
2006Antoine Thomas, Tombstone22.12
2005Antoine Thomas, Tombstone22.71
2004Antoine Thomas, Tombstone22.63
2003Dwayne Thomas, Tombstone22.43
2002Joe Thomas, Tombstone22.18
2001Quinton McCoy, Valley christian21.61

3A BOYS 200 METERS

2010Kevin Cox, Sedona Red Rock22.55
2009Harrison Ware, Empire22.55
2008Patrick Cann, Santa Cruz21.93
2007Matt Reidhead, Snowflake22.81
2006Todd Kreimeyer, Payson22.68
2005Robbie Kerback, Rio Rico22.64
2004Andrew Papa, Snowflake22.64
2003Andrew Papa, Snowflake22.74
2002Shawn Kaupal, Sedona Red Rock22.88
2001Kade Good, Safford22.92

4A BOYS 200 METERS

2010(4A-1) Breyen Miller, Agua Fria22.29
2010(4A-2) Cameron Rowe, Washington21.83
2009(4A-1) Jamal Miles, Peoria21.68
2009(4A-2) Patrick Foley, Notre Dame21.75
2008(4A-1) Jamal Miles, Peoria21.75
2008(4A-2) Stefan Johnson, Cortez21.82
2007(4A-1) Prince Amukamara, Apollo21.92
2007(4A-2) Stefan Johnson, Cortez22.16
2006(4A-1) Isaiah Smart, Moon Valley22.05
2006(4A-2) Ronnie Whitehead, Flagstaff22.21
2005Brendan Butler, Buckeye22.14
2004Mike Young, Coconino21.75
2003Bryan Haynes, Centennial21.37
2002Randy Hill, McClintock22.15
2001Chris Ravens, Palo Verde22.17

5A BOYS 200 METERS

2010(5A-1) Ryan Wheeler, Casa Grande21.63
2010(5A-2) Trae Armstrong, Deer Valley21.59
2009(5A-1) Ryan Milus, Hamilton21.13
2009(5A-2) Charles James, Valley Vista21.60
2008(5A-1) Giorgio Giurdanella, Mt. Ridge21.39
2008(5A-2) Chris Jamison, Desert Ridge22.36
2007(5A-1) Allante Battle, Desert Vista21.33
2007(5A-2) Jamal Miles, Peoria21.66
2006(5A-1) Jim Burnett, Chandler21.62
2006(5A-2) Travis Simpson, Peoria21.87
2005Dontay Moch, Hamilton21.84
2004Jeremy Tucker, Hamilton21.49
2003Keegan Herring, Trevor Browne21.71
2002P.J. Kinsale, Mountain Pointe21.90
2001Jason Shivers, South Mountain21.57

1A BOYS 400 METERS

2010Em Martinez-White, St. Augustine52.49
2009Justin Tacket, Veritas Prep51.05
2008Elliot Godzich, Veritas Prep51.29
2007George Jones, Canyon State52.70
2006Justin Kremer, Grand Canyon47.91
2005Justin Kremer, Grand Canyon49.99
2004Justin Kremer, Grand Canyon52.65
2003Stratton Solomon, Joseph City50.70
2002Stratton Solomon, Joseph City52.04
2001Stratton Solomon, Joseph City51.80

2A BOYS 400 METERS

2010Prest VanHofwegen, Phx Christian51.21
2009George Leftrich-Fuller, Ton. Valley50.87
2008George Jones, Canyon State49.36
2007Corey Botma, Valley Christian49.65
2006Antoine Thomas, Tombstone50.30
2005Mark Robinson, Phoenix Christian51.29
2004Jimmy Arollo, Bourgade Catholic50.99
2003Jimmy Arollo, Bourgade Catholic49.81

2002....Joe Thomas, Tombstone.....	50.51
2001....Mike Estrella, Benson.....	50.18

3A BOYS 400 METERS

2010....Cody Bell, Show Low.....	50.00
2009....Justin Butler, Show Low.....	49.65
2008....Derek Vriezelaar, Safford.....	50.00
2007....Darren Trainer, Blue Ridge.....	50.25
2006....Darren Trainer, Blue Ridge.....	50.44
2005....Robbie Kerback, Rio Rico.....	49.58
2004....Michael McHugh, Safford.....	50.41
2003....Luis Adame, Rio Rico.....	50.60
2002....Ryan Morgan, Fountain Hills.....	50.74
2001....Lavon Salabye, Ganado.....	50.32

4A BOYS 400 METERS

2010....(4A-1) Nathan Bolivar, Apollo.....	49.77
2010....(4A-2) Dylan Hambricht, Arcadia.....	48.46
2009....(4A-1) Jamal Miles, Peoria.....	48.42
2009....(4A-2) Patrick Foley, Notre Dame.....	48.85
2008....(4A-1) Jamal Miles, Peoria.....	48.56
2008....(4A-2) James Eichberger, Catalina.....	48.20
2007....(4A-1) James Eichberger, Catalina.....	49.07
2007....(4A-2) Jon Colten, Arcadia.....	50.15
2006....(4A-1) Treg Jeffrey, Moon Valley.....	48.88
2006....(4A-2) Steven Bullard, Santa Rita.....	50.68
2005....Ira Brogan, Palo Verde.....	48.58
2004....Larry Bennett, Apollo.....	48.52
2003....Robert Choze, Nogales.....	48.29
2002....Barry Graham, Chaparral.....	48.11
2001....Chris Tellez, Desert View.....	49.48

5A BOYS 400 METERS

2010....(5A-1) JD Castille, Mesa.....	48.90
2010....(5A-2) Ronnie Sanchez, Perry.....	48.88
2009....(5A-1) Spencer Chase, Desert Vista.....	46.47
2009....(5A-2) Jay Bowser, Rincon.....	48.79
2008....(5A-1) Allante Battle, Desert Vista.....	47.12
2008....(5A-2) Josh Burt, Westview.....	49.23
2007....(5A-1) Allante Battle, Desert Vista.....	47.17
2007....(5A-2) Jamal Miles, Peoria.....	47.86
2006....(5A-1) Tyler Arnold, Highland.....	47.86
2006....(5A-2) Travis Simpson, Peoria.....	48.46
2005....Abdul Howard, South Mountain.....	48.99
2004....Cashmere O'Neal, South.....	48.20
2003....Rodney Overton, Alhambra.....	48.69
2002....P.J. Kinsale, Mountain Pointe.....	48.80
2001....P.J. Kinsale, Mountain Pointe.....	49.92

1A BOYS 800 METERS

2010....Em Martinez-White, St. Augustine.....	2:01.22
2009....Daniel Trenchard, Grand Canyon.....	2:01.40
2008....Elliot Godzich, Veritas Prep.....	2:00.36
2007....Tanner Carothers, Northland Prep.....	2:05.48
2006....Tolan Thornton, Northland Prep.....	2:02.24
2005....Tolan Thornton, Northland Prep.....	2:01.63
2004....Tolan Thornton, Northland Prep.....	2:05.64
2003....Angel Sanchez, Pima.....	2:09.37
2002....Joshua Thompson, St. Michael.....	2:09.55
2001....Stratton Solomon, Joseph City.....	2:09.37

2A BOYS 800 METERS

2010....Cody Rosengarten, Tombstone.....	1:59.55
2009....Cody Rosengarten, Tombstone.....	1:59.61
2008....Chad Baker, Hopi.....	2:00.50
2007....Corey Botma, Valley Christian.....	1:55.77
2006....Dominick Fitzpatrick, Red Mesa.....	1:58.06
2005....Corey Botma, Valley Christian.....	1:59.48
2004....D.A. Kerg, Benson.....	1:59.14
2003....Chris Frederick, SCA.....	1:58.90
2002....Eric Dall, Scottsdale Christian.....	1:55.29
2001....Alex Sanchez, Pima.....	1:57.28

3A BOYS 800 METERS

2010....Jesus Rivera, Sedona Red Rock.....	1:57.15
2009....Ryan Yazzie, Tuba City.....	1:57.91
2008....Jesus Rivera, Sedona Red Rock.....	1:57.34
2007....Carlan Pontious, Payson.....	1:57.60
2006....Romero Curley, Chinle.....	1:58.04
2005....Michael McHugh, Safford.....	1:56.46
2004....Mike Sanders, Sedona Red Rock.....	1:58.11
2003....Eric Chavez, Rio Rico.....	1:55.77
2002....Eric Chavez, Rio Rico.....	1:56.53
2001....Eric Chavez, Rio Rico.....	1:57.62

4A BOYS 800 METERS

2010....(4A-1) Sherod Hardt, Queen Creek.....	1:54.61
2010....(4A-2) Brian Shrader, Sinagua.....	1:51.54
2009....(4A-1) Alex Evans, Sabino.....	1:54.72
2009....(4A-2) Brian Shrader, Sinagua.....	1:52.89
2008....(4A-1) Alex Evans, Sabino.....	1:57.25

2008....(4A-2) James Eichberger, Catalina.....	1:53.35
2007....(4A-1) James Eichberger, Catalina.....	1:57.25
2007....(4A-2) Shane Jorgenson, Wash.....	1:54.99
2006....(4A-1) Treg Jeffrey, Moon Valley.....	1:56.47
2006....(4A-2) George Holberg, Washington.....	1:57.44
2005....Ken Cormier, Douglas.....	1:53.93
2004....Caleb Lynch, Washington.....	1:52.65
2003....Ben Clark, Prescott.....	1:52.37
2002....Caleb Lynch, Washington.....	1:54.30
2001....Ted Gast, Sahuaro.....	1:55.04

5A BOYS 800 METERS

2010....(5A-1) Julio Martinez, T. Browne.....	1:54.74
2010....(5A-2) Steve Magnuson, Ironwood R.....	1:53.70
2009....(5A-1) Chris Rudledge, C. Grande.....	1:54.06
2009....(5A-2) Lee Gundy, Marana Mt. View.....	1:56.26
2008....(5A-1) John Kline, Desert Vista.....	1:52.52
2008....(5A-2) German Jimenez, Centennial.....	1:58.93
2007....(5A-1) Matt Swift-Kramer, D. Vista.....	1:52.71
2007....(5A-2) Chris Webb, Centennial.....	1:55.92
2006....(5A-1) Jay Martinez, Tucson.....	1:56.25
2006....(5A-2) Spencer Morgan, O'Connor.....	1:55.53
2005....Reese Byerrum, Mt. Ridge.....	1:52.09
2004....Reese Byerrum, Mt. Ridge.....	1:56.17
2003....Eamon Quick, Mt. Pointe.....	1:54.69
2002....Greg Halver, Paradise Valley.....	1:52.75
2001....David Hohman, Salpointe.....	1:54.41

1A BOYS 1600 METERS

2010....Nico Montanez, St. Augustine.....	4:42.15
2009....Steven Rachocki, Tempe Prep.....	4:41.01
2008....Logan Dwyer, Northland Prep.....	4:38.42
2007....Tanner Carothers, Northland Prep.....	4:49.10
2006....Tanner Carothers, Northland Prep.....	4:40.38
2005....Alex Barnard, Northland Prep.....	4:30.33
2004....Jon Clements, Ajo.....	4:46.70
2003....Angel Sanchez, Pima.....	4:41.40
2002....Joshua Thompson, St. Michael.....	4:47.83
2001....Tony Orozco, Ash Fork.....	4:55.77

2A BOYS 1600 METERS

2010....Cody Rosengarten, Tombstone.....	4:26.77
2009....Cody Rosengarten, Tombstone.....	4:25.45
2008....Isaiah Klassen, Scottsdale Christian.....	4:22.53
2007....Cameron Liston, Valley Christian.....	4:29.79
2006....Thomas Peterson, Yuma Catholic.....	4:29.03
2005....Weston Jones, Red Mesa.....	4:29.68
2004....Matt Williams, Tombstone.....	4:29.69
2003....David Mehlhorn, Valley Christian.....	4:26.06
2002....Eric Dall, Scottsdale Christian.....	4:18.22
2001....Eric Dall, Scottsdale Christian.....	4:23.53

3A BOYS 1600 METERS

2010....Billy Orman, Tuba City.....	4:20.03
2009....Ryan Yazzie, Tuba City.....	4:20.94
2008....Ryan Yazzie, Tuba City.....	4:26.12
2007....Carlan Pontious, Payson.....	4:26.71
2006....Romero Curley, Chinle.....	4:24.18
2005....John Killian, Chino Valley.....	4:22.19
2004....Gordon Segay, Window Rock.....	4:26.69
2003....Eric Chavez, Rio Rico.....	4:23.90
2002....Eric Chavez, Rio Rico.....	4:23.56
2001....Eric Chavez, Rio Rico.....	4:28.89

4A BOYS 1600 METERS

2010....(4A-1) Sherod Hardt, Queen Creek.....	4:10.67
2010....(4A-2) Brian Shrader, Sinagua.....	4:13.48
2009....(4A-1) Alex Evans, Sabino.....	4:19.61
2009....(4A-2) Brian Shrader, Sinagua.....	4:13.01
2008....(4A-1) George Alex, Thunderbird.....	4:23.86
2008....(4A-2) Brian Shrader, Sinagua.....	4:20.04
2007....(4A-1) John Yatsko, McClintock.....	4:23.48
2007....(4A-2) Reed Blochberger, Arcadia.....	4:23.16
2006....(4A-1) Travis McCabe, Prescott.....	4:30.72
2006....(4A-2) Matti Markowski, Sinagua.....	4:29.05
2005....Ken Cormier, Douglas.....	4:15.01
2004....Joey Heller, Shadow Mountain.....	4:14.36
2003....Ben Clark, Prescott.....	4:15.20
2002....Ben Clark, Prescott.....	4:20.00
2001....Reid Ellis, Marana Mt. View.....	4:25.12

5A BOYS 1600 METERS

2010....(5A-1) Thomas Williams, Brophy.....	4:21.10
2010....(5A-2) Steve Magnuson, Ironwood R.....	4:19.82
2009....(5A-1) Jon Brown, Highland.....	4:19.56
2009....(5A-2) Steve Magnuson, Ironwood R.....	4:22.81
2008....(5A-1) D.J. Johnson, Mesa Mt. View.....	4:19.60
2008....(5A-2) Jim Walmsley, Horizon.....	4:22.51
2007....(5A-1) Nathan Mesta, Tucson.....	4:20.47
2007....(5A-2) Daniel Lovell, Boulder Creek.....	4:24.90
2006....(5A-1) Bryce Livingston, Salpointe.....	4:16.34

2006....(5A-2) James Bogner, Para. Valley.....	4:20.53
2005....Alex Mason, Brophy.....	4:22.25
2004....Charles Hampton, Brophy.....	4:18.92
2003....Justin Langdon, Mountain Ridge.....	4:17.78
2002....Aaron Aguayo, Mountain Pointe.....	4:16.51

1A BOYS 3200 METERS

2010....Nico Montanez, St. Augustine.....	10:14.93
2009....Steven Rachocki, Tempe Prep.....	10:17.89
2008....Logan Dwyer, Northland Prep.....	10:34.36
2007....Tanner Carothers, Northland Prep.....	10:11.46
2006....Tanner Carothers, Northland Prep.....	10:06.36
2005....Logan Dwyer, Northland Prep.....	10:29.57
2004....Kin Finicm, Fredonia.....	10:22.91
2003....Kin Finicm, Fredonia.....	10:31.16
2002....Jeremiah Thompson, St. Michael.....	10:39.04
2001....Tony Orozco, Ash Fork.....	11:03.49

2A BOYS 3200 METERS

2010....Cody Rosengarten, Tombstone.....	9:40.43
2009....Cody Rosengarten, Tombstone.....	9:45.59
2008....Isaiah Klassen, Scottsdale Christian.....	9:52.48
2007....Isaiah Klassen, Scottsdale Christian.....	9:54.51
2006....Thomas Peterson, Yuma Catholic.....	9:36.34
2005....Weston Jones, Red Mesa.....	9:47.08
2004....David Mehlhorn, Valley Christian.....	9:50.91
2003....Justin Prevatte, Tombstone.....	9:47.20
2002....Eric Dall, Scottsdale Christian.....	9:26.65
2001....Eric Dall, Scottsdale Christian.....	9:54.75

3A BOYS 3200 METERS

2010....Billy Orman, Tuba City.....	9:18.91
2009....Ryan Yazzie, Tuba City.....	9:28.29
2008....Larry Hermance, Chino Valley.....	9:40.29
2007....Rick Worker, Tuba City.....	9:43.77
2006....Matt Rowell, Blue Ridge.....	9:39.77
2005....John Killian, Chino Valley.....	9:32.01
2004....John Killian, Chino Valley.....	9:44.89
2003....Jonathan Harmon, Holbrook.....	9:41.75
2002....Jonathan Harmon, Holbrook.....	9:35.29
2001....Blaine Goklish, Alchabay.....	9:39.47

4A BOYS 3200 METERS

2010....(4A-1) Sherod Hardt, Queen C.....	9:26.11
2010....(4A-2) Brian Shrader, Sinagua.....	9:14.40
2009....(4A-1) Kyle Short, Cactus Shadows.....	9:42.96
2009....(4A-2) Brian Shrader, Sinagua.....	9:10.47
2008....(4A-1) George Alex, Thunderbird.....	9:46.15
2008....(4A-2) Brian Shrader, Sinagua.....	9:23.47
2007....(4A-1) John Yatsko, McClintock.....	9:36.79
2007....(4A-2) Reed Blochberger, Arcadia.....	9:31.22
2006....(4A-1) John Yatsko, McClintock.....	9:51.19
2006....(4A-2) Matti Markowski, Sinagua.....	9:31.83
2005....Ken Cormier, Douglas.....	9:03.34
2004....Ken Cormier, Douglas.....	9:21.51
2003....Ben Clark, Prescott.....	9:26.60
2002....Leif Lomeland, Page.....	9:36.63
2001....Alan Walker, Greenway.....	9:39.30

5A BOYS 3200 METERS

2010....(5A-1) Matt Whittlach, CdS.....	9:36.22
2010....(5A-2) Steve Magnuson, Ironwood R.....	9:36.66
2009....(5A-1) Jon Brown, Highland.....	9:22.30
2009....(5A-2) Steve Magnuson, Ironwood R.....	9:39.37
2008....(5A-1) Humberto Gonzalez, Chavez.....	9:25.99
2008....(5A-2) Ben Jankunas, Horizon.....	9:32.24
2007....(5A-1) Eric Harasyn, Buena.....	9:25.13
2007....(5A-2) Daniel Lovell, Boulder Creek.....	9:33.66
2006....(5A-1) Garrett Kelly, Desert Vista.....	9:32.27
2006....(5A-2) James Bogner, Para. Valley.....	9:23.25
2005....Alex Mason, Brophy.....	9:30.64
2004....Charles Hampton, Brophy.....	9:21.75
2003....Justin Langdon, Mountain Ridge.....	9:27.03
2002....Aaron Aguayo, Mountain Pointe.....	9:19.75
2001....Kevin Billington, Trevor Browne.....	9:21.41

1A BOYS 110 METER HURDLES

2010....Ruben Melgoza, Salome.....	16.37
2009....Dillon Goodman, Pima.....	15.03
2008....Dillon Goodman, Pima.....	15.37
2007....Taylor Goodman, Pima.....	15.67
2006....Taylor Goodman, Pima.....	15.12
2005....Taylor Goodman, Pima.....	16.25
2004....Taylor Goodman, Pima.....	17.28
2003....Bill Hillhouse, Salome.....	15.76
2002....Steve Conners, Pima.....	15.48
2001....Scott Moore, St. David.....	15.97

2A BOYS 110 METER HURDLES

2010....Dillon Goodman, Pima.....	14.56
2009....Sam Andresen, Valley Christian.....	15.16

2008Gersham Sharp, Canyon State15.98
2007Dakoda John, Thatcher14.77
2006Dakoda John, Thatcher15.12
2005Luis Samaniego, Yuma Catholic15.31
2004Taylor Voss, Valley Christian15.16
2003Joe Mangum, St. Johns15.63
2002Sean Hinton, Thatcher15.42
2001Jacob Coate, Valley Christian(w.a.) 14.90

3A BOYS 110 METER HURDLES

2010Jacob Rawlins, Snowflake15.13
2009Matt Boyd, Blue Ridge14.55
2008Justin Smith, Safford14.71
2007George Jones, Coolidge15.32
2006Nick Anderson, Winslow15.21
2005Kyle Kartchner, Snowflake14.52
2004Chris Hutzel, Rio Rico14.92
2003Scott Mills, Snowflake14.88
2002Jarun Hutzel, Rio Rico15.12
2001Ken Halstead, Dysart14.82

4A BOYS 110 METER HURDLES

2010(4A-1) Erwin Jones, Shadow Mt14.82
2010(4A-2) Chris Correa, Santa Rita14.53
2009(4A-1) Weston Diehl, Paradise V14.24
2009(4A-2) Chris Correa, Santa Rita14.33
2008(4A-1) Cedrique Smith, Agua Fria14.43
2008(4A-2) Jared Call, Queen Creek15.01
2007(4A-1) Ty Cordova, Sabino14.41
2007(4A-2) Deandre Thomas, Desert Edge14.71
2006(4A-1) Adam Martinez, Willow Canyon14.89
2006(4A-2) Danny Childs, Page15.04
2005Chris Titsworth, Centennial14.52
2004Tyler Whittier, Pinnacle14.36
2003Tyler Whittier, Pinnacle14.70
2002Joe Johnson, Washington14.61
2001Bubba Edmonds, Moon Valley14.92

5A BOYS 110 METER HURDLES

2010(5A-1) Cameron Taylor, Westwood14.13
2010(5A-2) Tevin Blaylark, Tolleson14.46
2009(5A-1) Alec Hsu, Desert Vista14.25
2009(5A-2) Brian Akpan, Rincon14.88
2008(5A-1) Michael Woodham, Mt. Pointe14.03
2008(5A-2) Jerrell Petersen, Centennial14.54
2007(5A-1) Ray Polk, Brophy13.79
2007(5A-2) Nate Jones, Westview13.78
2006(5A-1) Ray Polk, Brophy14.17
2006(5A-2) Nathan Jones, Westview14.25
2005Kaybrin Stevenson, Chandler14.31
2004Clifton Gay, South14.48
2003Anthony Melvin, Maryvale14.28
2002Thomas Huff, Camelback14.32
2001Chris Kasik, Red Mountain14.35

1A BOYS 300 METER HURDLES

2010Stephen Solomon, Joseph City41.39
2009Dillon Goodman, Pima41.52
2008Cory Thellmann, Joseph City41.57
2007Zachery Fleming, Canyon State41.91
2006Nathan Bates, Tempe Prep41.45
2005Ryan Eck, Grand Canyon42.28
2004Nephi Bryant, Pima43.56
2003Dustin Fish, Joseph City43.38
2002Steve Connors, Pima41.77
2001Scott Moore, St. David41.37

2A BOYS 300 METER HURDLES

2010Dillon Goodman, Pima38.69
2009Sam Andresen, Valley Christian39.66
2008Gersham Sharp, Canyon State41.02
2007Dakoda John, Thatcher39.59
2006Chandler John, Thatcher39.66
2005Chandler John, Thatcher40.69
2004Shawn Smith, Valley Christian39.22
2003Shawn Smith, Valley Christian39.48
2002Sean Hinton, Thatcher39.75
2001Jacob Coate, Valley Christian41.67

3A BOYS 300 METER HURDLES

2010Dustin Iles, Payson38.64
2009Matt Boyd, Blue Ridge38.56
2008Matt Boyd, Blue Ridge38.75
2007George Jones, Coolidge39.94
2006Sirel McRae, Safford39.28
2005Kyle Kartchner, Snowflake39.09
2004Chris Hutzel, Rio Rico38.62
2003Chris Hutzel, Rio Rico38.72
2002Mark Lemieux, Queen Creek40.15
2001Kenny Halstead, Dysart40.63

4A BOYS 300 METER HURDLES

2010(4A-1) Erwin Jones, Shadow Mt39.09
2010(4A-2) Michael Thomas, Desert Edge39.86
2009(4A-1) Weston Diehl, Paradise V38.42
2009(4A-2) Markos Robertson, Cortez38.93
2008(4A-1) Cedrique Smith, Agua Fria38.25
2008(4A-2) Deandre Thomas, Desert Edge38.82
2007(4A-1) Ty Cordova, Sabino38.69
2007(4A-2) Deandre Thomas, Desert Edge38.72
2006(4A-1) Ty Cordova, Sabino38.40
2006(4A-2) Danny Childs, Page39.65
2005Chris Titsworth, Centennial38.14
2004Aaron Tachine, Chinle38.74
2003Mike Bale, Catalina Foothills39.40
2002Donte Gilmore, Tolleson38.68
2001Mike Bell, Tolleson38.52

5A BOYS 300 METER HURDLES

2010(5A-1) Harry Danilevics, Brophy37.24
2010(5A-2) Tevin Blaylark, Tolleson38.95
2009(5A-1) Michael Ingrassia, D. Vista37.98
2009(5A-2) Brian Akpan, Rincon38.66
2008(5A-1) Chirs Ingrassia, Desert Vista38.28
2008(5A-2) Bryce Cooper, Deer Valley37.96
2007(5A-1) Ray Polk, Brophy37.38
2007(5A-2) Nate Jones, Westview38.64
2006(5A-1) Cylend Simmons, Westwood37.13
2006(5A-2) Joe De La Rosa, Skyline39.03
2005Cylend Simmons, Westwood37.36
2004Clifton Gay, South38.62
2003Anthony Melvin, Maryvale38.11
2002Anthony Melvin, Maryvale38.18
2001John Cylkowski, Corona del Sol38.39

1A BOYS 400 METER RELAY

2010Joy Christian46.66
2009Tempe Prep45.81
2008Joseph City45.92
2007Canyon State44.58
2006Canyon State45.08
2005Grand Canyon44.58
2004Orme46.82
2003St. David45.91
2002Joseph City46.10
2001St. David45.52

2A BOYS 400 METER RELAY

2010Tempe Prep43.80
2009Northwest Christian43.61
2008Northwest Christian43.39
2007Northwest Christian43.90
2006Northwest Christian43.98
2005Northwest Christian44.73
2004Phoenix Christian44.07
2003Northwest Christian43.05
2002Chandler Valley Christian44.26
2001Chandler Valley Christian43.83

3A BOYS 400 METER RELAY

2010Empire43.75
2009Estrella Foothills43.38
2008Empire43.96
2007Snowflake43.55
2006Coolidge43.24
2005Show Low43.93
2004Show Low44.04
2003Show Low44.39
2002Springerville Round Valley44.67
2001Globe44.61

4A BOYS 400 METER RELAY

2010(4A-1) Avondale Agua Fria42.61
2010(4A-2) Gilbert Williams Field43.21
2009(4A-1) Cactus42.68
2009(4A-2) Moon Valley42.85
2008(4A-1) Apache Junction42.74
2008(4A-2) Raymond Kellis42.45
2007(4A-1) Tucson Canyon Del Oro43.27
2007(4A-2) Prescott Valley Bradshaw Mt43.54
2006(4A-1) Phoenix Thunderbird43.31
2006(4A-2) Phoenix Cortez43.46
2005Tempe McClintock42.72
2004Peoria Centennial42.57
2003Tolleson42.40
2002Tempe McClintock42.40
2001Tolleson42.75

5A BOYS 400 METER RELAY

2010(5A-1) Mesa Mountain View42.43
2010(5A-2) Oro Valley Ironwood Ridge41.92
2009(5A-1) Cesar Chavez40.90

2009(5A-2) Tempe Marcos de Niza42.30
2008(5A-1) Chandler41.09
2008(5A-2) Glendale Ironwood42.31
2007(5A-1) Chandler41.49
2007(5A-2) Peoria Centennial42.40
2006(5A-1) Chandler Hamilton41.89
2006(5A-2) Sunnyside43.00
2005Peoria41.79
2004Chandler Hamilton42.04
2003Tempe Corona del Sol41.92
2002Tempe Desert Vista42.54
2001Mesa41.70

1A BOYS 1600 METER RELAY

2010St. Augustine3:35.38
2009Joseph City3:37.17
2008Veritas Prep3:33.08
2007Canyon State3:36.76
2006Canyon State3:40.85
2005Canyon State3:37.72
2004Orme3:46.60
2003Joseph City3:49.94
2002Pima3:45.65
2001Joseph City3:44.68

2A BOYS 1600 METER RELAY

2010Phoenix Christian3:28.74
2009Yuma Catholic3:29.97
2008Northwest Christian3:30.04
2007Chandler Valley Christian3:23.44
2006St. Johns3:29.19
2005Chandler Valley Christian3:28.79
2004Phoenix Bourgade Catholic3:28.93
2003Scottsdale Christian3:30.78
2002Phoenix Bourgade Catholic3:31.43
2001Benson3:29.45

3A BOYS 1600 METER RELAY

2010Estrella Foothills3:24.79
2009Snowflake3:24.42
2008Show Low3:27.42
2007Lakeside Blue Ridge3:25.71
2006Snowflake3:30.17
2005Snowflake3:26.56
2004Snowflake3:29.96
2003Rio Rico3:25.34
2002Rio Rico3:28.27
2001Rio Rico3:27.90

4A BOYS 1600 METER RELAY

2010(4A-1) Tucson Catalina Foothills3:20.78
2010(4A-2) Bullhead City Mohave3:23.39
2009(4A-1) Peoria3:21.20
2009(4A-2) Higley3:25.72
2008(4A-1) Paradise Valley3:24.58
2008(4A-2) Tucson Catalina3:22.10
2007(4A-1) Tucson Catalina3:21.38
2007(4A-2) Scottsdale Notre Dame3:25.70
2006(4A-1) Moon Valley3:21.50
2006(4A-2) Flagstaff3:25.83
2005Avondale Agua Fria3:21.98
2004Peoria Centennial3:19.60
2003Phoenix Thunderbird3:19.20
2002Phoenix Thunderbird3:21.37
2001Tolleson3:23.49

5A BOYS 1600 METER RELAY

2010(5A-1) Tempe Desert Vista3:19.86
2010(5A-2) Tucson Rincon3:19.86
2009(5A-1) Cesar Chavez3:15.67
2009(5A-2) Tucson Rincon3:21.56
2008(5A-1) Tempe Desert Vista3:13.50
2008(5A-2) Peoria Sunrise Mountain3:23.06
2007(5A-1) Tempe Desert Vista3:15.50
2007(5A-2) Peoria3:18.38
2006(5A-1) Mesa3:17.91
2006(5A-2) Peoria3:21.39
2005Chandler3:19.72
2004Tolleson3:18.91
2003Deer Valley3:18.33
2002Tempe Mountain Pointe3:19.43
2001Chandler3:19.61

1A BOYS 3200 METER RELAY

2010St. Augustine8:31.22
2009St. Augustine8:29.74
2008Joseph City8:41.98
2007Northland Prep8:40.07
2006Northland Prep8:46.87

2A BOYS 3200 METER RELAY

2010....Tombstone.....	8:30.53
2009....Chandler Valley Christian.....	8:30.81
2008....Chandler Valley Christian.....	8:23.45
2007....Chandler Valley Christian.....	8:23.44
2006....Thatcher.....	8:28.72
2005....Phoenix Christian.....	8:22.59
2004....Chandler Valley Christian.....	8:25.82
2003....Tombstone.....	8:14.29
2002....Scottsdale Christian.....	8:12.47
2001....Chandler Valley Christian.....	8:18.74

3A BOYS 3200 METER RELAY

2010....Tuba City.....	8:14.64
2009....Tuba City.....	8:08.83
2008....Sedona Red Rock.....	8:21.55
2007....Tuba City.....	8:08.51
2006....Tuba City.....	8:20.07
2005....Fountain Hills.....	8:19.29
2004....Chandler Seton Catholic.....	8:26.82
2003....Rio Rico.....	8:09.99
2002....Rio Rico.....	8:16.20
2001....Rio Rico.....	8:14.90

4A BOYS 3200 METER RELAY

2010....(4A-1) Tucson Flowing Wells.....	7:52.83
2010....(4A-2) Flagstaff Sinagua.....	8:05.68
2009....(4A-1) Tucson Flowing Wells.....	7:56.90
2009....(4A-2) Rio Rico.....	7:58.26
2008....(4A-1) Tucson Flowing Wells.....	8:09.11
2008....(4A-2) Tucson Catalina.....	8:01.39
2007....(4A-1) Prescott.....	8:02.40
2007....(4A-2) Flagstaff Sinagua.....	8:09.29
2006....(4A-1) Chaparral.....	8:01.33
2006....(4A-2) Page.....	8:08.93
2005....Douglas.....	7:59.90
2004....Shadow Mountain.....	7:58.53
2003....Tucson Catalina Foothills.....	7:52.68
2002....Prescott.....	8:00.34
2001....Prescott.....	8:02.54

5A BOYS 3200 METER RELAY

2010....(5A-1) Chandler.....	8:00.14
2010....(5A-2) Tucson Rincon.....	7:58.30
2009....(5A-1) Tempe Desert Vista.....	7:55.92
2009....(5A-2) Ironwood Ridge.....	8:09.78
2008....(5A-1) Tempe Desert Vista.....	7:45.40
2008....(5A-2) Horizon.....	8:11.67
2007....(5A-1) Tempe Desert Vista.....	7:47.99
2007....(5A-2) Boulder Creek.....	8:07.55
2006....(5A-1) Mesa Mt. View.....	7:54.64
2006....(5A-2) Kingman.....	8:11.62
2005....Tempe Desert Vista.....	7:57.17
2004....Glendale Mountain Ridge.....	8:05.32
2003....Gilbert.....	7:55.62
2002....Tempe Mountain Pointe.....	7:51.19
2001....Glendale Mountain Ridge.....	7:52.55

1A BOYS SHOT PUT

2010....Spencer Baldwin, Joseph City.....	46-7
2009....Spencer Baldwin, Joseph City.....	51-6 1/4
2008....Aaron Benson, Tempe Prep.....	46-3
2007....Eric Cole, Canyon State.....	43-8
2006....Richard Newton, Canyon State.....	44-0 1/2
2005....Reyes Pizano, Pima.....	44-6 1/2
2004....Paul Mitchell, Pima.....	45-3
2003....Paul Mitchell, Pima.....	47-3 1/2
2002....John Cothrun, Seligman.....	43-2
2001....John Cothrun, Seligman.....	40-6

2A BOYS SHOT PUT

2010....Brian De La Rosa, Tonopah Valley.....	48-9 3/4
2009....Davis Voss, Valley Christian.....	48-3 1/2
2008....Matt Metli, Bisbee.....	54-0
2007....John Kredit, Valley Christian.....	48-10 1/2
2006....Zach Bernal, Benson.....	50-10 1/2
2005....Theo McConnell, Bisbee.....	53-6
2004....Theo McConnell, Bisbee.....	53-11
2003....Cameron Buter, Northwest Christian.....	51-7
2002....Jason Voss, Valley Christian.....	52-2
2001....Jason Voss, Valley Christian.....	48-7 3/4

3A BOYS SHOT PUT

2010....Jordan Hunt, Snowflake.....	50-11 1/2
2009....Alex Smyth, Fountain Hills.....	51-2
2008....Dwight Boyd, Blue Ridge.....	52-4 1/2
2007....Scott McKeever, Wickenburge.....	54-6 1/4
2006....Cory Dean, Winslow.....	49-8 3/4
2005....Javier Villarreal, Eloy Santa Cruz.....	54-11
2004....Nathan Jonovich, Globe.....	54-4 1/2
2003....Joe Brochu, Globe.....	53-4

2002....Joe Brochu, Globe.....	49-1
2001....Sterling White, Payson.....	53-6 1/4

4A BOYS SHOT PUT

2010....(4A-1) Jose Rojas, Nogales.....	53-3 1/2
2010....(4A-2) Mason Simmons, Liberty.....	52-9 1/2
2009....(4A-1) Michael Bowman, Prescott.....	49-4
2009....(4A-2) Chris Chischilly, Page.....	52-1 1/2
2008....(4A-1) Lucas Volk, Sabino.....	56-7
2008....(4A-2) Chris Chischilly, Page.....	53-0
2007....(4A-1) Everson Griffen, Agua Fria.....	56-5
2007....(4A-2) Craig Lacey, Glendale.....	53-6 1/4
2006....(4A-1) Jeremiah Korn, Sahuaro.....	56-1
2006....(4A-2) Craig Lacey, Glendale.....	50-7 1/2
2005....Daniel Borg, Ironwood Ridge.....	56-4 1/2
2004....Joe Sanchez, Catalina Foothills.....	54-8
2003....Jake Sanders, Buckeye.....	58-6
2002....Mike Talbot, Agua Fria.....	57-2 1/2
2001....Mike Talbot, Agua Fria.....	54-6

5A BOYS SHOT PUT

2010....(5A-1) Gerard Ingallina, Hamilton.....	55-7
2010....(5A-2) Brandon Pineda, Tolleson.....	59-0 1/2
2009....(5A-1) Lee Williams, Desert Vista.....	54-6 1/4
2009....(5A-2) Roger Dolan, Boulder Creek.....	55-7
2008....(5A-1) Steven Figueroa, D. Vista.....	58-10 3/4
2008....(5A-2) Joe Riccio, Horizon.....	57-9 1/2
2007....(5A-1) Joe Riccio, Horizon.....	55-1 1/4
2007....(5A-2) Mark Henery, Tolleson.....	50-6 1/2
2006....(5A-1) Micah Parker, Gilbert.....	55-10 1/2
2006....(5A-2) Jacob Bruen, Tolleson.....	55-6
2005....Jason Lewis, Mountain Pointe.....	57-3
2004....Jason Lewis, Mountain Pointe.....	54-10 1/2
2003....Shawn Best, Buena.....	62-2
2002....Tomas Navarro, Highland.....	60-5 1/2
2001....Tomas Navarro, Highland.....	57-5

1A BOYS DISCUS

2010....Spencer Baldwin, Joseph City.....	133-6
2009....Spencer Baldwin, Joseph City.....	143-03
2008....Aaron Benson, Tempe Prep.....	135-7
2007....Aaron Briones, Canyon State.....	127-10
2006....Rico Dotson, Canyon State.....	128-7
2005....Mike Brooks, Orme.....	137-11
2004....Mike Brooks, Orme.....	128-10
2003....Jesus Carballo, Salome.....	125-7
2002....John Cothrun, Seligman.....	132-3
2001....John Cothrun, Seligman.....	121-9

2A BOYS DISCUS

2010....Brian De La Rosa, Tonopah Valley.....	149-4
2009....Matt Archuleta, Ray.....	145-1
2008....John Kredit, Valley Christian.....	151-0
2007....John Kredit, Valley Christian.....	134-3
2006....Zach Gifford, Pusch Ridge.....	142-7
2005....Nick Hernandez, Valley Christian.....	141-0
2004....Jared Sanders, Benson.....	158-2
2003....Jared Sanders, Benson.....	155-8
2002....Jason Voss, Valley Christian.....	162-1
2001....Jason Voss, Valley Christian.....	150-11

3A BOYS DISCUS

2010....Sabas Garcia, Florence.....	152-2
2009....Alex Smyth, Fountain Hills.....	157-6
2008....Dwight Boyd, Blue Ridge.....	161-8
2007....Jarred Jonovich, Globe.....	174-8
2006....Jarred Jonovich, Globe.....	173-11
2005....Javier Villarreal, Eloy Santa Cruz.....	159-10
2004....Nathan Jonovich, Globe.....	158-7
2003....Nathan Jonovich, Globe.....	164-9
2002....Tim Eager, Round Valley.....	149-1
2001....Sterling White, Payson.....	139-1

4A BOYS DISCUS

2010....(4A-1) Arick Morrell, Prescott.....	159-4
2010....(4A-2) Mason Simmon, Liberty.....	170-6
2009....(4A-1) Mason Simmons, Liberty.....	156-4
2009....(4A-2) Blair Tushaus, Notre Dame.....	147-10
2008....(4A-1) Louie Crespo, Apache Jct.....	163-6
2008....(4A-2) Nathan White, Desert Edge.....	160-1
2007....(4A-1) Everson Griffen, Agua Fria.....	173-5
2007....(4A-2) Nathan Waite, Desert Edge.....	161-0
2006....(4A-1) Everson Griffen, Agua Fria.....	160-0
2006....(4A-2) Brandon Johnson, Palo Verde.....	176-7
2005....Dexter Davis, Thunderbird.....	172-1
2004....Daniel Borg, Ironwood Ridge.....	169-8
2003....Chaz Bennett, Saguro.....	163-0
2002....Mike Talbot, Agua Fria.....	196-6
2001....Mike Talbot, Agua Fria.....	187-11

5A BOYS DISCUS

2010....(5A-1) Jeremy Tuttle, Buena.....	167-9
2010....(5A-2) Brandon Pineda, Tolleson.....	166-5
2009....(5A-1) Trent Murphy, Brophy.....	177-0
2009....(5A-2) Nathan Estes, North.....	176-0
2008....(5A-1) Steven Figueroa, D. Vista.....	160-1
2008....(5A-2) Joe Riccio, Horizon.....	169-5
2007....(5A-1) Cameron Jordan, Chandler.....	175-7
2007....(5A-2) Brandon Townsend, O'Connor.....	169-7
2006....(5A-1) Nick Zehring, Mesa Mt. View.....	164-1
2006....(5A-2) Troy Hamblin, SD O'Connor.....	151-6
2005....Isiah Jackson, Chandler.....	166-0
2004....Joe Jackson, Buena.....	167-9
2003....Jason Perkins, Mountain Ridge.....	184-0
2002....Jason Perkins, Mountain Ridge.....	186-2
2001....Tomas Navarro, Highland.....	165-3

1A BOYS HIGH JUMP

2010....Kyle Holmes, Seligman.....	6-3
2009....Cory Thellmann, Joseph City.....	6-6
2008....Cory Thellmann, Joseph City.....	6-4
2007....Karl Weisser, Salome.....	5-10
2006....Quade Johnson, Fredonia.....	6-2
2005....Nephi Bryant, Pima.....	6-0
2004....Nephi Bryant, Pima.....	6-0
2003....Jordan Bluth, St. David.....	6-0
2002....Cody Hulsej, Joseph City.....	6-0
2001....John Hender, Grand Canyon.....	5-10

2A BOYS HIGH JUMP

2010....Paul Tonneson, Tempe Prep.....	6-4
2009....Brett Miller, Scottsdale Christian.....	6-2
2008....Matt Murray, Northwest Christian.....	6-3
2007....Dakoda John, Thatcher.....	6-6
2006....Dakoda John, Thatcher.....	6-6
2005....Chandler John, Thatcher.....	6-4
2004....Jimmy Arollo, Bourgade.....	6-4
2003....Jake Quamme, Arizona Lutheran.....	6-4
2002....Michael Madrid, St. Johns.....	6-6
2001....Michael Madrid, St. Johns.....	6-5

3A BOYS HIGH JUMP

2010....Rylan Sturm, Safford.....	6-4
2009....Tevin Renfro, Winslow.....	6-4
2008....Rylan Sturm, Safford.....	6-4
2007....Cody Bigelow, Estrella Foothills.....	6-4
2006....Cody Bigelow, Estrella Foothills.....	6-4
2005....Brandon Fairfield, Fountain Hills.....	6-4
2004....Brandon Fairfield, Fountain Hills.....	6-4
2003....Sam Turner, Safford.....	6-4
2002....Blake Whetten, Payson.....	6-5
2001....Josh Spring, Show Low.....	6-8

4A BOYS HIGH JUMP

2010....(4A-1) Josh Robbins, CDO.....	6-4
2010....(4A-2) Herbert Dew, Liberty.....	6-8
2009....(4A-1) Bryan McBride, SD O'Connor.....	6-8
2009....(4A-2) Daniel McIver, Catalina.....	6-6
2008....(4A-1) Marcus Lafine, Paradise Valley.....	6-6
2008....(4A-2) James Ellisor, Glendale.....	6-8
2007....(4A-1) Jonsy Simmons, Agua Fria.....	7-0
2007....(4A-2) Kenny Gindrum, Sinagua.....	6-8
2006....(4A-1) Jonsy Simmons, Agua Fria.....	6-6
2006....(4A-2) Adrian Smith, Queen Creek.....	6-4
2005....Brian Schwind, Payson.....	6-2
2004....Toy Sandefur, Santa Rita.....	6-2
2003....Kyle Johnson, Catalina Foothills.....	6-6
2002....Kyle Johnson, Catalina Foothills.....	6-10
2001....Lynzell Jackson, Tempe.....	6-7

5A BOYS HIGH JUMP

2010....(5A-1) Breylan Uchtyil, Mesa Mt. View.....	6-7
2010....(5A-2) Bryan McBride, SD O'Connor.....	6-10
2009....(5A-1) Matthew Yalung, Desert Vista.....	6-5
2009....(5A-2) Dylan Walashek, Boulder Creek.....	6-6
2008....(5A-1) Princeton Steele, Red Mt.....	6-4
2008....(5A-2) Marcus Ruppel, Deer Valley.....	6-7
2007....(5A-1) Phil Feinberg, Corona del Sol.....	6-10
2007....(5A-2) Hunter Gibson, Desert Ridge.....	6-3
2006....(5A-1) Phil Feinberg, Corona del Sol.....	6-10
2006....(5A-2) Daniel Scheetz, Shadow Mt.....	6-5
2005....Phil Feinberg, Corona del Sol.....	6-10
2004....John Looney, North Canyon.....	6-8
2003....Akeem Jackson, Mesa.....	6-6
2002....Joey Arevalo, Mesa.....	6-6
2001....Danny Reynoso, Chandler.....	6-8

1A BOYS LONG JUMP

2010....J.T. Maner, Mogollon.....	21-4 1/4
2009....J.T. Maner, Mogollon.....	20-10 3/4
2008....Elliot Smith, Pima.....	20-5 1/2

2007Raheem Jackson, Canyon State21-8 3/4
2006Justin Kremer, Grand Canyon22-1
2005Ryan Eck, Grand Canyon21-6
2004Wes Conners, Pima21-8
2003Wes Conners, Pima21-7
2002Steve Conners, Pima21-2 1/2
2001John Hender, Grand Canyon20-7

2A BOYS LONG JUMP

2010Dorian Temple, Tombstone21-7 3/4
2009Matt Holtfrerich, NW Christian21-9 1/4
2008Seth Mosely, Camp Verde21-11 1/2
2007Heath Allred, Thatcher21-1
2006Kyle Johnson, Ray21-8
2005Rene Gomez, Benson21-4 1/2
2004Luis Samaniego, Yuma Catholic21-1 3/4
2003Kyle Allen, Bisbee20-3 1/2
2002John Bolthouse, Pusch Ridge Chr20-5 1/2
2001Quinton McCoy, Valley Christian23-2 1/2

3A BOYS LONG JUMP

2010Kevin Cox, Sedona Red Rock22-2 1/2
2009Stacey Berg, Winslow22-6 1/4
2008Byron Davis, Monument Valley21-11 1/2
2007Cody Bigelow, Estrella Foothills22-3
2006Cody Bigelow, Estrella Foothills22-5 3/4
2005Orlando Vargas, Winslow21-7
2004Dustin Markin, Show Low22-2 3/4
2003Sam Turner, Safford23-9 3/4
2002Markese Payne22-3
2001Eralp Erdilek, Globe21-0 1/4

4A BOYS LONG JUMP

2010(4A-1) Josh Nielson, Queen Creek22-11
2010(4A-2) Aaron Hill, Williams Field23-6
2009(4A-1) Andre Gains, Independence22-10
2009(4A-2) Stevan Magana, Desert Edge22-3
2008(4A-1) Cedrique Smith, Agua Fria22-0 1/4
2008(4A-2) Caleb Hall, Palo Verde22-10 3/4
2007(4A-1) John Carter, Glendale22-6
2007(4A-2) Tyrese McGruder, Glendale21-10 1/4
2006(4A-1) Jake Bartell, Pinnacle22-6
2006(4A-2) Greg Lacey, Glendale22-6
2005Greg Lacey, Glendale22-6 1/2
2004Greg Lacey, Glendale22-2 3/4
2003Justin Smith, Sunrise Mountain23-3
2002Dashalle Andrews, Moon Valley22-6
2001Justin Smith, Sunrise Mountain22-9 1/2

5A BOYS LONG JUMP

2010(5A-1) Deshawn Gooden, North23-4 3/4
2010(5A-2) Tevin Blaylock, Tolleson23-2 1/2
2009(5A-1) Bryce Lamb, Chandler24-1 1/4
2009(5A-2) Charles James, Valley Vista21-11 1/2
2008(5A-1) Bryce Lamb, Chandler23-11 1/4
2008(5A-2) Dovonant Grant, Mt. View23-6 1/4
2007(5A-1) Ron Taylor, Mesa Mt. View23-3
2007(5A-2) Keifer Fields, Tolleson22-1 3/4
2006(5A-1) James Morrison, St. Mary's22-8 1/2
2006(5A-2) Josh Cornist, La Joya21-2 3/4
2005Jordan Powell, Canyon Del Oro22-4 1/2
2004Skyler Hagg, Ironwood22-2
2003Alex Easter, Westwood23-3 1/2
2002Joshua Jordan, Chandler23-7
2001Joshua Jordan, Chandler24-1

1A BOYS TRIPLE JUMP

2010J.T. Maner, Mogollon41-8 1/2
------	--------------------------	---------------

2009Paul Tonneson, Tempe Prep43-2 3/4
2008Cory Theilmann, Joseph City40-2 1/2
2007Taylor Goodman, Pima40-10
2006Taylor Goodman, Pima41-8 1/4
2005Ryan Eck, Grand Canyon43-9 3/4

2A BOYS TRIPLE JUMP

2010Paul Tonneson, Tempe Prep45-7 1/4
2009Adam Watkins, Phoenix Christian41-1
2008Seth Mosely, Camp Verde42-6
2007Justin Loomis, Valley Christian42-8
2006Derek Clements, San Pasqual42-11
2005Tim Zimmer, Northwest Christian42-5 1/4
2004Watson McCoy, Pusch Ridge42-8
2003Tony Scroggins, Thatcher43-1 1/2
2002Tony Scroggins, Thatcher43-7 1/2
2001Dan McCausland, NCCS42-5 1/2

3A BOYS TRIPLE JUMP

2010Tevin Renfro, Winslow44-7
2009Tevin Renfro, Winslow44-2 1/2
2008Jordan Burke, Sedona Red Rock44-3
2007Cody Bigelow, Estrella Foothills45-6 1/2
2006Cody Bigelow, Estrella Foothills44-3 1/4
2005Cody Bigelow, Estrella Foothills45-1 1/4
2004Chris Lopez, Safford43-6 3/4
2003Sam Turner, Safford47-1 1/2
2002Sam Turner, Safford43-11
2001Kevin O'Donnell, Safford43-6 3/4

4A BOYS TRIPLE JUMP

2010(4A-1) Jamil Williams, Agua Fria45-2 1/2
2010(4A-2) Herbert Dew, Liberty45-11
2009(4A-1) Najji Mayberry, Independence47-0
2009(4A-2) Stevan Magana, D. Edge45-3 1/2
2008(4A-1) Mike Kivi, Marana45-3
2008(4A-2) Tyrese McGruder, Glendale46-0
2007(4A-1) Jonsey Simmons, Agua Fria44-7 1/2
2007(4A-2) Tyrese McGruder, Glendale43-8 1/2
2006(4A-1) Robert Rowe, Marana44-2
2006(4A-2) Greg Lacey, Glendale45-5
2005Greg Lacey, Glendale44-8
2004Reggie McKinley, Shadow Mt.46-0 3/4
2003Clint Fields, Tolleson44-6 3/4
2002Clint Fields, Tolleson46-6 3/4
2001Lynzell Jackson, Tempe46-3 1/2

5A BOYS TRIPLE JUMP

2010(5A-1) Lewis Todd, Chandler46-3 1/2
2010(5A-2) Tevin Blaylock, Tolleson47-6 1/2
2009(5A-1) Bryce Lamb, Chandler52-6 1/4
2009(5A-2) Michael Bolligar, Sunrise Mt45-7 1/2
2008(5A-1) Will Claye, Mt. Pointe52-4 3/4
2008(5A-2) Keifer Fields, Tolleson47-5
2007(5A-1) Bryce Lamb, Chandler49-0
2007(5A-2) Keifer Fields, Tolleson46-7
2006(5A-1) Will Claye, Mt. Pointe45-7 3/4
2006(5A-2) Mitchell Matthews, Westview44-0 3/4
2005Addison Schenk, Casa Grande46-6 3/4
2004Imoh Ekpo, Sunrise Mountain47-0 1/4
2003Dan Marshall, Hamilton46-5 1/2
2002Dan Marshall, Hamilton45-5
2001Danny Helzer, Chandler47-1 1/2

1A BOYS POLE VAULT

2010Chad Beguin, Veritas Prep10-9
2009Rowdy Garaghty, Fredonia11-6
2008Rowdy Garaghty, Fredonia10-3

2007
2006Quade Johnson, Fredonia12-0
2005Jason French, Pima12-6
2004Wes Conners, Pima13-7
2003Wes Conners, Pima12-0
2002Mike Williams, St. David10-3
2001Julio Gonzalez, San Simon12-0

2A BOYS POLE VAULT

2010Paul Corona, Yuma Catholic15-4
2009Christian Young, Bisbee14-3
2008Daniel Fanelli, Valley Christian15-0
2007Daniel Fanelli, Valley Christian14-10 1/2
2006Shawn Vance, Valley Christian14-3
2005Clint Morgan, St. Johns14-0
2004Corbyn Small, SCA14-4
2003Michael Madrid, St. Johns13-6
2002Eric Fraley, Valley Christian13-9
2001Caleb Glennie, SCA14-0

3A BOYS POLE VAULT

2010Trevan Penrod, Blue Ridge14-7
2009Keevan Schimmel, Blue Ridge14-3
2008Nick Goodman, Payson13-0
2007Cameron Morris, Round Valley14-0
2006Cameron Morris, Round Valley12-6
2005Michael McHugh, Safford14-0
2004Michael McHugh, Safford14-0
2003Kade Good, Safford14-6
2002Curtis Mitchell, Queen Creek14-0
2001Bryan McBride, Safford13-6

4A BOYS POLE VAULT

2010(4A-1) Fernando Rodriguez, Copper C15-6
2010(4A-2) Jayse Brunner, Thunderbird14-6
2009(4A-1) Dyl M Meyers, Cactus Shadows15-0
2009(4A-2) Dylan Austin, Moon Valley15-6
2008(4A-1) Ryan Porter, Saguaro14-0
2008(4A-2) Jeremy Marcinko, Higley15-2
2007(4A-1) Chris Ernst, Pinnacle14-6
2007(4A-2) Jeremy Marcinko, Higley13-6
2006(4A-1) C. Witter-Tilton, Ironwood R.14-6
2006(4A-2) Matt Bull, Arcadia15-0
2005Matt Bull, Arcadia14-3
2004Cody Kohler, Arcadia14-3
2003Casey Muns, Moon Valley15-0
2002Casey Muns, Moon Valley14-6
2001Josh Devlin, Apollo14-3

5A BOYS POLE VAULT

2010(5A-1) Alex Bishop, Brophy16-4 3/4
2010(5A-2) Riley Crosby, Centennial15-6
2009(5A-1) Alex Hsu, Desert Vista15-6
2009(5A-2) Riley Crosby, Centennial14-6
2008(5A-1) Brandon Bear, Mesa Mt. View15-6
2008(5A-2) Seth Compton, Marcos de Niza15-1
2007(5A-1) Shea Kearney, Desert Vista16-4 3/4
2007(5A-2) Seth Compton, Marcos de Niza14-6
2006(5A-1) Martin Nevarez, Casa Grande15-3
2006(5A-2) Kyle Fugit, Centennial14-7
2005Dutch Perryman, Desert Vista15-0
2004Tod Rendonbaugh, Mt. View15-3
2003Steve Dolk, Ironwood16-6
2002Brandon Glenn, Westview15-9
2001Sam Jacobson, Corona del Sol14-9

XAVIER COLLEGE PREPARATORY
ROMAN CATHOLIC HIGH SCHOOL

GO GATORS!
TAKE STATE TRACK!

women of faith pursuing excellence
www.xcp.org 602.277.3772

XAVIER PREP
2014-2015 DIVISION 1 WINNER
OF 5 STATE CHAMPIONSHIPS,
1 STATE RUNNER-UP, AND
7 SECTION CHAMPIONSHIPS

2016 GATORADE SECONDARY SCHOOL ATHLETIC TRAINER AWARD



The Gatorade Secondary School AT Award recognizes a certified athletic trainer from each NATA district who has made outstanding contributions in furthering his or her high school's athletic care program or the overall profession of secondary school athletic training.

PRIZE

Each district winner will receive:

- (1) **\$1,000 grant** toward the program featured in the winner's submission
- (1) **Gatorade G Series Performance Package**
- (1) **Gatorade Sidelines Cart**
- Full-paid trip to the **2016 NATA Clinical Symposia & AT Expo** (including flight, accommodations and registration)



GATORADE G SERIES PERFORMANCE PACKAGE*

CRITERIA

- Active certified athletic trainer and a current member of NATA
- NPI #
- BOC certified
- A full-time or part-time employee in the secondary schools

APPLICATION PROCESS

- Application is available on the NATA website under the honors and awards section: <http://www.nata.org/Gatorade-Secondary-School-AT-Award>
- Individuals cannot self-nominate. Nominations may be submitted by others including School Athletic Directors, Fellow Team Practitioners and more.
- Nominators must submit evidence to support description (photos, videos, collateral, etc.).
- Nominators must provide a letter of recommendation including at least one from an employee at the candidate's school.



GATORADE SIDELINES CART

DEADLINES

The deadlines are rolling based on NATA District Meetings timing.

NATA DISTRICT	APPLICATION DEADLINE	MEETING DATE
1	9/30/15	1/8-11/16
2	9/30/15	1/8-11/16
3	1/30/16	5/20-22/2016
4	11/30/15	3/9-12/16
5	11/30/15	3/16-18/2016
6	3/30/16	7/20-22/16
7	12/30/15	4/7-10/2016
8	2/30/2015	7/12-16/16
9	11/30/15	3/9-13/16
10	11/30/15	3/31-4/4/16

AWARD WINNER ANNOUNCEMENT

- Winners will be notified approximately one month in advance of the NATA District meeting.
- Winners will be announced at each district meeting and will culminate with an announcement and celebration at NATA Annual's Secondary School Committee Meeting and Reception.**

FOR MORE DETAILS, VISIT WWW.NATA.ORG/GATORADE-SECONDARY-SCHOOL-AT-AWARD

*Limited items will be selected from the offerings above

**The SWATA winner will be informed prior to 2016 NATA Annual.

NextCare
URGENT CARE

CHECK-IN ONLINE WITH NEXTCARE URGENT CARE!

With NextCare's Online Check-in service, you can wait for your visit wherever you're most comfortable.

Walk-in treatment for:

Adult & childhood illnesses

Cold, Flu, Cough, Ear & Eye infections, UTIs, Allergies, and more

Injury Treatment

Sprains, strains, cuts, stitches, burns, and other non-life-threatening injuries

Sports Physicals

Same-day physicals for all seasonal sports

All major insurance is accepted including Medicare, Medicaid and TRICARE, or discount programs are available.



Onsite X-rays & Labs
Open 7 Days a Week
30+ Locations in AZ

1-888-364-7502
NextCareAZ.com



HIGH SCHOOL HAPPENS HERE.

From the morning announcements to volleyball and football and everything else in between, the NFHS Network brings you LIVE high school sports and events so you never have to miss a moment.

No matter where you are,
High School Happens Here.



Visit NFHSnetwork.com to join for **FREE**.

**FIND UPDATED
HEAT SHEETS AT**

BOYS

azpreps365.com/results/track-boys

GIRLS

azpreps365.com/results/track-girls

**Select your heat sheet from the
“Current Year” dropdown list
and click “Search”.**