



ARIZONA

TRACK & FIELD

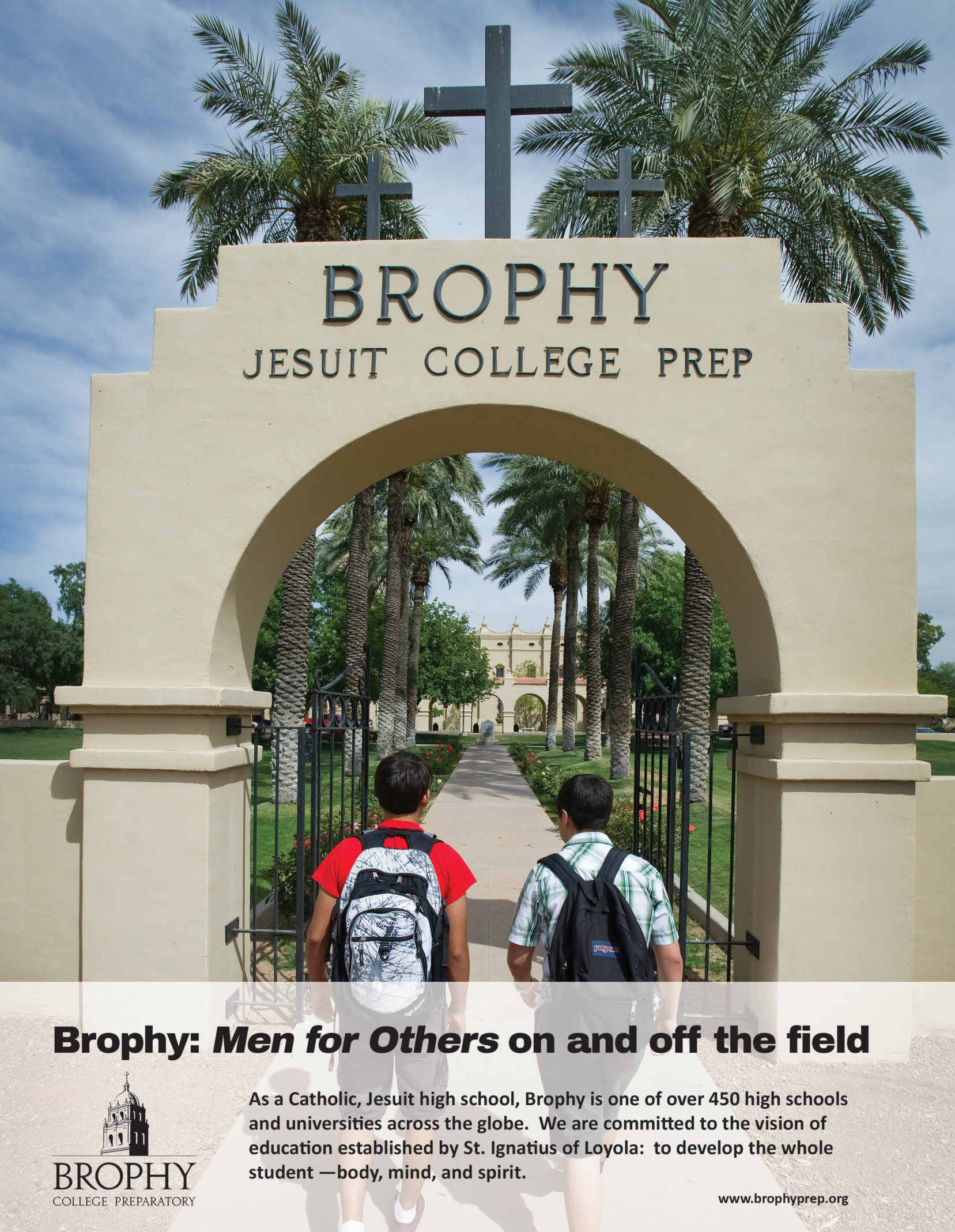
2015 STATE

★ CHAMPIONSHIPS ★



AIA



A photograph of the entrance to Brophy Jesuit College Prep. A large, light-colored stone archway frames a path lined with palm trees. Two students with backpacks are walking away from the camera through the arch. In the background, a building with a dome and arches is visible. Three large crosses are mounted on the wall above the archway.

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AIA

In September, the Arizona Interscholastic Association officially sanctioned a state tournament for robotics, joining 27 other AIA sports/activities that already compete for state titles. The interest for robotics and STEM initiatives is growing at Arizona high schools and the AIA is proud to provide an opportunity for these teams to compete in a fun and exciting atmosphere.

The first high school robotics season in Arizona will start during the spring season and teams will compete in regional events run by FIRST, a non-profit organization that organizes robotic events internationally. The top 30 teams from the regionals will then advance to the May 23 state tournament at the Prescott Valley Events Center.

There are currently 49 high schools that have robotics teams in Arizona. The AIA's goal is to double that number of teams by May 2016. If you are interested in supporting the AIA robotics program and state tournament as a corporate partner, please contact AIA Sports Properties at 602-385-3828 or facosta@aia365.com.



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Two young women are smiling and looking at the camera. They are wearing white t-shirts with a large, stylized 'AIA' logo in red, white, and blue. They are also wearing beaded necklaces made of colorful, metallic-looking beads in shades of red, green, and blue. The woman on the left is wearing a red knit hat with 'AIA STATE CHAMPIONSHIPS' written on it. The woman on the right is wearing a blue knit hat with 'AIA STATE CHAMPIONSHIPS' written on it. The background is dark.

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Track & Field Schedule of Events

DIVISION I, II, III & IV STATE CHAMPIONSHIPS *Mesa Community College*

Wednesday, May 6, 2015

Order of Field Events

1:00 pmDiv. II Boys Pole Vault
.....Div. I Girls Pole Vault
.....Div. II Girls Pole Vault
.....Div. I Boys Long Jump
.....Div. II Boys Long Jump
.....Div. II Girls Triple Jump
.....Div. I Girls Triple Jump
.....Div. II Boys High Jump
.....Div. I Boys High Jump
.....Div. I Girls Shot Put
.....Div. II Girls Shot Put
.....Div. II Boys Discus
.....Div. I Boys Discus

Order of Track Events

3:00 pmDiv. II Boys High Hurdles
.....Div. I Boys High Hurdles
.....Div. II Girls High Hurdles
.....Div. I Girls High Hurdles
3:45 pmDiv. II Boys 4x800M Relay (FINALS)
.....Div. I Boys 4x800M Relay (FINALS)
.....Div. II Boys 100 Meters
.....Div. I Boys 100 Meters
.....Div. II Girls 100 Meters
.....Div. I Girls 100 Meters
4:50 pmDiv. II Girls 1600 Meters (FINALS)
.....Div. I Girls 1600 Meters (FINALS)
.....Div. II Boys 4x100M Relay
.....Div. I Boys 4x100M Relay
.....Div. II Girls 4x100M Relay
.....Div. I Girls 4x100M Relay
5:35 pmDiv. II Boys 400 Meters
.....Div. I Boys 400 Meters
.....Div. II Girls 400 Meters
.....Div. I Girls 400 Meters
.....Div. II Boys 300M Hurdles
.....Div. I Boys 300M Hurdles
.....Div. II Girls 300M Hurdles
.....Div. I Girls 300M Hurdles
7:10 pmDiv. II Girls 800 Meters (FINALS)
.....Div. I Girls 800 Meters (FINALS)
.....Div. II Boys 200 Meters
.....Div. I Boys 200 Meters
.....Div. II Girls 200 Meters
.....Div. I Girls 200 Meters
8:10 pmDiv. II Boys 3200 Meters (FINALS)
.....Div. I Boys 3200 Meters (FINALS)
.....Div. II Boys 4x400M Relay
.....Div. I Boys 4x400M Relay
.....Div. II Girls 4x400M Relay
.....Div. I Girls 4x400M Relay

Friday, May 8, 2015

Order of Field Events

1:00 pmDiv. IV Boys Pole Vault
.....Div. IV Girls Pole Vault
.....Div. III Boys Pole Vault
.....Div. III Girls Long Jump
.....Div. IV Girls Long Jump
.....Div. IV Boys Triple Jump
.....Div. III Boys Triple Jump
.....Div. IV Girls High Jump
.....Div. III Girls High Jump
.....Div. III Boys Shot Put
.....Div. IV Boys Shot Put
.....Div. IV Girls Discus
.....Div. III Girls Discus

Friday May 8, 2015 (cont)

Order of Track Events

3:00 pmDiv. IV Boys High Hurdles
.....Div. III Boys High Hurdles
.....Div. IV Girls High Hurdles
.....Div. III Girls High Hurdles
3:45 pmDiv. IV Girls 4x800M Relay (FINALS)
.....Div. III Girls 4x800M Relay (FINALS)
.....Div. IV Boys 100 Meters
.....Div. III Boys 100 Meters
.....Div. IV Girls 100 Meters
.....Div. III Girls 100 Meters
4:50 pmDiv. IV Boys 1600 Meters (FINALS)
.....Div. III Boys 1600 Meters (FINALS)
.....Div. IV Boys 4x100M Relay
.....Div. III Boys 4x100M Relay
.....Div. IV Girls 4x100M Relay
.....Div. III Girls 4x100M Relay
.....Div. IV Boys 400 Meters
.....Div. III Boys 400 Meters
.....Div. IV Girls 400 Meters
.....Div. III Girls 400 Meters
.....Div. IV Boys 300M Hurdles
.....Div. III Boys 300M Hurdles
.....Div. IV Girls 300M Hurdles
.....Div. III Girls 300M Hurdles
7:05 pmDiv. IV Boys 800 Meters (FINALS)
.....Div. III Boys 800 Meters (FINALS)
.....Div. IV Boys 200 Meters
.....Div. III Boys 200 Meters
.....Div. IV Girls 200 Meters
.....Div. III Girls 200 Meters
8:10 pmDiv. IV Girls 3200 Meters (FINALS)
.....Div. III Girls 3200 Meters (FINALS)
.....Div. IV Boys 4x400M Relay
.....Div. III Boys 4x400M Relay
.....Div. IV Girls 4x400M Relay
.....Div. III Girls 4x400M Relay

Saturday, May 9, 2015

Order of Field Events

12:00 pmDiv. I Girls Long Jump
.....Div. II Girls Long Jump
.....Div. III Boys Long Jump
.....Div. IV Boys Long Jump
.....Div. II Boys Triple Jump
.....Div. III Girls Triple Jump
.....Div. IV Girls Triple Jump
.....Div. I Boys Triple Jump
.....Div. III Boys High Jump
.....Div. IV Boys High Jump
.....Div. I Girls High Jump
.....Div. II Girls High Jump
.....Div. IV Girls Shot Put
.....Div. I Boys Shot Put
.....Div. II Boys Shot Put
.....Div. III Girls Shot Put
.....Div. I Girls Discus
.....Div. II Girls Discus
.....Div. III Boys Discus
.....Div. IV Boys Discus
1:30 pmDiv. III Girls Pole Vault
.....Div. I Boys Pole Vault

Order of Track Events

2:45 pmDiv. IV Boys High Hurdles
.....Div. III Boys High Hurdles
.....Div. II Boys High Hurdles
.....Div. I Boys High Hurdles
.....Div. IV Girls High Hurdles

Saturday, May 9, 2015 (cont)

Order of Track Events

.....Div. III Girls High Hurdles
.....Div. II Girls High Hurdles
.....Div. I Girls High Hurdles
.....Div. IV Boys 4x800M Relay
.....Div. III Boys 4x800M Relay
.....Div. II Girls 4x800M Relay
.....Div. I Girls 4x800M Relay
4:00 pmDiv. IV Boys 100 Meters
.....Div. III Boys 100 Meters
.....Div. II Boys 100 Meters
.....Div. I Boys 100 Meters
.....Div. IV Girls 100 Meters
.....Div. III Girls 100 Meters
.....Div. II Girls 100 Meters
.....Div. I Girls 100 Meters
.....Div. IV Girls 1600 Meters
.....Div. III Girls 1600 Meters
.....Div. II Boys 1600 Meters
.....Div. I Boys 1600 Meters
5:15 pmDiv. IV Boys 4x100M Relay
.....Div. III Boys 4x100M Relay
.....Div. II Boys 4x100M Relay
.....Div. I Boys 4x100M Relay
.....Div. IV Girls 4x100M Relay
.....Div. III Girls 4x100M Relay
.....Div. II Girls 4x100M Relay
.....Div. I Girls 4x100M Relay
.....Div. IV Boys 400 Meters
.....Div. III Boys 400 Meters
.....Div. II Boys 400 Meters
.....Div. I Boys 400 Meters
.....Div. IV Girls 400 Meters
.....Div. III Girls 400 Meters
.....Div. II Girls 400 Meters
.....Div. I Girls 400 Meters
6:40 pmDiv. IV Boys 300M Hurdles
.....Div. III Boys 300M Hurdles
.....Div. II Boys 300M Hurdles
.....Div. I Boys 300M Hurdles
.....Div. IV Girls 300M Hurdles
.....Div. III Girls 300M Hurdles
.....Div. II Girls 300M Hurdles
.....Div. I Girls 300M Hurdles
.....Div. IV Girls 800 Meters
.....Div. III Girls 800 Meters
.....Div. II Boys 800 Meters
.....Div. I Boys 800 Meters
8:00 pmDiv. IV Boys 200 Meters
.....Div. III Boys 200 Meters
.....Div. II Boys 200 Meters
.....Div. I Boys 200 Meters
.....Div. IV Girls 200 Meters
.....Div. III Girls 200 Meters
.....Div. II Girls 200 Meters
.....Div. I Girls 200 Meters
.....Div. IV Boys 3200 Meters
.....Div. III Boys 3200 Meters
.....Div. II Girls 3200 Meters
.....Div. I Girls 3200 Meters
9:35 pmDiv. IV Boys 4x400M Relay
.....Div. III Boys 4x400M Relay
.....Div. II Boys 4x400M Relay
.....Div. I Boys 4x400M Relay
.....Div. IV Girls 4x400M Relay
.....Div. III Girls 4x400M Relay
.....Div. II Girls 4x400M Relay
.....Div. I Girls 4x400M Relay



Division I State Track & Field

Jones, Lucas, Stauffacher-Gray Seek Last Prep Hurrahs Multiple Titles Expected Again from DVista, MPT and NC Trio

By Les Willsey
azpreps365.com

The long and the short of this week at the Division I boys and girls state track meet has Desert Vista's Dani Jones, Mountain Pointe's Paul Lucas and North Canyon's Jasmine Stauffacher-Gray looking for sweeps of their respective events. The trio collectively own 14 individual titles in distance, sprints and hurdles.

Since emerging as individual champions early on in their careers (Stauffacher-Gray as a freshman and Jones and Lucas as sophomores), they've been nearly unbeatable. Sweeping their events at this week's D-I track and field championship Wednesday and Saturday at Mesa Community College is as good as it can get for them as they head to various colleges this fall -- each to a Pac-12 school.

Jones, competing in the 800-meters, 1,600 and 3,200, has four titles to her credit. She won the 1,600 the last two years and 800 and 3,200 once each in that span. She hasn't swept the events, getting denied in 2013 by Xavier's Sarah Fakler in the 3,200 and last year in the 800 by Highland's Lauren Ellsworth. This appears to be Jones' year to triple. She's at the top of her game and has set state records in the 1,600 and 3,200. She is 1.25 seconds from the state record in the 800 and a two-time individual cross country champ (2013 and 2014). Jones signed with Colorado in November where she'll compete for the Buffaloes.

Lucas, who signed to play football at Oregon State in February, is one of the fastest sprinters in the country let alone Arizona. He enters state this year with six titles in hand -- four sprint crowns and two long jump wins. Lucas' sophomore year he tripled in the sprints and added a long jump triumph for good measure. He likely would have repeated that feat last year, but health intervened. Lucas ran the top prelim times last year in the sprints and repeated in the long jump prior to finals. On finals day he started by winning the

100, but his day ended after that race due to a pulled hamstring.

If Lucas stays injury free this week, a repeat of his sophomore success is a bet most would take. Lucas was instrumental in Mountain Pointe winning its first football title in 2013 with his prowess at running back and in the return game.

Stauffacher-Gray has progressed nicely in her specialty -- the 400 meters. She's taken a backseat to noone in that event since her freshman campaign at North Canyon in 2011-2012. Stauffacher-Gray has triumphed in the 400 all three years thus far with times of 56.34 seconds in 2012, 55.30 in 2013 and 54.12 last year. A push for a fourth title may come from Highland sophomore Alena Ellsworth and Chandler freshman Anna Foreman. Ellsworth has a slightly faster qualifying time than the defending champ. Stauffacher-Gray knows about being pushed. She won the 300 hurdles last year by .008 of a second over Marana's Sydney Madrid to give her two titles. Stauffacher-Gray signed a letter of intent in track to UCLA last November.

As for team-title chases in D-I, Chandler High's girls are shooting for a 10th consecutive crown. They've come easily eight of the last nine during that stretch, but last year Desert Vista gave the Lady Wolves a battle falling by 5 1/2 points. Desert Vista may have the wherewithal to put pressure on this year as well.

Schools have taken turns winning the boys crown of late with Corona del Sol (2014), Brophy (2013) and Chandler (2012) reeling in the most recent titles. Oddly enough, the runner-up each of the aforementioned years went on to win the title the next year. Desert Vista was the runner-up in 2014 and as fate would have it seems to be the favorite with depth its calling card if performances are up to par.



Recent T&F State Champions

DIV. IV GIRLS 100 METERS

2014...Morgan Nelson, Scottsdale Prep	13.11
2013...Savannah Brown, St. Johns	12.82
2012...Marie Sutton, Westwind Prep	12.68
2011...Cheryl Montague, Acad. of Tucson	13.02

DIV. III GIRLS 100 METERS

2014...Briana Myers, Santa Rita	12.74
2013...Morgan Chilson, Payson	12.56
2012...Jasmin Pratt, Estrella Foothills	12.32
2011...Jasmin Pratt, Estrella Foothills	12.47

DIV. II GIRLS 100 METERS

2014...Alexis Center, South Mountain	11.99
2013...Micha Crunkleton-Wilson, Salpointe...	11.89
2012...Micha Crunkleton-Wilson, Salpointe...	11.80
2011...Promise Amukamara, Apollo	12.47

DIV. I GIRLS 100 METERS

2014...Ky Westbrook, Chandler	11.69
2013...Ky Westbrook, Chandler	11.45
2012...Ky Westbrook, Chandler	11.42
2011...Ky Westbrook, Chandler	12.22

DIV. IV GIRLS 200 METERS

2014...Crystal Akpede, Mesa Prep	27.11
2013...Savannah Brown, St. Johns	26.47
2012...Savannah Brown, St. Johns	26.81
2011...Cheryl Montague, Acad. of Tucson	26.49

DIV. III GIRLS 200 METERS

2014...Symone Wright-Flowers, NW Chr	26.18
2013...Morgan Chilson, Payson	25.81
2012...Darreyl Woodson, Higley	25.63
2011...Jasmin Pratt, Estrella Foothills	25.25

DIV. II GIRLS 200 METERS

2014...Alexis Center, South Mountain	25.34
2013...Micha Crunkleton-Wilson, Salpointe...	24.47
2012...Micha Crunkleton-Wilson, Salpointe...	24.50
2011...Jaide Stepter, Canyon Del Oro	24.99

DIV. I GIRLS 200 METERS

2014...Ky Westbrook, Chandler	24.33
2013...Ky Westbrook, Chandler	23.39
2012...Ky Westbrook, Chandler	24.15
2011...Ky Westbrook, Chandler	24.60

DIV. IV GIRLS 400 METERS

2014...Charlotte Moore, Scottsdale Prep ...	1:00.62
2013...Savannah Brown, St. Johns	58.83
2012...Jaclyn Hill, Yuma Catholic	1:00.94
2011...Kayla Beene, Tempe Prep	1:00.78

DIV. III GIRLS 400 METERS

2014...Symone Wright-Flowers, NW Chr	58.88
2013...Drianna Mustin, Cactus	58.24
2012...Jasmin Pratt, Estrella Foothills	58.26
2011...Jasmin Pratt, Estrella Foothills	56.92

DIV. II GIRLS 400 METERS

2014...Courtnee Oglesby, Youngker	56.79
2013...Micha Crunkleton-Wilson, Salpointe...	55.41
2012...Diane Gajda, Salpointe	55.92
2011...Abbey Barbera, Ironwood Ridge	56.68

DIV. I GIRLS 400 METERS

2014...Jasmin Stauffacher-Gray, North C.....	54.12
2013...Jasmin Stauffacher-Gray, North C.....	55.30

2012...Jasmin Stauffacher-Gray, North C.....	56.34
2011...Destiny Lundy, Hamilton	55.85

DIV. IV GIRLS 800 METERS

2014...Charlotte Moore, Scottsdale Prep ...	2:22.01
2013...Charlotte Moore, Scottsdale Prep ...	2:20.65
2012...Sarah MacDonald, Pusch Ridge	2:20.64
2011...Ashton Wolf, Valley Christian	2:27.32

DIV. III GIRLS 800 METERS

2014...Brianna Loughran, Tuba City	2:18.92
2013...Drianna Mustin, Cactus	2:17.47
2012...Brianna Loughran, Tuba City	2:23.45
2011...Ashley Kealamakia, Liberty	2:13.80

DIV. II GIRLS 800 METERS

2014...Katie Izzo, Catalina Foothills	2:14.73
2013...Tiffany Riley, Liberty	2:15.54
2012...April Steward, Canyon Del Oro	2:20.13
2011...Tess Berghoff, Arcadia	2:18.06

DIV. I GIRLS 800 METERS

2014...Lauren Ellsworth, Highland	2:07.61
2013...Danielle Jones, Desert Vista	2:12.08
2012...Lauren Ellsworth, Highland	2:13.45
2011...Yasmine Yacut, Desert Vista	2:14.31

DIV. IV GIRLS 1600 METERS

2014...Amber Miller, Scottsdale Prep	5:17.21
2013...Sarah MacDonald, Pusch Ridge	5:17.87
2012...Sarah MacDonald, Pusch Ridge	5:20.46
2011...Keven Griffen, Northland Prep	5:36.13

DIV. III GIRLS 1600 METERS

2014...Alexandra Schadler, Rio Rico	5:04.62
2013...Megan Goettl, Mingus	5:08.51
2012...Rolanda Jumbo, Chinle	4:57.83
2011...Haley Stenquist, Sabino	5:04.75

DIV. II GIRLS 1600 METERS

2014...Tatiana Gillick, Flagstaff	4:59.11
2013...Tatiana Gillick, Flagstaff	5:08.11
2012...Taylor Taite, Flagstaff	5:12.50
2011...Kylee Kieser, Marcos de Niza	5:04.66

DIV. I GIRLS 1600 METERS

2014...Danielle Jones, Desert Vista	4:48.73
2013...Danielle Jones, Desert Vista	4:51.17
2012...Sarah Fakler, Xavier	4:58.63
2011...Sarah Fakler, Xavier	4:54.39

DIV. IV GIRLS 3200 METERS

2014...Amber Miller, Scottsdale Prep	11:39.56
2013...Sarah MacDonald, Pusch Ridge	11:35.11
2012...Sarah MacDonald, Pusch Ridge	11:39.01
2011...Catherine Zabitski, Veritas Prep	12:14.43

DIV. III GIRLS 3200 METERS

2014...Daangoiina Haven, Ganado	11:13.49
2013...Mykala Seresun, Sed. Red Rock	11:27.35
2012...Rolanda Jumbo, Chinle	10:37.52
2011...Rolanda Jumbo, Chinle	10:50.13

DIV. II GIRLS 3200 METERS

2014...Tatiana Gillick, Flagstaff	10:36.90
2013...Tatiana Gillick, Flagstaff	11:12.58
2012...Tatiana Gillick, Flagstaff	11:18.51
2011...Kayla Freeman, Greenway	11:04.41

DIV. I GIRLS 3200 METERS

2014...Danielle Jones, Desert Vista	10:34.16
2013...Sarah Fakler, Xavier	10:30.34
2012...Sarah Fakler, Xavier	10:33.45
2011...Sarah Fakler, Xavier	10:35.48

DIV. IV GIRLS 100 METER HURDLES

2014...Ashley Harrison, Valley Christian	15.48
2013...Emily Shieh, Valley Christian	15.77
2012...Sydney Tassielli, Valley Christian	15.36
2011...ReBeca Ames, Benson	16.19

DIV. III GIRLS 100 METER HURDLES

2014...Briana Myers, Santa Rita	15.00
2013...Briana Myers, Santa Rita	14.88
2012...Torey Braly, Mingus	15.53
2011...Kenesha Coleman, Higley	15.25

DIV. II GIRLS 100 METER HURDLES

2014...Brielle Sterns, Sahuaro	15.00
2013...Alyssa Thompson, Salpointe	14.78
2012...Jaide Stepter, Canyon Del Oro	14.43
2011...Jaide Stepter, Canyon Del Oro	14.62

DIV. I GIRLS 100 METER HURDLES

2014...Ky Westbrook, Chandler	14.17
2013...Makaila Flannigan, Chandler	14.00
2012...Makaila Flannigan, Chandler	14.36
2011...Sherrelle Jordan, Chandler	14.52

DIV. IV GIRLS 300 METER HURDLES

2014...Shaelyn Trejo, St. David	47.42
2013...Samantha Weeman, H. Honors	47.60
2012...Sydney Tassielli, Valley Christian	46.55
2011...Sydney Tassielli, Valley Christian	49.42

DIV. III GIRLS 300 METER HURDLES

2014...Brooklyn Farar, Safford	47.91
2013...Katie Fleming, Saguaro	45.02
2012...Torey Braly, Mingus	45.65
2011...Torey Braly, Mingus	46.14

DIV. II GIRLS 300 METER HURDLES

2014...Alanisse Williams, Youngker	45.40
2013...Alyssa Thompson, Salpointe	42.55
2012...Jaide Stepter, Canyon Del Oro	42.01
2011...Jaide Stepter, Canyon Del Oro	43.40

DIV. I GIRLS 300 METER HURDLES

2014...Jasmin Stauffacher-Gray, North C.....	43.82
2013...Makaila Flannigan, Chandler	42.61
2012...Makaila Flannigan, Chandler	43.18
2011...Victoria McArthur, Hamilton	43.74

DIV. IV GIRLS 400 METER RELAY

2014...Yuma Catholic	52.27
2013...Chandler Prep	52.65
2012...Tucson Pusch Ridge Christian	51.03
2011...Tucson Pusch Ridge Christian	51.89

DIV. III GIRLS 400 METER RELAY

2014...Seton Catholic	50.31
2013...Glendale Cactus	50.20
2012...Higley	49.71
2011...Higley	49.57

DIV. II GIRLS 400 METER RELAY

2014...Deer Valley	48.02
2013...Tucson Sahuaro	48.33



Recent T&F State Champions

DIV. II GIRLS 400 METER RELAY (cont)

2012 ...Verrado	48.39
2011 ...Glendale Independence	48.43

DIV. I GIRLS 400 METER RELAY

2014 ...Chandler	47.71
2013 ...Chandler	47.27
2012 ...Chandler	46.86
2011 ...Chandler	47.24

DIV. IV GIRLS 1600 METER RELAY

2014 ...Scottsdale Prep	4:09.88
2013 ...Scottsdale Prep	4:14.18
2012 ...Tucson Pusch Ridge Christian	4:14.14
2011 ...Chandler Valley Christian	4:15.62

DIV. III GIRLS 1600 METER RELAY

2014 ...Safford	4:07.82
2013 ...Youngker	4:04.62
2012 ...Youngker	4:06.13
2011 ...Higley	4:10.15

DIV. II GIRLS 1600 METER RELAY

2014 ...Youngker	3:58.73
2013 ...Sahuarita	3:53.68
2012 ...Oro Valley Ironwood Ridge	3:58.20
2011 ...Scottsdale Arcadia	4:02.36

DIV. I GIRLS 1600 METER RELAY

2014 ...Chandler	3:52.74
2013 ...Chandler	3:51.05
2012 ...Chandler	3:51.47
2011 ...Chandler	3:54.46

DIV. IV GIRLS 3200 METER RELAY

2014 ...Scottsdale Prep	9:49.04
2013 ...Scottsdale Prep	9:46.03
2012 ...Tucson Pusch Ridge Christian	10:02.57
2011 ...Scottsdale Christian	10:50.46

DIV. III GIRLS 3200 METER RELAY

2014 ...Cottonwood Mingus	9:48.51
2013 ...Cottonwood Mingus	9:49.77
2012 ...Cottonwood Mingus	9:57.63
2011 ...Rio Rico	9:44.94

DIV. II GIRLS 3200 METER RELAY

2014 ...Tucson Catalina Foothills	9:33.17
2013 ...Flagstaff	9:34.69
2012 ...Flagstaff	9:41.58
2011 ...Tempe Marcos de Niza	9:42.74

DIV. I GIRLS 3200 METER RELAY

2014 ...Gilbert Highland	9:03.90
2013 ...Tempe Desert Vista	9:16.13
2012 ...Gilbert Highland	9:15.38
2011 ...Gilbert Highland	9:22.51

DIV. IV GIRLS SHOT PUT

2014 ...Miranda Jackson, St. Augustine	34-09.75
2013 ...Miranda Jackson, St. Augustine	32-08.75
2012 ...Shayla Hancock, Pima	33-08.00
2011 ...Shayla Hancock, Pima	35-10.25

DIV. III GIRLS SHOT PUT

2014 ...Heather Calandra, Mingus	44-06.25
2013 ...Heather Calandra, Mingus	41-00.00
2012 ...Heather Calandra, Mingus	38-10.75
2011 ...Nneeka Lankster, Santa Cruz	36-04.75

DIV. II GIRLS SHOT PUT

2014 ...Jessica Shinkle, Raymond Kellis	41-10.00
2013 ...Maritza Murillo, Dysart	39-03.00
2012 ...Maritza Murillo, Dysart	37-00.50
2011 ...Jamee Swan, Marana	37-08.00

DIV. I GIRLS SHOT PUT

2014 ...Ky Westbrook, Chandler	45-07.75
2013 ...Ky Westbrook, Chandler	45-02.25
2012 ...Ashley Weber, Buena	41-09.50
2011 ...Hannah Carson, Chandler	45-01.50

DIV. IV GIRLS DISCUS

2014 ...Katelyn Pugh, Joseph City	110-00
2013 ...Katie Koepp, Phoenix Christian	113-02
2012 ...Katie Koepp, Phoenix Christian	115-02
2011 ...Shayla Hancock, Pima	113-07

DIV. III GIRLS DISCUS

2014 ...Gabriella Simon, Sed. Red Rock	116-04
2013 ...Heather Calandra, Mingus	119-00
2012 ...Nyomi Mosley, Sedona Red Rock	118-04
2011 ...Nneeka Lankster, Santa Cruz	112-08

DIV. II GIRLS DISCUS

2014 ...Kayla Melgar, Tempe	143-00
2013 ...Kayla Melgar, Tempe	134-04
2012 ...Meredith Alarcio Caldon, CDO	115-00
2011 ...Alexus Dale, Apollo	131-11

DIV. I GIRLS DISCUS

2014 ...Makenz Holmes-Digiovine, DV	142-09
2013 ...Makenz Holmes-Digiovine, DV	138-06
2012 ...Ashley Weber, Buena	133-03
2011 ...Hannah Carson, Chandler	159-04

DIV. IV GIRLS HIGH JUMP

2014 ...McKenna McGrath, St. David	5-05.00
2013 ...Shea Cottrell, St. David	5-02.00
2012 ...McKenna McGrath, St. David	5-02.00
2011 ...Bethany Unkefer, Ariz. Lutheran	5-01.00

DIV. III GIRLS HIGH JUMP

2014 ...Tori Wayne, Estrella Foothills	5-06.00
2013 ...Jordan Abalos, Safford	5-04.00
2012 ...Aaliyah Cook, Cactus	5-04.00
2011 ...Rachel Orr, Thatcher	5-10.00

DIV. II GIRLS HIGH JUMP

2014 ...Emily Gerard, Catalina Foothills	5-06.00
2013 ...Kaysee Pilgrim, Barry Goldwater	5-06.00
2012 ...Emily Gerard, Catalina Foothills	5-06.00
2011 ...Kinsey Minter, Cactus	5-06.00
2011 ...Shakayla McEaddy, C. Foothills	5-06.00

DIV. I GIRLS HIGH JUMP

2014 ...Zarriea Willis, Alhambra	5-08.00
2013 ...Shekinah Green, Phoenix Central	5-04.00
2012 ...Ashlee Moore, Hamilton	5-06.00
2011 ...Ashlee Moore, Hamilton	5-10.00

DIV. IV GIRLS LONG JUMP

2014 ...Camille Zimmerman, Tempe Prep	16-05.00
2013 ...Savannah Brown, St. Johns	16-09.25
2012 ...Claire Horvath, Tempe Prep	16-04.00
2011 ...Courtney Samudio, NW Chr	17-10.50

DIV. III GIRLS LONG JUMP

2014 ...Tristen Vaughn, St. Mary's	17-03.75
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2013 ...Vanessa Fox, Snowflake	17-02.00
2012 ...Darreyl Woodson, Higley	17-09.00
2011 ...Jerissa Cooper, Coolidge	17-05.00

DIV. II GIRLS LONG JUMP

2014 ...Aaliyah Cook, Cactus	18-10.50
2013 ...Alyssa Thompson, Salpointe	19-03.00
2012 ...Jaide Stepter, Canyon Del Oro	19-03.00
2011 ...Brianna Rodriguez, Cienega	18-09.50

DIV. I GIRLS LONG JUMP

2014 ...Ashlee Moore, Hamilton	18-09.50
2013 ...Ashlee Moore, Hamilton	19-09.50
2012 ...Ashlee Moore, Hamilton	19-03.00
2011 ...Jasmine Todd, Chandler	19-06.50

DIV. IV GIRLS TRIPLE JUMP

2014 ...Ashley Harrison, Valley Chr	35-11.75
2013 ...Elle Uldrich, Pusch Ridge	35-04.50
2012 ...Abby Maas, Pusch Ridge	35-01.50
2011 ...Courtney Samudio, NW Chr	35-00.75

DIV. III GIRLS TRIPLE JUMP

2014 ...Sydney Olson, Snowflake	36-09.00
2013 ...Grecia Castillo, Douglas	36-01.75
2012 ...Nyomi Mosley, Sed. Red Rock	37-03.00
2011 ...Melissa Castillo, Douglas	36-06.50

DIV. II GIRLS TRIPLE JUMP

2014 ...Darreyl Woodson, Higley	38-06.75
2013 ...Alyssa Thompson, Salpointe	39-07.00
2012 ...Alyssa Thompson, Salpointe	38-00.00
2011 ...Shakayla McEaddy, C.Foothills	36-03.50

DIV. I GIRLS TRIPLE JUMP

2014 ...Juliette Cossey, SD O'Connor	37-05.25
2013 ...Lauren Hicks, Gilbert	37-11.75
2012 ...Chloe Richardson, Mt. View	37-08.50
2011 ...Jasmine Todd, Chandler	40-08.50

DIV. IV GIRLS POLE VAULT

2014 ...Stephanie Boulger, St. Gregory	11-00.00
2013 ...Stephanie Boulger, St. Gregory	11-00.00
2012 ...Chandler Fraley, Valley Christian	12-00.00
2011 ...Chandler Fraley, Valley Christian	11-00.00

DIV. III GIRLS POLE VAULT

2014 ...Trista Smith, Fountain Hills	11-00.00
2013 ...Athena Masolini, Saguaro	11-00.00
2012 ...Jenna Ingram, Fountain Hills	10-03.00
2011 ...Cortney Hageman, Mingus	10-06.00

DIV. II GIRLS POLE VAULT

2014 ...Athena Masolini, Saguaro	11-03.00
2013 ...Savannah Whitehead, MDN	12-00.00
2012 ...Jenny Rolph, Liberty	11-03.00
2011 ...Ashley Groves, Cienega	11-00.00

DIV. I GIRLS POLE VAULT

2014 ...Vanessa Davis, Desert Vista	13-00.00
2013 ...Vanessa Davis, Desert Vista	12-00.00
2012 ...Hunter Wilkes, Hamilton	12-00.00
2011 ...Lindsay Pew, Mountain View	12-05.00

DIV. IV BOYS 100 METERS

2014 ...Tonka Watson, Joy Christian	11.50
2013 ...Jerardo Samarripas, Joy Christian	10.94
2012 ...Simon Whitfield, Veritas Prep	11.28
2011 ...Ray Patterson, St. Johns	11.10



Recent T&F State Champions

DIV. III BOYS 100 METERS

2014...Wyatt Chapman, Payson	11.05
2013...Tristan DaCosta, Higley	10.76
2012...Tyler Johnson, Snowflake	10.90
2011...Thomas Moronta, Higley	11.08

DIV. II BOYS 100 METERS

2014...Weston Barlow, Queen Creek	10.86
2013...Jelani Brice-Moore, Verrado	10.99
2012...Scott Simpson, South Mountain	10.75
2011...Martwon Weaver, Marcos de Niza	11.02

DIV. I BOYS 100 METERS

2014...Paul Lucas, Mountain Pointe	10.66
2013...Paul Lucas, Mountain Pointe	10.44
2012...Trae Armstrong, Deer Valley	10.48
2011...Trae Armstrong, Deer Valley	10.67

DIV. IV BOYS 200 METERS

2014...Dallyn Despain, Mogollon	22.84
2013...Jerardo Samarripas, Joy Christian	22.33
2012...Bryant James, Tombstone	22.25
2011...Ray Patterson, St. Johns	22.35

DIV. III BOYS 200 METERS

2014...Ryan Talbot, Mingus	22.68
2013...Tristan DaCosta, Higley	21.81
2012...Michael Strnad, Higley	22.12
2011...Thomas Moronta, Higley	22.12

DIV. II BOYS 200 METERS

2014...Kenneth Owens, Williams Field	22.08
2013...Deon Parks, Raymond Kellis	22.07
2012...Scott Simpson, South Mountain	21.95
2011...Jontrell Wooten, Washington	21.92

DIV. I BOYS 200 METERS

2014...Robert Grant, Brophy	21.44
2013...Devon Allen, Brophy	20.98
2012...Trae Armstrong, Deer Valley	20.74
2011...Trae Armstrong, Deer Valley	21.37

DIV. IV BOYS 400 METERS

2014...Gabe Galvan, Arizona Lutheran	51.21
2013...Simon Whitfield, Veritas Prep	49.12
2012...Preston VanHofwegen, Phx Chr	49.45
2011...Hunter McShanag, NW Christian	51.26

DIV. III BOYS 400 METERS

2014...Ryan Talbot, Mingus	48.50
2013...Tristan DaCosta, Higley	48.83
2012...Cameron Woodson, Higley	49.26
2011...Josh Weeks, Show Low	50.33

DIV. II BOYS 400 METERS

2014...Bobby Cooper, Washington	48.61
2013...Jelani Brice-Moore, Verrado	48.51
2012...Jordan McLamb, South Mountain	48.63
2011...Brian Canavan, Notre Dame	48.73

DIV. I BOYS 400 METERS

2014...Clark Brown, Mountain View	48.63
2013...Paul Lucas, Mountain Pointe	47.48
2012...Trae Armstrong, Deer Valley	46.84
2011...Trae Armstrong, Deer Valley	48.64

DIV. IV BOYS 800 METERS

2014...Kyle Cajero, Pusch Ridge	1:56.88
2013...Daniom Tecle, Morenci	1:57.86

2012...Nico Montanez, St. Augustine	1:59.32
2011...Emilio Martinez-White, St. August	2:00.02

DIV. III BOYS 800 METERS

2014...Carlos Villarreal, Rio Rico	1:53.00
2013...Travis Okie, Sedona Red Rock	1:56.52
2012...Matthew Murray, Tuba City	1:53.48
2011...Matthew Murray, Tuba City	1:54.87

DIV. II BOYS 800 METERS

2014...Emilio Vasquez, Catalina Foothills ..	1:55.98
2013...Ethan Homan, Cactus Shadows	1:53.96
2012...Andy Trouard, Salpointe	1:56.46
2011...Dylan Souza, Catalina Foothills	1:56.30

DIV. I BOYS 800 METERS

2014...Nathan Rodriguez, Corona del Sol ..	1:52.97
2013...Bernie Montoya, Cibola	1:50.19
2012...Bernie Montoya, Cibola	1:52.49
2011...Tommy Williams, Brophy	1:55.48

DIV. IV BOYS 1600 METERS

2014...Josh Hoskinson, Arizona Lutheran ..	4:23.82
2013...Josh Hoskinson, Arizona Lutheran ..	4:20.19
2012...Nico Montanez, St. Augustine	4:28.29
2011...David Hoskinson, AZ Lutheran	4:31.36

DIV. III BOYS 1600 METERS

2014...Carlos Villarreal, Rio Rico	4:19.27
2013...Jeffery Miller, Page	4:21.06
2012...Juan Wells, Mingus	4:21.63
2011...Billy Orman, Tuba City	4:06.75

DIV. II BOYS 1600 METERS

2014...Lucky Schreiner, Campo Verde	4:14.08
2013...Andrew Garcia, Canyon Del Oro	4:23.17
2012...Andy Trouard, Salpointe	4:19.70
2011...Daniel Wong, Canyon Del Oro	4:24.61

DIV. I BOYS 1600 METERS

2014...Nathan Rodriguez, Corona del Sol ..	4:11.75
2013...Bernie Montoya, Cibola	4:05.89
2012...Bernie Montoya, Cibola	4:14.69
2011...Bernie Montoya, Cibola	4:12.01

DIV. IV BOYS 3200 METERS

2014...Josh Hoskinson, Arizona Lutheran ..	9:26.83
2013...Josh Hoskinson, Arizona Lutheran ..	9:28.51
2012...Nico Montanez, St. Augustine	9:46.82
2011...Josh Hoskinson, Arizona Lutheran ..	9:56.72

DIV. III BOYS 3200 METERS

2014...Jeffery Miller, Page	9:20.24
2013...Searle Tracy, Chinle	9:24.64
2012...Juan Wells, Mingus	9:29.30
2011...Billy Orman, Tuba City	8:48.63

DIV. II BOYS 3200 METERS

2014...Lucky Schreiner, Campo Verde	9:12.38
2013...Andrew Garcia, Canyon Del Oro	9:31.12
2012...Andy Trouard, Salpointe	9:25.89
2011...Daniel Wong, Canyon Del Oro	9:27.51

DIV. I BOYS 3200 METERS

2014...Nathan Rodriguez, Corona del Sol ..	9:25.50
2013...Bernie Montoya, Cibola	8:56.60
2012...Bernie Montoya, Cibola	9:08.70
2011...Bernie Montoya, Cibola	9:24.06

DIV. IV BOYS 110 METER HURDLES

2014...Michael Massadeh, AZ Lutheran	15.93
2013...Wayne Newman, San Manuel	14.52
2012...Wayne Newman, San Manuel	14.80
2011...Caleb Fraley, Valley Christian	14.76

DIV. III BOYS 110 METER HURDLES

2014...Tanner Bingham, Round Valley	15.07
2013...Quincy Stokes, Williams Field	14.92
2012...Dustin Shumway, Snowflake	15.26
2011...Jacob Rawlins, Snowflake	15.20

DIV. II BOYS 110 METER HURDLES

2014...Darren Dorsey, Thunderbird	14.41
2013...Dedrick Harris, Queen Creek	14.93
2012...Chris Hawks, Verrado	14.59
2011...Lezo Urreiztieta, Canyon Del Oro	14.70

DIV. I BOYS 110 METER HURDLES

2014...Tevin Mayfield, Corona del Sol	14.02
2013...Devon Allen, Brophy	13.59
2012...Devon Allen, Brophy	13.58
2011...Cameron Taylor, Westwood	13.81

DIV. IV BOYS 300 METER HURDLES

2014...Jess Llanez, Arizona Lutheran	41.27
2013...Wayne Newman, San Manuel	38.41
2012...Wayne Newman, San Manuel	39.79
2011...Caleb Fraley, Valley Christian	40.33

DIV. III BOYS 300 METER HURDLES

2014...Jordan Davis, Safford	39.87
2013...Dustin Shumway, Snowflake	39.15
2012...Chris Oestmann, Sedona Red Rock ..	39.28
2011...Alfonso Mejia, Douglas	39.76

DIV. II BOYS 300 METER HURDLES

2014...Anthony Phelps, Deer Valley	38.00
2013...Dedrick Harris, Queen Creek	39.00
2012...Dedrick Harris, Queen Creek	38.40
2011...Colton Lock, Queen Creek	38.18

DIV. I BOYS 300 METER HURDLES

2014...Robert Grant, Brophy	36.33
2013...Devon Allen, Brophy	36.74
2012...Devon Allen, Brophy	36.94
2011...Cameron Taylor, Westwood	37.05

DIV. IV BOYS 400 METER RELAY

2014...Phoenix Christian	43.76
2013...Joy Christian	43.32
2012...Joy Christian	44.39
2011...Phoenix Christian	43.76

DIV. III BOYS 400 METER RELAY

2014...Lakeside Blue Ridge	43.81
2013...Gilbert Williams Field	42.40
2012...Higley	42.49
2011...Higley	42.16

DIV. II BOYS 400 METER RELAY

2014...Tempe Marcos de Niza	41.79
2013...Glendale Raymond Kellis	41.90
2012...Glendale Raymond Kellis	42.06
2011...Oro Valley Ironwood Ridge	42.09

DIV. I BOYS 400 METER RELAY

2014...Tempe Desert Vista	41.93
2013...Sandra Day O'Connor	41.28



Recent T&F State Champions

DIV. I BOYS 400 METER RELAY (cont)

2012...Tempe Mountain Pointe	40.46
2011...Phoenix South Mountain	41.40

DIV. IV BOYS 1600 METER RELAY

2014...Arizona Lutheran	3:34.15
2013...Morenci	3:24.87
2012...Morenci	3:29.25
2011...Yuma Catholic	3:31.67

DIV. III BOYS 1600 METER RELAY

2014...Cottonwood Mingus	3:26.67
2013...Higley	3:22.10
2012...Safford	3:23.67
2011...Peoria Liberty	3:26.88

DIV. II BOYS 1600 METER RELAY

2014...Tucson Sahuaro	3:24.36
2013...Peoria Liberty	3:23.23
2012...Phoenix Washington	3:21.29
2011...Tucson Catalina Foothills	3:19.89

DIV. I BOYS 1600 METER RELAY

2014...Phoenix Brophy Prep	3:20.47
2013...Tempe Corona del Sol	3:18.24
2012...Chandler	3:15.52
2011...Glendale Deer Valley	3:16.95

DIV. IV BOYS 3200 METER RELAY

2014...Gilbert Christian	8:23.80
2013...Chandler Valley Christian	8:23.60
2012...Chandler Valley Christian	8:12.88
2011...Tucson St. Augustine	8:17.39

DIV. III BOYS 3200 METER RELAY

2014...Rio Rico	7:55.38
2013...Rio Rico	8:08.14
2012...Cottonwood Mingus	8:08.39
2011...Rio Rico	8:04.63

DIV. II BOYS 3200 METER RELAY

2014...Tucson Catalina Foothills	7:58.95
2013...Tucson Catalina Foothills	8:04.76
2012...Cave Creek Cactus Shadows	8:05.49
2011...Tucson Catalina Foothills	7:55.69

DIV. I BOYS 3200 METER RELAY

2014...Tempe Corona del Sol	7:54.60
2013...Tempe Corona del Sol	7:51.19
2012...Tempe Corona del Sol	7:49.80
2011...Mesa Mountain View	7:52.09

DIV. IV BOYS SHOT PUT

2014...Weston Wright, Scottsdale Prep	45-05.25
2013...Dayton Nussle, Valley Christian	46-00.75
2012...Joseph Greer, Benson	47-05.25
2011...KJ Gould, Scottsdale Christian	49-04.75

DIV. III BOYS SHOT PUT

2014...Conner Allen, Safford	48-08.50
2013...Jacob Moore, Sedona Red Rock	55-00.50
2012...Jacob Moore, Sedona Red Rock	55-07.50
2011...Kevin McDonald, Seton Catholic	52-08.25

DIV. II BOYS SHOT PUT

2014...Nik Mercer, South Mountain	56-04.00
2013...Matthew Garcia, Sunnyslope	51-08.00
2012...Ghaleb Al-saleh, Vista Grande	55-02.25
2011...Jose Rojas, Nogales	51-03.00

DIV. I BOYS SHOT PUT

2014...Troy Kowalski, Mountain Ridge	59-01.25
2013...Dylan Fischer, Desert Vista	60-05.00
2012...Shawn Collins, Chandler	58-10.25
2011...Brandon Pineda, Tolleson	61-06.00

DIV. IV BOYS DISCUS

2014...Daken Hawkins, Pima	149-10
2013...Ben Miller, Willcox	149-03
2012...Aidan Wright, Scottsdale Prep	146-00
2011...Matt Summerset, Desert Christian	144-11

DIV. III BOYS DISCUS

2014...Drake DeYonge, Palo Verde	146-00
2013...Jacob Moore, Sedona Red Rock	160-01
2012...Anfernee Alexander, Santa Cruz	175-01
2011...Jacob McBride, Safford	153-10

DIV. II BOYS DISCUS

2014...Jacob McCrory, Vista Grande	161-10
2013...	
2012...Mike Foley, Notre Dame	165-02
2011...Jose Rojas, Nogales	162-02

DIV. I BOYS DISCUS

2014...Beau Eggers, Hamilton	175-08
2013...Dylan Fischer, Desert Vista	181-08
2012...Travis Colby, Chandler	172-10
2011...Jeremy Tuttle, Buena	182-02

DIV. IV BOYS HIGH JUMP

2014...Tyler Jones, Grand Canyon	6-04.00
2013...Lane Bentley, Mogollon	6-07.00
2012...Lane Bentley, Mogollon	6-06.00
2011...Pau Tonneson, Tempe Prep	6-04.00

DIV. III BOYS HIGH JUMP

2014...Giancarlo Narvarte, Lee Williams	6-06.00
2013...Colton Wilson, Round Valley	6-07.00
2012...Jared Roth, Amphitheater	6-08.00
2011...Shane Nelson, Liberty	6-04.00

DIV. II BOYS HIGH JUMP

2014...Cameron Crandell, CDO	6-08.00
2013...Amel Andrews, Thunderbird	6-06.00
2012...Taj Brewer, Betty Fairfax	6-04.00
2011...Jared Roth, Amphitheater	6-04.00

DIV. I BOYS HIGH JUMP

2014...Bryant O'Georgia, North Canyon	7-02.75
2013...Bryant O'Georgia, North Canyon	6-10.00
2012...Zack Peschke, Gilbert	6-08.00
2011...Michael Okonkwo, Chandler	6-08.00

DIV. IV BOYS LONG JUMP

2014...Gabe Galvan, Arizona Lutheran	21-08.25
2013...Wayne Newman, San Manuel	22-08.25
2012...Konner Lee, St. Johns	22-06.50
2011...Pau Tonneson, Tempe Prep	22-11.25

DIV. III BOYS LONG JUMP

2014...Jordan Banister, Buckeye	22-07.25
2013...Jabril Taylor, Buckeye	21-10.50
2012...Tyler Johnson, Snowflake	23-04.50
2011...Dimitri Jones, Higley	23-04.50

DIV. II BOYS LONG JUMP

2014...Quinton Rusk, Central	23-06.75
2013...Brandon Murphy, Liberty	22-04.75

2012...Khalil Hakim, Raymond Kellis	23-00.00
2011...Jamil Williams, Agua Fria	22-11.75

DIV. I BOYS LONG JUMP

2014...Paul Lucas, Mountain Pointe	24-04.50
2013...Marcus Flannigan, Chandler	23-08.00
2012...Travonn White, Mt. Pointe	24-05.50
2011...Just'N Thymes, Hamilton	23-05.00

DIV. IV BOYS TRIPLE JUMP

2014...Josh Carollo, Pusch Ridge	43-07.00
2013...Konner Lee, St. Johns	44-06.50
2012...Konner Lee, St. Johns	44-06.25
2011...Pau Tonneson, Tempe Prep	46-04.50

DIV. III BOYS TRIPLE JUMP

2014...Ryan Rodriguez, Seton	43-07.50
2013...Landon Godfrey, Snowflake	45-04.50
2012...Derrius Kelly, Williams Field	45-11.50
2011...Jacob Rawlins, Snowflake	44-06.00

DIV. II BOYS TRIPLE JUMP

2014...Stephfon Hayden, Poston Butte	47-05.50
2013...Stephon Wells, Arcadia	46-01.25
2012...Robert Metz, Canyon Del Oro	47-00.25
2011...Craig Mattox, Thunderbird	45-06.00

DIV. I BOYS TRIPLE JUMP

2014...Sam Tooker, Chaparral	46-11.75
2013...Hayden McClain, SD O'Connor	50-08.25
2012...Hayden McClain, SD O'Connor	48-08.50
2011...Benjamin Ngonomo, C. Grande	47-09.25

DIV. IV BOYS POLE VAULT

2014...Sherod Bride, St. Johns	13-06.00
2013...Mike Huls, Scottsdale Christian	14-03.00
2012...Jacob Manuel, Benson	13-00.00
2011...Paul Corona, Yuma Catholic	15-09.00

DIV. III BOYS POLE VAULT

2014...Quentin Scott, Snowflake	14-00.00
2013...Timothy Ryan, Sed. Red Rock	14-06.00
2012...Keith Williams, Payson	14-03.00
2011...Daniel Patterson, Show Low	14-06.00

DIV. II BOYS POLE VAULT

2014...Timothy Duckworth, Arcadia	16-02.75
2013...Will Hooper, Moon Valley	15-00.00
2012...Adrian Childress, Copper Cyn	15-03.00
2011...Greg Peterson, Queen Creek	15-00.00

DIV. I BOYS POLE VAULT

2014...Connor Stevens, Hamilton	15-03.00
2013...Grant Sisserson, Horizon	17-00.00
2012...Garrett Starkey, Basha	16-06.00
2011...Garrett Starkey, Basha	16-00.00

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Division II Track & Field Preview

By Andy Morales
azpreps365.com

Marana Mountain View senior standout Justice Summerset is leading Division II in the 400 meters (49.30) and in the high jump (6-10). Both of those marks were set at the Southern Arizona Championships held on April 22 at Mountain View.

Summerset jumped 6-9 to capture the title at the prestigious California Arcadia Invitational in early April. The Arcadia Invite is one of the top meets in the country with athletes from 28 states and four countries taking part.

Summerset won the age 15-16 Division at the 2014 USATF Junior Olympics in Texas with a jump of 6-8.75 and has cleared 6-11. He took second place at the Division II state tournament last year with a jump of 6-4 and finished in second place as a freshman in the Division I state meet with a jump of 6-6.

Beyond track and field, Summerset is the stand-out quarterback of the Mountain Lions. A First-Team QB selection on the All-Southern Arizona high school football team, Summerset has a difficult decision on his future.

"With invitations to the USA Football Combine as well as the Blue-Grey Combine he has to choose between track meets and football," his father Robert reported. "Justice loves both sports and is getting national attention in both of them from schools like Arizona, UCLA, Oklahoma and Texas A&M just to name a few."

"Which sport will it be?" added his father. "Football or Track? For now we do not know, but he is having fun with it."

Brendon Rivera of Texas has the nation's highest mark of 7-2 and he is one of five athletes to jump over seven feet this year.

Glendale Copper Canyon's Jullian Coronado-Clark is leading Division II in both the 100m (10.71) and 200m (21.64) and Prescott's Simon Paige is



Marana Mountain View's Justice Summerset (photo by Andy Morales/AZPreps365.com)

leading in the 1600m (4:15.64) and the 3200m (9:22.47).

Another athlete to look out for in Division II is Canyon del Oro thrower Turner Washington. Washington has thrown the discuss 182-7, almost 20 feet more than the rest of the field.

On the girl's side, Phoenix South Mountain sprinter Alexis Center is leading in both the 100m (11.86) and the 200m (24.66). Canyon del Oro distance runner Bridgette Doucet is tops in the 1600m (4:58.12) and the 3200m (10:36.92).



Recent Girls State Championship Results

YEAR	STATE CHAMPION (PTS)	DIVISION IV STATE RUNNERUP (PTS)	THIRD-PLACE FINISHER (PTS)
2014	Scottsdale Prep (141)	Tempe Prep (91)	Chandler Valley Christian (57)
2013	Tucson Pusch Ridge Christian (75)	Tempe Prep (58.5)	Scottsdale Prep (54)
2012	Tucson Pusch Ridge Christian (95)	Tempe Prep (84.50)	Chandler Valley Christian (81.50)
2011	Tempe Prep (97.5)	Chandler Valley Christian (88)	St. Johns (47.5)

YEAR	STATE CHAMPION (PTS)	DIVISION III STATE RUNNERUP (PTS)	THIRD-PLACE FINISHER (PTS)
2014	Cottonwood Mingus (68.33)	Fountain Hills (54.5)	Safford (45.33)
2013	Cottonwood Mingus (89)	Sedona Red Rock (68)	Gilbert Higley (52)
2012	Cottonwood Mingus (106)	Show Low (66.33)	Gilbert Higley (61.33)
2011	Gilbert Higley (72)	Goodyear Estrella Foothills (64)	Rio Rico (52)

YEAR	STATE CHAMPION (PTS)	DIVISION II STATE RUNNERUP (PTS)	THIRD-PLACE FINISHER (PTS)
2014	Tucson Catalina Foothills (52)	Glendale Cactus (47)	Buckeye Youngker (45)
2013	Tucson Salpointe Catholic (88)	Tempe (43)	Tucson Ironwood Ridge (37.5)
2012	Tucson Salpointe Catholic (85)	Tucson Canyon Del Oro (72)	Tucson Ironwood Ridge (52)
2011	Tucson Canyon Del Oro (76.5)	Tucson Catalina Foothills (42)	Glendale Independence (41)

YEAR	STATE CHAMPION (PTS)	DIVISION I STATE RUNNERUP (PTS)	THIRD-PLACE FINISHER (PTS)
2014	Chandler (129)	Tempe Desert Vista (123.5)	Gilbert Highland (53)
2013	Chandler (139)	Tempe Desert Vista (84)	Mesa Mt. View (61)
2012	Chandler (147)	Gilbert Highland (63)	Chandler Hamilton (52)
2011	Chandler (224.5)	Chandler Hamilton (71)	Phoenix Xavier Prep (61)

YEAR	CONFERENCE CHAMPION (PTS)	1A CONFERENCE STATE RUNNERUP (PTS)	THIRD-PLACE FINISHER (PTS)
2010	Joseph City (97.50)	Phoenix Valley Lutheran (70)	Heber Mogollon (64)
2009	Tempe Prep (115)	Phoenix Valley Lutheran (72)	Tucson St. Augustine (69)
2008	Tempe Prep (187)	Flagstaff Northland Prep (94)	Joseph City (66)
2007	Tempe Prep (165)	Flagstaff Northland Prep (91.5)	Joseph City (71)
2006	Tempe Prep (165)	Phoenix Valley Lutheran (85)	Heber Mogollon (83)
2005	Tempe Prep (138)	Heber Mogollon (95)	Pima (79)

YEAR	CONFERENCE CHAMPION (PTS)	2A CONFERENCE STATE RUNNERUP (PTS)	THIRD-PLACE FINISHER (PTS)
2010	Chandler Valley Christian (116)	Phoenix Northwest Christian (82)	Bisbee (66)
2009	Chandler Valley Christian (216)	Phoenix Northwest Christian (88.5)	Phoenix Christian (33)
2008	Chandler Valley Christian (192.5)	Morenci (79)	Phx Northwest Christian (71.5)
2007	Chandler Valley Christian (182)	Benson (93)	Morenci (64)
2006	Chandler Valley Christian (149)	Yuma Catholic (102)	Benson (73)
2005	Chandler Valley Christian (145)	Scottsdale Christian (101)	Yuma Catholic (85)

YEAR	CONFERENCE CHAMPION (PTS)	3A CONFERENCE STATE RUNNERUP (PTS)	THIRD-PLACE FINISHER (PTS)
2010	Estrella Foothills (100)	Sedona Red Rock (71)	Payson (55)
2009	Lakeside Blue Ridge (102)	Estrella Foothills (96)	Sedona Red Rock (64.5)
2008	Lakeside Blue Ridge (112.5)	Sedona Red Rock (93)	Snowflake (52)
2007	Sedona Red Rock (82)	Snowflake (77)	Kayenta Monument Valley (72)
2006	Lakeside Blue Ridge (111.5)	Snowflake (77)	Kayenta Monument Valley (55)
2005	Queen Creek (83)	Winslow (58)	Sahuarita (49)

YEAR	CONFERENCE CHAMPION (PTS)	4A CONFERENCE STATE RUNNERUP (PTS)	THIRD-PLACE FINISHER (PTS)
2010 4A-1	Queen Creek (78)	Tucson Canyon Del Oro (77)	Glendale Apollo (46)
2010 4A-2	Scottsdale Notre Dame (81)	Goodyear Desert Edge (71)	Glendale Cactus (56)
2009 4A-1	Tucson Sahuaro (86.5)	Tucson Canyon Del Oro (73)	Glendale Cactus (63)
2009 4A-2	Queen Creek (96)	Glendale Raymond Kellis (85)	Flagstaff (63)
2008 4A-1	Glendale Cactus (66)	Glendale Apollo (65)	Tucson Sahuaro (56)
2008 4A-2	Phoenix Greenway (99)	Glendale Raymond Kellis (83)	Queen Creek (63)
2007 4A-1	Glendale Cactus (67)	Tucson Sahuaro (64)	Glendale Apollo (63)
2007 4A-2	Queen Creek (134.5)	Flagstaff Sinagua (55)	Bradshaw Mountain (54)
2006 4A-1	Tucson Canyon Del Oro (69.5)	Glendale Apollo (66)	Scottsdale Chaparral (43)
2006 4A-2	Queen Creek (123)	Prescott Valley Bradshaw Mountain (76)	Flagstaff Sinagua (49)
2005	Tucson Catalina Foothills (78)	Glendale Cactus (45)	Avondale Agua Fria (41)

YEAR	CONFERENCE CHAMPION (PTS)	5A CONFERENCE STATE RUNNERUP (PTS)	THIRD-PLACE FINISHER (PTS)
2010 5A-1	Chandler (177.50)	Tempe Desert Vista (84.50)	Phoenix Xavier Prep (84)
2010 5A-2	Oro Valley Ironwood Ridge (101)	Tucson Rincon (74)	Glendale Deer Valley (58)
2009 5A-1	Chandler (176)	Phoenix Xavier Prep (100)	Tempe Desert Vista (82)
2009 5A-2	Oro Valley Ironwood Ridge (108)	Glendale Deer Valley (77)	Tucson Rincon (74)
2008 5A-1	Chandler (141.5)	Phoenix Xavier Prep (99)	Tempe Desert Vista (55.5)
2008 5A-2	Phoenix South Mountain (110)	Glendale Deer Valley (67)	Tucson Rincon (57.5)
2007 5A-1	Chandler (118)	Phoenix Xavier (93)	Mesa Mountain View (65)
2007 5A-2	Phoenix South Mountain (137)	Glendale Sandra Day O'Connor (90)	Glendale Ironwood (77)
2006 5A-1	Chandler (130)	Tempe Desert Vista (82)	Glendale Mountain Ridge (61)
2006 5A-2	Phoenix South Mountain (135)	Glendale Ironwood (89)	Peoria Sunrise Mountain (62)
2005	Phoenix South Mountain (82)	Tempe Desert Vista (69)	Tucson Flowing Wells (39)



Recent Boys State Championship Results

DIVISION IV		
YEAR	STATE CHAMPION (PTS)	STATE RUNNERUP (PTS)
2014	Phoenix Arizona Lutheran (116)	Tucson Pusch Ridge (67)
2013	Phoenix Arizona Lutheran (59)	Morenci (53)
2012	Chandler Valley Christian (60)	(TIE) St. Johns (53.50)
2011	Tempe Prep (79.5)	Phoenix Northwest Christian (54)
2014	Scottsdale Prep (51)	Chandler Valley Christian (48)
2013	Chandler Valley Christian (48)	Phx Arizona Lutheran (53.50)
2012	Chandler Valley Christian (48)	Chandler Valley Christian (51.5)
2011	Chandler Valley Christian (51.5)	
DIVISION III		
2014	Rio Rico (64)	Snowflake (50)
2013	Gilbert Williams Field (82)	Gilbert Higley (73)
2012	Gilbert Higley (74)	Sedona Red Rock (67)
2011	Florence (66)	Gilbert Higley (65)
2014	Lakeside Blue Ridge (48.5)	Snowflake (66)
2013	Gilbert Williams Field (82)	Gilbert Williams Field (63)
2012	Gilbert Williams Field (82)	Peoria Liberty (64)
2011	Florence (66)	Peoria Liberty (64)
DIVISION II		
2014	Scottsdale Arcadia (49)	Gilbert Campo Verde (43)
2013	Glendale Raymond Kellis (47)	(TIE) Queen Creek (42)
2012	Tucson Salpointe Catholic (54)	Tucson Canyon Del Oro (53)
2011	Queen Creek (58.5)	Tucson Canyon Del Oro (48)
2014	Queen Creek (42)	Queen Creek (42)
2013	Glendale Raymond Kellis (47)	Peoria Liberty (42)
2012	Tucson Salpointe Catholic (54)	Cave Ck. Cactus Shadows (40)
2011	Queen Creek (58.5)	Scottsdale Notre Dame (44)
DIVISION I		
2014	Tempe Corona del Sol (89.5)	Tempe Desert Vista (63)
2013	Phoenix Brophy Prep (85)	Tempe Corona del Sol (70)
2012	Chandler (107.50)	Phoenix Brophy Prep (63)
2011	Phoenix Brophy Prep (77)	Chandler (73)
2014	Phoenix Brophy Prep (85)	Phoenix Brophy Prep (48)
2013	Phoenix Brophy Prep (85)	Tempe Mountain Pointe (55)
2012	Chandler (107.50)	Tempe Mountain Pointe (46)
2011	Phoenix Brophy Prep (77)	Glendale Deer Valley (55.5)
1A CONFERENCE		
2010	Joseph City (99.50)	(TIE) Heber Mogollon (75)
2009	Tempe Prep (137)	Joseph City (109)
2008	Tempe Prep (137)	Joseph City (115)
2007	Queen Creek Canyon State (219)	Flagstaff Northland Prep (90)
2006	Queen Creek Canyon State (190)	Flagstaff Northland Prep (95)
2005	Grand Canyon (104)	Pima (87)
2010	Joseph City (99.50)	Tucson St. Augustine (75)
2009	Tempe Prep (137)	Tucson St. Augustine (60)
2008	Tempe Prep (137)	Pima (77)
2007	Queen Creek Canyon State (219)	Joseph City (74)
2006	Queen Creek Canyon State (190)	Joseph City (57)
2005	Grand Canyon (104)	Canyon State Academy (80.5)
2A CONFERENCE		
2010	Tombstone (87.50)	Tempe Prep (85)
2009	Chandler Valley Christian (116)	Yuma Catholic (76.5)
2008	Phoenix Northwest Christian (107)	Chandler Valley Christian (106)
2007	Chandler Valley Christian (168.5)	Thatcher (107)
2006	Thatcher (104)	Chandler Valley Christian (82)
2005	Chandler Valley Christian (106.25)	Phoenix Christian (51.5)
2010	Tombstone (87.50)	Phoenix Christian (49)
2009	Chandler Valley Christian (116)	Phx Northwest Christian (62)
2008	Phoenix Northwest Christian (107)	Queen Ck. Canyon State (103)
2007	Chandler Valley Christian (168.5)	St. Johns (54.5)
2006	Thatcher (104)	Tombstone (58)
2005	Chandler Valley Christian (106.25)	Thatcher (50.5)
3A CONFERENCE		
2010	Sedona Red Rock (95)	Snowflake (77)
2009	Lakeside Blue Ridge (78)	Snowflake (74)
2008	Safford (104)	Lakeside Blue Ridge (89)
2007	(TIE) Snowflake (74)	Lakeside Blue Ridge (74)
2006	Payson (120)	Lakeside Blue Ridge (74)
2005	Snowflake (88)	Safford (74)
2010	Sedona Red Rock (95)	Safford (58)
2009	Lakeside Blue Ridge (78)	Winslow (64)
2008	Safford (104)	Sedona Red Rock (68)
2007	(TIE) Snowflake (74)	Payson (72)
2006	Payson (120)	Coolidge (54)
2005	Snowflake (88)	Winslow (71)
4A CONFERENCE		
2010 4A-1	Queen Creek (108)	Tucson Canyon Del Oro (62)
2010 4A-2	Peoria Liberty (70)	Phoenix Thunderbird (50.50)
2009 4A-1	Peoria (68)	Tucson Sabino (59)
2009 4A-2	Scottsdale Notre Dame Prep (82)	Higley (70)
2008 4A-1	Apache Junction (67)	Tucson Sabino (57.5)
2008 4A-2	Queen Creek (73)	Tucson Catalina (54)
2007 4A-1	Avondale Agua Fria (78)	Tucson Canyon Del Oro (50)
2007 4A-2	Goodyear Desert Edge (81)	Scottsdale Arcadia (71)
2006 4A-1	Avondale Agua Fria (83)	Prescott (76)
2006 4A-2	Glendale (74)	Queen Creek (61)
2005	Tempe McClintock (56)	Douglas (43)
2010 4A-1	Queen Creek (108)	Avondale Agua Fria (61)
2010 4A-2	Peoria Liberty (70)	Rio Rico (47)
2009 4A-1	Peoria (68)	Paradise Valley (57)
2009 4A-2	Scottsdale Notre Dame Prep (82)	Queen Creek (59)
2008 4A-1	Apache Junction (67)	Phoenix Thunderbird (49)
2008 4A-2	Queen Creek (73)	Glendale Raymond Kellis (53.5)
2007 4A-1	Avondale Agua Fria (78)	Tempe McClintock (48)
2007 4A-2	Goodyear Desert Edge (81)	Queen Creek (69)
2006 4A-1	Avondale Agua Fria (83)	Phoenix Greenway (58)
2006 4A-2	Glendale (74)	Page (54.5)
2005	Tempe McClintock (56)	Peoria Centennial (40)
5A CONFERENCE		
2010 5A-1	Chandler (92.16)	Mesa Mountain View (88)
2010 5A-2	Glendale Deer Valley (69)	Tolleson (67)
2009 5A-1	Tempe Desert Vista (157.66)	Chandler (79.50)
2009 5A-2	Oro Valley Ironwood Ridge (71)	Anthem Boulder Creek (56)
2008 5A-1	Tempe Desert Vista (209.5)	Mesa Mountain View (66)
2008 5A-2	Scottsdale Horizon (87)	Tolleson (73.5)
2007 5A-1	Tempe Desert Vista (146)	Chandler (88)
2007 5A-2	Tolleson (78)	Peoria (70)
2006 5A-1	Chandler (75.2)	Tempe Desert Vista (75)
2006 5A-2	Peoria Sunrise Mountain (74)	Peoria (66)
2005	Chandler (74)	Tempe Desert Vista (57)
2010 5A-1	Chandler (92.16)	Tempe Desert Vista (76.66)
2010 5A-2	Glendale Deer Valley (69)	OV Ironwood Ridge (66.50)
2009 5A-1	Tempe Desert Vista (157.66)	Mesa Mountain View (64)
2009 5A-2	Oro Valley Ironwood Ridge (71)	Tucson Rincon (54)
2008 5A-1	Tempe Desert Vista (209.5)	Chandler (57)
2008 5A-2	Scottsdale Horizon (87)	Mesa Desert Ridge (67)
2007 5A-1	Tempe Desert Vista (146)	Mesa Mountain View (52)
2007 5A-2	Tolleson (78)	Peoria Centennial (62)
2006 5A-1	Chandler (75.2)	Chandler Hamilton (48)
2006 5A-2	Peoria Sunrise Mountain (74)	Tolleson Westview (60.5)
2005	Chandler (74)	Mesa Mountain View (37)

By Jose Garcia
azpreps365.com

Jordan Gardner is a mess before he sets foot on a track just before a race.

He works himself up so much that his stomach clenches up in knots. It's not a pretty site.

But once the Snowflake senior is in his lane, the ones that seem tied up are Gardner's competitors as he sprints away as soon as the gun goes off.

"When I step up to the line track is my life," Gardner said. "The track is my home. When I get there everything goes out, including the worries, and I just have to go out there and run."

Life is good off the track for Gardner, who is in constant motion — training, going to school, training — every minute he is awake.

It's just those darn nerves before a race that are the only things that seem to slow him down. At least they aren't affecting his performances on the track.

He is near the top of the rankings in the 800 meters regardless of class and is shooting for strong performances in three or four other events at state. Snowflake needs every point Gardner can secure if it wants to improve on last year's second place finish at state.

The problem for Snowflake, and everybody else for that matter, is that they are chasing Rio Rico and its heralded runner, Carlos Villareal, in Division III.

The University of Arizona-bound Villareal just happens to be one of the nation's top-ranked distance runners. He currently holds the top times in the 800, 1,600, 3,200 and the one mile in the state.

Gardner had the top time in the 800 this season until Villareal's 1:54.81 during the Southern Arizona Championships. Gardner's personal best in the 800 is 1:54.31, but he's aiming for a 1:52 during this week's state meet at Mesa Community College, where Gardner also will compete in the 4 by 400, 4 by 800 and the 1,600.

He also qualified for the 400. Gardner has yet to beat Villareal in a high school race but is expected to set the pace in the 800 at state.

Jeff Miller of Page also is expected to give Gardner and Villareal a race in the 800, and the D-III 4 by 100 is shaping up to be one of the premiere races this weekend between Rio Rico, Snowflake, Page and also Seton Catholic.

"We want some revenge, so we hope we can pull something out," said Gardner about last year's state runner-up ending to Rio Rico.

Saturday's state finals will likely be the final time Gardner will run for a while.

He'll go on his 2-year Mormon mission after high



Snowflake's Jordan Gardner (photo courtesy of Snowflake High School)

school, but Gardner will continue to train when he can and wants to continue his running career in college. Don't bet on his competitive fire extinguishing.

"Jordan is a special athlete, but he works hard to be a special athlete," said Gardner's trainer and coach at Snowflake, Lynn Johnson. "His work ethic is amazing. I don't know anybody who works harder than him."

The same can be said about Gardner's classwork, where his GPA is 4.33.

Gardner's parents first caught a glimpse of Gardner's boundless energy at an early age, when he'd run around in church and parishioners asked, "Why can't his parents control him?"

Gardner and his parents laugh about that now, especially since he can now channel his energy into running successfully and still make a lot of noise the right way.

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Shadow Ridge
Sierra Linda
Skyline
South Mountain
St. Mary's
Sunnyslope
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Tolleson
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Westwood
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Catalina
Catalina Foothills

Cholla
Cienega
Desert Christian
Desert View
Empire
Flowing Wells
Green Fields Country Day
The Gregory School
Immaculate Heart
Ironwood Ridge
Marana
Mountain View (Marana)
Palo Verde
Pueblo
Pusch Ridge Christian
Rincon
Sabino
Sahuaro
Salpointe Catholic
Santa Rita
St. Augustine
St. Gregory Prep
Sunnyside
Tanque Verde
Tucson

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Coconino
Flagstaff
Northland Prep

Yuma Area

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Gila Ridge
Kofa
San Luis
San Pasqual
Yuma
Yuma Catholic

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14 Camp Verde
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16 Chinle
17 Chino Valley
18 Cibecue
19 Clifton
20 Coolidge
21 Douglas
22 Duncan
94 El Capitan
24 Florence
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26 Fredonia
27 Ganado
28 Gila Bend
29 Globe
30 Grand Canyon

31 Greyhills Academy
32 Hayden
33 Holbrook
34 Hopi
35 Joseph City
36 Kingman
23 Kingman Academy
37 Lake Havasu
88 Lee Williams
38 Lourdes Catholic
39 Many Farms
40 Mayer
41 Miami
42 Mingus
95 Mingus Mountain
43 Mogollon
44 Mohave
49 Mohave Accelerated
45 Monument Valley
46 Morenci
48 Nogales
50 Page
51 Parker
52 Patagonia
53 Payson
54 Pima
55 Pinon
56 Prescott
57 Ray
58 Red Mesa
47 Red Valley-Cove
59 Rio Rico
60 River Valley
61 Rock Point
62 Rough Rock
63 Round Valley
64 Safford
65 Sahuarita
66 Salome
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68 San Manuel
69 San Simon
70 Santa Cruz
71 Sedona Red Rock
72 Seligman
73 Shonto Prep
74 Show Low
75 Snowflake
76 St. David
77 St. Johns
78 St. Michael
79 Superior
80 Thatcher
81 Tohono O'odham
82 Tombstone
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93 Winslow

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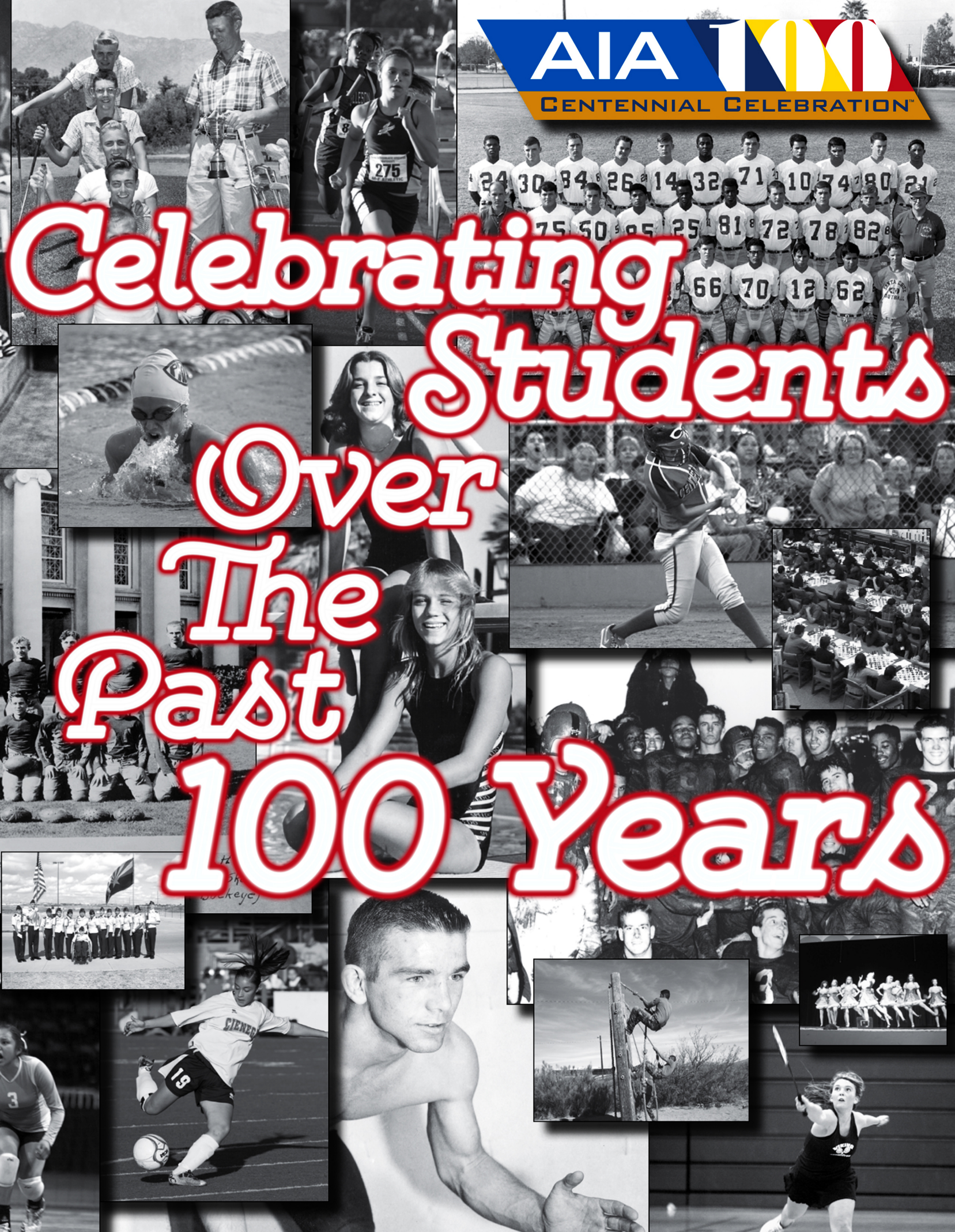
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4A - Red Morrow, Administrator TUSD
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3A - Bobby Armenta, Administrator Globe
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3A - Amanda Schell, Coach Estrella Fthills
2A - Carol Brandon, Coach Desert Christian
1A - Toni Corona, Administrator Duncan
Mark Swenson, Coach St. Gregory

TRACK

- 5A - Jennifer Burks, Administrator Perry
James Smith, Coach Westwood
Mary Wimmer, At-Large Alhambra
Eric Bolus, At-Large Deer Valley
4A - Dwayne Folsom, Administrator Higley
Lori Larsen, Coach Williams Field
3A - Paul Demuth, Administrator Holbrook
Robert London, Coach Blue Ridge
2A - Mike Elder, Admin Northland Prep
James Golden, Coach Bourgade
1A - Rick Samon, Coach Mogollon

VOLLEYBALL

- 5A - Rod Huston, Administrator Highland
Lamar-Renee Bryant, Coach Xavier
Renee Regoli, At-Large Campo Verde
4A - Sarah Peterson, Coach Greenway
3A - Jacob Holiday, Admin Monument Villy
Alan Ramage, Coach Snowflake
2A - Lisa Barlow, Coach Tempe Prep
1A - Cindy Kirk, Administrator Valley Lthrn
Tylene Miller, Coach St. David

WRESTLING

- 5A - Chandler Evans, Admin O'Connor
Robert Deberry, Coach Tucson
4A - Ryan Ridenour, Admin Desert Edge
Bryan Smith, Coach Moon Valley
3A - Justin Hartman, Administrator Winslow
Tim Williams, Coach Show Low
2A - Neil Osterman, Coach Willcox
1A - Rocky Nelson, Administrator Mogollon
Bob Wolf, Coach Valley Lutheran



A Decade of Track & Field Champions

1A GIRLS 100 METERS

2010	Cheryl Montague, Academy of Tucson	12.95
2009	Christy McHugh, Joy Christian	12.72
2008	Cheryl Montague, Academy of Tucson	13.32
2007	Briana Prince, Tempe Prep	13.51
2006	Ginger Williams, Mogollon	13.11
2005	Ginger Williams, Mogollon	12.96
2004	Ginger Williams, Mogollon	13.06
2003	Sierra Bundy, Fredonia	13.64
2002	Audra Smith, Pima	12.87
2001	Siera Bundy, Fredonia	13.76

2A GIRLS 100 METERS

2010	Katie Warinner, Scottsdale Christian	13.05
2009	Jazmyne Smith, Phoenix Christian	12.80
2008	Jonelle Robson, Northwest Christian	13.19
2007	Brittany Parks, Maricopa	12.60
2006	Lauren Michaels, Arizona Lutheran	12.58
2005	Tiffany Foley, Valley Christian	12.62
2004	Tiffany Foley, Valley Christian	12.76
2003	Jacque Trickey, St. Johns	12.70
2002	Debbie Dolan, Valley Christian	13.08
2001	Jacque Trickey, St. Johns	12.75

3A GIRLS 100 METERS

2010	Jasmine Pratt, Estrella Foothills	12.69
2009	Jasmine Pratt, Estrella Foothills	12.67
2008	Brittany Park, Maricopa	12.32
2007	Chanel Renfro, Winslow	12.64
2006	Marielle Westover, Snowflake	12.66
2005	Crystal Onochie, Sahuarita	12.45
2004	Kelly Smith, Chino Valley	12.63
2003	Stephanie Garnett, Winslow	12.48
2002	Kelly Smith, Chino Valley	12.59
2001	Rheanna Martinez, Payson	12.34

4A GIRLS 100 METERS

2010	(4A-1) Serene Williams, Peoria	11.91
2010	(4A-2) Rachel Johns, Notre Dame	12.12
2009	(4A-1) Serene Williams, Peoria	12.07
2009	(4A-2) Shauntrell Thompson, Coro	12.39
2008	(4A-1) Serene Williams, Peoria	12.06
2008	(4A-2) Kenesha Coleman, Perry	12.59
2007	(4A-1) Tamara Pridgett, Rincon	12.20
2007	(4A-2) Marissa Maki, Buckeye	12.63
2006	(4A-1) Jasmine Easley, Agua Fria	12.22
2006	(4A-2) Angela Ferguson, Bradshaw Mt.	12.44
2005	Jasmine Easley, Agua Fria	12.33
2004	Jasmine Easley, Agua Fria	12.47
2003	Amber Gill, Rincon	12.50
2002	Levise Robertson, Foothills	12.37
2001	Kenya Perkins, Pueblo	12.12

5A GIRLS 100 METERS

2010	(5A-1) Jasmine Todd, Chandler	12.10
2010	(5A-2) Tamara Pridgett, Rincon	12.10
2009	(5A-1) Jasmine Todd, Chandler	12.19
2009	(5A-2) Tamara Pridgett, Rincon	12.12
2008	(5A-1) Larissa Matthews, Chandler	12.14
2008	(5A-2) Terra Evans, South Mountain	11.77
2007	(5A-1) Shawn-Te Greene, Dobson	12.17
2007	(5A-2) Kenyanna Wilson, Peoria	11.62
2006	(5A-1) Leah Benton, Chandler	12.16
2006	(5A-2) Kenyanna Wilson, Peoria	11.69
2005	Taylor Evans, South Mountain	11.90
2004	Jessica Onyepunuka, Peoria	11.55
2003	Jessica Onyepunuka, Peoria	11.72
2002	Jessica Onyepunuka, Peoria	11.66
2001	Keri Suell, Chandler	11.69

1A GIRLS 200 METERS

2010	Cheryl Montague, Academy of Tucson	26.58
2009	Cheryl Montague, Academy of Tucson	26.76
2008	Briana Prince, Tempe Prep	27.45
2007	Emily Goswick, Orme	28.06
2006	Ginger Williams, Mogollon	27.21
2005	Nafthifa Wright, Orme	27.26
2004	Nafthifa Wright, Orme	27.10
2003	Siera Bundy, Fredonia	28.90
2002	Audra Smith, Oima	26.32
2001	Kendie Judd, St. David	28.83

2A GIRLS 200 METERS

2010	Jonelle Robson, Northwest Christian	26.97
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2009	Breanna Leslie, Valley Christian	26.03
2008	Jonelle Robson, Northwest Christian	26.34
2007	Brittany Parks, Maricopa	26.09
2006	Lauren Michaels, Arizona Lutheran	26.28
2005	Ashley Aitken, Yuma Catholic	26.41
2004	Keoshia Ray, Tombstone	26.44
2003	Jacque Trickey, St. Johns	26.33
2002	Debbie Dolan, Valley Christian	26.11
2001	Jacque Trickey, St. Johns	26.36

3A GIRLS 200 METERS

2010	Jasmine Pratt, Estrella Foothills	25.40
2009	Jasmine Pratt, Estrella Foothills	25.53
2008	Brittany Parks, Maricopa	25.19
2007	Chanel Renfro, Winslow	25.35
2006	Talia Jones, Monument Valley	26.02
2005	Crystal Onochie, Sahuarita	25.53
2004	Kelly Smith, Chino Valley	26.25
2003	Kelly Smith, Chino Valley	26.19
2002	Kelly Smith, Chino Valley	26.33
2001	Rheanna Martinez, Payson	25.67

4A GIRLS 200 METERS

2010	(4A-1) Serene Williams, Peoria	24.19
2010	(4A-2) Rachel Johns, Notre Dame	25.27
2009	(4A-1) Serene Williams, Peoria	24.78
2009	(4A-2) Tristan Thomas, R. Kellis	25.73
2008	(4A-1) Serene Williams, Peoria	24.83
2008	(4A-2) Kenesha Coleman, Perry	25.64
2007	(4A-1) Tamara Pridgett, Rincon	25.36
2007	(4A-2) Marissa Maki, Buckeye	25.88
2006	(4A-1) Jasmine Chaney, McClintock	25.19
2006	(4A-2) Catherine Lamb, Mohave	25.76
2005	Meaghan Ryan, Lake Havasu	25.13
2004	Jasmine Easley, Agua Fria	24.83
2003	Leshawn Woods, Pueblo	25.59
2002	Levise Robertson, Foothills	25.61
2001	Cassandra Reed, Agua Fria	24.85

5A GIRLS 200 METERS

2010	(5A-1) McKenzie Flannigan, Chandler	24.85
2010	(5A-2) Tamara Pridgett, Rincon	25.01
2009	(5A-1) McKenzie Flannigan, Chandler	24.79
2009	(5A-2) Tamara Pridgett, Rincon	24.97
2008	(5A-1) Steffanie Jordan, Chandler	25.30
2008	(5A-2) Terra Evans, South Mountain	24.39
2007	(5A-1) Polyanna Trotter, Mt. Pointe	25.17
2007	(5A-2) Kenyanna Wilson, Peoria	24.13
2006	(5A-1) Leah Benton, Chandler	24.81
2006	(5A-2) Kenyanna Wilson, Peoria	23.91
2005	Taylor Evans, South Mountain	23.98
2004	Jessica Onyepunuka, Peoria	23.60
2003	Jessica Onyepunuka, Peoria	23.93
2002	Jessica Onyepunuka, Peoria	24.13
2001	Keri Suell, Chandler	24.16

1A GIRLS 400 METERS

2010	Alana Kempf, Joy Christian	62.18
2009	Alana Kempf, Joy Christian	62.56
2008	Briana Prince, Tempe Prep	61.59
2007	Emily Goswick, Orme	62.85
2006	Ginger Williams, Mogollon	61.56
2005	Ginger Williams, Mogollon	59.96
2004	Ginger Williams, Mogollon	61.36
2003	Tera Fish, Joseph City	64.64
2002	Audra Smith, Pima	60.65
2001	Chani Vnitonet, St. David	67.08

2A GIRLS 400 METERS

2010	Rachel Orr, Thatcher	61.50
2009	Ashton Wolf, Valley Christian	59.92
2008	Sylvia Gomez, Benson	58.26
2007	Sylvia Gomez, Benson	58.04
2006	Lauren Michaels, Arizona Lutheran	57.46
2005	Michelle Cameron, Scottsdale Chr	58.16
2004	Shamesha Smith, Valley Christian	60.07
2003	Jennifer Ekstrand, Valley Christian	59.66
2002	Michelle Cameron, SCA	61.45
2001	Jennifer Ekstrand, Valley Christian	62.32

3A GIRLS 400 METERS

2010	Jasmine Pratt, Estrella Foothills	57.84
2009	Allie Haskell, Empire	58.41
2008	Courtney Roybal, Chino Valley	58.75

2007	Talia Jones, Monument Valley	59.55
2006	Talia Jones, Monument Valley	57.97
2005	Talia Jones, Monument Valley	58.81
2004	Kelly Smith, Chino Valley	58.99
2003	Kelly Smith, Chino Valley	58.63
2002	Kelly Smith, Chino Valley	59.74
2001	Briana Marshall, Payson	60.15

4A GIRLS 400 METERS

2010	(4A-1) Jerri Lyn Kincade, Pueblo	58.60
2010	(4A-2) Bianca Burrell, Desert Edge	57.94
2009	(4A-1) Kelly Dallman, Cactus	58.06
2009	(4A-2) Mariah Bowers, Queen Creek	57.74
2008	(4A-1) Serene Williams, Peoria	58.09
2008	(4A-2) Mariah Bowers, Queen Creek	58.45
2007	(4A-1) Precious Amukamara, Apollo	57.50
2007	(4A-2) Mariah Bowers, Queen Creek	58.42
2006	(4A-1) Jessica McDonald, Cactus	56.52
2006	(4A-2) Catherine Lamb, Mohave	57.12
2005	Jessica McDonald, Cactus	55.26
2004	Meaghan Ryan, Lake Havasu	56.42
2003	Meaghan Ryan, Lake Havasu	57.50
2002	Tyeshia Harvey, Nogales	57.65
2001	Ursula Martin, Desert View	60.76

5A GIRLS 400 METERS

2010	(5A-1) McKenzie Flannigan, Chandler	55.86
2010	(5A-2) Michelle Kreutzberg, Desert Mt	56.55
2009	(5A-1) McKenzie Flannigan, Chandler	56.36
2009	(5A-2) Elizabeth Romero, Sunnyside	58.80
2008	(5A-1) Andre Menhenett, Mt. Ridge	56.41
2008	(5A-2) Taylor Evans, South Mountain	56.77
2007	(5A-1) Tanisha Kendrick, Tucson	55.47
2007	(5A-2) Taylor Evans, South Mountain	57.63
2006	(5A-1) Natalie Johnson, Xavier	55.39
2006	(5A-2) Taylor Evans, South Mountain	55.77
2005	Natalie Johnson, Xavier	55.74
2004	Judith Onyepunuka, Peoria	56.36
2003	Judith Onyepunuka, Peoria	(ht) 54.00
2002	Alisha Hines, Hamilton	58.38
2001	Kristen Stuart, Westwood	56.34

1A GIRLS 800 METERS

2010	Lexi Edwards, Joseph City	2:29.29
2009	Andrea Klimowski, Northland Prep	2:24.78
2008	Andrea Klimowski, Northland Prep	2:27.47
2007	Andrea Klimowski, Northland Prep	2:27.85
2006	Carolyn Cann, Tempe Prep	2:27.90
2005	Carolyn Cann, Tempe Prep	2:33.80
2004	Calah Schlabach, St. Michael	2:42.40
2003	Calah Schlabach, St. Michael	2:47.42
2002	Tiffany Sanders, Pima	2:38.72
2001	Erin Wahler, Grand Canyon	2:48.66

2A GIRLS 800 METERS

2010	Terah Fullman, Horizon Honors	2:21.26
2009	Jessie Munoz, NW Christian	2:25.94
2008	Kresta Rogers, Morenci	2:24.79
2007	Jillian Klassen, Scottsdale Christian	2:25.33
2006	Kylie Huckleberry, PCDS	2:21.09
2005	Dani Higgins, Benson	2:21.06
2004	Jillian Klassen, SCA	2:25.50
2003	Julie-Anne Bailey, VC	2:24.24
2002	Julie-Anne Bailey, VC	2:24.75
2001	Julie-Anne Bailey, VC	2:25.13

3A GIRLS 800 METERS

2010	Chrisinw Virgin, Show Low	2:21.27
2009	Emerald Raney, Blue Ridge	2:15.42
2008	Emerald Raney, Blue Ridge	2:19.55
2007	Talia Jones, Monument Valley	2:19.74
2006	Janeen Yazzie, Winslow	2:22.31
2005	Kari Hardt, Queen Creek	2:18.32
2004	Whitney Hardt, Round Valley	2:18.43
2003	Whitney Hardt, Round Valley	2:20.23
2002	Whitney Hardt, Payson	2:17.36
2001	Jodie Denike, Chino Valley	2:16.68

4A GIRLS 800 METERS

2010	(4A-1) Ashley Workman, Queen C	2:18.28
2010	(4A-2) Tess Berghoff, Arcadia	2:16.90
2009	(4A-1) Alex Green, Cactus	2:18.79
2009	(4A-2) Chloe Phillips, Flagstaff	2:15.25
2008	(4A-1) Lindsay Prescott, O'Connor	2:19.07

2008....(4A-2) Hannah Moen, Coconino	2:15.71
2007....(4A-1) Melanie McGrath, Catalina	2:19.48
2007....(4A-2) Hannah Moen, Coconino	2:18.50
2006....(4A-1) Precious Amukamara, Apollo	2:19.75
2006....(4A-2) Kari Hardt, Queen Creek	2:14.48
2005....Brittany Quinn, Pinnacle	2:17.71
2004....Lucy Caldwell, Arcadia	2:16.54
2003....Christina Wilhelmi, Centennial	2:17.14
2002....Vanessa Hernandez, Sunnyside	2:17.27
2001....Ariel Latimer, Mingus Union	2:19.26

5A GIRLS 800 METERS

2010....(5A-1) Yasmine Yacut, Desert Vista	2:16.22
2010....(5A-2) Gloria Tello, SD O'Connor	2:17.21
2009....(5A-1) Jessica Tonn, Xavier	2:14.84
2009....(5A-2) Kaitlynd Holland, Ma. Mt. View	2:20.11
2008....(5A-1) Jessica Tonn, Xavier	2:14.70
2008....(5A-2) Sam Rasmussen, Deer V	2:20.14
2007....(5A-1) Natalie Johnson, Xavier	2:15.55
2007....(5A-2) Tara Erdmann, Flowing Wells	2:16.65
2006....(5A-1) Natalie Johnson, Xavier	2:14.74
2006....(5A-2) Christina Rodgers, Central	2:17.35
2005....Leah Ybarra, Ironwood	2:14.56
2004....Haley Paul, Desert Vista	2:15.16
2003....Rachel Christensen, Mountain View	2:16.11
2002....Sally Meyerhoff, Mt. Pointe	2:13.53
2001....Sally Meyerhoff, Mt. Pointe	2:12.41

1A GIRLS 1600 METERS

2010....Lexi Edwards, Joseph City	5:22.59
2009....Andrea Klimowski, Northland Prep	5:38.66
2008....Andrea Klimowski, Northland Prep	5:31.90
2007....Andrea Klimowski, Northland Prep	5:49.70
2006....Carolyn Cann, Tempe Prep	5:38.53
2005....Calah Schlabach, St. Michael	5:29.43
2004....Calah Schlabach, St. Michael	5:47.95
2003....Bonnie Bryce, Pima	5:48.34
2002....Tiffany Sanders, Pima	5:47.70
2001....Erin Wahler, Grand Canyon	5:58.42

2A GIRLS 1600 METERS

2010....Letitia Luch, Bisbee	5:25.39
2009....Amanda Patterson, Valley Christian	5:43.77
2008....Katelyn Williams, Yuma Catholic	5:39.19
2007....Jillian Klassen, Scottsdale Christian	5:15.58
2006....Jillian Klassen, Scottsdale Christian	5:29.65
2005....Jillian Klassen, Scottsdale Christian	5:22.01
2004....Julie-Anne Bailey, VC	5:08.12
2003....Julie-Anne Bailey, VC	5:19.89
2002....Julie-Anne Bailey, VC	5:16.68
2001....Julie-Anne Bailey, VC	5:17.65

3A GIRLS 1600 METERS

2010....Rolanda Jumbo, Chinle	5:12.37
2009....Jessica Rydberg, Blue Ridge	4:58.34
2008....Jessica Rydberg, Blue Ridge	5:25.86
2007....Jessica Rydberg, Blue Ridge	5:19.22
2006....Janeen Yazzie, Winslow	5:19.23
2005....Kari Hardt, Queen Creek	5:03.58
2004....Whitney Hardt, Queen Creek	5:04.03
2003....Whitney Hardt, Round Valley	5:08.53
2002....Whitney Hardt, Payson	5:05.33
2001....Jodie Denike, Chino Valley	5:06.66

4A GIRLS 1600 METERS

2010....(4A-1) Ashley Workman, Queen C	5:12.80
2010....(4A-2) Alex Green, Cactus	5:07.69
2009....(4A-1) Alex Green, Cactus	5:09.41
2009....(4A-2) Chloe Phillips, Flagstaff	5:03.86
2008....(4A-1) Lindsay Prescott, O'Connor	5:01.81
2008....(4A-2) Hannah Moen, Coconino	5:29.96
2007....(4A-1) Alex Green, Cactus	5:08.91
2007....(4A-2) Hannah Moen, Coconino	5:12.63
2006....(4A-1) Ashley Chirco, Rincon	5:21.75
2006....(4A-2) Kari Hardt, Queen Creek	5:06.87
2005....Lucy Caldwell, Arcadia	5:11.93
2004....Lucy Caldwell, Arcadia	5:08.22
2003....Vanessa Hernandez, Sunnyside	5:04.03
2002....Ariel Latimer, Mingus Union	5:04.85
2001....Ariel Latimer, Mingus Union	5:13.95

5A GIRLS 1600 METERS

2010....(5A-1) Jessica Tonn, Xavier	4:53.55
2010....(5A-2) Lauren Cooper, Ironwood R	5:07.85
2009....(5A-1) Jessica Tonn, Xavier	5:01.30
2009....(5A-2) Allison Crawford, Ironwood R	5:14.38
2008....(5A-1) Jessica Tonn, Xavier	4:50.42
2008....(5A-2) Sara Beth MiVile, Iron. Ridge	5:14.01
2007....(5A-1) Jessica Tonn, Xavier	5:02.08
2007....(5A-2) Tara Erdmann, Flowing Wells	4:58.81
2006....(5A-1) Kristin Phillips, Mt. Pointe	5:01.97

2006....(5A-2) Tara Erdmann, Flowing Wells	5:05.51
2005....Lindsay Prescott, SD O'Connor	5:06.63
2004....Haley Paul, Desert Vista	5:02.58
2003....Haley Paul, Desert Vista	5:08.46
2002....Sally Meyerhoff, Mtn. Pointe	4:55.16
2001....Sally Meyerhoff, Mtn. Pointe	5:01.02

1A GIRLS 3200 METERS

2010....Lexi Edwards, Joseph City	12:07.23
2009....Andrea Klimowski, Northland Prep	11:52.19
2008....Andrea Klimowski, Northland Prep	11:54.40
2007....Andrea Klimowski, Northland Prep	12:37.19
2006....Carolyn Cann, Tempe Prep	12:19.20
2005....Emily Rand, Northland Prep	12:05.05
2004....Calah Schlabach, St. Michael	13:07.03
2003....Bonnie Bryce, Pima	12:56.78
2002....Bonnie Bryce, Pima	13:12.87
2001....Michelle Shenbondy, ASDB	15:42.71

2A GIRLS 3200 METERS

2010....Letitia Luch, Bisbee	11:54.70
2009....Amanda Patterson, Valley Chr	12:35.21
2008....Katelyn Williams, Yuma Catholic	12:25.05
2007....Jillian Klassen, Scottsdale Chr	11:44.92
2006....Jillian Klassen, Scottsdale Chr	11:49.86
2005....Jillian Klassen, Scottsdale Chr	12:30.82
2004....Jillian Klassen, Scottsdale Chr	11:38.60
2003....Julie-Anne Bailey, VC	11:44.27
2002....Julie-Anne Bailey, VC	11:58.90
2001....Katie Sammons, VC	11:41.24

3A GIRLS 3200 METERS

2010....Rolanda Jumbo, Chinle	11:29.57
2009....Jessica Rydberg, Blue Ridge	10:32.23
2008....Jessica Rydberg, Blue Ridge	11:38.52
2007....Deann Honanie, Hopi	11:36.80
2006....Tiffany Sorrell, Window Rock	11:41.64
2005....Kari Hardt, Queen Creek	11:00.78
2004....Whitney Hardt, Queen Creek	11:01.39
2003....Whitney Hardt, Round Valley	11:32.57
2002....Whitney Hardt, Payson	11:06.49
2001....Jodie Denike, Chino Valley	(NT)

4A GIRLS 3200 METERS

2010....(4A-1) Ashley Workman, Queen C	11:37.59
2010....(4A-2) Alex Green, Cactus	11:14.13
2009....(4A-1) Alex Green, Cactus	11:15.40
2009....(4A-2) Alex Myers, Sinagua	11:19.56
2008....(4A-1) Lindsay Prescott, O'Connor	11:03.08
2008....(4A-2) Hannah Moen, Coconino	10:57.75
2007....(4A-1) Kristen Herrera, Ironwood R	11:30.10
2007....(4A-2) Hannah Moen, Coconino	11:25.20
2006....(4A-1) Ashley Chirco, Rincon	11:30.87
2006....(4A-2) Kari Hardt, Queen Creek	10:50.58
2005....Kelsey Greathouse, Bradshaw Mt.	11:19.37
2004....Lucy Caldwell, Arcadia	11:16.77
2003....Rory Schmidt, Arcadia	11:05.43
2002....Kate Kline, Arcadia	11:05.69
2001....Ariel Latimer, Mingus Union	11:36.81

5A GIRLS 3200 METERS

2010....(5A-1) Jessica Tonn, Xavier	10:38.56
2010....(5A-2) Lauren Cooper, Ironwood R	11:14.06
2009....(5A-1) Jessica Tonn, Xavier	10:56.93
2009....(5A-2) Sarah MiVile, Ironwood R	11:22.92
2008....(5A-1) Jessica Tonn, Xavier	10:30.55
2008....(5A-2) Sarah Beth MiVile, Iron. R	11:36.80
2007....(5A-1) Jessica Tonn, Xavier	10:37.23
2007....(5A-2) Tara Erdmann, FW	10:56.59
2006....(5A-1) Kristin Phillips, Mt. Pointe	10:50.32
2006....(5A-2) Lindsay Prescott, O'Connor	11:08.16
2005....Lindsay Prescott, SD O'Connor	11:00.02
2004....Trisha Rasmussen, Mt. Ridge	11:19.06
2003....Keara Sammons, Desert Vista	11:15.95
2002....Sally Meyerhoff, Mt. Pointe	10:26.71
2001....Sally Meyerhoff, Mt. Pointe	10:49.13

1A GIRLS 100 METER HURDLES

2010....Taylor Maynes, Salome	16.55
2009....Taylor Maynes, Salome	16.89
2008....Jessi Rush, Joseph City	17.35
2007....Sandy Crusa, St. Augustine	17.24
2006....Sandy Crusa, St. Augustine	17.19
2005....Amy Sanders, Pima	17.52
2004....Amy Sanders, Pima	17.38
2003....Bonnie Bryce, Pima	17.65
2002....Denise Lunt, Pima	16.95
2001....Kendal Judd, St. David	17:28

2A GIRLS 100 METER HURDLES

2010....Quinn Robertson, Valley Christian	16.08
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2009....Breanna Leslie, Valley Christian	15.33
2008....Breanna Leslie, Valley Christian	15.04
2007....Ashley Aitken, Yuma Catholic	14.76
2006....Ashley Aitken, Yuma Catholic	15.10
2005....Ashley Aitken, Yuma Catholic	15.28
2004....Ashley Aitken, Yuma Catholic	15.33
2003....Alex Robertson, Valley Christian	15.53
2002....Jaime Cluff, Scottsdale Christian	14.01
2001....Jaime Cluff, SCA	(w.a.) 14.32

3A GIRLS 100 METER HURDLES

2010....Shea Grant, Estrella Foothills	15.76
2009....Marie Lupe, Alchesay	16.28
2008....Arona Spader, Snowflake	15.60
2007....Arona Spader, Snowflake	15.20
2006....Arona Spader, Snowflake	15.80
2005....Amy Showers, Camp Verde	16.18
2004....Nicole Nevitt, Queen Creek	14.87
2003....Nicole Nevitt, Queen Creek	15.24
2002....Nicole Nevitt, Queen Creek	15.31
2001....Amber Nanajo, Safford	16.49

4A GIRLS 100 METER HURDLES

2010....(4A-1) Jaide Stepter, CDO	14.70
2010....(4A-2) Brittany Marshall, Washington	15.13
2009....(4A-1) Kala Stepter, CDO	15.07
2009....(4A-2) Taylor Stapley, Sinagua	15.28
2008....(4A-1) Georgeanne Moline, T-Bird	14.59
2008....(4A-2) Emily Rodela, Greenway	14.91
2007....(4A-1) Georgeanne Moline, T-Bird	15.04
2007....(4A-2) Taylor Stapley, Sinagua	14.99
2006....(4A-1) Jasmine Chaney, McClintock	14.68
2006....(4A-2) Hailey Buschur, Queen Creek	15.35
2005....Jasmine Chaney, McClintock	14.63
2004....Rshawnda Brown, Shadow Mt.	14.97
2003....Dareese Gibson, Independence	15.17
2002....Ashley Hintz, Sunrise Mtn	15.22
2001....Kelly Burke, Catalina Foothills	15.53

5A GIRLS 100 METER HURDLES

2010....(5A-1) Christine Clark, Tucson	14.51
2010....(5A-2) Jessica Pierce, Centennial	15.12
2009....(5A-1) Larissa Mathews, Chandler	14.27
2009....(5A-2) Juliet Summers, Pinnacle	15.22
2008....(5A-1) Larissa Mathews, Chandler	13.86
2008....(5A-2) Joeneisha Vincent, South Mt	14.77
2007....(5A-1) Larissa Mathews, Chandler	14.29
2007....(5A-2) Jasmine Williams, South	14.15
2006....(5A-1) Micsha Carson, Chandler	14.86
2006....(5A-2) Jasmine Williams, South Mt.	14.54
2005....Tara Cozzetto, Desert Vista	14.48
2004....Alex Kasik, Red Mountain	14.60
2003....Jacquelyn Johnson, Yuma	13.60
2002....Jacquelyn Johnson, Yuma	13.81
2001....Jacquelyn Johnson, Yuma	13.88

1A GIRLS 300 METER HURDLES

2010....Taylor Maynes, Salome	49.02
2009....Taylor Maynes, Salome	49.67
2008....Jessi Rush, Joseph City	49.41
2007....Jessi Rush, Joseph City	50.19
2006....Sandy Crusa, St. Augustine	49.63
2005....Amy Sanders, Pima	52.02
2004....Amy Sanders, Pima	51.47
2003....Bonnie Bryce, Pima	50.64
2002....Amanda Young, St. David	50.67
2001....Amanda Young, St. David	51.33

2A GIRLS 300 METER HURDLES

2010....Quinn Robertson, Valley Christian	47.16
2009....Breanna Leslie, Valley Christian	46.62
2008....Breanna Leslie, Valley Christian	46.33
2007....Breanna Leslie, Valley Christian	45.76
2006....Kim Wigboldy, Valley Christian	46.78
2005....Katie Berkey, Horizon Honors	46.62
2004....Katie Berkey, Horizon Honors	46.85
2003....Alex Robertson, Valley Christian	46.40
2002....Jaime Cluff, Scottsdale Christian	43.45
2001....Jaime Cluff, Scottsdale Christian	46.58

3A GIRLS 300 METER HURDLES

2010....Shea Grant, Estrella Foothills	44.98
2009....Marie Lupe, Alchesay	45.98
2008....Arona Spader, Snowflake	45.11
2007....Arona Spader, Snowflake	46.30
2006....Rikkilyn London, Blue Ridge	47.32
2005....Amy Showers, Camp Verde	46.57
2004....Nicole Nevitt, Queen Creek	44.44
2003....Nicole Nevitt, Queen Creek	44.98
2002....Roberta Haskie, Window Rock	45.89
2001....Roberta Haskie, Window Rock	47.24

4A GIRLS 300 METER HURDLES

2010....(4A-1) Jaide Stepter, CDO.....	44.40
2010....(4A-2) Shantelle Edwards, D. Edge.....	46.72
2009....(4A-1) Kala Stepter, CDO.....	43.64
2009....(4A-2) Annalynn Sanders, Queen C.....	46.17
2008....(4A-1) Georgeanne Moline, T-Bird.....	43.15
2008....(4A-2) Emily Rodela, Greenway.....	45.97
2007....(4A-1) Goergeanne Moline, T-Bird.....	44.82
2007....(4A-2) Rashel Stapley, Sinagua.....	45.91
2006....(4A-1) Jasmine Chaney, McClintock.....	44.82
2006....(4A-2) Hailey Buschur, Queen Creek.....	46.28
2005....Jasmine Chaney, McClintock.....	44.04
2004....Rshawnda Brown, Shadow Mt.....	45.46
2003....April Kubishta, Lake Havasu.....	45.68
2002....Amanda Andrus, Cactus.....	47.04
2001....Dareece Gibson, Independence.....	46.05

5A GIRLS 300 METER HURDLES

2010....(5A-1) Christine Clark, Tucson.....	44.58
2010....(5A-2) Sarah Geren, Horizon.....	44.61
2009....(5A-1) Christine Clark, Tucson.....	44.84
2009....(5A-2) Sarah Geren, Horizon.....	45.27
2008....(5A-1) Larissa Matthews, Chandler.....	43.42
2008....(5A-2) Joeneisha Vincent, South Mt.....	45.15
2007....(5A-1) Nicole Kittelson, Hamilton.....	44.53
2007....(5A-2) Jasmine Williams, South Mt.....	43.97
2006....(5A-1) Rebecca Nelson, Desert Vista.....	44.30
2006....(5A-2) Jasmine Williams, South Mt.....	45.43
2005....Jasmine Williams, South Mountain.....	43.93
2004....Tara Cozzetto, Desert Vista.....	43.95
2003....Tiffany McDonald, Peoria.....	44.13
2002....Rebecca Williams, Kofa.....	43.55
2001....Rebecca Williams, Kofa.....	43.71

1A GIRLS 400 METER RELAY

2010....Joy Christian.....	53.37
2009....Joy Christian.....	52.93
2008....Joseph City.....	54.05
2007....Pima.....	54.34
2006....Valley Lutheran.....	55.27
2005....Pima.....	55.22
2004....Orme.....	53.79
2003....Salome.....	55.41
2002....Salome.....	55.50
2001....St. David.....	53.86

2A GIRLS 400 METER RELAY

2010....Northwest Christian.....	51.47
2009....Chandler Valley Christian.....	51.19
2008....Chandler Valley Christian.....	50.51
2007....Chandler Valley Christian.....	51.40
2006....Benson.....	51.86
2005....Chandler Valley Christian.....	51.17
2004....Chandler Valley Christian.....	51.18
2003....St. Johns.....	50.86
2002....Chandler Valley Christian.....	50.17
2001....Chandler Valley Christian.....	50.54

3A GIRLS 400 METER RELAY

2010....Estrella Foothills.....	50.14
2009....Chino Valley.....	51.51
2008....Estrella Foothills.....	50.92
2007....Winslow.....	51.55
2006....Chandler Seton Catholic.....	51.63
2005....Winslow.....	50.63
2004....Chandler Seton Catholic.....	51.20
2003....Globe.....	51.32
2002....Payson.....	52.06
2001....Payson.....	51.24

4A GIRLS 400 METER RELAY

2010....(4A-1) Glendale Apollo.....	49.16
2010....(4A-2) Higley.....	49.21
2009....(4A-1) Glendale Apollo.....	49.16
2009....(4A-2) Raymond Kellis.....	50.07
2008....(4A-1) Glendale Apollo.....	49.00
2008....(4A-2) Raymond Kellis.....	49.53
2007....(4A-1) Glendale Apollo.....	49.98
2007....(4A-2) Tucson Palo Verde.....	50.11
2006....(4A-1) Glendale Apollo.....	49.95
2006....(4A-2) Bradshaw Mountain.....	49.94
2005....Avondale Agua Fria.....	49.21
2004....Tucson Palo Verde.....	49.41
2003....Scottsdale Chaparral.....	49.89
2002....Tucson Catalina Foothills.....	48.90
2001....Tucson Catalina Foothills.....	50.04

5A GIRLS 400 METER RELAY

2010....(5A-1) Chandler.....	46.95
2010....(5A-2) Tucson Rincon.....	48.78
2009....(5A-1) Chandler.....	47.30

2009....(5A-2) Tucson Rincon.....	49.20
2008....(5A-1) Chandler.....	47.62
2008....(5A-2) South Mountain.....	48.89
2007....(5A-1) Chandler.....	47.28
2007....(5A-2) Peoria.....	46.28
2006....(5A-1) Chandler.....	48.29
2006....(5A-2) South Mountain.....	48.62
2005....South Mountain.....	48.33
2004....Peoria.....	46.78
2003....Peoria.....	47.11
2002....Peoria.....	46.63
2001....Peoria.....	47.13

1A GIRLS 800 METER MEDLEY RELAY

2010....Joy Christian.....	1:56.80
2009....St. Augustine.....	1:59.21
2008....Tempe Prep.....	2:01.81
2007....Tempe Prep.....	1:58.81
2006....St. Augustine.....	2:02.04
2005....Tempe Prep.....	2:06.01
2004....Heber Mogollon.....	2:00.18
2003....Salome.....	2:05.82
2002....Salome.....	2:07.21
2001....St. David.....	2:07.21

2A GIRLS 1600 METER RELAY

2010....Northwest Christian.....	4:14.83
2009....Chandler Valley Christian.....	4:06.50
2008....Chandler Valley Christian.....	4:08.69
2007....Chandler Valley Christian.....	4:02.26
2006....Chandler Valley Christian.....	4:05.25
2005....Benson.....	4:06.61
2004....Chandler Valley Christian.....	4:11.14
2003....Chandler Valley Christian.....	4:09.05
2002....Chandler Valley Christian.....	4:12.66
2001....Chandler Valley Christian.....	4:14.85

3A GIRLS 1600 METER RELAY

2010....Snowflake.....	4:05.90
2009....Estrella Foothills.....	4:05.08
2008....Snowflake.....	4:07.80
2007....Snowflake.....	4:07.39
2006....Snowflake.....	4:08.12
2005....Sahuarita.....	4:05.04
2004....Queen Creek.....	4:01.95
2003....Chino Valley.....	4:07.15
2002....Queen Creek.....	4:09.59
2001....Payson.....	4:10.82

4A GIRLS 1600 METER RELAY

2010....(4A-1) Glendale Apollo.....	4:00.12
2010....(4A-2) Scottsdale Notre Dame.....	4:05.24
2009....(4A-1) Tucson Sahuarita.....	3:55.48
2009....(4A-2) Queen Creek.....	4:01.46
2008....(4A-1) Glendale Apollo.....	3:58.03
2008....(4A-2) Flagstaff.....	4:01.82
2007....(4A-1) Willow Canyon.....	3:57.99
2007....(4A-2) Queen Creek.....	4:02.46
2006....(4A-1) Tucson Catalina Foothills.....	4:01.77
2006....(4A-2) Bradshaw Mountain.....	4:06.49
2005....Tucson Catalina Foothills.....	3:59.96
2004....Tucson Rincon.....	4:02.46
2003....Lake Havasu.....	4:04.63
2002....Centennial.....	4:03.27
2001....Glendale Apollo.....	4:03.23

5A GIRLS 1600 METER RELAY

2010....(5A-1) Chandler.....	3:54.05
2010....(5A-2) Scottsdale Desert Mountain.....	3:59.98
2009....(5A-1) Chandler.....	3:54.77
2009....(5A-2) Marana Mt. View.....	4:02.61
2008....(5A-1) Chandler.....	3:53.83
2008....(5A-2) South Mountain.....	3:58.00
2007....(5A-1) Chandler.....	3:53.27
2007....(5A-2) Phoenix South Mountain.....	3:55.93
2006....(5A-1) Chandler.....	3:52.31
2006....(5A-2) Phoenix South Mountain.....	3:52.49
2005....Phoenix South Mountain.....	3:51.02
2004....Mesa Mountain View.....	3:52.55
2003....Chandler.....	3:54.22
2002....Chandler.....	3:56.72
2001....Chandler.....	3:58.86

1A GIRLS 3200 METER RELAY

2010....Joseph City.....	10:35.08
2009....Northland Prep.....	10:36.15
2008....Tempe Prep.....	10:39.04
2007....Northland Prep.....	11:20.48
2006....Tempe Prep.....	11:10.13

2A GIRLS 3200 METER RELAY

2010....Bisbee.....	10:18.33
2009....Northwest Christian.....	10:04.07
2008....Chandler Valley Christian.....	10:16.06
2007....Chandler Valley Christian.....	10:23.78
2006....Scottsdale Christian.....	10:11.43
2005....Scottsdale Christian.....	10:13.09
2004....Scottsdale Christian.....	10:16.82
2003....Morenci.....	10:19.73
2002....Chandler Valley Christian.....	10:21.44
2001....Chandler Valley Christian.....	9:55.53

3A GIRLS 3200 METER RELAY

2010....Chinle.....	10:09.52
2009....Lakeside Blue Ridge.....	9:48.61
2008....Lakeside Blue Ridge.....	9:59.52
2007....Lakeside Blue Ridge.....	10:14.25
2006....Lakeside Blue Ridge.....	10:02.03
2005....Chandler Seton Catholic.....	10:09.94
2004....Chandler Seton Catholic.....	9:56.32
2003....Round Valley.....	9:38.11
2002....Payson.....	9:50.91
2001....Payson.....	9:57.66

4A GIRLS 3200 METER RELAY

2010....(4A-1) Tucson Sahuarita.....	9:53.43
2010....(4A-2) Notre Dame Prep.....	9:48.42
2009....(4A-1) Cactus Shadows.....	9:46.83
2009....(4A-2) Greenway.....	9:53.80
2008....(4A-1) Glendale Cactus.....	9:34.35
2008....(4A-2) Queen Creek.....	9:41.50
2007....(4A-1) Glendale Cactus.....	9:36.66
2007....(4A-2) Queen Creek.....	9:47.98
2006....(4A-1) Catalina.....	9:47.71
2006....(4A-2) Rio Rico.....	9:59.97
2005....Tucson Catalina Foothills.....	9:45.84
2004....Flagstaff.....	9:48.48
2003....Flagstaff.....	9:34.32
2002....Flagstaff.....	9:48.60
2001....Flagstaff.....	9:46.84

5A GIRLS 3200 METER RELAY

2010....(5A-1) Phoenix Xavier Prep.....	9:20.53
2010....(5A-2) Marana Mt. View.....	9:41.78
2009....(5A-1) Phoenix Xavier Prep.....	9:27.79
2009....(5A-2) Marana Mt. View.....	9:49.27
2008....(5A-1) Phoenix Xavier Prep.....	9:32.67
2008....(5A-2) Tempe Marcos de Niza.....	9:43.69
2007....(5A-1) Chandler.....	9:29.48
2007....(5A-2) Sandra Day O'Connor.....	9:45.70
2006....(5A-1) Phoenix Xavier.....	9:21.53
2006....(5A-2) Phoenix South Mountain.....	9:45.17
2005....Phoenix Xavier.....	9:27.00
2004....Chandler.....	9:29.95
2003....Chandler.....	9:34.40
2002....Phoenix Xavier.....	9:20.15
2001....Tempe Desert Vista.....	9:21.91

1A GIRLS SHOT PUT

2010....Danine Smith, Valley Lutheran.....	32-2 3/4
2009....Danine Smith, Valley Lutheran.....	32-5 1/2
2008....Danine Smith, Valley Lutheran.....	30-2
2007....ShaSha Jackson, Seligman.....	29-8 3/4
2006....Ashlee Smith, Seligman.....	35-7
2005....Ashlee Smith, Seligman.....	32-7 1/4
2004....Ashlee Smith, Seligman.....	34-2
2003....Jade Valenzuela, Ajo.....	34-11
2002....Jade Valenzuela, Ajo.....	33-1
2001....Audra Sipes, San Simon.....	31-5

2A GIRLS SHOT PUT

2010....A'Jha Edwards, Tombstone.....	38-0
2009....Ashley Klump, Willcox.....	36-1 1/2
2008....Ashley Klump, Willcox.....	35-8
2007....Kori Westfall, Benson.....	36-0
2006....Michelle Baltimore, Yuma Catholic.....	36-1 1/2
2005....Alicia Moreno, Yuma Catholic.....	37-6 1/2
2004....LeeAnn Greenwade, St. Johns.....	36-8
2003....Katie Barrera, Benson.....	38-11
2002....Katie Barrera, Benson.....	35-10 3/4
2001....Rebecca Drake, Bisbee.....	35-3 3/4

3A GIRLS SHOT PUT

2010....Nneeka Lankster, Santa Cruz.....	34-6 1/2
2009....Kayla Morgan, Payson.....	35-8 3/4
2008....Kali Gajewski, Sedona Red Rock.....	35-4 3/4
2007....Deezbaa Whaley, Monument Valley.....	38-7 1/2
2006....Deezbaa Whaley, Monument Valley.....	37-4 1/2
2005....Sarah Griffin, Estrella Foothills.....	37-7 3/4
2004....Michelle Amete, Queen Creek.....	40-5 3/4
2003....Michelle Amete, Queen Creek.....	38-8 3/4

2002....Michelle Amete, Queen Creek.....	37-9
2001....Ebony Rutledge, Coolidge.....	37-0 1/2

4A GIRLS SHOT PUT

2010....(4A-1) Haley Lowrance, S'slope.....	37-4 3/4
2010....(4A-2) Chelsea Phillips, Cactus.....	37-0 3/4
2009....(4A-1) Haley Lowrance, Sunnyslope.....	34-7
2009....(4A-2) Quancie Wright, R. Kellis.....	37-5
2008....(4A-1) Latifah Felton, Peoria.....	37-2
2008....(4A-2) Ryan Cunningham, R. Kellis.....	40-8
2007....(4A-1) Sophie Guerrero, Cactus.....	38-6
2007....(4A-2) Marika Lemmons, Notre Dame.....	35-4
2006....(4A-1) Kandi Sims, Agua Fria.....	38-5
2006....(4A-2) Natasia Milladage, D. View.....	38-5 1/4
2005....C.J. Navarro, Desert Ridge.....	38-3 1/2
2004....Sarah Gast, Flagstaff.....	39-0 1/4
2003....Marisa Johnson, Sunrise Mountain.....	40-7
2002....Melisa Laborin, Douglas.....	40-0
2001....Jennifer McCullough, Greenway.....	42-0 1/2

5A GIRLS SHOT PUT

2010....(5A-1) Hannah Carson, Chandler.....	44-7 3/4
2010....(5A-2) Amanda Colin, Deer Valley.....	37-4 1/4
2009....(5A-1) Omatayo Talabi, Chandler.....	41-6 3/4
2009....(5A-2) Leigha Graziano, Deer V.....	38-10
2008....(5A-1) Hannah Carson, Dobson.....	41-10 1/2
2008....(5A-2) Leigha Graziano, Deer V.....	38-9 1/4
2007....(5A-1) Alisha Asijie, Red Mountain.....	39-7 1/4
2007....(5A-2) CJ Navarro, Desert Ridge.....	39-9 1/2
2006....(5A-1) Meagan Berg, Desert Vista.....	38-11 1/2
2006....(5A-2) CJ Navarro, Desert Ridge.....	41-9
2005....Kelsey Jessup, Flowing Wells.....	39-10
2004....Cori Tarzwell, Mt. View.....	39-6
2003....Janine Sandell, Deer Valley.....	41-10 1/4
2002....Toni Kee, Trevor Browne.....	39-5 1/2
2001....Melissa Metcalfe, Highland.....	39-1 1/2

1A GIRLS DISCUS

2010....Hayley Smith, Seligman.....	106-06
2009....Shayla Hancock, Pima.....	99-6
2008....Liberty Brittain, Tempe Prep.....	102-4
2007....ShaSha Jackson, Seligman.....	94-6
2006....Ashlee Smith, Seligman.....	118-2
2005....Ashlee Smith, Seligman.....	124-9
2004....Brenda Dozier, San Simon.....	104-3 1/2
2003....Brenda Dozier, San Simon.....	103-10
2002....Patty Johnson, San Simon.....	100-3
2001....Patty Johnson, San Simon.....	95-6

2A GIRLS DISCUS

2010....Shayla Hancock, Pima.....	97-1
2009....Ashley Klump, Willcox.....	120-10
2008....Ashley Klump, Willcox.....	123-10
2007....Kori Westfall, Benson.....	119-8
2006....Kate Shaheen, Horizon Honors.....	130-1
2005....Michelle Baltimore, Yuma Catholic.....	125-7
2004....Katie Barrera, Benson.....	121-4
2003....Katie Barrera, Benson.....	119-7
2002....Rebecca Drake, Bisbee.....	120-8
2001....Rebecca Drake, Bisbee.....	123-8

3A GIRLS DISCUS

2010....Stella Tarango, Globe.....	116-0
2009....Annate Hopkins, Safford.....	104-11
2008....Alexandra Stricklin, Fountain Hills.....	109-0
2007....Deezbaa Whaley, Monument Valley.....	138-9
2006....Deezbaa Whaley, Monument Valley.....	136-3
2005....Shelby Bennett, Round Valley.....	127-5
2004....Michelle Amete, Queen Creek.....	129-10
2003....Michelle Amete, Queen Creek.....	122-8
2002....Michelle Amete, Queen Creek.....	121-10
2001....Jackie Foster, Winslow.....	121-2

4A GIRLS DISCUS

2010....(4A-1) Alkyri Wellington, CDO.....	115-8
2010....(4A-2) Latasia Franklin, Desert Edge.....	115-10
2009....(4A-1) Alexus Dale, Apollo.....	126-7
2009....(4A-2) Heather Ogden, Buckeye.....	111-4
2008....(4A-1) Eshaunna Robinson, FW.....	126-1
2008....(4A-2) Kennis Kirkpatrick, Buckeye.....	134-7
2007....(4A-1) Kristin Honaker, Pinnacle.....	110-11
2007....(4A-2) Courtney Adolph, Queen Creek.....	119-7
2006....(4A-1) Danielle Wetten, Prescott.....	110-2
2006....(4A-2) Natasha Milladage, Desert View.....	127-6
2005....C.J. Navarro, Desert Ridge.....	135-1
2004....Sarah Gast, Flagstaff.....	142-11
2003....Sarah Gast, Flagstaff.....	120-6
2002....Sarah Gast, Flagstaff.....	124-0
2001....Dana Posey, Independence.....	135-1

5A GIRLS DISCUS

2010....(5A-1) Hannah Carson, Chandler.....	140-2
2010....(5A-2) Cami Barbera, Ironwood R.....	112-1
2009....(5A-1) Briana Viafale, Corona del Sol.....	125-4
2009....(5A-2) Leigha Graziano, Deer Valley.....	134-6
2008....(5A-1) Hannah Carson, Dobson.....	125-7
2008....(5A-2) Arisha Blevins, South Mountain.....	140-5
2007....(5A-1) Samia Stokes, Corona del Sol.....	143-5
2007....(5A-2) Kelsey Klein, Ironwood.....	140-3
2006....(5A-1) Meagan Berg, Desert Vista.....	142-1
2006....(5A-2) CJ Navarro, Desert Ridge.....	136-7
2005....Meagan Berg, Desert Vista.....	143-7
2004....Andrea Martinez, Tolleson.....	134-7
2003....Janine Sandell, Deer Valley.....	138-11
2002....Toni Kee, Trevor Browne.....	129-1
2001....Krystal Poleon, Mountain Pointe.....	133-7

1A GIRLS HIGH JUMP

2010....Maya Holzman, Green Fields.....	5-1
2009....Monique Streit, Grand Canyon.....	5-0
2008....Robyn Robledo, Tempe Prep.....	4-8
2007....Carly Slade, Mogollon.....	5-0
2006....Carly Slade, Mogollon.....	4-8
2005....Brooke Gibson, St. David.....	4-10
2004....Jessica Purinton, Mogollon.....	4-10
2003....Lindsay Miller, Joseph City.....	4-8
2002....Lindsay Miller, Joseph City.....	4-6
2001....Siera Bundy, Fredonia.....	4-8

2A GIRLS HIGH JUMP

2010....Rachel Orr, Thatcher.....	5-7
2009....Rachel Orr, Thatcher.....	5-4
2008....Rachel Orr, Thatcher.....	5-2
2007....Kresta Rogers, Morenci.....	5-4
2006....Ashley Aitken, Yuma Catholic.....	5-4
2005....Kresta Rogers, Morenci.....	5-4
2004....Ashley Aitken, Yuma Catholic.....	5-0
2003....Daniel Udall, Thatcher.....	5-0
2002....Jeannie Leavitt, Antelope.....	5-1
2001....Jamie Wright, Morenci.....	5-0

3A GIRLS HIGH JUMP

2010....Maddie Nossek, Payson.....	5-3
2009....Maddie Nossek, Payson.....	5-1
2008....Arona Spader, Snowflake.....	5-0
2007....Arona Spader, Snowflake.....	5-2
2006....Rachel Papa, Snowflake.....	5-2
2005....Caitlin Skaarer, Willcox.....	5-4
2004....Kathrine Ashley, Fountain Hills.....	5-0
2003....Kiare Caldwell, Snowflake.....	5-0
2002....Kailee Ferguson, Safford.....	4-10
2001....Indie Valley, Show Low.....	5-3

4A GIRLS HIGH JUMP

2010....(4A-1) Shakayla McEaddy, C. Foothills.....	5-4
2010....(4A-2) Kinsey Minter, Cactus.....	5-4
2009....(4A-1) Shakayla McEaddy, C. Foothills.....	5-4
2009....(4A-2) Chantell Johnson, Desert Edge.....	5-4
2008....(4A-1) Gabrielle Siltanen, Chaparral.....	5-3
2008....(4A-2) Taylor Stapley, Sinagua.....	5-2
2007....(4A-1) Vanessa Nagy, Prescott.....	5-4
2007....(4A-2) Kelsey Wood, Higley.....	5-6
2006....(4A-1) Mallory Drain, Ironwood Ridge.....	5-4
2006....(4A-2) Kelsey Wood, Higley.....	5-4
2005....Linda Ubah, Agua Fria.....	5-6
2004....Mallory Drain, Ironwood Ridge.....	5-4
2003....Katherine Allen, Cactus.....	5-2
2002....Liz Levardo, Sunrise Mountain.....	5-2
2001....Courtney Kelner, Saguaro.....	5-2

5A GIRLS HIGH JUMP

2010....(5A-1) Cadija Harris, Chandler.....	5-5
2010....(5A-2) Lauren Laszczak, Ironwood R.....	5-1
2009....(5A-1) Sierra Meyer, Gilbert.....	5-6
2009....(5A-2) Lauren Laszczak, Ironwood R.....	5-2
2008....(5A-1) Sierra Meyer, Gilbert.....	5-5
2008....(5A-2) Lauren Laszczak, Ironwood R.....	5-3
2007....(5A-1) Courtney Hayes, Dobson.....	5-6
2007....(5A-2) Eunice Makinde, Shadow Mt.....	5-3
2006....(5A-1) Whitney Dosty, Salpointe.....	5-9
2006....(5A-2) Kelsy Klein, Ironwood.....	5-4
2005....Alissa Ingallina, Hamilton.....	5-5
2004....Leah Neff, Mountain Ridge.....	5-4
2003....Jacquelyn Johnson, Yuma.....	6-0
2002....Jacquelyn Johnson, Yuma.....	5-10
2001....Jacquelyn Johnson, Yuma.....	5-8

1A GIRLS LONG JUMP

2010....Hope Redhawk, Valley Union.....	15-5 1/4
2009....Sarah Prokop, Tempe Prep.....	16-4 1/2
2008....Robyn Robledo, Tempe Prep.....	15-7 1/2

2007....Robyn Robledo, Tempe Prep.....	16-0 3/4
2006....Ashleigh Gaylor, Tempe Prep.....	14-5
2005....Ginger Williams, Mogollon.....	16-2 1/2
2004....Siera Bundy, Fredonia.....	16-9
2003....Alayna Heaton, Fredonia.....	15-7
2002....Audra Smith, Pima.....	16-7
2001....Candace Mayberry, St. David.....	15-7

2A GIRLS LONG JUMP

2010....Courtney Samudio, NW Christian.....	17-1 1/2
2009....Shanel Smith, Valley Christian.....	17-7 3/4
2008....Shanel Smith, Valley Christian.....	18-9 1/2
2007....Shamesha Smith, Valley Chr.....	18-3
2006....Shamesha Smith, Valley Chr.....	17-3 1/2
2005....Shamesha Smith, Valley Chr.....	17-1
2004....Shamesha Smith, Valley Chr.....	17-10 3/4
2003....Jacque Trickey, St. Johns.....	17-6 3/4
2002....Jaime Cluff, SCA.....	17-9 1/2
2001....Jaime Cluff, SCA.....	16-8 1/2

3A GIRLS LONG JUMP

2010....Maddie Nossek, Payson.....	17-2 1/2
2009....Ciera Holston, Safford.....	16-8
2008....Hannah Mosely, Sedona Red Rock.....	16-5
2007....Maddie Nossek, Payson.....	16-8
2006....Hannah Sadler, Fountain Hills.....	16-2
2005....Stephanie Garnett, Winslow.....	19-4 3/4
2004....Kathrine Ashley, Fountain Hills.....	16-0 3/4
2003....Stephanie Garnett, Winslow.....	19-6 1/4
2002....Stephanie Garnett, Winslow.....	18-0
2001....Rheanna Martinez, Payson.....	18-1

4A GIRLS LONG JUMP

2010....(4A-1) Brianna Rodriguez, Sahuaro.....	18-8
2010....(4A-2) Amanda Stricker, Flagstaff.....	17-3
2009....(4A-1) Jaquisha Hickman, Agua F.....	17-11
2009....(4A-2) Amber Yingling, R. Kellis.....	18-2 1/2
2008....(4A-1) Kelly Dallman, Cactus.....	16-2 1/2
2008....(4A-2) Amber Yingling, R. Kellis.....	18-4 3/4
2007....(4A-1) Amber Yingling, R. Kellis.....	18-3
2007....(4A-2) Rashel Stapley, Sinagua.....	16-7 1/4
2006....(4A-1) Angelyn Avery, Millennium.....	17-5 1/2
2006....(4A-2) Shanell Wilson, Palo Verde.....	16-10
2005....Meaghan Ryan, Lake Havasu.....	17-11 3/4
2004....Maddie Sparks, Prescott.....	17-4
2003....Ashley Hintz, Sunrise Mountain.....	17-7 1/4
2002....Crystal Harden, Palo Verde.....	17-5
2001....Stephanie Hartz, Saguaro.....	17-5 1/2

5A GIRLS LONG JUMP

2010....(5A-1) Jasmine Todd, Chandler.....	19-11
2010....(5A-2) Shantella McCoy, MDN.....	17-11 1/4
2009....(5A-1) Samantha Collins, W'wood.....	18-8 3/4
2009....(5A-2) Tamara Pritgett, Rincon.....	17-8 1/2
2008....(5A-1) Micsha Carson, Chandler.....	18-11
2008....(5A-2) Brianna Kee, Sunrise Mt.....	17-4 3/4
2007....(5A-1) Samantha Collins, Westwood.....	19-0
2007....(5A-2) Sarah Reaves, Ironwood.....	17-8
2006....(5A-1) Amanda Duarte, Mt. Ridge.....	18-3 3/4
2006....(5A-2) Sarah Reaves, Ironwood.....	17-9
2005....JennaBree Tollestrup, Cibola.....	18-6
2004....JennaBree Tollestrup, Cibola.....	17-9 1/2
2003....Jacquelyn Johnson, Yuma.....	19-9 1/2
2002....Jacquelyn Johnson, Yuma.....	18-11 3/4
2001....Jacquelyn Johnson, Yuma.....	18-2 1/2

1A GIRLS TRIPLE JUMP

2010....Kathryn Clauss, Valley Lutheran.....	32-0
2009....Robyn Robledo, Tempe Prep.....	34-8 3/4
2008....Robyn Robledo, Tempe Prep.....	33-9 1/2
2007....Katie Crandall, Mogollon.....	31-0
2006....Lizzy Tobin, Grand Canyon.....	32-2 1/4
2005....Ginger Williams, Mogollon.....	33-10

2A GIRLS TRIPLE JUMP

2010....Courtney Samudio, NW Christian.....	34-10 1/4
2009....Courtney Samudio, NW Christian.....	34-5 1/2
2008....Courtney Samudio, NW Christian.....	34-10 1/4
2007....Shamesha Smith, Valley Christian.....	36-4
2006....Shamesha Smith, Valley Christian.....	35-10
2005....Shamesha Smith, Valley Christian.....	35-1 1/2
2004....Shamesha Smith, Valley Christian.....	35-10
2003....Keyoshia Ray, Tombstone.....	34-8
2002....Jaime Cluff, SCA.....	36-5 3/4
2001....Jaime Cluff, SCA.....	36-4 3/4

3A GIRLS TRIPLE JUMP

2010....Maurisa Jones, Estrella Foothills.....	33-9 1/4
2009....Marie Lupe, Alchesay.....	34-11 1/2
2008....Marie Lupe, Alchesay.....	35-3
2007....Hannah Sadler, Fountain Hills.....	35-10 1/2

2006....Shawnee Favela, Estrella Foothills	34-4
2005....Stephanie Garnett, Winslow	34-5 1/2
2004....Rachel Papa, Snowflake.....	34-3
2003....Stephanie Garnett, Winslow	36-7 1/4
2002....Stephanie Garnett, Winslow	35-4 1/2
2001....Rheanna Martinez, Payson	37-5

4A GIRLS TRIPLE JUMP

2010....(4A-1) Shakayla McEaddy, C. Foothills	36-3
2010....(4A-2) Essence Johnson, Amphi	37-2 1/2
2009....(4A-1) Kelly Dallman, Cactus	36-3
2009....(4A-2) Essence Johnson, Amphi	37-7
2008....(4A-1) Chloe Nowell, Millennium	36-1 1/2
2008....(4A-2) Brittney Fallon, Greenway	36-0 1/2
2007....(4A-1) Kelly Dallman, Cactus	36-5 3/4
2007....(4A-2) Gabby Mantley, Tempe	36-1 1/4
2006....(4A-1) Jaime Minor, Canyon del Oro	38-5
2006....(4A-2) Jocelyn West, Mohave.....	34-2
2005....Audrey Barbera, Ironwood Ridge	34-9 1/2
2004....Ashley West, Shadow Mountain	37-10 1/4
2003....Joanna Chung, Chaparral	37-11
2002....Crystal Harden, Palo Verde	39-2
2001....Nina Henson, Sahuaro	37-10 1/2

5A GIRLS TRIPLE JUMP

2010....(5A-1) Jasmine Todd, Chandler	39-3 1/4
2010....(5A-2) Courtney Brown, D. Valley	37-2 1/2
2009....(5A-1) Jasmine Todd, Chandler	37-11
2009....(5A-2) Brianne Kee, Sunrise Mt	35-1 3/4
2008....(5A-1) Micsha Carson, Chandler	38-0 1/2
2008....(5A-2) Amie Kilgore, Rincon	35-0
2007....(5A-1) Micsha Carson, Chandler	36-10 1/2
2007....(5A-2) Paula Hart, Skyline	37-5 1/2
2006....(5A-1) Micsha Carson, Chandler	37-0 3/4
2006....(5A-2) Paula Hart, Skyline	36-10 1/2
2005....Jaime Minor, Canyon del Oro	38-2 1/2
2004....JennaBree Tollestrup, Cibola	38-1
2003....Jacquelyn Johnson, Yuma	40-1 1/4
2002....Nina Henson, Sahuaro	40-11
2001....Jacquelyn Johnson, Yuma	38-1

1A GIRLS POLE VAULT

2010....Chad Beguin, Veritas Prep	10-9
2009....Laurissa Beus, Pima	8-6
2008....Jessi Stiles-Culver, Pima	6-0
2007....Summer Shipley, Salome	7-6
2006....Jessica Bryce, Pima	8-6
2005....Jessica Bryce, Pima	9-3
2004....Alayna Heaton, Fredonia	8-6
2003....Alayna Heaton, Fredonia	8-3
2002....Audra Sipes, San simon	8-0
2001....Kendi Judd, St. David	9-0

2A GIRLS POLE VAULT

2010....Chandler Fraley, Valley Christian	10-3
2009....Sarah Mehan, Valley Christian	10-3
2008....Sarah Mehan, Valley Christian	10-0
2007....Katlyn Carroll, Valley Christian	10-0
2006....Jenny Woudenberg, Scottsdale Chr	10-3
2005....Kasi Sandberg, Northwest Christian	9-0
2004....Kasi Sandberg, Northwest Christian	9-6
2003....Delaineey Rockwell, SCA	11-1
2002....Delaineey Rockwell, SCA	10-6
2001....Lanna Campbell, Valley Christian	10-0

3A GIRLS POLE VAULT

2010....Amanda Wilcock, Blue Ridge	9-9
2009....Rebecca Brewer, Show Low	9-9
2008....Loretta Morris, Round Valley	10-0
2007....Shanna Coleman, Payson	9-0
2006....Rikkilynn London, Blue Ridge	10-7
2005....Angie Sandell, Seton Catholic	10-0
2004....Angie Sandell, Seton Catholic	10-2
2003....Leticia Austin, Round Valley	9-6
2002....Tata McWorthy, Queen Creek	11-0
2001....Alex Chavez, Round Valley	8-3

4A GIRLS POLE VAULT

2010....(4A-1) Ashley Groves, Cienega	11-0
2010....(4A-2) Leslie Kindade, Mingus	10-6
2009....(4A-1) Liz Portanova, Chaparral	10-9
2009....(4A-2) Lauren Gale, Higley	11-4
2008....(4A-1) Liz Portanova, Chaparral	10-0
2008....(4A-2) Amber Yingling, R. Kellis	10-0
2007....(4A-1) Molly Clancy, Canyon Del Oro	11-0
2007....(4A-2) Amy Boyer, Washington	10-6
2006....(4A-1) Caitlin Clancy, Canyon Del Oro	12-0
2006....(4A-2) Jessica Bowman, Queen Creek	10-0
2005....Nancy Piazza, Centennial	10-6
2004....Camieau Galligan, Moon Valley	10-3
2003....April Kubishta, Lake Havasu	12-0

2002....April Kubishta, Lake Havasu	12-7
2001....Erin Anderson, Marana Mt. View	11-6

5A GIRLS POLE VAULT

2010....(5A-1) Shaylan Simpson, D. Vista	12-6
2010....(5A-2) Liz Portanova, Chaparral	12-0
2009....(5A-1) Shaylah Simpson, D. Vista	12-9 3/4
2009....(5A-2) Sarah Hedberg, North	11-6
2008....(5A-1) Cara Carpenter, Mesa Mt. View	12-9
2008....(5A-2) Lindsay McKinney, Sunrise Mt	11-9
2007....(5A-1) Cara Carpenter, Mesa Mt. View	12-0
2007....(5A-2) Lindsay McKinney, Sunrise Mt	10-9
2006....(5A-1) Jaci Perryman, Desert Vista	12-6
2006....(5A-2) Lauren Cruzan, Sunrise Mt	11-0
2005....Jaci Perryman, Desert Vista	12-3
2004....Katie Morgan, Corona del Sol	12-0
2003....Katie Morgan, Corona del Sol	12-3
2002....Katie Morgan, Corona del sol	11-6
2001....Whitney Schauer, Corona del Sol	11-1

1A BOYS 100 METERS

2010....Theo Turner, Orme	11.55
2009....Rocky Brittain, Tempe Prep	11.44
2008....Michael Begley, Tempe Prep	11.84
2007....Jai Brewster, Canyon State	11.45
2006....Justin Kremer, Grand Canyon	10.81
2005....Justin Kremer, Grand Canyon	11.02
2004....Justin Kremer, Grand Canyon	11.50
2003....Eric Johnson, Life School	11.69
2002....Jake Hill, Pima	11.62
2001....Brent Trejo, St. David	11.57

2A BOYS 100 METERS

2010....Rocky Brittain, Tempe Prep	11.12
2009....Matt Holtfrerich, Northwest Christian	10.92
2008....Bobby Priest, Northwest Christian	11.11
2007....Bobby Priest, Northwest Christian	11.12
2006....Kyle Johnson, Ray	11.42
2005....Kyle Cruz, Northwest Christian	11.17
2004....Jimmy Arollo, Bourgade	11.08
2003....Leon Johnson, Thatcher	11.07
2002....Willie Blair, Morenci	11.03
2001....Quinton McCoy, VC	10.53 (w.a.)

3A BOYS 100 METERS

2010....Kevin Cox, Sedona Red Rock	11.04
2009....Matt Reidhead, Snowflake	11.02
2008....Patrick Cann, Santa Cruz	11.07
2007....Matt Reidhead, Snowflake	11.29
2006....Todd Kreimeyer, Payson	11.20
2005....Kyle Kartchner, Snowflake	11.29
2004....Andrew Papa, Snowflake	11.02
2003....Andrew Papa, Snowflake	11.37
2002....Anthony Carter, Winslow	11.19
2001....Kade Good, Safford	11.08

4A BOYS 100 METERS

2010....(4A-1) Breyen Miller, Agua Fria	11.10
2010....(4A-2) Zion Harvey, Amphi	11.09
2009....(4A-1) Jamal Miles, Peoria	10.92
2009....(4A-2) Patrick Foley, Notre Dame	10.83
2008....(4A-1) Jamal Miles, Peoria	11.05
2008....(4A-2) Stefan Johnson, Cortez	11.13
2007....(4A-1) Prince Amukamara, Apollo	10.78
2007....(4A-2) Patrick Foley, Notre Dame	10.99
2006....(4A-1) John Arrington, Moon Valley	10.86
2006....(4A-2) Ronnie Whitehead, Flagstaff	10.91
2005....Joe Bagby, McClintock	11.03
2004....Bryan Haynes, Centennial	10.64
2003....Bryan Haynes, Centennial	10.81
2002....Andrew Bailey, McClintock	11.03
2001....Nick Chandler, Tolleson	10.83

5A BOYS 100 METERS

2010....(5A-1) Ryan Wheeler, Casa Grande	10.84
2010....(5A-2) Trae Armstrong, Deer Valley	10.76
2009....(5A-1) Ryan Milus, Hamilton	10.39
2009....(5A-2) Isaiah Underwood, Ironwood	10.73
2008....(5A-1) Ryan Milus, Hamilton	10.56
2008....(5A-2) Dmitri Holman, Centennial	11.07
2007....(5A-1) Allante Battle, Desert Vista	10.64
2007....(5A-2) Anthony Tarkington, Tolleson	10.64
2006....(5A-1) Dontay Moch, Hamilton	10.78
2006....(5A-2) Travis Simpson, Peoria	11.02
2005....Keegan Herring, Peoria	10.64
2004....Sherrod Austin, North Canyon	10.80
2003....Steve Koehnemann, Corona del Sol	10.54
2002....P.J. Kinsale, Mountain Pointe	10.87
2001....Jason Shivers, South Mountain	10.67

1A BOYS 200 METERS

2010....Theo Turner, Orme	23.21
2009....Rocky Brittain, Tempe Prep	23.06
2008....Michael Begley, Tempe Prep	23.66
2007....Jai Brewster, Canyon State	23.51
2006....Justin Kremmer, Grand Canyon	22.12
2005....Justin Kremmer, Grand Canyon	22.87
2004....Justin Kremmer, Grand Canyon	23.53
2003....Stratton Solomon, Joseph City	23.15
2002....Stratton Solomon, Joseph City	23.63
2001....Brent Trejo, St. David	23.58

2A BOYS 200 METERS

2010....Ray Holguin, Morenci	22.35
2009....Matt Holtfrerich, NW Christian	21.64
2008....Matt Holtfrerich, NW Christian	22.00
2007....George Leftrich, Tonopah Valley	22.69
2006....Antoine Thomas, Tombstone	22.12
2005....Antoine Thomas, Tombstone	22.71
2004....Antoine Thomas, Tombstone	22.63
2003....Dwayne Thomas, Tombstone	22.43
2002....Joe Thomas, Tombstone	22.18
2001....Quinton McCoy, Valley christian	21.61

3A BOYS 200 METERS

2010....Kevin Cox, Sedona Red Rock	22.55
2009....Harrison Ware, Empire	22.55
2008....Patrick Cann, Santa Cruz	21.93
2007....Matt Reidhead, Snowflake	22.81
2006....Todd Kreimeyer, Payson	22.68
2005....Robbie Kerback, Rio Rico	22.64
2004....Andrew Papa, Snowflake	22.64
2003....Andrew Papa, Snowflake	22.74
2002....Shawn Kaupal, Sedona Red Rock	22.88
2001....Kade Good, Safford	22.92

4A BOYS 200 METERS

2010....(4A-1) Breyen Miller, Agua Fria	22.29
2010....(4A-2) Cameron Rowe, Washington	21.83
2009....(4A-1) Jamal Miles, Peoria	21.68
2009....(4A-2) Patrick Foley, Notre Dame	21.75
2008....(4A-1) Jamal Miles, Peoria	21.75
2008....(4A-2) Stefan Johnson, Cortez	21.82
2007....(4A-1) Prince Amukamara, Apollo	21.92
2007....(4A-2) Stefan Johnson, Cortez	22.16
2006....(4A-1) Isaiah Smart, Moon Valley	22.05
2006....(4A-2) Ronnie Whitehead, Flagstaff	22.21
2005....Brendan Butler, Buckeye	22.14
2004....Mike Young, Coconino	21.75
2003....Bryan Haynes, Centennial	21.37
2002....Randy Hill, McClintock	22.15
2001....Chris Ravens, Palo Verde	22.17

5A BOYS 200 METERS

2010....(5A-1) Ryan Wheeler, Casa Grande	21.63
2010....(5A-2) Trae Armstrong, Deer Valley	21.59
2009....(5A-1) Ryan Milus, Hamilton	21.13
2009....(5A-2) Charles James, Valley Vista	21.60
2008....(5A-1) Giorgio Giurdanella, Mt. Ridge	21.39
2008....(5A-2) Chris Jamison, Desert Ridge	22.36
2007....(5A-1) Allante Battle, Desert Vista	21.33
2007....(5A-2) Jamal Miles, Peoria	21.66
2006....(5A-1) Jim Burnett, Chandler	21.62
2006....(5A-2) Travis Simpson, Peoria	21.87
2005....Dontay Moch, Hamilton	21.84
2004....Jeremy Tucker, Hamilton	21.49
2003....Keegan Herring, Trevor Browne	21.71
2002....P.J. Kinsale, Mountain Pointe	21.90
2001....Jason Shivers, South Mountain	21.57

1A BOYS 400 METERS

2010....Em Martinez-White, St. Augustine	52.49
2009....Justin Tackett, Veritas Prep	51.05
2008....Elliot Godzich, Veritas Prep	51.29
2007....George Jones, Canyon State	52.70
2006....Justin Kremer, Grand Canyon	47.91
2005....Justin Kremer, Grand Canyon	49.99
2004....Justin Kremer, Grand Canyon	52.65
2003....Stratton Solomon, Joseph City	50.70
2002....Stratton Solomon, Joseph City	52.04
2001....Stratton Solomon, Joseph City	51.80

2A BOYS 400 METERS

2010....Prest VanHofwegen, Phx Christian	51.21
2009....George Leftrich-Fuller, Ton. Valley	50.87
2008....George Jones, Canyon State	49.36
2007....Corey Botma, Valley Christian	49.65
2006....Antoine Thomas, Tombstone	50.30
2005....Mark Robinson, Phoenix Christian	51.29
2004....Jimmy Arollo, Bourgade Catholic	50.99
2003....Jimmy Arollo, Bourgade Catholic	49.81

2002....Joe Thomas, Tombstone.....	50.51
2001....Mike Estrella, Benson.....	50.18

3A BOYS 400 METERS

2010....Cody Bell, Show Low.....	50.00
2009....Justin Butler, Show Low.....	49.65
2008....Derek Vriezelaar, Safford.....	50.00
2007....Darren Trainer, Blue Ridge.....	50.25
2006....Darren Trainer, Blue Ridge.....	50.44
2005....Robbie Kerback, Rio Rico.....	49.58
2004....Michael McHugh, Safford.....	50.41
2003....Luis Adame, Rio Rico.....	50.60
2002....Ryan Morgan, Fountain Hills.....	50.74
2001....Lavon Salabye, Ganado.....	50.32

4A BOYS 400 METERS

2010....(4A-1) Nathan Bolivar, Apollo.....	49.77
2010....(4A-2) Dylan Hambricht, Arcadia.....	48.46
2009....(4A-1) Jamal Miles, Peoria.....	48.42
2009....(4A-2) Patrick Foley, Notre Dame.....	48.85
2008....(4A-1) Jamal Miles, Peoria.....	48.56
2008....(4A-2) James Eichberger, Catalina.....	48.20
2007....(4A-1) James Eichberger, Catalina.....	49.07
2007....(4A-2) Jon Colten, Arcadia.....	50.15
2006....(4A-1) Treg Jeffrey, Moon Valley.....	48.88
2006....(4A-2) Steven Bullard, Santa Rita.....	50.68
2005....Ira Brogan, Palo Verde.....	48.58
2004....Larry Bennett, Apollo.....	48.52
2003....Robert Chozet, Nogales.....	48.29
2002....Barry Graham, Chaparral.....	48.11
2001....Chris Tellez, Desert View.....	49.48

5A BOYS 400 METERS

2010....(5A-1) JD Castille, Mesa.....	48.90
2010....(5A-2) Ronnie Sanchez, Perry.....	48.88
2009....(5A-1) Spencer Chase, Desert Vista.....	46.47
2009....(5A-2) Jay Bowser, Rincon.....	48.79
2008....(5A-1) Allante Battle, Desert Vista.....	47.12
2008....(5A-2) Josh Burt, Westview.....	49.23
2007....(5A-1) Allante Battle, Desert Vista.....	47.17
2007....(5A-2) Jamal Miles, Peoria.....	47.86
2006....(5A-1) Tyler Arnold, Highland.....	47.86
2006....(5A-2) Travis Simpson, Peoria.....	48.46
2005....Abdul Howard, South Mountain.....	48.99
2004....Cashmere O'Neal, South.....	48.20
2003....Rodney Overton, Alhambra.....	48.69
2002....P.J. Kinsale, Mountain Pointe.....	48.80
2001....P.J. Kinsale, Mountain Pointe.....	49.92

1A BOYS 800 METERS

2010....Em Martinez-White, St. Augustine.....	2:01.22
2009....Daniel Trenchard, Grand Canyon.....	2:01.40
2008....Elliot Godzich, Veritas Prep.....	2:00.36
2007....Tanner Carothers, Northland Prep.....	2:05.48
2006....Tolan Thornton, Northland Prep.....	2:02.24
2005....Tolan Thornton, Northland Prep.....	2:01.63
2004....Tolan Thornton, Northland Prep.....	2:05.64
2003....Angel Sanchez, Pima.....	2:09.37
2002....Joshua Thompson, St. Michael.....	2:09.55
2001....Stratton Solomon, Joseph City.....	2:09.37

2A BOYS 800 METERS

2010....Cody Rosengarten, Tombstone.....	1:59.55
2009....Cody Rosengarten, Tombstone.....	1:59.61
2008....Chad Baker, Hopi.....	2:00.50
2007....Corey Botma, Valley Christian.....	1:55.77
2006....Dominick Fitzpatrick, Red Mesa.....	1:58.06
2005....Corey Botma, Valley Christian.....	1:59.48
2004....D.A. Kerg, Benson.....	1:59.14
2003....Chris Frederick, SCA.....	1:58.90
2002....Eric Dall, Scottsdale Christian.....	1:55.29
2001....Alex Sanchez, Pima.....	1:57.28

3A BOYS 800 METERS

2010....Jesus Rivera, Sedona Red Rock.....	1:57.15
2009....Ryan Yazzie, Tuba City.....	1:57.91
2008....Jesus Rivera, Sedona Red Rock.....	1:57.34
2007....Carlan Pontious, Payson.....	1:57.60
2006....Romero Curley, Chinle.....	1:58.04
2005....Michael McHugh, Safford.....	1:56.46
2004....Mike Sanders, Sedona Red Rock.....	1:58.11
2003....Eric Chavez, Rio Rico.....	1:55.77
2002....Eric Chavez, Rio Rico.....	1:56.53
2001....Eric Chavez, Rio Rico.....	1:57.62

4A BOYS 800 METERS

2010....(4A-1) Sherod Hardt, Queen Creek.....	1:54.61
2010....(4A-2) Brian Shrader, Sinagua.....	1:51.54
2009....(4A-1) Alex Evans, Sabino.....	1:54.72
2009....(4A-2) Brian Shrader, Sinagua.....	1:52.89
2008....(4A-1) Alex Evans, Sabino.....	1:57.25

2008....(4A-2) James Eichberger, Catalina.....	1:53.35
2007....(4A-1) James Eichberger, Catalina.....	1:57.25
2007....(4A-2) Shane Jorgenson, Wash.....	1:54.99
2006....(4A-1) Treg Jeffrey, Moon Valley.....	1:56.47
2006....(4A-2) George Holberg, Washington.....	1:57.44
2005....Ken Cormier, Douglas.....	1:53.93
2004....Caleb Lynch, Washington.....	1:52.65
2003....Ben Clark, Prescott.....	1:52.37
2002....Caleb Lynch, Washington.....	1:54.30
2001....Ted Gast, Sahuaro.....	1:55.04

5A BOYS 800 METERS

2010....(5A-1) Julio Martinez, T. Browne.....	1:54.74
2010....(5A-2) Steve Magnuson, Ironwood R.....	1:53.70
2009....(5A-1) Chris Rudledge, C. Grande.....	1:54.06
2009....(5A-2) Lee Gundy, Marana Mt. View.....	1:56.26
2008....(5A-1) John Kline, Desert Vista.....	1:52.52
2008....(5A-2) German Jimenez, Centennial.....	1:58.93
2007....(5A-1) Matt Swift-Kramer, D. Vista.....	1:52.71
2007....(5A-2) Chris Webb, Centennial.....	1:55.92
2006....(5A-1) Jay Martinez, Tucson.....	1:56.25
2006....(5A-2) Spencer Morgan, O'Connor.....	1:55.53
2005....Reese Byerrum, Mt. Ridge.....	1:52.09
2004....Reese Byerrum, Mt. Ridge.....	1:56.17
2003....Eamon Quick, Mt. Pointe.....	1:54.69
2002....Greg Halver, Paradise Valley.....	1:52.75
2001....David Hohman, Salpointe.....	1:54.41

1A BOYS 1600 METERS

2010....Nico Montanez, St. Augustine.....	4:42.15
2009....Steven Rachocki, Tempe Prep.....	4:41.01
2008....Logan Dwyer, Northland Prep.....	4:38.42
2007....Tanner Carothers, Northland Prep.....	4:49.10
2006....Tanner Carothers, Northland Prep.....	4:40.38
2005....Alex Barnard, Northland Prep.....	4:30.33
2004....Jon Clements, Ajo.....	4:46.70
2003....Angel Sanchez, Pima.....	4:41.40
2002....Joshua Thompson, St. Michael.....	4:47.83
2001....Tony Orosco, Ash Fork.....	4:55.77

2A BOYS 1600 METERS

2010....Cody Rosengarten, Tombstone.....	4:26.77
2009....Cody Rosengarten, Tombstone.....	4:25.45
2008....Isaiah Klassen, Scottsdale Christian.....	4:22.53
2007....Cameron Liston, Valley Christian.....	4:29.79
2006....Thomas Peterson, Yuma Catholic.....	4:29.03
2005....Weston Jones, Red Mesa.....	4:29.68
2004....Matt Williams, Tombstone.....	4:29.69
2003....David Mehlhorn, Valley Christian.....	4:26.06
2002....Eric Dall, Scottsdale Christian.....	4:18.22
2001....Eric Dall, Scottsdale Christian.....	4:23.53

3A BOYS 1600 METERS

2010....Billy Orman, Tuba City.....	4:20.03
2009....Ryan Yazzie, Tuba City.....	4:20.94
2008....Ryan Yazzie, Tuba City.....	4:26.12
2007....Carlan Pontious, Payson.....	4:26.71
2006....Romero Curley, Chinle.....	4:24.18
2005....John Killian, Chino Valley.....	4:22.19
2004....Gordon Segay, Window Rock.....	4:26.69
2003....Eric Chavez, Rio Rico.....	4:23.90
2002....Eric Chavez, Rio Rico.....	4:23.56
2001....Eric Chavez, Rio Rico.....	4:28.89

4A BOYS 1600 METERS

2010....(4A-1) Sherod Hardt, Queen Creek.....	4:10.67
2010....(4A-2) Brian Shrader, Sinagua.....	4:13.48
2009....(4A-1) Alex Evans, Sabino.....	4:19.61
2009....(4A-2) Brian Shrader, Sinagua.....	4:13.01
2008....(4A-1) George Alex, Thunderbird.....	4:23.86
2008....(4A-2) Brian Shrader, Sinagua.....	4:20.04
2007....(4A-1) John Yatsko, McClintock.....	4:23.48
2007....(4A-2) Reed Blochberger, Arcadia.....	4:23.16
2006....(4A-1) Travis McCabe, Prescott.....	4:30.72
2006....(4A-2) Matti Markowski, Sinagua.....	4:29.05
2005....Ken Cormier, Douglas.....	4:15.01
2004....Joey Heller, Shadow Mountain.....	4:14.36
2003....Ben Clark, Prescott.....	4:15.20
2002....Ben Clark, Prescott.....	4:20.00
2001....Reid Ellis, Marana Mt. View.....	4:25.12

5A BOYS 1600 METERS

2010....(5A-1) Thomas Williams, Brophy.....	4:21.10
2010....(5A-2) Steve Magnuson, Ironwood R.....	4:19.82
2009....(5A-1) Jon Brown, Highland.....	4:19.56
2009....(5A-2) Steve Magnuson, Ironwood R.....	4:22.81
2008....(5A-1) D.J. Johnson, Mesa Mt. View.....	4:19.60
2008....(5A-2) Jim Walmsley, Horizon.....	4:22.51
2007....(5A-1) Nathan Mesta, Tucson.....	4:20.47
2007....(5A-2) Daniel Lovell, Boulder Creek.....	4:24.90
2006....(5A-1) Bryce Livingston, Salpointe.....	4:16.34

2006....(5A-2) James Bogner, Para. Valley.....	4:20.53
2005....Alex Mason, Brophy.....	4:22.25
2004....Charles Hampton, Brophy.....	4:18.92
2003....Justin Langdon, Mountain Ridge.....	4:17.78
2002....Aaron Aguayo, Mountain Pointe.....	4:16.51

1A BOYS 3200 METERS

2010....Nico Montanez, St. Augustine.....	10:14.93
2009....Steven Rachocki, Tempe Prep.....	10:17.89
2008....Logan Dwyer, Northland Prep.....	10:34.36
2007....Tanner Carothers, Northland Prep.....	10:11.46
2006....Tanner Carothers, Northland Prep.....	10:06.36
2005....Logan Dwyer, Northland Prep.....	10:29.57
2004....Kin Finicm, Fredonia.....	10:22.91
2003....Kin Finicm, Fredonia.....	10:31.16
2002....Jeremiah Thompson, St. Michael.....	10:39.04
2001....Tony Orozco, Ash Fork.....	11:03.49

2A BOYS 3200 METERS

2010....Cody Rosengarten, Tombstone.....	9:40.43
2009....Cody Rosengarten, Tombstone.....	9:45.59
2008....Isaiah Klassen, Scottsdale Christian.....	9:52.48
2007....Isaiah Klassen, Scottsdale Christian.....	9:54.51
2006....Thomas Peterson, Yuma Catholic.....	9:36.34
2005....Weston Jones, Red Mesa.....	9:47.08
2004....David Mehlhorn, Valley Christian.....	9:50.91
2003....Justin Prevatte, Tombstone.....	9:47.20
2002....Eric Dall, Scottsdale Christian.....	9:26.65
2001....Eric Dall, Scottsdale Christian.....	9:54.75

3A BOYS 3200 METERS

2010....Billy Orman, Tuba City.....	9:18.91
2009....Ryan Yazzie, Tuba City.....	9:28.29
2008....Larry Hermance, Chino Valley.....	9:40.29
2007....Rick Worker, Tuba City.....	9:43.77
2006....Matt Rowell, Blue Ridge.....	9:39.77
2005....John Killian, Chino Valley.....	9:32.01
2004....John Killian, Chino Valley.....	9:44.89
2003....Jonathan Harmon, Holbrook.....	9:41.75
2002....Jonathan Harmon, Holbrook.....	9:35.29
2001....Blaine Goklish, Alchesay.....	9:39.47

4A BOYS 3200 METERS

2010....(4A-1) Sherod Hardt, Queen C.....	9:26.11
2010....(4A-2) Brian Shrader, Sinagua.....	9:14.40
2009....(4A-1) Kyle Short, Cactus Shadows.....	9:42.96
2009....(4A-2) Brian Shrader, Sinagua.....	9:10.47
2008....(4A-1) George Alex, Thunderbird.....	9:46.15
2008....(4A-2) Brian Shrader, Sinagua.....	9:23.47
2007....(4A-1) John Yatsko, McClintock.....	9:36.79
2007....(4A-2) Reed Blochberger, Arcadia.....	9:31.22
2006....(4A-1) John Yatsko, McClintock.....	9:51.19
2006....(4A-2) Matti Markowski, Sinagua.....	9:31.83
2005....Ken Cormier, Douglas.....	9:03.34
2004....Ken Cormier, Douglas.....	9:21.51
2003....Ben Clark, Prescott.....	9:26.60
2002....Leif Lomeland, Page.....	9:36.63
2001....Alan Walker, Greenway.....	9:39.30

5A BOYS 3200 METERS

2010....(5A-1) Matt Whitlach, CdS.....	9:36.22
2010....(5A-2) Steve Magnuson, Ironwood R.....	9:36.66
2009....(5A-1) Jon Brown, Highland.....	9:22.30
2009....(5A-2) Steve Magnuson, Ironwood R.....	9:39.37
2008....(5A-1) Humberto Gonzalez, Chavez.....	9:25.99
2008....(5A-2) Ben Jankunas, Horizon.....	9:32.24
2007....(5A-1) Eric Harasyn, Buena.....	9:25.13
2007....(5A-2) Daniel Lovell, Boulder Creek.....	9:33.66
2006....(5A-1) Garrett Kelly, Desert Vista.....	9:32.27
2006....(5A-2) James Bogner, Para. Valley.....	9:23.25
2005....Alex Mason, Brophy.....	9:30.64
2004....Charles Hampton, Brophy.....	9:21.75
2003....Justin Langdon, Mountain Ridge.....	9:27.03
2002....Aaron Aguayo, Mountain Pointe.....	9:19.75
2001....Kevin Billington, Trevor Browne.....	9:21.41

1A BOYS 110 METER HURDLES

2010....Ruben Melgoza, Salome.....	16.37
2009....Dillon Goodman, Pima.....	15.03
2008....Dillon Goodman, Pima.....	15.37
2007....Taylor Goodman, Pima.....	15.67
2006....Taylor Goodman, Pima.....	15.12
2005....Taylor Goodman, Pima.....	16.25
2004....Taylor Goodman, Pima.....	17.28
2003....Bill Hillhouse, Salome.....	15.76
2002....Steve Conners, Pima.....	15.48
2001....Scott Moore, St. David.....	15.97

2A BOYS 110 METER HURDLES

2010....Dillon Goodman, Pima.....	14.56
2009....Sam Andresen, Valley Christian.....	15.16

2008....Gersham Sharp, Canyon State.....	15.98
2007....Dakoda John, Thatcher.....	14.77
2006....Dakoda John, Thatcher.....	15.12
2005....Luis Samaniego, Yuma Catholic.....	15.31
2004....Taylor Voss, Valley Christian.....	15.16
2003....Joe Mangum, St. Johns.....	15.63
2002....Sean Hinton, Thatcher.....	15.42
2001....Jacob Coate, Valley Christian.....(w.a.)	14.90

3A BOYS 110 METER HURDLES

2010....Jacob Rawlins, Snowflake.....	15.13
2009....Matt Boyd, Blue Ridge.....	14.55
2008....Justin Smith, Safford.....	14.71
2007....George Jones, Coolidge.....	15.32
2006....Nick Anderson, Winslow.....	15.21
2005....Kyle Karchner, Snowflake.....	14.52
2004....Chris Hutzel, Rio Rico.....	14.92
2003....Scott Mills, Snowflake.....	14.88
2002....Jarun Hutzel, Rio Rico.....	15.12
2001....Ken Halstead, Dysart.....	14.82

4A BOYS 110 METER HURDLES

2010....(4A-1) Erwin Jones, Shadow Mt.....	14.82
2010....(4A-2) Chris Correa, Santa Rita.....	14.53
2009....(4A-1) Weston Diehl, Paradise V.....	14.24
2009....(4A-2) Chris Correa, Santa Rita.....	14.33
2008....(4A-1) Cedrique Smith, Agua Fria.....	14.43
2008....(4A-2) Jared Call, Queen Creek.....	15.01
2007....(4A-1) Ty Cordova, Sabino.....	14.41
2007....(4A-2) Deandre Thomas, Desert Edge.....	14.71
2006....(4A-1) Adam Martinez, Willow Canyon.....	14.89
2006....(4A-2) Danny Childs, Page.....	15.04
2005....Chris Titsworth, Centennial.....	14.52
2004....Tyler Whittier, Pinnacle.....	14.36
2003....Tyler Whittier, Pinnacle.....	14.70
2002....Joe Johnson, Washington.....	14.61
2001....Bubba Edmonds, Moon Valley.....	14.92

5A BOYS 110 METER HURDLES

2010....(5A-1) Cameron Taylor, Westwood.....	14.13
2010....(5A-2) Tevin Blaylark, Tolleson.....	14.46
2009....(5A-1) Alec Hsu, Desert Vista.....	14.25
2009....(5A-2) Brian Akpan, Rincon.....	14.88
2008....(5A-1) Michael Woodham, Mt. Pointe.....	14.03
2008....(5A-2) Jerrell Petersen, Centennial.....	14.54
2007....(5A-1) Ray Polk, Brophy.....	13.79
2007....(5A-2) Nate Jones, Westview.....	13.78
2006....(5A-1) Ray Polk, Brophy.....	14.17
2006....(5A-2) Nathan Jones, Westview.....	14.25
2005....Kaybrin Stevenson, Chandler.....	14.31
2004....Clifton Gay, South.....	14.48
2003....Anthony Melvin, Maryvale.....	14.28
2002....Thomas Huff, Camelback.....	14.32
2001....Chris Kasik, Red Mountain.....	14.35

1A BOYS 300 METER HURDLES

2010....Stephen Solomon, Joseph City.....	41.39
2009....Dillon Goodman, Pima.....	41.52
2008....Cory Thellmann, Joseph City.....	41.57
2007....Zachery Fleming, Canyon State.....	41.91
2006....Nathan Bates, Tempe Prep.....	41.45
2005....Ryan Eck, Grand Canyon.....	42.28
2004....Nephi Bryant, Pima.....	43.56
2003....Dustin Fish, Joseph City.....	43.38
2002....Steve Connors, Pima.....	41.77
2001....Scott Moore, St. David.....	41.37

2A BOYS 300 METER HURDLES

2010....Dillon Goodman, Pima.....	38.69
2009....Sam Andresen, Valley Christian.....	39.66
2008....Gersham Sharp, Canyon State.....	41.02
2007....Dakoda John, Thatcher.....	39.59
2006....Chandler John, Thatcher.....	39.66
2005....Chandler John, Thatcher.....	40.69
2004....Shawn Smith, Valley Christian.....	39.22
2003....Shawn Smith, Valley Christian.....	39.48
2002....Sean Hinton, Thatcher.....	39.75
2001....Jacob Coate, Valley Christian.....	41.67

3A BOYS 300 METER HURDLES

2010....Dustin Iles, Payson.....	38.64
2009....Matt Boyd, Blue Ridge.....	38.56
2008....Matt Boyd, Blue Ridge.....	38.75
2007....George Jones, Coolidge.....	39.94
2006....Sirel McRae, Safford.....	39.28
2005....Kyle Karchner, Snowflake.....	39.09
2004....Chris Hutzel, Rio Rico.....	38.62
2003....Chris Hutzel, Rio Rico.....	38.72
2002....Mark Lemieux, Queen Creek.....	40.15
2001....Kenny Halstead, Dysart.....	40.63

4A BOYS 300 METER HURDLES

2010....(4A-1) Erwin Jones, Shadow Mt.....	39.09
2010....(4A-2) Michael Thomas, Desert Edge.....	39.86
2009....(4A-1) Weston Diehl, Paradise V.....	38.42
2009....(4A-2) Markus Robertson, Cortez.....	38.93
2008....(4A-1) Cedrique Smith, Agua Fria.....	38.25
2008....(4A-2) Deandre Thomas, Desert Edge.....	38.82
2007....(4A-1) Ty Cordova, Sabino.....	38.69
2007....(4A-2) Deandre Thomas, Desert Edge.....	38.72
2006....(4A-1) Ty Cordova, Sabino.....	38.40
2006....(4A-2) Danny Childs, Page.....	39.65
2005....Chris Titsworth, Centennial.....	38.14
2004....Aaron Tachine, Chinle.....	38.74
2003....Mike Bale, Catalina Foothills.....	39.40
2002....Donte Gilmore, Tolleson.....	38.68
2001....Mike Bell, Tolleson.....	38.52

5A BOYS 300 METER HURDLES

2010....(5A-1) Harry Danilevics, Brophy.....	37.24
2010....(5A-2) Tevin Blaylark, Tolleson.....	38.95
2009....(5A-1) Michael Ingrassia, D. Vista.....	37.98
2009....(5A-2) Brian Akpan, Rincon.....	38.66
2008....(5A-1) Chirs Ingrassia, Desert Vista.....	38.28
2008....(5A-2) Bryce Cooper, Deer Valley.....	37.96
2007....(5A-1) Ray Polk, Brophy.....	37.38
2007....(5A-2) Nate Jones, Westview.....	38.64
2006....(5A-1) Cyland Simmons, Westwood.....	37.13
2006....(5A-2) Joe De La Rosa, Skyline.....	39.03
2005....Cyland Simmons, Westwood.....	37.36
2004....Clifton Gay, South.....	38.62
2003....Anthony Melvin, Maryvale.....	38.11
2002....Anthony Melvin, Maryvale.....	38.18
2001....John Cylkowski, Corona del Sol.....	38.39

1A BOYS 400 METER RELAY

2010....Joy Christian.....	46.66
2009....Tempe Prep.....	45.81
2008....Joseph City.....	45.92
2007....Canyon State.....	44.58
2006....Canyon State.....	45.08
2005....Grand Canyon.....	44.58
2004....Orme.....	46.82
2003....St. David.....	45.91
2002....Joseph City.....	46.10
2001....St. David.....	45.52

2A BOYS 400 METER RELAY

2010....Tempe Prep.....	43.80
2009....Northwest Christian.....	43.61
2008....Northwest Christian.....	43.39
2007....Northwest Christian.....	43.90
2006....Northwest Christian.....	43.98
2005....Northwest Christian.....	44.73
2004....Phoenix Christian.....	44.07
2003....Northwest Christian.....	43.05
2002....Chandler Valley Christian.....	44.26
2001....Chandler Valley Christian.....	43.83

3A BOYS 400 METER RELAY

2010....Empire.....	43.75
2009....Estrella Foothills.....	43.38
2008....Empire.....	43.96
2007....Snowflake.....	43.55
2006....Coolidge.....	43.24
2005....Show Low.....	43.93
2004....Show Low.....	44.04
2003....Show Low.....	44.39
2002....Springerville Round Valley.....	44.67
2001....Globe.....	44.61

4A BOYS 400 METER RELAY

2010....(4A-1) Avondale Agua Fria.....	42.61
2010....(4A-2) Gilbert Williams Field.....	43.21
2009....(4A-1) Cactus.....	42.68
2009....(4A-2) Moon Valley.....	42.85
2008....(4A-1) Apache Junction.....	42.74
2008....(4A-2) Raymond Kellis.....	42.45
2007....(4A-1) Tucson Canyon Del Oro.....	43.27
2007....(4A-2) Prescott Valley Bradshaw Mt.....	43.54
2006....(4A-1) Phoenix Thunderbird.....	43.31
2006....(4A-2) Phoenix Cortez.....	43.46
2005....Tempe McClintock.....	42.72
2004....Peoria Centennial.....	42.57
2003....Tolleson.....	42.40
2002....Tempe McClintock.....	42.40
2001....Tolleson.....	42.75

5A BOYS 400 METER RELAY

2010....(5A-1) Mesa Mountain View.....	42.43
2010....(5A-2) Oro Valley Ironwood Ridge.....	41.92
2009....(5A-1) Cesar Chavez.....	40.90

2009....(5A-2) Tempe Marcos de Niza.....	42.30
2008....(5A-1) Chandler.....	41.09
2008....(5A-2) Glendale Ironwood.....	42.31
2007....(5A-1) Chandler.....	41.49
2007....(5A-2) Peoria Centennial.....	42.40
2006....(5A-1) Chandler Hamilton.....	41.89
2006....(5A-2) Sunnyside.....	43.00
2005....Peoria.....	41.79
2004....Chandler Hamilton.....	42.04
2003....Tempe Corona del Sol.....	41.92
2002....Tempe Desert Vista.....	42.54
2001....Mesa.....	41.70

1A BOYS 1600 METER RELAY

2010....St. Augustine.....	3:35.38
2009....Joseph City.....	3:37.17
2008....Veritas Prep.....	3:33.08
2007....Canyon State.....	3:36.76
2006....Canyon State.....	3:40.85
2005....Canyon State.....	3:37.72
2004....Orme.....	3:46.60
2003....Joseph City.....	3:49.94
2002....Pima.....	3:45.65
2001....Joseph City.....	3:44.68

2A BOYS 1600 METER RELAY

2010....Phoenix Christian.....	3:28.74
2009....Yuma Catholic.....	3:29.97
2008....Northwest Christian.....	3:30.04
2007....Chandler Valley Christian.....	3:23.44
2006....St. Johns.....	3:29.19
2005....Chandler Valley Christian.....	3:28.79
2004....Phoenix Bourgade Catholic.....	3:28.93
2003....Scottsdale Christian.....	3:30.78
2002....Phoenix Bourgade Catholic.....	3:31.43
2001....Benson.....	3:29.45

3A BOYS 1600 METER RELAY

2010....Estrella Foothills.....	3:24.79
2009....Snowflake.....	3:24.42
2008....Show Low.....	3:27.42
2007....Lakeside Blue Ridge.....	3:25.71
2006....Snowflake.....	3:30.17
2005....Snowflake.....	3:26.56
2004....Snowflake.....	3:29.96
2003....Rio Rico.....	3:25.34
2002....Rio Rico.....	3:28.27
2001....Rio Rico.....	3:27.90

4A BOYS 1600 METER RELAY

2010....(4A-1) Tucson Catalina Foothills.....	3:20.78
2010....(4A-2) Bullhead City Mohave.....	3:23.39
2009....(4A-1) Peoria.....	3:21.20
2009....(4A-2) Higley.....	3:25.72
2008....(4A-1) Paradise Valley.....	3:24.58
2008....(4A-2) Tucson Catalina.....	3:22.10
2007....(4A-1) Tucson Catalina.....	3:21.38
2007....(4A-2) Scottsdale Notre Dame.....	3:25.70
2006....(4A-1) Moon Valley.....	3:21.50
2006....(4A-2) Flagstaff.....	3:25.83
2005....Avondale Agua Fria.....	3:21.98
2004....Peoria Centennial.....	3:19.60
2003....Phoenix Thunderbird.....	3:19.20
2002....Phoenix Thunderbird.....	3:21.37
2001....Tolleson.....	3:23.49

5A BOYS 1600 METER RELAY

2010....(5A-1) Tempe Desert Vista.....	3:19.86
2010....(5A-2) Tucson Rincon.....	3:19.86
2009....(5A-1) Cesar Chavez.....	3:15.67
2009....(5A-2) Tucson Rincon.....	3:21.56
2008....(5A-1) Tempe Desert Vista.....	3:13.50
2008....(5A-2) Peoria Sunrise Mountain.....	3:23.06
2007....(5A-1) Tempe Desert Vista.....	3:15.50
2007....(5A-2) Peoria.....	3:18.38
2006....(5A-1) Mesa.....	3:17.91
2006....(5A-2) Peoria.....	3:21.39
2005....Chandler.....	3:19.72
2004....Tolleson.....	3:18.91
2003....Deer Valley.....	3:18.33
2002....Tempe Mountain Pointe.....	3:19.43
2001....Chandler.....	3:19.61

1A BOYS 3200 METER RELAY

2010....St. Augustine.....	8:31.22
2009....St. Augustine.....	8:29.74
2008....Joseph City.....	8:41.98
2007....Northland Prep.....	8:40.07
2006....Northland Prep.....	8:46.87

2A BOYS 3200 METER RELAY

2010....Tombstone.....	8:30.53
2009....Chandler Valley Christian.....	8:30.81
2008....Chandler Valley Christian.....	8:23.45
2007....Chandler Valley Christian.....	8:23.44
2006....Thatcher.....	8:28.72
2005....Phoenix Christian.....	8:22.59
2004....Chandler Valley Christian.....	8:25.82
2003....Tombstone.....	8:14.29
2002....Scottsdale Christian.....	8:12.47
2001....Chandler Valley Christian.....	8:18.74

3A BOYS 3200 METER RELAY

2010....Tuba City.....	8:14.64
2009....Tuba City.....	8:08.83
2008....Sedona Red Rock.....	8:21.55
2007....Tuba City.....	8:08.51
2006....Tuba City.....	8:20.07
2005....Fountain Hills.....	8:19.29
2004....Chandler Seton Catholic.....	8:26.82
2003....Rio Rico.....	8:09.99
2002....Rio Rico.....	8:16.20
2001....Rio Rico.....	8:14.90

4A BOYS 3200 METER RELAY

2010....(4A-1) Tucson Flowing Wells.....	7:52.83
2010....(4A-2) Flagstaff Sinagua.....	8:05.68
2009....(4A-1) Tucson Flowing Wells.....	7:56.90
2009....(4A-2) Rio Rico.....	7:58.26
2008....(4A-1) Tucson Flowing Wells.....	8:09.11
2008....(4A-2) Tucson Catalina.....	8:01.39
2007....(4A-1) Prescott.....	8:02.40
2007....(4A-2) Flagstaff Sinagua.....	8:09.29
2006....(4A-1) Chaparral.....	8:01.33
2006....(4A-2) Page.....	8:08.93
2005....Douglas.....	7:59.90
2004....Shadow Mountain.....	7:58.53
2003....Tucson Catalina Foothills.....	7:52.68
2002....Prescott.....	8:00.34
2001....Prescott.....	8:02.54

5A BOYS 3200 METER RELAY

2010....(5A-1) Chandler.....	8:00.14
2010....(5A-2) Tucson Rincon.....	7:58.30
2009....(5A-1) Tempe Desert Vista.....	7:55.92
2009....(5A-2) Ironwood Ridge.....	8:09.78
2008....(5A-1) Tempe Desert Vista.....	7:45.40
2008....(5A-2) Horizon.....	8:11.67
2007....(5A-1) Tempe Desert Vista.....	7:47.99
2007....(5A-2) Boulder Creek.....	8:07.55
2006....(5A-1) Mesa Mt. View.....	7:54.64
2006....(5A-2) Kingman.....	8:11.62
2005....Tempe Desert Vista.....	7:57.17
2004....Glendale Mountain Ridge.....	8:05.32
2003....Gilbert.....	7:55.62
2002....Tempe Mountain Pointe.....	7:51.19
2001....Glendale Mountain Ridge.....	7:52.55

1A BOYS SHOT PUT

2010....Spencer Baldwin, Joseph City.....	46-7
2009....Spencer Baldwin, Joseph City.....	51-6 1/4
2008....Aaron Benson, Tempe Prep.....	46-3
2007....Eric Cole, Canyon State.....	43-8
2006....Richard Newton, Canyon State.....	44-0 1/2
2005....Reyes Pizano, Pima.....	44-6 1/2
2004....Paul Mitchell, Pima.....	45-3
2003....Paul Mitchell, Pima.....	47-3 1/2
2002....John Cothrun, Seligman.....	43-2
2001....John Cothrun, Seligman.....	40-6

2A BOYS SHOT PUT

2010....Brian De La Rosa, Tonopah Valley.....	48-9 3/4
2009....Davis Voss, Valley Christian.....	48-3 1/2
2008....Matt Mettli, Bisbee.....	54-0
2007....John Kredit, Valley Christian.....	48-10 1/2
2006....Zach Bernal, Benson.....	50-10 1/2
2005....Theo McConnell, Bisbee.....	53-6
2004....Theo McConnell, Bisbee.....	53-11
2003....Cameron Buter, Northwest Christian.....	51-7
2002....Jason Voss, Valley Christian.....	52-2
2001....Jason Voss, Valley Christian.....	48-7 3/4

3A BOYS SHOT PUT

2010....Jordan Hunt, Snowflake.....	50-11 1/2
2009....Alex Smyth, Fountain Hills.....	51-2
2008....Dwight Boyd, Blue Ridge.....	52-4 1/2
2007....Scott McKeever, Wickenburge.....	54-6 1/4
2006....Cory Dean, Winslow.....	49-8 3/4
2005....Javier Villarreal, Eloy Santa Cruz.....	54-11
2004....Nathan Jonovich, Globe.....	54-4 1/2
2003....Joe Brochu, Globe.....	53-4

2002....Joe Brochu, Globe.....	49-1
2001....Sterling White, Payson.....	53-6 1/4

4A BOYS SHOT PUT

2010....(4A-1) Jose Rojas, Nogales.....	53-3 1/2
2010....(4A-2) Mason Simmons, Liberty.....	52-9 1/2
2009....(4A-1) Michael Bowman, Prescott.....	49-4
2009....(4A-2) Chris Chischilly, Page.....	52-1 1/2
2008....(4A-1) Lucas Volk, Sabino.....	56-7
2008....(4A-2) Chris Chischilly, Page.....	53-0
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2005....Daniel Borg, Ironwood Ridge.....	56-4 1/2
2004....Joe Sanchez, Catalina Foothills.....	54-8
2003....Jake Sanders, Buckeye.....	58-6
2002....Mike Talbot, Agua Fria.....	57-2 1/2
2001....Mike Talbot, Agua Fria.....	54-6

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2009....(5A-1) Lee Williams, Desert Vista.....	54-6 1/4
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2007....(5A-1) Joe Riccio, Horizon.....	55-1 1/4
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2006....(5A-1) Micah Parker, Gilbert.....	55-10 1/2
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2005....Jason Lewis, Mountain Pointe.....	57-3
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2003....Shawn Best, Buena.....	62-2
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2009....Matt Archuleta, Ray.....	145-1
2008....John Kredit, Valley Christian.....	151-0
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2001....Jason Voss, Valley Christian.....	150-11

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2009....Alex Smyth, Fountain Hills.....	157-6
2008....Dwight Boyd, Blue Ridge.....	161-8
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2010....(4A-2) Mason Simmon, Liberty.....	170-6
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2006....(4A-2) Brandon Johnson, Palo Verde.....	176-7
2005....Dexter Davis, Thunderbird.....	172-1
2004....Daniel Borg, Ironwood Ridge.....	169-8
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2007....(5A-2) Brandon Townsend, O'Connor.....	169-7
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2005....Isiah Jackson, Chandler.....	166-0
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2003....Jason Perkins, Mountain Ridge.....	184-0
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2001....Tomas Navarro, Highland.....	165-3

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2008....Cory Thellmann, Joseph City.....	6-4
2007....Karl Weisser, Salome.....	5-10
2006....Quade Johnson, Fredonia.....	6-2
2005....Nephi Bryant, Pima.....	6-0
2004....Nephi Bryant, Pima.....	6-0
2003....Jaron Bluth, St. David.....	6-0
2002....Cody Hulse, Joseph City.....	6-0
2001....John Hender, Grand Canyon.....	5-10

2A BOYS HIGH JUMP

2010....Paul Tonneson, Tempe Prep.....	6-4
2009....Brett Miller, Scottsdale Christian.....	6-2
2008....Matt Murray, Northwest Christian.....	6-3
2007....Dakoda John, Thatcher.....	6-6
2006....Dakoda John, Thatcher.....	6-6
2005....Chandler John, Thatcher.....	6-4
2004....Jimmy Arollo, Bourgade.....	6-4
2003....Jake Quamme, Arizona Lutheran.....	6-4
2002....Michael Madrid, St. Johns.....	6-6
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2010....Rylan Sturm, Safford.....	6-4
2009....Tevin Renfro, Winslow.....	6-4
2008....Rylan Sturm, Safford.....	6-4
2007....Cody Bigelow, Estrella Foothills.....	6-4
2006....Cody Bigelow, Estrella Foothills.....	6-4
2005....Brandon Fairfield, Fountain Hills.....	6-4
2004....Brandon Fairfield, Fountain Hills.....	6-4
2003....Sam Turner, Safford.....	6-4
2002....Blake Whetten, Payson.....	6-5
2001....Josh Spring, Show Low.....	6-8

4A BOYS HIGH JUMP

2010....(4A-1) Josh Robbins, CDO.....	6-4
2010....(4A-2) Herbert Dew, Liberty.....	6-8
2009....(4A-1) Bryan McBride, SD O'Connor.....	6-8
2009....(4A-2) Daniel McIver, Catalina.....	6-6
2008....(4A-1) Marcus Laffine, Paradise Valley.....	6-6
2008....(4A-2) James Ellisor, Glendale.....	6-8
2007....(4A-1) Jonsy Simmons, Agua Fria.....	7-0
2007....(4A-2) Kenny Gundrum, Sinagua.....	6-8
2006....(4A-1) Jonsy Simmons, Agua Fria.....	6-6
2006....(4A-2) Adrian Smith, Queen Creek.....	6-4
2005....Brian Schwind, Payson.....	6-2
2004....Toy Sandefur, Santa Rita.....	6-2
2003....Kyle Johnson, Catalina Foothills.....	6-6
2002....Kyle Johnson, Catalina Foothills.....	6-10
2001....Lynzell Jackson, Tempe.....	6-7

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2010....(5A-1) Breytan Uchytill, Mesa Mt. View.....	6-7
2010....(5A-2) Bryan McBride, SD O'Connor.....	6-10
2009....(5A-1) Matthew Yalung, Desert Vista.....	6-5
2009....(5A-2) Dylan Walashek, Boulder Creek.....	6-6
2008....(5A-1) Princeton Steele, Red Mt.....	6-4
2008....(5A-2) Marcus Ruppel, Deer Valley.....	6-7
2007....(5A-1) Phil Feinberg, Corona del Sol.....	6-10
2007....(5A-2) Hunter Gibson, Desert Ridge.....	6-3
2006....(5A-1) Phil Feinberg, Corona del Sol.....	6-10
2006....(5A-2) Daniel Scheetz, Shadow Mt.....	6-5
2005....Phil Feinberg, Corona del Sol.....	6-10
2004....John Looney, North Canyon.....	6-8
2003....Akeem Jackson, Mesa.....	6-6
2002....Joey Arevalo, Mesa.....	6-6
2001....Danny Reynoso, Chandler.....	6-8

1A BOYS LONG JUMP

2010....J.T. Maner, Mogollon.....	21-4 1/4
2009....J.T. Maner, Mogollon.....	20-10 3/4
2008....Elliot Smith, Pima.....	20-5 1/2

2007....Raheem Jackson, Canyon State.....	21-8 3/4
2006....Justin Kremer, Grand Canyon.....	22-1
2005....Ryan Eck, Grand Canyon.....	21-6
2004....Wes Connors, Pima.....	21-8
2003....Wes Connors, Pima.....	21-7
2002....Steve Connors, Pima.....	21-2 1/2
2001....John Hender, Grand Canyon.....	20-7

2A BOYS LONG JUMP

2010....Dorian Temple, Tombstone.....	21-7 3/4
2009....Matt Holtfrerich, NW Christian.....	21-9 1/4
2008....Seth Mosely, Camp Verde.....	21-11 1/2
2007....Heath Allred, Thatcher.....	21-1
2006....Kyle Johnson, Ray.....	21-8
2005....Rene Gomez, Benson.....	21-4 1/2
2004....Luis Samaniego, Yuma Catholic.....	21-1 3/4
2003....Kyle Allen, Bisbee.....	20-3 1/2
2002....John Bolthouse, Pusch Ridge Chr.....	20-5 1/2
2001....Quinton McCoy, Valley Christian.....	23-2 1/2

3A BOYS LONG JUMP

2010....Kevin Cox, Sedona Red Rock.....	22-2 1/2
2009....Stacey Berg, Winslow.....	22-6 1/4
2008....Byron Davis, Monument Valley.....	21-11 1/2
2007....Cody Bigelow, Estrella Foothills.....	22-3
2006....Cody Bigelow, Estrella Foothills.....	22-5 3/4
2005....Orlando Vargas, Winslow.....	21-7
2004....Dustin Markin, Show Low.....	22-2 3/4
2003....Sam Turner, Safford.....	23-9 3/4
2002....Markese Payne.....	22-3
2001....Eralp Erdilek, Globe.....	21-0 1/4

4A BOYS LONG JUMP

2010....(4A-1) Josh Nielson, Queen Creek.....	22-11
2010....(4A-2) Aaron Hill, Williams Field.....	23-6
2009....(4A-1) Andre Gains, Independence.....	22-10
2009....(4A-2) Stevan Magana, Desert Edge.....	22-3
2008....(4A-1) Cedrique Smith, Agua Fria.....	22-0 1/4
2008....(4A-2) Caleb Hall, Palo Verde.....	22-10 3/4
2007....(4A-1) John Carter, Willow Canyon.....	22-6
2007....(4A-2) Tyrese McGruder, Glendale.....	21-10 1/4
2006....(4A-1) Jake Bartell, Pinnacle.....	22-6
2006....(4A-2) Greg Lacey, Glendale.....	22-6
2005....Greg Lacey, Glendale.....	22-6 1/2
2004....Greg Lacey, Glendale.....	22-2 3/4
2003....Justin Smith, Sunrise Mountain.....	23-3
2002....Dashalle Andrews, Moon Valley.....	22-6
2001....Justin Smith, Sunrise Mountain.....	22-9 1/2

5A BOYS LONG JUMP

2010....(5A-1) Deshawn Gooden, North.....	23-4 3/4
2010....(5A-2) Tevin Blaylock, Tolleson.....	23-2 1/2
2009....(5A-1) Bryce Lamb, Chandler.....	24-1 1/4
2009....(5A-2) Charles James, Valley Vista.....	21-11 1/2
2008....(5A-1) Bryce Lamb, Chandler.....	23-11 1/4
2008....(5A-2) Dovonant Grant, Mt. View.....	23-6 1/4
2007....(5A-1) Ron Taylor, Mesa Mt. View.....	23-3
2007....(5A-2) Keifer Fields, Tolleson.....	22-1 3/4
2006....(5A-1) James Morrison, St. Mary's.....	22-8 1/2
2006....(5A-2) Josh Cornist, La Joya.....	21-2 3/4
2005....Jordan Powell, Canyon Del Oro.....	22-4 1/2
2004....Skyler Hagg, Ironwood.....	22-2
2003....Alex Easter, Westwood.....	23-3 1/2
2002....Joshua Jordan, Chandler.....	23-7
2001....Joshua Jordan, Chandler.....	24-1

1A BOYS TRIPLE JUMP

2010....J.T. Maner, Mogollon.....	41-8 1/2
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2009....Paul Tonneson, Tempe Prep.....	43-2 3/4
2008....Cory Thellmann, Joseph City.....	40-2 1/2
2007....Taylor Goodman, Pima.....	40-10
2006....Taylor Goodman, Pima.....	41-8 1/4
2005....Ryan Eck, Grand Canyon.....	43-9 3/4

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2010....Paul Tonneson, Tempe Prep.....	45-7 1/4
2009....Adam Watkins, Phoenix Christian.....	41-1
2008....Seth Mosely, Camp Verde.....	42-6
2007....Justin Loomis, Valley Christian.....	42-8
2006....Derek Clements, San Pasqual.....	42-11
2005....Tim Zimmer, Northwest Christian.....	42-5 1/4
2004....Watson McCoy, Pusch Ridge.....	42-8
2003....Tony Scroggins, Thatcher.....	43-1 1/2
2002....Tony Scroggins, Thatcher.....	43-7 1/2
2001....Dan McCausland, NCCS.....	42-5 1/2

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2010....Tevin Renfro, Winslow.....	44-7
2009....Tevin Renfro, Winslow.....	44-2 1/2
2008....Jordan Burke, Sedona Red Rock.....	44-3
2007....Cody Bigelow, Estrella Foothills.....	45-6 1/2
2006....Cody Bigelow, Estrella Foothills.....	44-3 1/4
2005....Cody Bigelow, Estrella Foothills.....	45-1 1/4
2004....Chris Lopez, Safford.....	43-6 3/4
2003....Sam Turner, Safford.....	47-1 1/2
2002....Sam Turner, Safford.....	43-11
2001....Kevin O'Donnell, Safford.....	43-6 3/4

4A BOYS TRIPLE JUMP

2010....(4A-1) Jamil Williams, Agua Fria.....	45-2 1/2
2010....(4A-2) Herbert Dew, Liberty.....	45-11
2009....(4A-1) Najji Mayberry, Independence.....	47-0
2009....(4A-2) Stevan Magana, D. Edge.....	45-3 1/2
2008....(4A-1) Mike Kivi, Marana.....	45-3
2008....(4A-2) Tyrese McGruder, Glendale.....	46-0
2007....(4A-1) Jonsy Simmons, Agua Fria.....	44-7 1/2
2007....(4A-2) Tyrese McGruder, Glendale.....	43-8 1/2
2006....(4A-1) Robert Rowe, Marana.....	44-2
2006....(4A-2) Greg Lacey, Glendale.....	45-5
2005....Greg Lacey, Glendale.....	44-8
2004....Reggie McKinley, Shadow Mt.....	46-0 3/4
2003....Clint Fields, Tolleson.....	44-6 3/4
2002....Clint Fields, Tolleson.....	46-6 3/4
2001....Lynzell Jackson, Tempe.....	46-3 1/2

5A BOYS TRIPLE JUMP

2010....(5A-1) Lewis Todd, Chandler.....	46-3 1/2
2010....(5A-2) Tevin Blaylock, Tolleson.....	47-6 1/2
2009....(5A-1) Bryce Lamb, Chandler.....	52-6 1/4
2009....(5A-2) Michael Bolliger, Sunrise Mt.....	45-7 1/2
2008....(5A-1) Will Claye, Mt. Pointe.....	52-4 3/4
2008....(5A-2) Keifer Fields, Tolleson.....	47-5
2007....(5A-1) Bryce Lamb, Chandler.....	49-0
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2006....(5A-1) Will Claye, Mt. Pointe.....	45-7 3/4
2006....(5A-2) Mitchell Matthews, Westview.....	44-0 3/4
2005....Addison Schenk, Casa Grande.....	46-6 3/4
2004....Imoh Ekpo, Sunrise Mountain.....	47-0 1/4
2003....Dan Marshall, Hamilton.....	46-5 1/2
2002....Dan Marshall, Hamilton.....	45-5
2001....Danny Helzer, Chandler.....	47-1 1/2

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2010....Chad Beguin, Veritas Prep.....	10-9
2009....Rowdy Garaghty, Fredonia.....	11-6
2008....Rowdy Garaghty, Fredonia.....	10-3

2007....	
2006....Quade Johnson, Fredonia.....	12-0
2005....Jason French, Pima.....	12-6
2004....Wes Connors, Pima.....	13-7
2003....Wes Connors, Pima.....	12-0
2002....Mike Williams, St. David.....	10-3
2001....Julio Gonzalez, San Simon.....	12-0

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2010....Paul Corona, Yuma Catholic.....	15-4
2009....Christian Young, Bisbee.....	14-3
2008....Daniel Fanelli, Valley Christian.....	15-0
2007....Daniel Fanelli, Valley Christian.....	14-10 1/2
2006....Shawn Vance, Valley Christian.....	14-3
2005....Clint Morgan, St. Johns.....	14-0
2004....Corbyn Small, SCA.....	14-4
2003....Michael Madrid, St. Johns.....	13-6
2002....Eric Fraley, Valley Christian.....	13-9
2001....Caleb Glennie, SCA.....	14-0

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2010....Trevan Penrod, Blue Ridge.....	14-7
2009....Keevan Schimmel, Blue Ridge.....	14-3
2008....Nick Goodman, Payson.....	13-0
2007....Cameron Morris, Round Valley.....	14-0
2006....Cameron Morris, Round Valley.....	12-6
2005....Michael McHugh, Safford.....	14-0
2004....Michael McHugh, Safford.....	14-0
2003....Kade Good, Safford.....	14-6
2002....Curtis Mitchell, Queen Creek.....	14-0
2001....Bryan McBride, Safford.....	13-6

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2010....(4A-1) Fernando Rodriguez, Copper C.....	15-6
2010....(4A-2) Jayse Brunner, Thunderbird.....	14-6
2009....(4A-1) Gus Meyers, Cactus Shadows.....	15-0
2009....(4A-2) Dylan Austin, Moon Valley.....	15-6
2008....(4A-1) Ryan Porter, Saguaro.....	14-0
2008....(4A-2) Jeremy Marcinko, Higley.....	15-2
2007....(4A-1) Chris Ernst, Pinnacle.....	14-6
2007....(4A-2) Jeremy Marcinko, Higley.....	13-6
2006....(4A-1) C. Witter-Tilton, Ironwood R.....	14-6
2006....(4A-2) Matt Bull, Arcadia.....	15-0
2005....Matt Bull, Arcadia.....	14-3
2004....Cody Kohler, Arcadia.....	14-3
2003....Casey Muns, Moon Valley.....	15-0
2002....Casey Muns, Moon Valley.....	14-6
2001....Josh Devlin, Apollo.....	14-3

5A BOYS POLE VAULT

2010....(5A-1) Alex Bishop, Brophy.....	16-4 3/4
2010....(5A-2) Riley Crosby, Centennial.....	15-6
2009....(5A-1) Alex Hsu, Desert Vista.....	15-6
2009....(5A-2) Riley Crosby, Centennial.....	14-6
2008....(5A-1) Brandon Bear, Mesa Mt. View.....	15-6
2008....(5A-2) Seth Compton, Marcos de Niza.....	15-1
2007....(5A-1) Shea Kearney, Desert Vista.....	16-4 3/4
2007....(5A-2) Seth Compton, Marcos de Niza.....	14-6
2006....(5A-1) Martin Nevarez, Casa Grande.....	15-3
2006....(5A-2) Kyle Fugit, Centennial.....	14-7
2005....Dutch Perryman, Desert Vista.....	15-0
2004....Tod Rodenbaugh, Mt. View.....	15-3
2003....Steve Dolk, Ironwood.....	16-6
2002....Brandon Glenn, Westview.....	15-9
2001....Sam Jacobson, Corona del Sol.....	14-9

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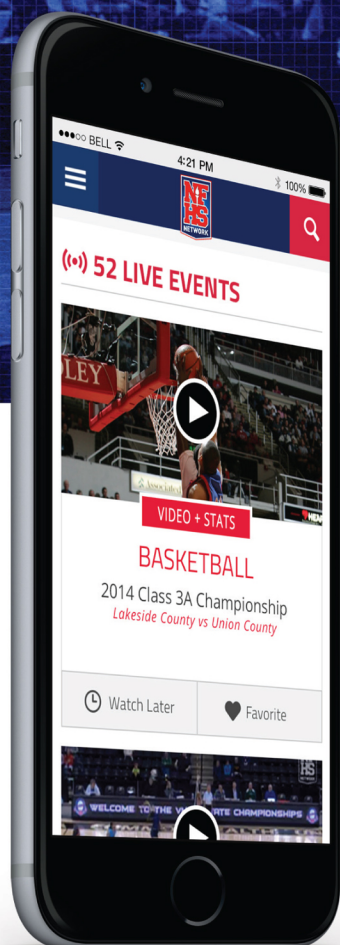
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D-IV Girls Track

Valley Christian's Harrison Wants to Win Four Events



Valley Christian's Ashley Harrison (photo courtesy of Billy Hardiman Photography)

By Jose Garcia
azpreps365.com

The final days of high school are upon Ashley Harrison.

"I'm definitely sad for it to close out but also excited for the things to come," the Valley Christian High senior said.

Harrison, one of the state's stars in the hurdles and triple jump, is talking with Concordia University about attending the school on a track scholarship.

But she's got more high school track business to attend to before donning her cap and gown and her college days begin. Harrison has the potential to win four events, triple jump, high jump, and the 100 and 300 hurdles, at the state meet this week at Mesa Community College.

And Valley Christian needs her to gobble up as many points as possible to have a chance at winning a Division IV team title for a program that it is one of Arizona's high school track jewels.

"The goal at state is to win all four, God willing, and also set school records in the triple jump and 100 hurdles," Harrison said.

The triple jump is her favorite event, with the 100 hurdles a close second.

The senior finished first in those two events at state last year, helping her team take third place last year after Harrison totaled 36 of her team's 57 points in her four events. She took second in the high jump and 300 hurdles at state last year.

Harrison took some time off from the high jump this year after running into a mental hurdle, but when she returned she cleared the 5-foot mark, which needs to be reached to win that event at state this year.

The high jump might be the toughest event she'll participate in this week since that event is loaded with D-IV talent this season.

Harrison also got off to a slow start when this season began due to a hip injury, suffered during her club volleyball season, which also affected a quadricep muscle. Harrison's jumping skills are also needed on Valley Christian's volleyball court, where she was one of the state's leading outside hitters.

Her vertical and swing were in such a high demand on the volleyball court that Division I Loyola Marymount offered her a volleyball scholarship. But Harrison passed up on that offer.

She still might play volleyball in college, however, and has already signed with Mesa Community College for volleyball and track.

"In track it's more about yourself and making yourself better, and I like that a lot," she said.

The multi-sport star is athletic, but her desire also sets her apart.

"She's been blessed with a lot of natural ability," Valley Christian's first-year track coach David Mehlhorn said. "But she is also someone who works consistently on each event. But her biggest trait is her competitiveness."

Harrison's determination will likely be tested by another D-IV track star, Tempe Prep's Catherine Bryant, during this week.

Those two are expected to battle it out during a couple of events.

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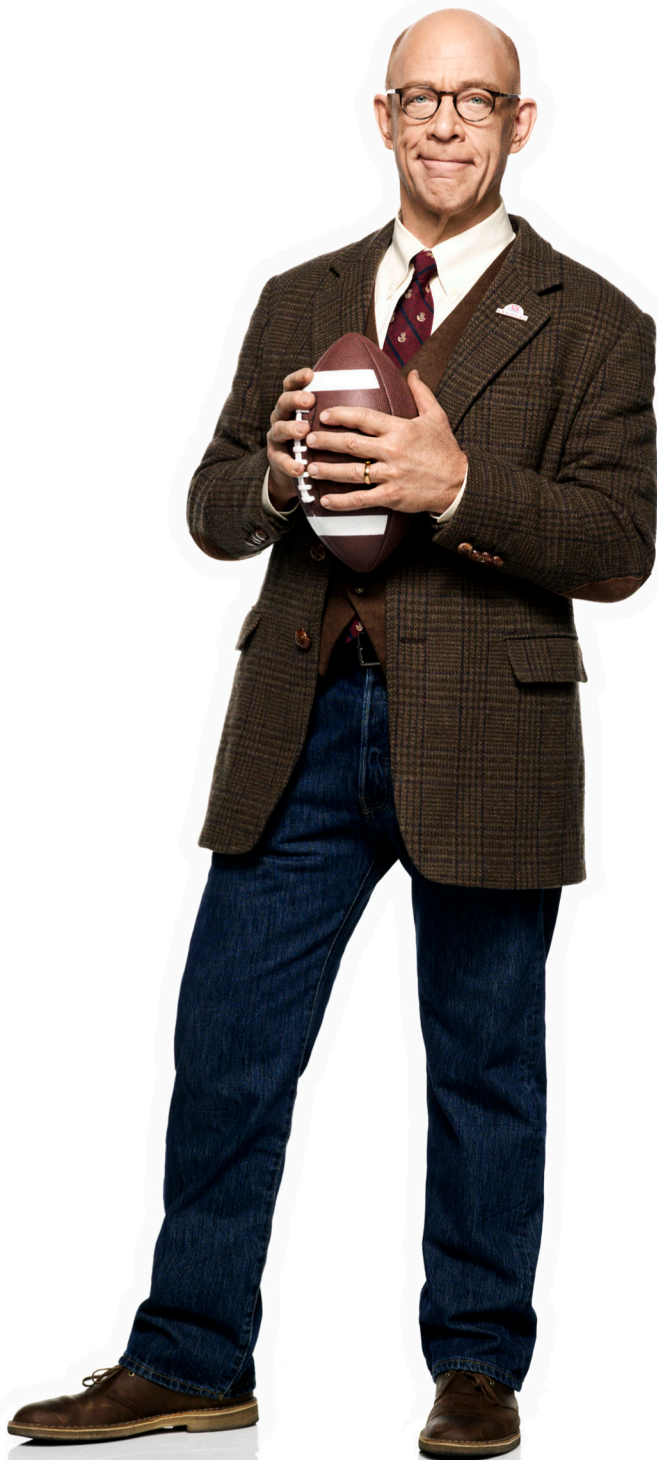
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