

2014

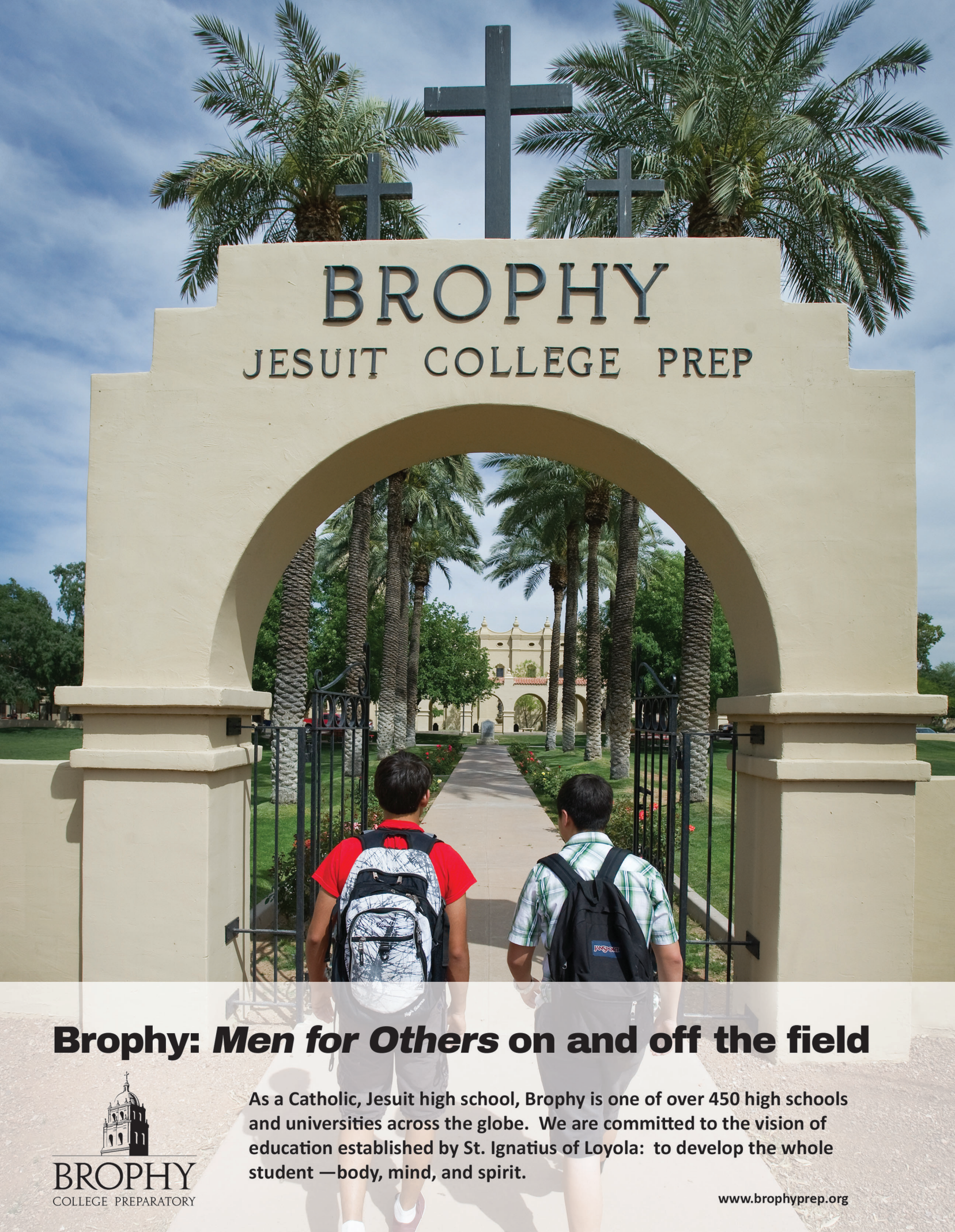
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AIA

In September, the Arizona Interscholastic Association officially sanctioned a state tournament for robotics, joining 27 other AIA sports/activities that already compete for state titles. The interest for robotics and STEM initiatives is growing at Arizona high schools and the AIA is proud to provide an opportunity for these teams to compete in a fun and exciting atmosphere.

The first high school robotics season in Arizona will start during the spring season and teams will compete in regional events run by FIRST, a non-profit organization that organizes robotic events internationally. The top 30 teams from the regionals will then advance to the May 23 state tournament at the Prescott Valley Events Center.

There are currently 49 high schools that have robotics teams in Arizona. The AIA's goal is to double that number of teams by May 2016. If you are interested in supporting the AIA robotics program and state tournament as a corporate partner, please contact AIA Sports Properties at 602-385-3828 or facosta@aia365.com.



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Two young women are smiling and looking at the camera. They are wearing white t-shirts with a large, stylized 'AIA' logo in red, white, and blue. They are also wearing beaded necklaces made of colorful, metallic-looking beads in shades of red, green, and blue. The woman on the left is wearing a red knit hat with 'AIA STATE CHAMPIONSHIPS' written on it. The woman on the right is wearing a blue knit hat with 'AIA STATE CHAMPIONSHIPS' written on it. The background is dark.

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BROTHERS

Rio Rico's Runners Take State By Surprise

By Jose Garcia
aia365.com

Just in case somebody asks Carlos Villarreal and Allie Schadler where the small town of Rio Rico is during Arizona's high school state cross country meet, it is located about an hour south of Tucson.

The city is home to about 18,000 residents. It might be a small Arizona town, but Rio Rico is home to two of the big high school names in cross country this season, Villarreal and Schadler.

They are excellent distance runners, but the distance they travelled to reach the top of Division III was short. Villarreal is a senior and didn't start running competitively until his sophomore season in track.

Surprisingly, he's now the top distance male runner in Arizona, with college scholarship offers from the University of Arizona, Wake Forest and Northern Arizona. Schadler won the D-III state cross country title last year — as a freshman.

Villarreal and Schadler were blessed with talent and a top-notch coach, Steve Schadler, Allie's dad and Rio Rico's only cross country head coach. Steve ran for Stanford, and love brought him to Rio Rico in the 1990s.

His wife, Toni Ann, ran at Indiana and arrived at Rio Rico first when a teaching opportunity opened up. Steve followed.

He has coached eight individual state champions and six team titles at Rio Rico. Villarreal might become Steve's unlikeliest of champs.

"It's still a little mind blowing for me where I'm at," Villarreal said. "I still wonder what would have happened to me if I hadn't gone out for track. Things happen for a reason I guess."

Wanting to stay in shape for the basketball season, Villarreal joined Rio Rico's track team during his sophomore year.

Villarreal is a fluid runner, Steve said, but he was anything but poetry in motion when he first started running. He used to get boxed in when a race started, prompting Villarreal to take a kangaroo-like hop to an open space.

But that routine stopped once he learned that he had the talent to stay in front of the pack from the outset. Villarreal has also benefitted from running daily with the defending D-III cross country champ, Rio Rico's Oscar Amaya.

"Carlos and Oscar have been exceptionally supportive of one another," Steve said.

The two good friends might finish first and second at state for the second consecutive year, but this year Villarreal is the favorite.

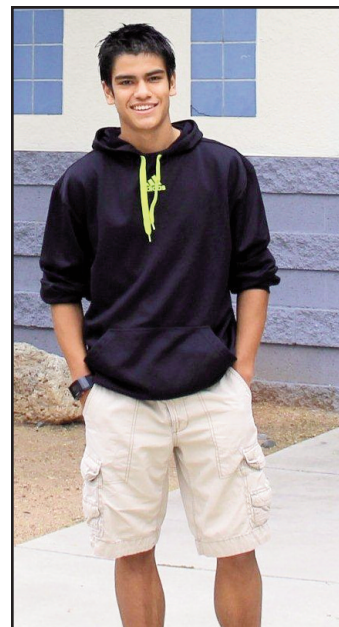
He hasn't lost to a D-III runner this year and posted the top Arizona boys time (14:49 at Desert Twilight) at a cross country event this season. Villarreal and Schadler are coming off sectional meet titles and appear to be peaking the right time.

Despite being a freshman, Schadler showed off her aggressiveness by attacking the state meet course last year. There's a significant dip after the first mile, but that's where Schadler made her move to break free from the pack en route to her state individual title.

Stephen said that her daughter's physical strength is what sets her apart. Her mental makeup (almost straight A's in class) isn't bad either.

Schadler's personal best is 17:26, which she recorded at Desert Twilight this season.

"I was surprised when I won state last year," Schadler said. "But part of me knew I could win it. Our girls team also won the title, so that made me ever more happy."



Allie Schadler and Carlos Villarreal are top-notch runners for D-III powerhouse Rio Rico (photos courtesy of Rio Rico High School).

Girls Individual State Champions

DIVISION I

YEAR	WINNER	SCHOOL	TIME/DISTANCE	COURSE
2013	Dani Jones	Tempe Desert Vista	18:00.80 (3.1)	Cave Creek Golf Course
2012	Sarah Fakler	Phoenix Xavier Prep	18:02.25 (3.1)	Cave Creek Golf Course
2011	Sarah Fakler	Phoenix Xavier Prep	17:48.19 (3.1)	Cave Creek Golf Course
2010	Sarah Fakler	Phoenix Xavier Prep	18:26.97 (3.1)	Cave Creek Golf Course

DIVISION II

2013	Tatiana Gillick	Flagstaff	18:28.96 (3.1)	Cave Creek Golf Course
2012	Tatiana Gillick	Flagstaff	18:55.25 (3.1)	Cave Creek Golf Course
2011	Tatiana Gillick	Flagstaff	18:29.64 (3.1)	Cave Creek Golf Course
2010	Kylee Kieser	Tempe Marcos de Niza	18:53.01 (3.1)	Cave Creek Golf Course

DIVISION III

2013	Alexandra Schadler	Rio Rico	18:38.18 (3.1)	Cave Creek Golf Course
2012	Diana Garcia	Tempe	18:39.19 (3.1)	Cave Creek Golf Course
2011	Rolonda Jumbo	Chinle	18:27.20 (3.1)	Cave Creek Golf Course
2010	Rolonda Jumbo	Chinle	18:34.55 (3.1)	Cave Creek Golf Course

DIVISION IV

2013	Valentina Nyhart	Northland Prep	19:39.72 (1.2)	Cave Creek Golf Course
2012	Anna Long	Scottsdale Christian	18:54.12 (3.1)	Cave Creek Golf Course
2011	Sarah MacDonald	Tucson Pusch Ridge Christian	18:55.28 (3.1)	Cave Creek Golf Course
2010	Chelena Betoney	Sanders Valley	19:52.44 (3.1)	Cave Creek Golf Course

5A CONFERENCE

2009 5A-1	Jessica Tonn	Phoenix Xavier Prep	17:28.16 (3.1)	Cave Creek Golf Course
2009 5A-2	Sarah Miville	Oro Valley Ironwood Ridge	19:14.81 (3.1)	Cave Creek Golf Course
2008 5A-1	Jessica Tonn	Phoenix Xavier Prep	17:50.90 (3.1)	Cave Creek Golf Course
2008 5A-2	Lacey Kalinen	Pinnacle	19:27.30 (3.1)	Cave Creek Golf Course
2007 5A-1	Nadya Bishton	Glendale Mountain Ridge	17:28.25 (3.1)	Cave Creek Golf Course
2007 5A-2	Sarah Miville	Oro Valley Ironwood Ridge	18:57.10 (3.1)	Cave Creek Golf Course
2006 5A-1	Nadya Bishton	Glendale Mountain Ridge	18:11.40 (3.1)	Cave Creek Golf Course
2006 5A-2	Lindsay Prescott	Glendale Sandra Day O'Connor	18:41.25 (3.1)	Cave Creek Golf Course
2005 5A-1	Kristen Phillips	Tempe Mountain Pointe	19:15.30 (3.1)	Cave Creek Golf Course
2005 5A-2	Tara Erdman	Tucson Flowing Wells	19:11.00 (3.1)	Cave Creek Golf Course
2004	Kristen Phillips	Tempe Mountain Pointe	18:32 (3.1)	Anthem Way
2003	Ellen Mork	Tucson Flowing Wells	19:11 (3.1)	Anthem Way
2002	Valerie McGregor	Marana Mountain View	18:22 (3.1)	Anthem Way
2001	Sally Meyerhoff	Tempe Mountain Pointe	17:15 (3.0)	Anthem Way
2000	Sally Meyerhoff	Tempe Mountain Pointe	18:48 (3.1)	Freestone Park (Gilbert)
1999	Sara Gorton	Tempe Mountain Pointe	18:29 (3.1)	Freestone Park (Gilbert)
1998	Sara Gorton	Tempe Mountain Pointe	18:34 (3.1)	Freestone Park (Gilbert)
1997	Mary Barreto	Phoenix Xavier	19:14 (3.1)	Freestone Park (Gilbert)
1996	Mary Barreto	Phoenix Xavier	14:46 (2.4)	Freestone Park (Gilbert)
1995	Mary Barreto (so)	Phoenix Xavier	14:39 (2.4)	Fiesta Inn (Tempe)
1994	Judy Barreto	Phoenix Xavier	14:36 (2.4)	Fiesta Inn (Tempe)
1993	Tegan Freestone (fr)	Mesa Westwood	14:20 (2.2)	Kennedy Park (Tucson)
1992	Virginia Pedersoli	Tucson Amphitheater	14:47 (2.1)	Estrella Mountain Park
1991	Virginia Pedersoli	Tucson Amphitheater	14:14 (2.3)	Spook Hill Park (Mesa)
1990	Amber Clark	Mesa Dobson	14:08 (2.3)	Prison Hills (Yuma)
1989	Amber Clark	Mesa Dobson	11:25 (1.9)	Thunderbird Park (Glendale)
1988	Amber Clark (fr)	Mesa Dobson	13:54 (2.0)	Estrella Mountain Park
1987	Tracy Jarman	Shadow Mountain	10:55 (1.9)	Thunderbird Park (Glendale)
1986	Tracy Jarman	Shadow Mountain	11:20 (2.1)	Pima College (Tucson)
1985	Carol Moore	Tucson Canyon del Oro	13:49 (2.5)	Kiwanas Park (Tempe)
1984	Laura Goodwin	Tucson Palo Verde	13:45 (2.3)	Mouer Park (Tempe)
1983	Trina Leopold	Scottsdale Horizon	11:54 (2.1)	Pima College (Tucson)
1982	Mary Curetain	Tucson Amphitheater	no time/rain storm	Fountain Hills
1981	Lisa Anetzberger	Phoenix Alhambra	13:30 (2.3)	Kiwanas Park (Tempe)
1980	Millicent Anderson	Tucson Canyon del Oro	13:58 (2.5)	Tucson Santa Rita H.S.
1979	Lisa Anetzberger (so)	Phoenix Alhambra	11:05 (2.0)	Fountain Hills
1978	Stacy Hartsfield (fr)	Scottsdale Arcadia	10:40 (2.0)	Kiwanas Park (Tempe)

Girls Individual State Champions

4A CONFERENCE

YEAR	WINNER	SCHOOL	TIME/DISTANCE	COURSE
2009 4A-1	Zahira Jimenez	Nogales	18:59.09 (3.1)	Cave Creek Golf Course
2009 4A-2	Aeoleone Bristow	Rio Rico	19:22.39 (3.1)	Cave Creek Golf Course
2008 4A-1	Christina Price	Sabino	19:16.20 (3.1)	Cave Creek Golf Course
2008 4A-2	Aeoleone Bristow	Rio Rico	19:07.05 (3.1)	Cave Creek Golf Course
2007 4A-1	Lindsay Prescott	Glendale Sandra Day O'Connor	18:34.15 (3.1)	Cave Creek Golf Course
2007 4A-2	Hannah Henson	Rio Rico	18:46.90 (3.1)	Cave Creek Golf Course
2006 4A-1	Ashley Chirco	Tucson Rincon	19:21.85 (3.1)	Cave Creek Golf Course
2006 4A-2	Katrina Lee	Page	19:14.55 (3.1)	Cave Creek Golf Course
2005 4A-1	Andrea Crowe	Tucson Catalina Foothills	20:34.50 (3.1)	Cave Creek Golf Course
2005 4A-2	Kari Hardt	Queen Creek	18:42.45 (3.1)	Cave Creek Golf Course
2004	Kelsey Greathouse	Prescott Valley Bradshaw Mountain	19:01 (3.1)	Anthem Way
2003	Angela Camillo	Cave Creek Cactus Shadows	19:21 (3.1)	Anthem Way
2002	Annie Falor	Flagstaff	18:08 (3.1)	Anthem Way
2001	Jennifer Klein	Prescott	20:19 (3.1)	Santa Rita H.S. (Tucson)
2000	Jennifer Klein	Prescott	19:33 (3.1)	Freestone Park (Gilbert)
1999	Amber Quigley	Tucson Sunnyside	19:11 (3.1)	Freestone Park (Gilbert)
1998	Kristel Redhair	Page	19:46 (3.1)	Tucson Santa Rita H.S.
1997	Lisa Aguilera	Peoria Centennial	19:58 (3.1)	Freestone Park (Gilbert)
1996	Kristel Redhair	Page	19:36 (3.1)	Freestone Park (Gilbert)
1995	Jennifer Maritta	Tucson Catalina Foothills	18:18 (2.9)	Fiesta Inn (Tempe)
1994	Jennifer Maritta	Tucson Catalina Foothills	18:32 (2.9)	Fiesta Inn (Tempe)
1993	Jennifer Varga	Tucson Santa Rita	14:43 (2.4)	Fiesta Inn (Tempe)
1992	Autrnn McManis	Page	14:47 (2.4)	Paseo Park (Peoria)
1991	Carla Estrella	Tucson Santa Rita	15:01 (2.3)	Thunderbird Park (Glendale)
1990	Crista Matthews	Lake Havasu	14:13 (2.2)	Thunderbird Park (Glendale)
1989	Crista Matthews	Lake Havasu	11:22 (1.9)	Thunderbird Park (Glendale)
1988	Nancy George	Tucson Rincon	14:59 (2.0)	Estrella Mountain Park
1987	Lisa Hill	Prescott	11:16 (1.9)	Thunderbird Park (Glendale)
1986	Gretchen Butts	Prescott	12:10 (2.1)	Pima College (Tucson)
1985	Anke Mebold	Tucson Rincon	14:18 (2.4)	Kiwanas Park (Tempe)
1984	Janis Posey	Tuba City	11:05 (1.9)	Thunderbird Park (Glendale)
1983	Janis Posey	Tuba City	13:10 (2.2)	Buckeye Hills
1982	Janis Posey (fr)	Tuba City	13:24 (2.2)	Buckeye Hills
1981	Colleen Talahutewa	Tuba City	13:23 (2.2)	Estrella Mountain Park
1980	Kelly Bates	Flagstaff Coconino	10:19 (2.0)	Dysart H.S. (Peoria)
1979	Millicent Anderson	Tucson Canyon del Oro	12:38 (2.0)	Estrella Mountain Park
1978	Kellie Cathey	San Manuel	16:37 (3.0)	Estrella Mountain Park
1977	Kathy Terrell	Kingman	13:30 (2.2)	Estrella Mountain Park
1976	Lisa Feyerelsen	Flagstaff Coconino	14:10 (2.2)	Estrella Mountain Park

3A CONFERENCE

2009	Rolonda Jumbo	Chinle	18:40.99 (3.1)	Cave Creek Golf Course
2008	Rolonda Jumbo	Chinle	18:14.30 (3.1)	Cave Creek Golf Course
2007	Jessica Rydberg	Lakeside Blue Ridge	20:00.00 (3.1)	Cave Creek Golf Course
2006	Charnelle Curley	Chinle	19:48.25 (3.1)	Cave Creek Golf Course
2005	Janeen Yazzie	Winslow	20:20 (3.1)	Cave Creek Golf Course
2004	Kari Hardt	Queen Creek	18:12 (3.1)	Anthem Way
2003	Whitney Hardt	Springerville Round Valley	19:03 (3.1)	Anthem Way
2002	Whitney Hardt	Springerville Round Valley	18:33 (3.1)	Anthem Way
2001	Whitney Hardt	Payson	18:28 (3.0)	Anthem Way
2000	Jodie Denike	Chino Valley	19:31 (3.1)	Freestone Park (Gilbert)
1999	Ciji Honahni	Tuba City	19:56 (3.1)	Freestone Park (Gilbert)
1998	Alvina Begay	Ganado	19:03 (3.1)	Freestone Park (Gilbert)
1997	Alvina Begay	Ganado	19:22 (3.1)	Freestone Park (Gilbert)
1996	Kimberly Wilkins	Round Valley	19:47 (3.1)	Freestone Park (Gilbert)
1995	Zandra Tahy	Ganado	18:27 (2.9)	Fiesta Inn (Tempe)
1994	Terri Kelewood	Ganado	18:36 (2.9)	Fiesta Inn (Tempe)
1993	Esmeralda Thomas	Holbrook	18:46 (2.9)	Fiesta Inn (Tempe)
1992	Danielle Bornfeld	Monument Valley	12:51 (2.2)	Kiwanis Park (Tempe)
1991	Danielle Bornfeld	Monument Valley	13:38 (2.2)	Estrella Mountain Park
1990	Danielle Bornfeld	Monument Valley	13:03 (2.2)	Estrella Mountain Park
1989	Danielle Bornfeld	Monument Valley	13:18 (2.0)	Estrella Mountain Park

Girls Individual State Champions

YEAR	WINNER	SCHOOL	TIME/DISTANCE	COURSE
1988	Fayetta Dale (fr)	Window Rock	14:09 (2.0)	Estrella Mountain Park
1987	Michelle Jensen	Kayenta Monument Valley	(unk.) (2.0)	Estrella Mountain Park
1986	Lucille Teller	Chinle	13:54 (2.1)	Gilbert H.S.
1985	Janice Posey	Tuba City	14:52 (2.2)	Kiwanis Park (Tempe)
1984	Harriet Wagner	Phoenix Indian School	14:51 (2.2)	Kiwanis Park (Tempe)
1983	Harriet Wagner	Phoenix Indian School	13:32 (2.2)	Buckeye Hills
1982	Patty Lopez	Bisbee	13:47 (2.2)	Buckeye Hills
1981	Tammy Jones	Ajo	13:39 (2.3)	Estrella Mountain Park
1980	Tammie Sanderson	Page	13:25 (2.0)	Estrella Mountain Park
1979	Bev Koerber	Bullhead City Mohave	13:50 (2.0)	Estrella Mountain Park
1978	(unknown)			
1977	Laven Begay	Window Rock	14:05 (2.1)	Estrella Mountain Park

1A/2A CONFERENCES

2009	Chelena Betoney	Sanders Valley	19:36.28 (3.1)	Cave Creek Golf Course
2008	Andrea Klimowksi	Northland Prep	20:20.45 (3.1)	Cave Creek Golf Course
2007	DeAnn Honanie	Keams Canyon Hopi	19:30.10 (3.1)	Cave Creek Golf Course
2006	Jillian Klassen	Scottsdale Christian	19:12.30 (3.1)	Cave Creek Golf Course
2005	Jillian Klassen	Scottsdale Christian	20:23 (3.1)	Cave Creek Golf Course
2004	Jillian Klassen	Scottsdale Christian	19:34 (3.1)	Anthem Way
2003	Kelly Spartonos	Yuma Catholic	20:03 (3.1)	Anthem Way
2002	Julie-Anne Bailey	Chandler Valley Christian	19:48 (3.1)	Anthem Way
2001	Julie-Anne Bailey	Chandler Valley Christian	19:46 (3.0)	Anthem Way
2000	Katie Sammons	Chandler Valley Christian	20:06 (3.1)	Freestone Park (Gilbert)
1999	Martina Goklish	Keams Canyon Hopi	19:51 (3.1)	Freestone Park (Gilbert)
1998	Wendi Lewis (jr)	Keams Canyon Hopi	20:37 (3.1)	Freestone Park (Gilbert)
1997	Wendi Lewis (so)	Keams Canyon Hopi	20:11 (3.1)	Freestone Park (Gilbert)
1996	Wendi Lewis (fr)	Keams Canyon Hopi	20:29 (3.1)	Freestone Park (Gilbert)
1995	Sherida Rogers	Willcox	19:52 (2.9)	Fiesta Inn (Tempe)
1994	Kelley Upshaw	St. Michael	19:23 (2.9)	Fiesta Inn (Tempe)
1993	Jessie Dodd	Bisbee	19:43 (2.9)	Fiesta Inn (Tempe)
1992	Myra Truax	Whiteriver Alchesay	13:39 (3.1)	Kiwanis Park (Tempe)
1991	Angela Herreras (fr)	Benson	14:06 (2.2)	Estrella Mountain Park
1990	Caroline Sekaquaptewa	Keams Canyon Hopi	14:12 (2.2)	Estrella Mountain Park
1989	Myra Truax	Whiteriver Alchesay	13:52 (2.2)	Estrella Mountain Park
1983	Alisa Comaduran	Benson	16:00 (2.4)	Pima College (Tucson)
1982	Wendy Camin (fr)	Benson	16:27 (2.4)	Pima College (Tucson)
1981	Alisa Comaduran	Benson	12:42 (2.0)	Central Arizona College
1980	Alisa Comaduran (fr)	Benson	11:42 (2.0)	Central Arizona College

(1984 thru 1988 combined with Class 3A)

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Pusch Ridge Christian
Rincon
Sabino
Sahuaro
Salpointe Catholic
Santa Rita
St. Augustine
St. Gregory Prep
Sunnyside
Tanque Verde
Tucson

Flagstaff Area

Coconino
Flagstaff
Northland Prep

Yuma Area

Cibola
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2 Alchesay
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4 Ash Fork
5 Baboquivari
6 Bagdad
7 Beaver Dam
8 Benson
9 Bisbee
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22 Duncan
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24 Florence
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35 Joseph City
36 Kingman
23 Kingman Academy
37 Lake Havasu
88 Lee Williams
38 Lourdes Catholic
39 Many Farms
40 Mayer
41 Miami
42 Mingus
95 Mingus Mountain
43 Mogollon
44 Mohave
49 Mohave Accelerated
45 Monument Valley
46 Morenci
48 Nogales
50 Page
51 Parker
52 Patagonia
53 Payson
54 Pima
55 Pinon
56 Prescott
57 Ray
58 Red Mesa
47 Red Valley-Cove
59 Rio Rico
60 River Valley
61 Rock Point
62 Rough Rock
63 Round Valley
64 Safford
65 Sahuarita
66 Salome
67 San Carlos
68 San Manuel
69 San Simon
70 Santa Cruz
71 Sedona Red Rock
72 Seligman
73 Shonto Prep
74 Show Low
75 Snowflake
76 St. David
77 St. Johns
78 St. Michael
79 Superior
80 Thatcher
81 Tohono O'odham
82 Tombstone
83 Tuba City
84 Valley (Sanders)
85 Valley Union
87 Vista Grande
86 Walden Grove
89 Wickenburg
90 Willcox
91 Williams
92 Window Rock
93 Winslow



Girls Team State Champs

DIVISION I

YEAR	WINNING TEAM	HEAD COACH	RUNNERUP	THIRD PLACE
2013	Tempe Desert Vista (60)	Jeff Messner	Phoenix Xavier (70)	Mesa Mountain View (145)
2012	Phoenix Xavier (55)	Jeff Messner	Mesa Mountain View (75)	Tempe Desert Vista (105)
2011	Phoenix Xavier (22)	Dave Van Sickle	Phoenix Desert Vista (81)	Gilbert Highland (98)
2010	Phoenix Xavier (37)	Dave Van Sickle	Phoenix Desert Vista (94)	Mesa Mountain View (106)

DIVISION II

2013	Flagstaff (34)	Trina Painter	Tucson Catalina Foothills (87)	Prescott (186)
2012	Flagstaff (63)	Trina Painter	Tucson Catalina Foothills (103)	CC Cactus Shadows (131)
2011	Flagstaff (62)	Trina Painter	Tucson Sahuaro (93)	Tucson Catalina Foothills (105)
2010	Nogales (77)	Anna Rodriguez	Tempe Marcos de Niza (97)	Tucson Sahuaro (128)

DIVISION III

2013	Rio Rico (89)	Stephen Schadler	Cottonwood Mingus (132)	Page (149)
2012	Page (51)	MacArthur Lane	Cottonwood Mingus (58)	Chinle (110)
2011	Chinle (74)	Shaun Martin	Page (77)	Scottsdale Saguaro (99)
2010	Page (94)	Theodore Martin	Chinle (98)	Flagstaff (108)

DIVISION IV

2013	Keams Canyon Hopi (38)	Laverne Lomakema	Tucson Pusch Ridge (56)	Scottsdale Prep (69)
2012	Keams Canyon Hopi (47)	Laverne Lomakema	Tucson Pusch Ridge (62)	Flagstaff Northland Prep (87)
2011	Keams Canyon Hopi (39)	Elmer Yazzie	Tucson Pusch Ridge (78)	Flagstaff Northland Prep (83)
2010	Keams Canyon Hopi (31)	Laverne Lomakema	Sedona Red Rock (66)	Flagstaff Northland Prep (92)

5A CONFERENCE

2009 5A-1	Phoenix Xavier (31)	Dave Van Sickle	Tempe Desert Vista (74)	Gilbert Highland (77)
2009 5A-2	Oro Valley Ironwood Ridge (40)	Rob Clouse	Phoenix Pinnacle (66)	Tucson Sunnyside (115)
2008 5A-1	Phoenix Xavier (87)	Dave Van Sickle	Mesa Mountain View (95)	Gilbert Highland (145)
2008 5A-2	Oro Valley Ironwood Ridge (38)	Rob Clouse	Phoenix Pinnacle (60)	Tucson Sunnyside (104)
2007 5A-1	Phoenix Xavier (69)	Dave Van Sickle	Glendale Mountain Ridge (89)	Mesa Mountain View (94)
2007 5A-2	Oro Valley Ironwood Ridge (44)	Rob Clouse	Marana Mountain View (47)	Tempe Marcos de Niza (98)
2006 5A-1	Tucson Salpointe Catholic (82)	Malisa Carino	Phoenix Xavier (111)	Glendale Mountain Ridge (121)
2006 5A-2	Glendale Sandra Day O'Connor (28)	Brian Dempsey	Marana Mountain View (87)	Tucson Flowing Wells (111)
2005 5A-1	Tempe Mountain Pointe (58)	Geoffrey Owers	Tempe Desert Vista (103)	Glendale Mountain Ridge (116)
2005 5A-2	Marana Mountain View (61)	Dennis Hansen	Glendale Sandra Day O'Connor (7)	Tucson Flowing Wells (102)
2004	Tucson Flowing Wells (73)	Amanda Fish	Tempe Mountain Pointe (75)	Tempe Desert Vista (100)
2003	Tempe Mountain Pointe (60)	Geoffrey Owers	Tempe Desert Vista (97)	Glendale Mountain Ridge (150)
2002	Tempe Mountain Pointe (51)	Geoffrey Owers	Tempe Desert Vista (78)	Scottsdale Desert Mt. (127)
2001	Tempe Mountain Pointe (37)	Geoffrey Owers	Phoenix Xavier (128)	Marana Mountain View (129)
2000	Tempe Desert Vista (41)	Chris Hanson	Gilbert (116)	Glendale Mountain Ridge (120)
1999	Glendale Mountain Ridge (49)	Scott Pestka	Tempe Mountain Pointe (116)	Tempe Desert Vista (131)
1998	Tempe Desert Vista (69)	Chris Hanson	Phoenix Xavier (85)	Scottsdale Desert Mt. (172)
1997	Phoenix Xavier (112)	Dave Van Sickle	Scottsdale Desert Mountain (145)	Kingman (146)
1996	Phoenix Xavier (60)	Dave Van Sickle	Scottsdale Horizon (68)	Mesa Westwood (111)
1995	Phoenix Xavier (32)	Dave Van Sickle	Mesa Westwood (107)	Tempe Desert Vista (113)
1994	Glendale Deer Valley (44)	Lynne Halford	Phoenix Xavier (50)	Gilbert (84)
1993	Glendale Deer Valley (32)	Lynne Halford	Gilbert (62)	Tempe Mountain Pointe (130)
1992	Gilbert (80)	Stacy Gardner	Glendale Deer Valley (83)	Tucson Canyon del Oro (143)
1991	Mesa Red Mountain (74)	David Hines	Glendale Deer Valley (156)	Phoenix Moon Valley (160)
1990	Tucson Sahuaro (92)	Jeff Lockwood	Mesa Red Mountain (119)	Tucson Canyon del Oro (122)
1989	Tucson Sahuaro (88)	Jeff Lockwood	Chandler (105)	Tucson Canyon del Oro (119)
1988	Tucson Sahuaro (89)	Jeff Lockwood	Mesa (101)	Tucson Canyon del Oro (133)
1987	Phoenix Shadow Mountain (97)	Richard Garcia	Glendale Apollo (133)	Tucson Salpointe (149)
1986	Phoenix Shadow Mountain (77)	Richard Garcia	Tempe Corona del Sol (94)	Sierra Vista Buena (112)
1985	Phoenix Shadow Mountain (76)	Richard Garcia	Tucson Canyon del Oro (93)	Mesa Westwood (129)
1984	Tucson Amphitheater (85)	Sam McClung	Tucson Canyon del Oro (102)	Prescott (120)
1983	Scottsdale Horizon (78)	Kathy Newsome	Phoenix Washington (101)	Tucson Canyon del Oro (107)
1982	Sierra Vista Buena (118)	Dick Haines	Tucson Amphitheater (140)	Scottsdale Coronado (146)



Girls Team State Champs

YEAR	WINNING TEAM	HEAD COACH	RUNNERUP	THIRD PLACE
1981	Scottsdale Chaparral (126)	Dick Stolper	Tucson Sahuaro (141)	Tucson Palo Verde (170)
1980	Tucson Sahuaro (64)	Jeff Lockwood	Scottsdale Coronado (75)	Scottsdale Chaparral (157)
1979	Scottsdale Coronado (48)	Dave Archibald	Tucson Sahuaro (109)	Sierra Vista Buena (120)
1978	Scottsdale Coronado (51)	Dave Archibald	Sierra Vista Buena (80)	Phoenix Alhambra (109)
1977	Sierra Vista Buena (41)	Dick Haines	Phoenix Alhambra (43)	Prescott (82)

4A CONFERENCE

2009 4A-1	Nogales (47)	Manny Gatica	Cave Creek Cactus Shadows (88)	Tucson Sabino (114)
2009 4A-2	Page (72)	Theo Martin	Flagstaff (75)	Rio Rico (76)
2008 4A-1	Phoenix Sandra Day O'Connor (66)	Brian Dempsey	Scottsdale Saguaro (77)	Nogales (110)
2008 4A-2	Flagstaff (74)	Trina Painter	Page (82)	Rio Rico (94)
2007 4A-1	Glendale Sandra Day O'Connor (47)	Brian Dempsey	Cave Creek Cactus Shadows (74)	Nogales (86)
2007 4A-2	Rio Rico (79)	Rodger Bristow	Flagstaff (84)	Tucson Catalina (94)
2006 4A-1	Tucson Catalina (45)	Kathleen Espinoza	Scottsdale Saguaro (67)	Tucson Ironwood Ridge (101)
2006 4A-2	Page (37)	Mark Lomeland	Flagstaff (59)	Flagstaff Coconino (100)
2005 4A-1	Tucson Catalina Foothills (69)	Eric Grossman	Tucson Ironwood Ridge (90)	Scottsdale Saguaro (138)
2005 4A-2	Page (42)	Mark Lomeland	Flagstaff (59)	Rio Rico (101)
2004	Flagstaff (77)	Sharon Falor	Page (110)	Tucson Catalina Foothills (113)
2003	Flagstaff (55)	Sharon Falor	Tucson Catalina Foothills (69)	Cactus Shadows (134)
2002	Flagstaff (34)	Sharon Falor	Tucson Catalina Foothills (96)	Scottsdale Arcadia (101)
2001	Flagstaff (57)	Sharon Falor	Chinle (88)	CC Cactus Shadows (97)
2000	Flagstaff (76)	Sharon Falor	Page (113)	(TIE) Scottsdale Chaparral (177)
				Chinle (177)
				Prescott (177)
1999	Page (74)	Jim Trapp	Tucson Catalina Foothills (104)	Chinle (124)
1998	Page (38)	Mark Lomeland	Chinle (105)	Catalina Foothills (107)
1997	Chinle (43)	Steve Keiser	Page (45)	Catalina Foothills (85)
1996	Chinle (53)	Steve Keiser	Tucson Flowing Wells (54)	Peoria Centennial (115)
1995	Tucson Catalina Foothills (86)	Ron Grant	Chinle (88)	Gilbert (102)
1994	Chinle (77)	Steve Keiser	Peoria Centennial (101)	Tucson Sabino (137)
1993	Chinle (65)	Steve Keiser	Page (82)	Mesa Mountain View (162)
1992	Page (60)	Paul Worthen	Marana Mountain View (107)	Glendale Cactus (137)
1991	Page (76)	Paul Worthen	Glendale Cactus (77)	Tucson Sahuaro (134)
1990	Flagstaff (58)	Dusty Sullivan	Tucson Desert View (134)	Douglas (144)
1989	Lake Havasu (47)	Ray Reynolds	Prescott (110)	Flagstaff (120)
1988	Lake Havasu (75)	Ray Reynolds	Mesa Red Mountain (93)	Flagstaff (114)
1987	Prescott (38)	Tim Carter	Tuba City (109)	Scottsdale Arcadia (126)
1986	Prescott (47)	Tim Carter	Lake Havasu (60)	Glendale Cactus (134)
1985	Prescott (69)	Tim Carter	Lake Havasu (102)	Glendale Cactus (152)
1984	Tuba City (27)	Janet Lomakema	Lake Havasu (87)	Window Rock (97)
1983	Tuba City (21)	Janet Lomakema	Nogales (82)	Winslow (88)
1982	Tuba City (18)	Janet Lomakema	Cottonwood Mingus Union (95)	Nogales (104)
1981	Tuba City (30)	Steve Shapiro	Tucson Flowing Wells (71)	Lake Havasu (103)
1980	Flagstaff (33)	Clair Harris	Tuba City (43)	Tucson Flowing Wells (88)
1979	Tucson Flowing Wells (53)	Hayden Smith	Tuba City (68)	Flagstaff (113)
1978	Tuba City (40)	Janet Tsingine	Winslow (84)	Tucson Canyon del Oro (114)
1977	Winslow (44)	Dave Conatser	Tucson Canyon del Oro (83)	Flagstaff (89)
1976	Winslow (37)	Dave Conatser	Flagstaff Coconino (47)	Flagstaff (73)

3A CONFERENCE

2009	Chinle (34)	Shaun Martin	Sedona Red Rock (85)	Tuba City (96)
2008	Chinle (50)	Shaun Martin	Tuba City (71)	Lakeside Blue Ridge (79)
2007	Chinle (50)	Melissa Martin	Lakeside Blue Ridge (62)	Winslow (70)
2006	Chinle (40)	Melissa Martin	Winslow (103)	Ganado (111)
2005	Ganado (61)	Anaa James	(TIE) Window Rock (90)	Winslow (90)
2004	Ganado (41)	Anna James	Window Rock (84)	Keams Canyon Hopi (117)
2003	Keams Canyon Hopi (31)	Harvey Honyouti	Ganado (72)	Springerville Round Valley (76)
2002	Keams Canyon Hopi (55)	Harvey Honyouti	Ganado (83)	Window Rock (97)



Girls Team State Champs

YEAR	WINNING TEAM	HEAD COACH	RUNNERUP	THIRD PLACE
2001	Payson (53)	Chuck Hardt	Keams Canyon Hopi (65)	Ganado (77)
2000	Tuba City (43)	Milfred Tewawina	Payson (75)	Window Rock (91)
1999	Tuba City (26)	Milfred Tewawina	Ganado (67)	Winslow (117)
1998	Tuba City (53)	Milfred Tewawina	Ganado (59)	Window Rock (72)
1997	Tuba City (43)	Milfred Tewawina	Window Rock (67)	Ganado (116)
1996	Ganado (50)	Jim Lujan	Fountain Hills (72)	Monument Valley (115)
1995	Ganado (32)	Dave Hamons	Window Rock (87)	Fountain Hills (87)
1994	Ganado (33)	Jim Lujan	Monument Valley (85)	Round Valley (90)
1993	Monument Valley (47)	Darryl Reichard	Ganado (82)	Tuba City (84)
1992	Monument Valley (49)	Darryl Reichard	Ganado (59)	Chinle (74)
1991	Monument Valley (28)	Ralph Farr	Ganado (68)	Tuba City (100)
1990	Monument Valley (30)	Ralph Farr	Tuba City (49)	Ganado (84)
1989	Monument Valley (39)	Ralph Farr	(unknown)	(unknown)
1988	Hopi (36)	Harvey Honyouti	Monument Valley (59)	Chinle (90)
1987	Hopi (42)	Harvey Honyouti	Monument Valley (43)	Window Rock (82)
1986	Tuba City (26)	Janet Lomakema	Monument Valley (73)	Chinle (86)
1985	Monument Valley (51)	Ralph Farr	Tuba City (57)	Window Rock (129)
1984	Monument Valley (39)	Ralph Farr	Page (94)	Many Farms (122)
1983	Monument Valley (54)	Ralph Farr	Page (58)	Bisbee (91)
1982	Bisbee (19)	Leonard Suarez	Many Farms (71)	Monument Valley (93)
1981	Ajo (64)	Jose Nogales	Monument Valley (75)	Chinle (81)
1980	Monument Valley (56)	Ralph Farr	Bullhead City Mohave (70)	Chinle (89)
1979	Bullhead City Mohave (56)	Paul Tribb	Ganado (64)	Monument Valley (65)
1978	Monument Valley (unk.)	Ralph Farr	(unknown)	(unknown)
1977	Window Rock (34)	Bill Cowley	Monument Valley (35)	(unknown)

1A/2A CONFERENCES

2009	Keams Canyon Hopi (52)	Laverne Lomakema	Flagstaff Northland Prep (54)	Sanders Valley (76)
2008	Keams Canyon Hopi (32)	Laverne Lomakema	Flagstaff Northland Prep (51)	Sanders Valley (81)
2007	Keams Canyon Hopi (36)	Harvey Honyouti	Flagstaff Northland Prep (46)	Chandler Valley Christian (90)
2006	Chandler Valley Christian (90)	Erika Jackson	Sanders Valley (91)	Yuma Catholic (98)
2005	Yuma Catholic (42)	Ralph Farr	Pinon (65)	Tempe Prep (138)
2004	Yuma Catholic (94)	Ralph Farr	Scottsdale Christian (101)	Sanders Valley (117)
2003	Sanders Valley (70)	Lucas Lucio	Many Farms (74)	Yuma Catholic (90)
2002	St. Michael (69)	Terry Thompson	Many Farms (92)	Tombstone (94)
2001	St. Michael (46)	Terry Thompson	Many Farms (72)	Bisbee (113)
2000	Keams Canyon Hopi (22)	Harvey Honyouti	St. Michael (77)	Chandler Valley Christian (94)
1999	Keams Canyon Hopi (20)	Harvey Honyouti	St. Michael (98)	Willcox (134)
1998	Keams Canyon Hopi (36)	Harvey Honyouti	Tombstone (103)	Willcox (122)
1997	Keams Canyon Hopi (23)	Harvey Honyouti	Willcox (57)	Sanders Valley (138)
1996	Keams Canyon Hopi (25)	Harvey Honyouti	Whiteriver Alchesay (56)	Willcox (83)
1995	St. Michael (30)	Gary Morrow	Hopi (68)	Whiteriver Alchesay (87)
1994	Keams Canyon Hopi (28)	Harvey Honyouti	Willcox (63)	Benson (69)
1993	Keams Canyon Hopi (42)	Harvey Honyouti	Benson (59)	Bisbee (73)
1992	Keams Canyon Hopi (43)	Harvey Honyouti	Whiteriver Alchesay (69)	Sanders Valley (88)
1991	Keams Canyon Hopi (32)	Harvey Honyouti	Whiteriver Alchesay (79)	Benson (100)
1990	Keams Canyon Hopi (18)	Harvey Honyouti	Monument Valley (62)	Whiteriver Alchesay (68)
1989	Keams Canyon Hopi (31)	Harvey Honyouti	Whiteriver Alchesay (87)	Chandler Valley Christian (112)
1983	Ajo (29)	Jose Nogales	Benson (39)	Baboquivari (71)
1982	Benson(31)	Jerry Lee	Ajo (38)	Willcox (79)
1981	Show Low (30)	Jim Hart	Benson (51)	Baboquivari (63)
1980	Show Low (30)	Jim Hart	Florence (81)	Benson (85)

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By Andy Morales
aia365.com

Oro Valley Canyon del Oro senior standout Bridgette Doucet summed up her return to distance running this fall in five very personal words, "By the grace of God." Sitting out last fall due to her battle with anorexia, Doucet has set the standard this year after finishing with a runner-up performance in 2012.

She has collected win after win this fall with many of them out-pacing the field by more than a minute as she did at the Division II/Section II meet with a time of 17 minutes 12.5 seconds.

"The runners are amazing," Doucet explained after her first victory this fall, "They are all the best people. I feel like this is all what it's about. I'm enjoying my team and the grateful to be out here running again. My teammates, my coaches and family have all been supportive. And I am also doing this for God because he is the reason I am able to be out here."

Getting a post-race interview from Doucet proves to very difficult - for a good reason. True to her word and personality, Doucet does not hang around the finish line and take in her own victory. Far from it.

Doucet sprints back to the race to cheer on her opponents.

Defending state champion Tempe Corona del Sol swept the top three spots last year in the boy's Division I race but the team graduated five of their top seven runners including state champion Nate Rodriguez and runner-up Ryan Norman but they return third place finisher Marcus Wheeler.

Along with Gilbert Mesquite senior Tyler Day, Wheeler has to be the favorite to take home the trophy this fall. Day and Wheeler have the top two times in the state this fall and have taken turns outpacing each other in elite races.

The two will have several runners from Phoenix Desert Vista on their heels however, including junior Xavier Esparza.

The three runners will make for an exciting race.



CDO's Bridgette Doucet is one of the favorites to take state at the Division II level (Andy Morales photo).



Boys Individual State Champions

DIVISION I

YEAR	WINNER	SCHOOL	TIME/DISTANCE	COURSE
2013	Nate Rodriguez	Tempe Corona del Sol	15:29.98 (3.1)	Cave Creek Golf Course
2012	Bernie Montoya	Yuma Cibola	15:14.24 (3.1)	Cave Creek Golf Course
2011	Bernie Montoya	Yuma Cibola	15:46.74 (3.1)	Cave Creek Golf Course
2010	Bernie Montoya	Yuma Cibola	15:38.20 (3.1)	Cave Creek Golf Course

DIVISION II

2013	Harvey Nelson	Tucson Catalina Foothills	15:25.64 (3.1)	Cave Creek Golf Course
2012	Andy Trouard	Tucson Salpointe Catholic	16:01.99 (3.1)	Cave Creek Golf Course
2011	Eduardo Roa	Tempe McClintock	16:03.41 (3.1)	Cave Creek Golf Course
2010	Brandon Kocmoud	Peoria Sunrise Mountain	16:02.11 (3.1)	Cave Creek Golf Course

DIVISION III

2013	Oscar Amaya	Rio Rico	15:47.57 (3.1)	Cave Creek Golf Course
2012	Jake Wynn	Scottsdale Saguaro	15:58.51 (3.1)	Cave Creek Golf Course
2011	Jake Wynn	Scottsdale Saguaro	15:39.59 (3.1)	Cave Creek Golf Course
2010	Billy Orman	Tuba City	15:03.32 (3.1)	Cave Creek Golf Course

DIVISION IV

2013	Josh Hoskinson	Phoenix Arizona Lutheran	16:14.24 (3.1)	Cave Creek Golf Course
2012	Kyle Cajero	Tucson Pusch Ridge Christian	16:25.07 (3.1)	Cave Creek Golf Course
2011	Nico Montanez	Tucson St. Augustine Catholic	16:16.97 (3.1)	Cave Creek Golf Course
2010	Justin Secakuku	Keams Canyon Hopi	16:12.54 (3.1)	Cave Creek Golf Course

5A CONFERENCE

2009 5A-1	Jorge Martinez	Phoenix Alhambra	15:43.67 (3.1)	Cave Creek Golf Course
2009 5A-2	Steve Magnuson	Oro Valley Ironwood Ridge	15:56.35 (3.1)	Cave Creek Golf Course
2008 5A-1	Jorge Martinez	Phoenix Alhambra	16:03.80 (3.1)	Cave Creek Golf Course
2008 5A-2	Alberto Tellez	Phoenix Camelback	16:20.90 (3.1)	Cave Creek Golf Course
2007 5A-1	Matt Boughton	Tempe Desert Vista	16:05.20 (3.1)	Cave Creek Golf Course
2007 5A-2	Jim Walmsley	Scottsdale Horizon	15:37.45 (3.1)	Cave Creek Golf Course
2006 5A-1	Matt Boughton	Tempe Desert Vista	16:20.00 (3.1)	Cave Creek Golf Course
2006 5A-2	Daniel Lovell	Anthem Boulder Creek	16:16.35 (3.1)	Cave Creek Golf Course
2005 5A-1	Garrett Kelly	Tempe Desert Vista	16:20.00 (3.1)	Cave Creek Golf Course
2005 5A-2	James Bogner	Paradise Valley	16:13.55 (3.1)	Cave Creek Golf Course
2004	Craig Breinholt	Gilbert Highland	15:27 (3.1)	Anthem Way
2003	Charles Hampton	Phoenix Brophy Prep	15:35 (3.1)	Anthem Way
2002	Charles Hampton	Phoenix Brophy Prep	15:14 (3.1)	Anthem Way
2001	Kevin Billington	Phoenix Trevor Browne	15:22 (3.0)	Anthem Way
2000	Kevin Billington	Phoenix Trevor Browne	16:04 (3.1)	Freestone Park (Gilbert)
1999	Juan Reyes	Phoenix Carl Hayden	15:46 (3.1)	Freestone Park (Gilbert)
1998	Juan Reyes	Phoenix Carl Hayden	16:05 (3.1)	Freestone Park (Gilbert)
1997	Anthony Francisco	Tucson Sunnyside	16:10 (3.1)	Freestone Park (Gilbert)
1996	Anthony Francisco	Tucson Sunnyside	16:17 (3.1)	Freestone Park (Gilbert)
1995	David Abril	Tucson Canyon del Oro	15:15 (2.9)	Fiesta Inn (Tempe)
1994	David Abril	Tucson Canyon del Oro	15:07 (2.9)	Fiesta Inn (Tempe)
1993	Nathan Nutter	Tempe Corona del Sol	15:41 (3.2)	Kennedy Park (Tucson)
1992	Webb Shelley	Mesa Westwood	16:41 (3.2)	Estrella Mountain Park
1991	Theo Molla	Tucson Rincon	16:20 (3.16)	Spook Hill Park (Mesa)
1990	Webb Shelley	Mesa Westwood	15:04 (3.1)	Prison Hills (Yuma)
1989	Niles Ward	Tempe Marcos de Niza	14:48 (2.9)	Arrowhead Ranch
1988	Chris Schurz	Mesa Westwood	15:45 (3.2)	Estrella Mountain Park
1987	Chris Schurz	Mesa Westwood	14:16 (2.9)	Thunderbird Park
1986	Chris Schurz	Mesa Westwood	16:10 (3.2)	Pima College (Tucson)
1985	Todd Lewis	Mesa Mountain View	16:53 (3.4)	Kiwanis Park (Tempe)
1984	Doug Hobbs	Mesa Westwood	15:06 (2.9)	Mouer Park (Tempe)
1983	Jeff Canada	Phoenix Greenway	15:51 (3.2)	Pima College (Tucson)
1982	Chris Caldwell	Tucson Amphitheater	no time/rain storm	Fountain Hills
1981	Jeff Canada	Phoenix Greenway	15:49 (3.1)	Kiwanis Park (Tempe)
1980	Tom Ansberry	Tucson Santa Rita	15:21 (3.1)	Tucson Santa Rita H.S.
1979	Tom Ansberry	Tucson Santa Rita	15:04 (3.0)	Fountain Hills
1978	Kerry Bogner	Scottsdale Coronado	14:52 (3.0)	Fountain Hills
1977	Dave Barney	Scottsdale Coronado	15:46 (3.2)	Tucson Santa Rita H.S.
1976	Robert Lopez	Glendale	15:27 (3.1)	Kiwanis Park (Tempe)
1975	Larry Martinez	Tucson Sunnyside	17:08 (3.3)	Estrella Mountain Park
1974	David Shoots	Tucson Amphitheater	16:52 (3.5)	Estrella Mountain Park
1973	David Shoots	Tucson Amphitheater	16:01 (3.2)	Estrella Mountain Park
1972	Ray Woolery	Phoenix Camelback	12:36 (2.8)	Prison Hills (Yuma)
1971	Rob Waugh	Phoenix Camelback	15:34 (3.2)	Phoenix East H.S.
1970	Chuck Walker	Prescott	10:26 (2.2)	Phoenix East H.S.
1969	Chuck Walker	Prescott	10:34 (2.2)	Phoenix East H.S.
1968	Dave Gladstone	Scottsdale Coronado	10:15 (2.1)	Papago Park (Phoenix)



Boys Individual State Champions

YEAR	WINNER	SCHOOL	TIME/DISTANCE	COURSE
1967	Ruben Moncivaz	Phoenix Union	9:33 (2.0)	Kennedy Park (Tucson)
1966	Mario Castro	Tucson Sunnyside	10:24 (2.1)	Papago Park (Phoenix)
1965	Mario Castro	Tucson Sunnyside	10:44 (2.0)	Papago Park (Phoenix)
1964	Manuel Alatorre	Mesa Westwood	10:32 (2.1)	Papago Park (Phoenix)
1963	David Mansfield	Yuma Kofa	10:59 (2.0)	Papago Park (Phoenix)
1962	David Mansfield	Yuma Kofa	10:48 (2.1)	Papago Park (Phoenix)
1961	John Donner	Tucson Catalina	10:48 (2.2)	Papago Park (Phoenix)
1960	John Donner	Tucson Catalina	10:42 (2.0)	Papago Park (Phoenix)
1959	Bill Jost	Phoenix Camelback	10:58 (2.0)	Papago Park (Phoenix)
1958	Tony Moreno	Bisbee	10:49 (2.0)	Papago Park (Phoenix)
1957	Ray Mobary	Tucson Pueblo	11:14 (2.2)	Papago Park (Phoenix)
1956	Ray White	Phoenix Union	11:11 (2.2)	Papago Park (Phoenix)
1955	Joe Robles	Tucson	7:57 (1.7)	Papago Park (Phoenix)

4A CONFERENCE

2009 4A-1	Sherod Hardt	Queen Creek	15:32.40 (3.1)	Cave Creek Golf Course
2009 4A-2	Brian Shrader	Flagstaff Sinagua	15:15.89 (3.1)	Cave Creek Golf Course
2008 4A-1	Alex Evans	Tucson Sabino	16:19.55 (3.1)	Cave Creek Golf Course
2008 4A-2	Brian Shrader	Flagstaff Sinagua	15:15.25 (3.1)	Cave Creek Golf Course
2007 4A-1	Ben Schild	Prescott	16:25.05 (3.1)	Cave Creek Golf Course
2007 4A-2	Brian Shrader	Flagstaff Sinagua	16:00.70 (3.1)	Cave Creek Golf Course
2006 4A-1	John Yatsko	Tempe McClintock	16:22.40 (3.1)	Cave Creek Golf Course
2006 4A-2	Victor Zazueta	Tucson Desert View	15:54.65 (3.1)	Cave Creek Golf Course
2005 4A-1	Ben Schild	Prescott	17:26.10 (3.1)	Cave Creek Golf Course
2005 4A-2	Victor Zazueta	Tucson Desert View	16:40.75 (3.1)	Cave Creek Golf Course
2004	Kenny Cormier	Douglas	15:10 (3.1)	Anthem Way
2003	Leif Lomeland	Page	16:02 (3.1)	Anthem Way
2002	Ben Reed	Tucson Catalina Foothills	15:23 (3.1)	Anthem Way
2001	Heath Hatch	Flagstaff Sinagua	17:20 (3.1)	Santa Rita H.S. (Tucson)
2000	Ted Gast	Tucson Sahuaro	16:33 (3.1)	Freestone Park (Gilbert)
1999	Heath Hatch	Flagstaff Sinagua	16:47 (3.1)	Freestone Park (Gilbert)
1998	Steve Crane	Phoenix Greenway	16:38 (3.1)	Freestone Park (Gilbert)
1997	Mike Walls	Glendale Apollo	17:09 (3.1)	Freestone Park (Gilbert)
1996	Brandon Strong	Paradise Valley	16:42 (3.1)	Freestone Park (Gilbert)
1995	Demian Quiroz	Tucson Rincon	15:29 (2.9)	Fiesta Inn (Tempe)
1994	Lee Doherty	Tucson Flowing Wells	15:13 (2.9)	Fiesta Inn (Tempe)
1993	Larry Yellowhair	Page	15:15 (2.9)	Fiesta Inn (Tempe)
1992	Tim Martin	Page	15:39 (3.1)	Paseo Park (Peoria)
1991	Theo Martin	Page	14:52 (3.1)	Thunderbird Park (Glendale)
1990	Theo Martin	Page	15:42 (3.1)	Thunderbird Park (Glendale)
1989	Kirk Bronander	Prescott	14:35 (2.9)	Thunderbird Park (Glendale)
1988	Kirk Bronander	Prescott	17:29 (3.2)	Estrella Mountain Park
1987	Bernie Semler	Tucson Rincon	14:54 (2.9)	Thunderbird Park (Glendale)
1986	Ray Andrade	Tucson Desert View	16:47 (3.2)	Pima College (Tucson)
1985	Scott Willbrandt	Tucson Flowing Wells	17:07 (3.4)	Kiwanis Park (Tempe)
1984	Thomas Florez	Glendale	16:28 (3.1)	Thunderbird Park (Glendale)
1983	Ruben Martinez	Flagstaff Coconino	16:30 (3.2)	Buckeye Hills
1982	Andy Endishee	Tuba City	16:29 (3.2)	Buckeye Hills
1981	Keith Morrison	Glendale Cactus	17:27 (3.2)	Estrella Mountain Park
1980	Keith Morrison	Glendale Cactus	17:56 (3.1)	Dysart H.S. (Peoria)
1979	Andy Almodova	Tucson Flowing Wells	17:09 (3.2)	Estrella Mountain Park
1978	Andy Almodova	Tucson Flowing Wells	15:37 (3.0)	Estrella Mountain Park
1977	Frank Nez	Flagstaff Coconino	18:01 (3.3)	Estrella Mountain Park
1976	Paul Neilson	Tolleson	17:50 (3.3)	Estrella Mountain Park
1975	Joseph Nelson	Tuba City	17:31 (3.3)	Estrella Mountain Park
1974	Jerry Keams	Holbrook	17:41 (3.3)	Estrella Mountain Park
1973	Arthur Redhair	Snowflake	15:07 (3.1)	Kennedy Park (Tucson)
1972	Wayne Taylor	Winslow	17:43 (3.2)	Estrella Mountain Park
1971	Woody Franklin	Winslow	15:04 (3.0)	Santa Rita H.S. (Tucson)
1970	Woody Franklin	Winslow	12:48 (2.5)	Estrella Mountain Park
1969	Alde Qumyintewa	Phoenix Indian School	11:17 (2.0)	Phoenix East H.S.
1968	(unknown)			

3A CONFERENCE

2009	Billy Orman	Tuba City	15:44.36 (3.1)	Cave Creek Golf Course
2008	Ryan Yazzie	Tuba City	16:13.20 (3.1)	Cave Creek Golf Course
2007	Lance Williams	Tuba City	16:30.40 (3.1)	Cave Creek Golf Course
2006	Christopher Holve	Tuba City	16:23.55 (3.1)	Cave Creek Golf Course
2005	Matt Rowell	Lakeside Blue Ridge	17:01 (3.1)	Cave Creek Golf Course
2004	Gordon Segay	Window Rock	15:57 (3.1)	Anthem Way
2003	Gordon Segay	Window Rock	16:27 (3.1)	Anthem Way
2002	Eric Chavez	Rio Rico	15:34 (3.1)	Anthem Way
2001	Eric Chavez	Rio Rico	15:55 (3.0)	Anthem Way



Boys Individual State Champions

YEAR	WINNER	SCHOOL	TIME/DISTANCE	COURSE
2000	Josh Robles	Rio Rico	16:28 (3.1)	Freestone Park (Gilbert)
1999	Blaine Goklish	Whiteriver Alchesay	16:39 (3.1)	Freestone Park (Gilbert)
1998	Filbert Begay	Window Rock	16:26 (3.1)	Freestone Park (Gilbert)
1997	Lambert Watchman	Ganado	16:43 (3.1)	Freestone Park (Gilbert)
1996	Jose Gordon	Arizona Boys Ranch	16:50 (3.1)	Freestone Park (Gilbert)
1995	Chris Duncan	Camp Verde	16:05 (2.9)	Fiesta Inn (Tempe)
1994	Bryan Kee	Window Rock	15:31 (2.9)	Fiesta Inn (Tempe)
1993	Bryan Kee	Window Rock	15:12 (2.9)	Fiesta Inn (Tempe)
1992	Orlando Begay	Chinle	15:14 (3.1)	Kiwanis Park (Tempe)
1991	Elphonso Curley	Ganado	16:22 (3.2)	Estrella Mountain Park
1990	Alfred Tsosie	Window Rock	16:46 (3.2)	Estrella Mountain Park
1989	Alfred Tsosie	Window Rock	18:40 (3.2)	Estrella Mountain Park
1988	Kenneth James	Many Farms	18:04 (3.2)	Estrella Mountain Park
1987	Raymond Bahe	Many Farms	(unk.) (3.2)	Estrella Mountain Park
1986	Ricky Bedonie	Many Farms	16:09 (3.1)	Gilbert H.S.
1985	Ricky Bedonie	Many Farms	16:49 (3.2)	Kiwanis Park (Tempe)
1984	Julius Cly	Many Farms	16:45 (3.1)	Kiwanis Park (Tempe)
1983	Albert Claw	Chinle	16:12 (3.2)	Buckeye Hills
1982	Leo Biah	Ganado	16:46 (3.2)	Buckeye Hills
1981	Leo Biah	Ganado	17:29 (3.2)	Estrella Mountain Park
1980	Johnson Brown	Chinle	17:26 (3.2)	Estrella Mountain Park
1979	Darrel Trujillo	Phoenix Indian School	17:41 (3.2)	Estrella Mountain Park
1978	Darrel Trujillo	Phoenix Indian School	16:39 (3.3)	Estrella Mountain Park
1977	Alvin Begay	Ganado	17:48 (3.3)	Estrella Mountain Park
1976	Herman Sahneyah	Tuba City	17:25 (3.3)	Estrella Mountain Park
1975	Francisco Valisto	Ajo	17:41 (3.2)	Estrella Mountain Park
1974	Francisco Valisto	Ajo	18:03 (3.4)	Estrella Mountain Park
1973	Ruben Reyes	Florence	17:47 (3.3)	Estrella Mountain Park
1972	Harold Stanley	Monument Valley	17:39 (3.2)	Estrella Mountain Park
1971	Stanley Robbins	Window Rock	17:17 (3.3)	Phoenix East H.S.
1970	Chuck Foster	Window Rock	12:31 (2.5)	Estrella Mountain Park
1969	Ernie Aguilar	San Manuel	(unk.) (2.0)	Glendale CC
1968	(unknown)			
1967	Tom McKinoley	Bisbee	10:32 (2.1)	Papago Park (Phoenix)
1966	David Monogue	Phoenix Indian School	10:43 (2.1)	Papago Park (Phoenix)

1A/2A CONFERENCES

2009	Cody Rosengarten	Tombstone	16:09.14 (3.1)	Cave Creek Golf Course
2008	Cody Rosengarten	Tombstone	16:34.70 (3.1)	Cave Creek Golf Course
2007	Isaiah Klassen	Scottsdale Christian	16:19.85 (3.1)	Cave Creek Golf Course
2006	Tanner Carothers	Flagstaff Northland Prep	16:36.45 (3.1)	Cave Creek Golf Course
2005	Craig Curley	St. Michael	16:46 (3.1)	Cave Creek Golf Course
2004	Weston Jones	Red Mesa	15:50 (3.1)	Anthem Way
2003	David Mehlhorn	Chandler Valley Christian	16:50 (3.1)	Anthem Way
2002	Justin Prevatte	Tombstone	16:14 (3.1)	Anthem Way
2001	Alvin Thomas	Sanders Valley	16:21 (3.0)	Anthem Way
2000	Wes Winslow	Tombstone	16:57 (3.1)	Freestone Park (Gilbert)
1999	Devan Lomayaoma	Keams Canyon Hopi	16:10 (3.1)	Freestone Park (Gilbert)
1998	Devan Lomayaoma	Keams Canyon Hopi	16:39 (3.1)	Freestone Park (Gilbert)
1997	Ralston Lamson	Keams Canyon Hopi	16:57 (3.1)	Freestone Park (Gilbert)
1996	Kyle Goklich	Whiteriver Alchesay	16:39 (3.1)	Freestone Park (Gilbert)
1995	Juwan Nuvayokua	Keams Canyon Hopi	14:56 (2.9)	Fiesta Inn (Tempe)
1994	Larin Poleahla	Keams Canyon Hopi	15:43 (2.9)	Fiesta Inn (Tempe)
1993	Saul Maskey	Bisbee	15:33 (2.9)	Fiesta Inn (Tempe)
1992	Jay Lomayestewa	Keams Canyon Hopi	15:44 (3.1)	Kiwanis Park (Tempe)
1991	Clifford Allen	Many Farms	17:02 (3.2)	Estrella Mountain Park
1990	Tilford Tungovia	Keams Canyon Hopi	17:54 (3.2)	Estrella Mountain Park
1989	Kenneth James	Many Farms	19:26 (3.2)	Estrella Mountain Park
1983	Brian McGumphy	Benson	15:53 (3.2)	Pima College (Tucson)
1982	Daryl Thurber	Springerville Round Valley	16:11 (3.2)	Pima College (Tucson)
1981	Mike Lopez	Benson	14:40 (3.1)	Central Arizona College
1980	Jim Wichaoa	Baboquivari	14:35 (3.0)	Central Arizona College
1979	Pat Listo	Florence	17:28 (3.3)	Estrella Mountain Park
1978	Will Bribiescas	Superior	15:46 (3.0)	Estrella Mountain Park
1977	Edward Felix	Baboquivari	18:36 (3.3)	Estrella Mountain Park
1976	Lorenzo curly	Sanders Valley	18:14 (3.3)	Estrella Mountain Park
1975	Bruce Fay	Florence	18:46 (3.3)	Estrella Mountain Park
1974	Gerardo Monreal	Florence	18:32 (3.3)	Estrella Mountain Park

(1984 thru 1988 combined with 3A)

By Jose Garcia
aia365.com

The weight of Adriano Joe's struggles on his shoulders slides off with every stride he takes.

What's left to carry is the memory of his late grandmother, Violet, and the determination to prove that at 5-feet-5 Joe has the biggest heart on a race course. As a freshman, Joe led Pinon's cross country team to a second place finish at state in 2013 in Division IV, the best showing for a boys team ever from Pinon.

What Joe helped pull off last year was unexpected. But for him, what the then freshman accomplished served as proof that Joe's on the right track despite his family's struggles to make ends meet.

He could have stopped competing to help his family, like when he'd sometimes ride bulls in middle school, giving his rewards to his parents. But his parents and coaches would rather see Joe continue to make strides in racing, and they are doing everything possible so that it stays that way.

Joe will often sell his personal stuff to help purchase the running shoes his dad Attson buys. As the top-ranked distance runner in D-IV this season, Joe is chasing a state title this year.

He was the seventh place finisher and first freshman to cross the finish line in the D-IV state race last year.

"I forget about everything when I'm running," said the 16-year-old Joe about what he's already experienced off the track. "But it has strengthened me."

He's also racing for Violet, who was killed by a drunk driver during Joe's track season last year.

Violet would often tell her grandson that, as a competitor, Joe had a big heart. He continues to prove that despite being told that he's not tall enough to compete with runners with longer strides.

But some competitors can't measure up to Joe's grit and see what makes him tick.

"I haven't seen Adriano get tired," Pinon coach Leroy Begay said. "It seems like he still has energy at the end and sprints the final 100 meters."

Joe's grandmother would have been proud of the way he continues to push himself.

"I will always remember her and pray for her," Joe said. "I will never forget her."

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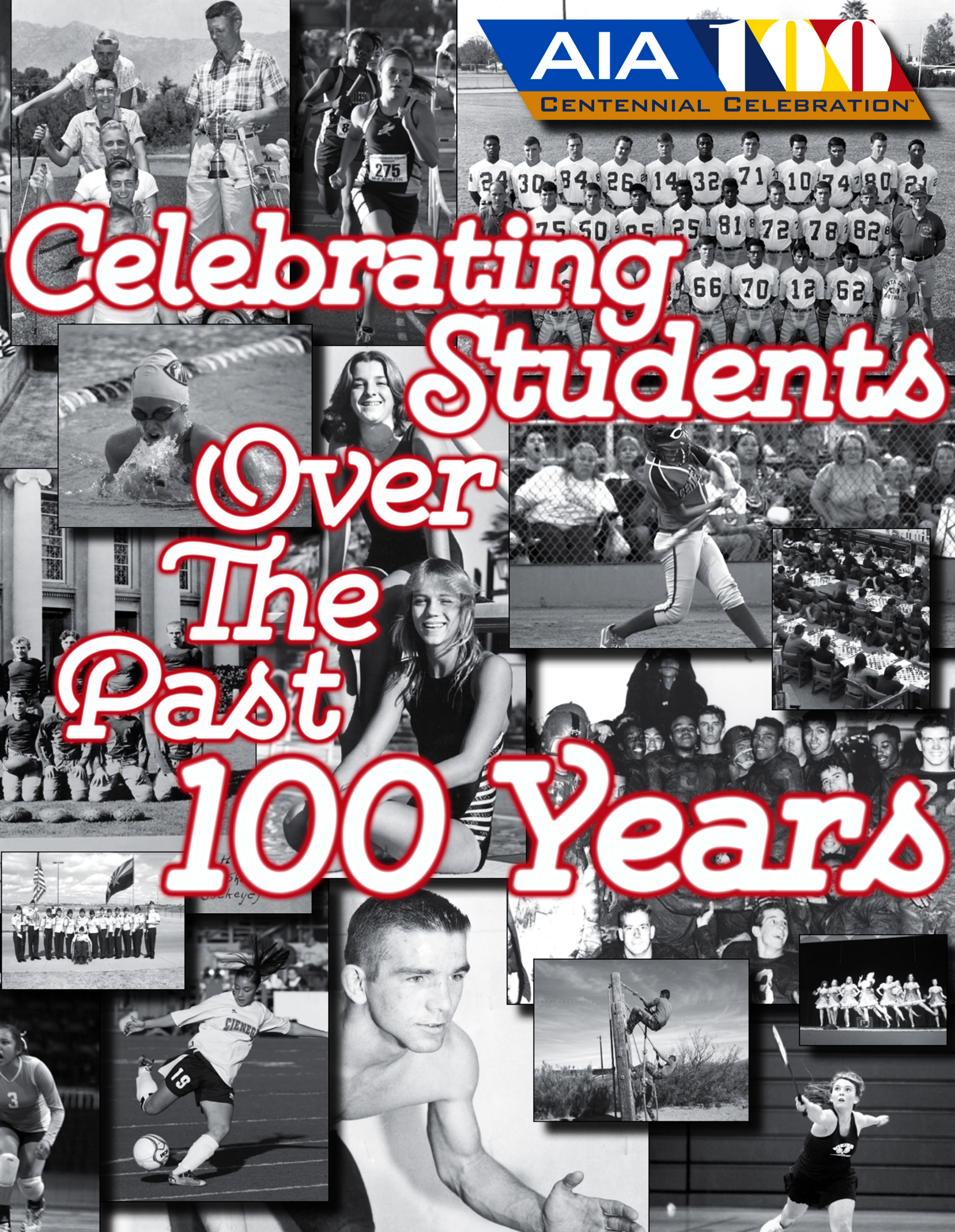
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Recent Boys Team State Champs

DIVISION I

YEAR	WINNING TEAM	HEAD COACH	RUNNERUP	THIRD PLACE
2013	Tempe Corona del Sol (48)	Teresa Hodge	Tempe Desert Vista (80)	Oro Valley Ironwood Ridge (100)
2012	Tempe Desert Vista (101)	Chris Hanson	Gilbert Highland (135)	Tempe Corona del Sol (147)
2011	Gilbert Highland (86)	Dave Montgomery	Tempe Desert Vista (123)	Mesa Mountain View (143)
2010	Phoenix Alhambra (102)	Carlos Borja	Mesa Mountain View (112)	Tempe Desert Vista (117)

DIVISION II

2013	Tucson Catalina Foothills (150)	Adam Columbo	Phoenix Greenway (159)	Marana Mountain View (186)
2012	Cave Creek Cactus Shadows (78)	Patty Egan	Oro Valley Canyon Del Oro (142)	Marana Mountain View (158)
2011	Oro Valley Canyon Del Oro (97)	Rick Glider	Tucson Ironwood Ridge (147)	Cave Ck. Cactus Shadows (186)
2010	Tucson Catalina Foothills (63)	Doug Keen	Peoria Sunrise Mountain (118)	Oro Valley Ironwood Ridge (152)

DIVISION III

2013	Tuba City (48)	Arvis Myron	Rio Rico (71)	Page (117)
2012	Rio Rico (29)	Stephen Schadler	Tuba City (73)	Scottsdale Saguardo (97)
2011	Chinle (71)	Shaun Martin	Rico Rico (86)	Tuba City (95)
2010	Chinle (77)	Shaun Martin	Flagstaff (94)	Cottonwood Mingus (119)

DIVISION IV

2013	Keams Canyon Hopi (69)	Rick Baker	Pinon (124)	Tucson Pusch Ridge (147)
2012	Keams Canyon Hopi (56)	Rick Baker	Tucson Pusch Ridge (71)	Flagstaff Northland Prep (169)
2011	Keams Canyon Hopi (52)	Rick Baker	Flagstaff Northland Prep (81)	Phoenix Veritas Prep (171)
2010	Keams Canyon Hopi (58)	Rick Baker	Many Farms (111)	Pinon (136)

5A CONFERENCE

2009 5A-1	Phoenix Alhambra (84)	Carlos Borja	Tempe Corona del Sol (102)	Mesa Mountain View (113)
2009 5A-2	Oro Valley Ironwood Ridge (95)	Gary Forrest	Yuma Cibola (102)	Phoenix Camelback (146)
2008 5A-1	Tempe Desert Vista (96)	Chris Hanson	Phoenix Alhambra (98)	Gilbert Highland (152)
2008 5A-2	Tucson Sunnyside (60)	Ron Grant	Phoenix Camelback (110)	Tucson Ironwood Ridge (161)
2007 5A-1	Phoenix Alhambra (64)	Carlos Borja	Tempe Desert Vista (122)	Mesa Mountain View (167)
2007 5A-2	Marana Mountain View (70)	Dennis Hansen	Scottsdale Horizon (70)	Tucson Ironwood Ridge (103)
2006 5A-1	Tempe Desert Vista (75)	Chris Hanson	Scottsdale Horizon (90)	Mesa Mountain View (102)
2006 5A-2	Phoenix Shadow Mountain (67)	Greg Pestka	Marana Mountain View (119)	Scottsdale Desert Mt. (158)
2005 5A-1	Tempe Desert Vista (56)	Chris Hanson	Tucson Salpointe (159)	Sierra Vista Buena (160)
2005 5A-2	Phoenix Carl Hayden (90)	Gary Anderson	Phoenix Shadow Mountain (102)	Marana Mountain View (120)
2004	Mesa Mountain View (85)	Kyle Sawyer	Tempe Desert Vista (110)	Gilbert Highland (125)
2003	Phoenix Brophy Prep (129)	Mike Keahon	Mesa Mountain View (133)	Tempe Desert Vista (140)
2002	Tempe Desert Vista (109)	Chris Hanson	Phoenix Shadow Mountain (134)	Scottsdale Desert Mt. (147)
2001	Phoenix Shadow Mountain (87)	Gregg Pestka	Mesa Mountain View (98)	Tempe Mountain Pointe (114)
2000	Tempe Mountain Pointe (104)	Jeff Hengesbach	Glendale Mountain Ridge (113)	Scottsdale Horizon (128)
1999	Scottsdale Horizon (112)	Don Gardina	Mesa Mountain View (142)	Mesa Dobson (149)
1998	Scottsdale Horizon (109)	Don Gardina	Gilbert Highland (120)	Mesa Dobson (127)
1997	Mesa Dobson (74)	Kyle Sawyer	Tempe Mountain Pointe (110)	Tucson Sunnyside (123)
1996	Mesa Westwood (80)	Kyle Sawyer	Scottsdale Horizon (99)	Phoenix Brophy Prep (111)
1995	Mesa Westwood (85)	Kyle Sawyer	Scottsdale Horizon (86)	Mesa Mountain View (133)
1994	Mesa Westwood (56)	Kyle Sawyer	Phoenix Deer Valley (80)	Tucson Canyon del Oro (134)
1993	Mesa Westwood (60)	Kyle Sawyer	Tucson Canyon del Oro (92)	Tempe Mountain Pointe (172)
1992	Tempe Corona del Sol (36)	Sabrina Robinson	Mesa Westwood (93)	Tucson Canyon del Oro (127)
1991	Mesa Westwood (80)	Kyle Sawyer	Tempe Corona del Sol (147)	Glendale Apollo (161)
1990	Mesa Westwood (49)	Kyle Sawyer	Mesa Red Mountain (88)	Tucson Sahuaro (104)
1989	Phoenix Trevor Browne (42)	Dave Cruickshank	Mesa Westwood (95)	Phoenix Shadow Mountain (152)
1988	Phoenix Trevor Browne (53)	Dave Cruickshank	Mesa Westwood (81)	Tucson Sahuaro (106)
1987	Mesa Mountain View (54)	Mike Jackson	Phoenix Trevor Browne (55)	Tucson Amphitheater (108)
1986	Phoenix Trevor Browne (32)	Dave Cruickshank	Mesa Mountain View (115)	Mesa Westwood (180)
1985	Phoenix Trevor Browne (73)	Dave Cruickshank	Glendale Apollo (135)	Mesa Mountain View (139)
1984	Tucson Sahuaro (75)	Jeff Lockwood	Tucson Sunnyside (135)	Mesa Westwood (141)
1983	Mesa Westwood (107)	Mike Gray	Tucson Sahuaro (123)	Phoenix Thunderbird (161)
1982	Tucson Santa Rita (118)	Ken Radon	Tucson Palo Verde (167)	Mesa Mountain View (195)
1981	Casa Grande (77)	Bill Allen	Tucson Amphitheater (99)	Phoenix Greenway (117)
1980	Tucson Santa Rita (58)	Ken Radon	Phoenix Greenway (66)	Tucson Palo Verde (134)
1979	Tucson Santa Rita (109)	Ken Radon	Tucson Sahuaro (156)	Tucson Palo Verde (169)
1978	Tucson Santa Rita (111)	Gary Stefan	Tucson Palo Verde (125)	Scottsdale Coronado (140)
1977	Scottsdale Coronado (97)	Jim Ryder	Tucson Palo Verde (121)	Tucson Sunnyside (136)
1976	Scottsdale Coronado (66)	Jim Ryder	Tucson Palo Verde (77)	Tucson Sunnyside (88)
1975	Tucson Sunnyside (67)	Jim Mielke	Glendale (127)	Mesa Westwood (129)

Recent Boys Team State Champs

YEAR	WINNING TEAM	HEAD COACH	RUNNERUP	THIRD PLACE
1974	Phoenix South Mountain (71)	Joe Ehlers	Tucson Sunnyside (101)	Phoenix Alhambra (197)
1973	Tempe Union (47)	Doug Conley	Phoenix South Mountain (158)	Sierra Vista Buena (180)
1972	Phoenix South Mountain (110)	Joe Ehlers	Tempe Union (112)	Tucson Pueblo (135)
1971	Phoenix North (49)	Ron Houser	Phoenix Camelback (93)	Casa Grande/Sunnyside (166)
1970	Phoenix South Mountain (84)	Joe Ehlers	Tucson Sahuaro (91)	Phoenix West (102)

4A CONFERENCE

2009 4A-1	Tucson Catalina Foothills (43)	Doug Keen	Prescott Valley Bradshaw Mt. (110)	Tucson Flowing Wells (116)
2009 4A-2	Cottonwood Mingus (55)	Jim Bostwick	Rio Rico (66)	Flagstaff (81)
2008 4A-1	Tucson Catalina Foothills (59)	Doug Keen	Cave Creek Cactus Shadows (85)	Tucson Sabino (92)
2008 4A-2	Rio Rico (46)	Rodger Bristow	Tucson Catalina (65)	Cottonwood Mingus (66)
2007 4A-1	Tucson Sabino (56)	Sylvia Knies	Tucson Catalina Foothills (73)	Phoenix Shadow Mountain (113)
2007 4A-2	Cottonwood Mingus (36)	Jim Bostwick	Rio Rico (67)	Tucson Catalina (104)
2006 4A-1	Tucson Catalina Foothills (74)	Doug Keen	Tucson Catalina (120)	Tucson Sabino (128)
2006 4A-2	Rio Rico (64)	Rodger Bristow	Cottonwood Mingus (65)	Flagstaff (75)
2005 4A-1	Phoenix Greenway (71)	Scott Giddings	Tucson Ironwood Ridge (125)	Phoenix Thunderbird (129)
2005 4A-2	Page (31)	Mark Lomeland	Rio Rico (66)	Flagstaff (126)
2004	Page (40)	Mark Lomeland	Flagstaff (94)	Cactus Shadows (96)
2003	Page (62)	Mark Lomeland	Tucson Catalina Foothills (89)	Flagstaff Coconino (174)
2002	Tucson Catalina Foothills (46)	Ron Grant	Page (92)	Phoenix Washington (103)
2001	Tucson Catalina Foothills (70)	Ron Grant	Flagstaff Coconino (76)	Prescott (104)
2000	Tucson Catalina Foothills (99)	Ron Grant	Tucson Sahuaro (126)	Page (158)
1999	Page (78)	Jim Trapp	Tucson Catalina Foothills (118)	Tucson Palo Verde (154)
1998	Page (93)	Jim Trapp	Tucson Catalina Foothills (106)	Phoenix Greenway (122)
1997	Page (78)	Jim Trapp	Tucson Catalina Foothills (90)	Scottsdale Chaparral (144)
1996	Douglas (84)	Dave Bond	Tucson Catalina Foothills (91)	Phoenix Moon Valley (131)
1995	Page (76)	Jim Trapp	Douglas (117)	Chinle (132)
1994	Douglas (87)	Dave Bond	Page (97)	Lake Havasu (125)
1993	Lake Havasu (104)	Ray Reynolds	Tucson Flowing Wells (108)	Chinle (113)
1992	Page (27)	Mark Lomeland	Glendale Cactus (136)	Tucson Sahuaro (154)
1991	Page (30)	Mark Lomeland	Flagstaff (95)	Phoenix Greenway (127)
1990	Page (35)	Mark Lomeland	Flagstaff (78)	Flagstaff Coconino (87)
1989	Page (43)	Mark Lomeland	Glendale (116)	Flagstaff (148)
1988	Tuba City (81)	John Goatcher	Page (130)	Tucson Rincon (154)
1987	Globe (103)	Ben Marin	Lake Havasu (114)	Prescott (125)
1986	Prescott (81)	Paul Bixler	Scottsdale Arcadia (97)	Lake Havasu (161)
1985	Lake Havasu (94)	Ray Reynolds	Tucson Flowing Wells (101)	Tucson Palo Verde (127)
1984	Tuba City (55)	Charles Carter	Glendale (73)	Tucson Flowing Wells (80)
1983	Tuba City (49)	Bud Davis	Nogales (90)	Lake Havasu (103)
1982	Tuba City (24)	Bud Davis	Nogales (81)	Kingman (101)
1981	Tuba City (35)	Bud Davis	Nogales (91)	Cottonwood Mingus Union (94)
1980	Tuba City (38)	Bud Davis	Nogales (72)	Cottonwood Mingus Union (101)
1979	Tuba City (62)	Bud Davis	Chinle (111)	Globe (131)
1978	Tuba City (54)	Bud Davis	Chinle (60)	Tucson Flowing Wells (82)
1977	Flagstaff Coconino (44)	Jack Boehle	Gilbert (61)	Winslow (75)
1976	Winslow (49)	Dave Conatser	Holbrook (54)	San Manuel (105)
1975	Tuba City (20)	Bud Davis	Winslow (70)	Holbrook (129)
1974	Holbrook (45)	W.B. Wolfington	Winslow (50)	Tuba City (82)
1973	Winslow (27)	Dave Conatser	Flagstaff Coconino (67)	Snowflake (99)
1972	Winslow (32)	Dave Conatser	Flagstaff Coconino (68)	San Manuel (93)
1971	Phoenix Indian School (37)	Vic Hall	Winslow (45)	Flagstaff Coconino (87)
1970	Phoenix Indian School (34)	Joe Michelitch	Winslow (54)	Flagstaff Coconino (87)

3A CONFERENCE

2009	Tuba City (42)	Carlton Perry	Chinle (55)	Ganado (123)
2008	Tuba City (68)	Carlton Perry	Chinle (90)	Sedona Red Rock (106)
2007	Tuba City (28)	Carlton Perry	Chinle (77)	Ganado (93)
2006	Keams Canyon Hopi (51)	Rick Baker	Chinle (62)	Ganado (65)
2005	Keams Canyon Hopi (62)	Rick Baker	Tuba City (65)	Ganado (67)
2004	Keams Canyon Hopi (61)	Rick Baker	Rio Rico (74)	(TIE) Ganado (75)
				Tuba City (75)
2003	Keams Canyon Hopi (24)	Rick Baker	Rio Rico (51)	Tuba City (83)
2002	Keams Canyon Hopi (32)	Rick Baker	Window Rock (71)	Tuba City (78)
2001	Keams Canyon Hopi (41)	Rick Baker	Rio Rico (47)	Window Rock (62)
2000	Rio Rico (53)	Stephen Schadler	Window Rock (61)	Whiteriver Alcheyas (113)
1999	Tuba City (70)	Arvis Myron	Rio Rico (99)	Winslow (104)

Recent Boys Team State Champs

YEAR	WINNING TEAM	HEAD COACH	RUNNERUP	THIRD PLACE
1998	Ganado (69)	Jim Lujan	Window Rock (64)	Tuba City (108)
1997	Window Rock (52)	Leonard Chee	Ganado (116)	Winslow (131)
1996	Arizona Boys Ranch (52)	Ken Johnson	Window Rock (72)	Bradshaw Mountain (101)
1995	Monument Valley (87)	Bob Nash	Bradshaw Mountain (89)	Window Rock (95)
1994	Monument Valley (83)	James Lujan	Ganado (99)	Window Rock (101)
1993	Tuba City (34)	Milfred Tewawina	Window Rock (85)	Winslow (101)
1992	Chinle (45)	Lon Mason	Lake Havasu (86)	Window Rock (101)
1991	Chinle (39)	Lon Mason	Ganado (59)	Tuba City (74)
1990	Tuba City (31)	Troy Honahnie	Monument Valley (41)	Chinle (48)
1989	Chinle (48)	Lon Mason	Monument Valley (53)	Tuba City (69)
1988	Monument Valley (102)	Bob Nash	Chinle (123)	Sanders Valley (127)
1987	Monument Valley (88)	Ray Spackman	Chinle (93)	Hopi (113)
1986	Bisbee (59)	Leonard Suarez	Monument Valley (93)	Tuba City (96)
1985	Many Farms (84)	Fernando Roman	Tuba City (86)	Bisbee (94)
1984	Phoenix Indian School (71)	Joe Morris	Monument Valley (92)	Bisbee (97)
1983	Ganado (71)	John Peroni	Bisbee (91)	Chinle (104)
1982	Ganado (40)	John Peroni	Many Farms (51)	Holbrook (90)
1981	Ganado (61)	Tony Ruffo	Holbrook (66)	Chinle (79)
1980	Ganado (65)	Tony Ruffo	Chinle (71)	Many Farms (97)
1979	Ganado (78)	Tony Ruffo	Many Farms (80)	Phoenix Indian School (96)
1978	Phoenix Indian School (50)	Joe Morris	Monument Valley (60)	Ganado (84)
1977	Tuba City (20)	Bud Davis	Chinle (75)	(unk.)
1976	Tuba City (22)	Bud Davis	Ganado (unk.)	(unk.)
1975	Ganado (30)	Barney McLvov	Cottonwood Mingus Union (73)	Ajo (87)
1974	Ganado (32)	Barney McLvov	Ajo (54)	Buckeye (119)
1973	Tuba City (49)	Bud Davis	Holbrook (63)	Ganado (100)
1972	Holbrook (45)	Boyd Wolfington	Ganado (66)	Tuba City (86)
1971	Tuba City (26)	Bud Davis	Holbrook (59)	Window Rock (111)
1970	Tuba City (85)	Bud Davis	Snowflake (98)	San Manuel (116)

1A/2A CONFERENCES

2009	Keams Canyon Hopi (27)	Rick Baker	Many Farms (62)	Canyon State (162)
2008	Keams Canyon Hopi (28)	Rick Baker	Many Farms (67)	Tombstone (141)
2007	Keams Canyon Hopi (34)	Rick Baker	Chandler Valley Christian (118)	Scottsdale Christian (122)
2006	St. Michael (80)	Kelly Upshaw	Scottsdale Christian (117)	Chandler Valley Christian (131)
2005	Flagstaff Northland Prep (49)	Mike Elder	St. Michael (63)	Scottsdale Christian (76)
2004	Flagstaff Northland Prep (73)	Mike Elder	Red Mesa (85)	St. Michael (89)
2003	Chandler Valley Christian (103)	Dan Kuiper	Valley Sanders (110)	Scottsdale Christian (156)
2002	Tombstone (94)	Roger Bristow	Many Farms (98)	Scottsdale Christian (103)
2001	Sanders Valley (48)	Lucas Lucio	St. Michael (58)	Chandler Valley Christian (124)
2000	Keams Canyon Hopi (39)	Rick Baker	St. Michael (63)	Sanders Valley (76)
1999	Keams Canyon Hopi (15)	Rick Baker	Sanders Valley (84)	Tombstone (86)
1998	Keams Canyon Hopi (22)	Rick Baker	Tombstone (89)	San Carlos (92)
1997	Keams Canyon Hopi (19)	Rick Baker	Tombstone (90)	Thatcher (111)
1996	Keams Canyon Hopi (32)	Rick Baker	Sanders Valley (81)	Tombstone (87)
1995	Keams Canyon Hopi (19)	Rick Baker	Sanders Valley (80)	Whiteriver Alchesay (88)
1994	Keams Canyon Hopi (40)	Rick Baker	Bisbee (66)	Sanders Valley (68)
1993	Keams Canyon Hopi (47)	Rick Baker	Sanders Valley (65)	Bisbee (69)
1992	Keams Canyon Hopi (43)	Rick Baker	Bisbee (61)	Many Farms (65)
1991	Keams Canyon Hopi (31)	Rick Baker	Bisbee (82)	Sanders Valley (92)
1990	Keams Canyon Hopi (38)	Rick Baker	Sanders Valley (47)	Red Mesa (130)
1989	Many Farms (45)	Frank Begay	Sanders Valley (55)	Keams Canyon Hopi (92)
1983	Ajo (29)	Terry Orr	Sanders Valley (70)	Benson (80)
1982	Baboquivari (35)	Bob Kahn	Ajo (54)	Benson (106)
1981	Baboquivari (36)	Bob Kahn	Whiteriver Alchesay (39)	Show Low (82)
1980	Florence (63)	Dave English	Winkelman Hayden (77)	Whiteriver Alchesay (80)
1979	Florence (36)	Dave English	Baboquivari (57)	Whiteriver Alchesay (77)
1978	Florence (32)	Jack Hamilton	Superior (45)	Whiteriver Alchesay (47)
1977	Whiteriver Alchesay (31)	Frank Hatfield	Florence (43)	Superior (51)
1976	Whiteriver Alchesay (35)	Frank Hatfield	Florence (44)	Superior (87)
1975	Florence (38)	Dave English	Sanders Valley (55)	Whiteriver Alchesay (58)
1974	Florence (55)	Dave English	Willcox (60)	Springerville Round Valley (78)

(1984 thru 1988 combined with 3A Conference)

2014-15 SPORTS ADVISORY COMMITTEE REPRESENTATIVES

BADMINTON

- 5A - Lerina Johnson, Coach Perry
4A - Eric Zimmerman, Administrator Washington
Sarah Schlesinger, Coach Sunnyslope

BASEBALL

- 5A - Jason Grantham, Administrator Mesquite
Scott Cook, Coach Highland
4A - Jeff Feldman, Administrator Greenway
Matt Denny, Coach Greenway
3A - Mike Briguglio, Administrator Fountain Hills
Art Griffith, Coach Winslow
2A - Garye LaFevers, Administrator Tonopah
Armando Ballesteros, Coach Bisbee
1A - Billy Durate, Administrator Superior
Rene Pacheco, Coach Ray

BASKETBALL

- 5A - Steve McDowell, Administrator GPS
Mark Nold, Coach Chandler
4A - Phillip Nowlin, Administrator Verrado
Howard Mueller, Coach Greenway
Michael Fowler, At-Large Higley District
3A - Jamie Roe, Administrator Tuba City
Mark Showers, Coach Camp Verde
2A - David Thursby, Administrator Tombstone
Julia Six, Coach Valley Sanders
Lonnie Tvrdy, At-Large Pusch Ridge

CROSS COUNTRY

- 5A - Kris Alexander, Administrator Desert Mtn.
Kathleen Thomas, Coach Maryvale
4A - Mark Goligoski, Administrator Prescott
Trina Painter, Coach Flagstaff
Scott Giddings, At-Large Greenway
3A - Ivan Brown, Administrator River Valley
Eric Fogle, Coach Blue Ridge
2A - Nate Agostini, Administrator Horizon Honors
Annetee Hemstreet, Coach Greyhills
1A - John Rickey, Administrator Glendale Prep
Bruce Wilkensen, Coach Gilbert Christian

FOOTBALL

- 5A - Corey Newland, Administrator PVUSD
Preston Jones, Coach Perry
4A - Nathan Slater, Administrator Arcadia
Nemer Hassey, Coach Cienega
3A - Peter Jelovic, Administrator Chino Valley
Jim Fairfield, Coach Fountain Hills
2A - Don Conrad, Administrator Thatcher
David Inness, Coach Northwest Christian
1A - Lee Haws, Administrator Fort Thomas
Tim Slade, Coach Mogollon

GOLF

- 5A - Sr. Lynn Winson, Administrator Xavier
Frank Campos, Coach Dobson
Larry Boyles, At-Large Horizon
4A - Red Morrow, Administrator TUSD
Craig Mai, Coach Mingus Union
3A - Bobby Armenta, Administrator Globe
Nick Trakas, Coach Florence
2A - Don Conrad, Administrator Thatcher
David Gray, Coach Bisbee
1A - Cindy Kirk, Administrator Valley Lutheran
Scott Amed, Coach Phoenix Christian

SOCCER

- 5A - Todd Garelick, Admin Mtn. View (Marana)
Xavier Flores, Coach Central
Matt Smith, At-Large Corona del Sol
4A - Jeannine Brandel, Administrator Flagstaff
Julie Walters, Coach Catalina Foothills
3A - Robert Edwards, Admin San Tan Fhills
Jeremy Scott, Coach Florence
2A - Cindy Riley, Administrator Desert Christian
Dean Sale, Coach Tempe Prep
1A - Dan Hood, Administrator Gilbert Classical
David Callahan, Coach Phoenix Christian

SOFTBALL

- 5A - Phil Gruensfelder, Administrator Salpointe
Annie Lockwood, Coach Skyline
4A - Shelly Arrendondo, Administrator Tempe
Ed McQuade, Coach Greenway
3A - Kevin Standerfer, Administrator Snowflake
Amanda Amann, Coach River Valley
2A - Andrea James, Administrator Santa Cruz
Mark Steiner, Coach AZ Lutheran
1A - Lee Haws, Administrator Fort Thomas
Bill Moten, Coach Academy of Tucson

SWIM

- 5A - David Smithers, At-Large North
Kedi Murrish, At-Large Perry
4A - Paul Reynolds, Administrator Queen Creek
Brian Anderson, Coach Greenway
3A - A. Jay Bronson, Admin Sedona Red Rock
2A - Jennifer Stephens, Coach Tempe Prep
1A - Janet Oitzman, Administrator Gilbert Chr.
Melody Pinkerton, Coach Gilbert Chr.

TENNIS

- 5A - Larry Homes, Coach Mountain Pointe
Laurie Martin, At-Large Xavierl
4A - Kristie Stevens, Coach Catalina Fthills
Jennifer Fowler, At-Large Greenway
3A - Amanda Schell, Coach Estrella Fthills
2A - Carol Brandon, Coach Desert Christian
1A - Toni Corona, Administrator Duncan
Mark Swenson, Coach St. Gregory

TRACK

- 5A - Jennifer Burks, Administrator Perry
James Smith, Coach Westwood
Mary Wimmer, At-Large Alhambra
Eric Bolus, At-Large Deer Valley
4A - Dwayne Folsom, Administrator Higley
Lori Larsen, Coach Williams Field
3A - Paul Demuth, Administrator Holbrook
Robert London, Coach Blue Ridge
2A - Mike Elder, Admin Northland Prep
James Golden, Coach Bourgade
1A - Rick Samon, Coach Mogollon

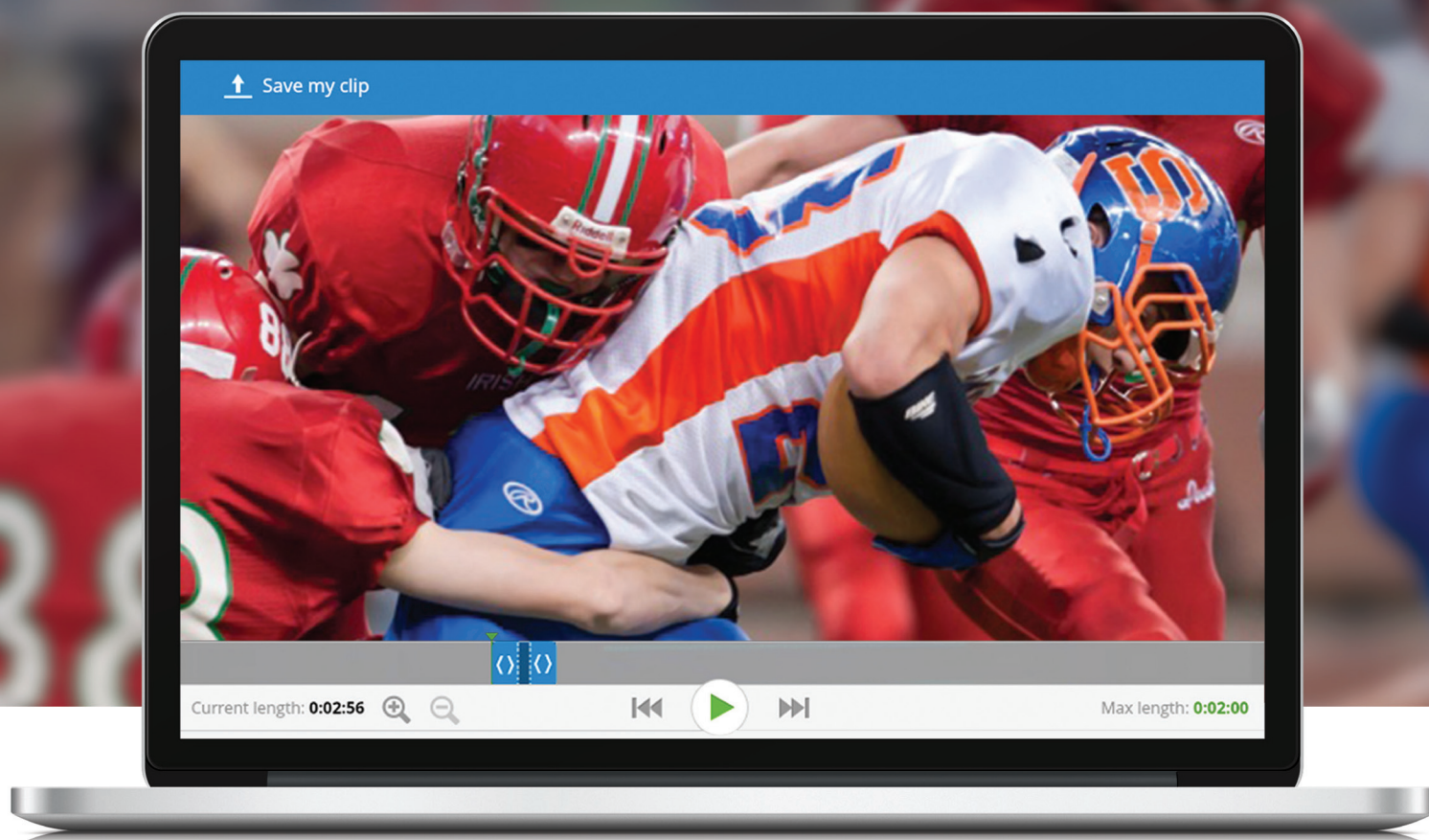
VOLLEYBALL

- 5A - Rod Huston, Administrator Highland
Lamar-Renee Bryant, Coach Xavier
Renee Regoli, At-Large Campo Verde
4A - Sarah Peterson, Coach Greenway
3A - Jacob Holiday, Admin Monument Villy
Alan Ramage, Coach Snowflake
2A - Lisa Barlow, Coach Tempe Prep
1A - Cindy Kirk, Administrator Valley Lthrn
Tylene Miller, Coach St. David

WRESTLING

- 5A - Chandler Evans, Admin O'Connor
Robert Deberry, Coach Tucson
4A - Ryan Ridenour, Admin Desert Edge
Bryan Smith, Coach Moon Valley
3A - Justin Hartman, Administrator Winslow
Tim Williams, Coach Show Low
2A - Neil Osterman, Coach Willcox
1A - Rocky Nelson, Administrator Mogollon
Bob Wolf, Coach Valley Lutheran

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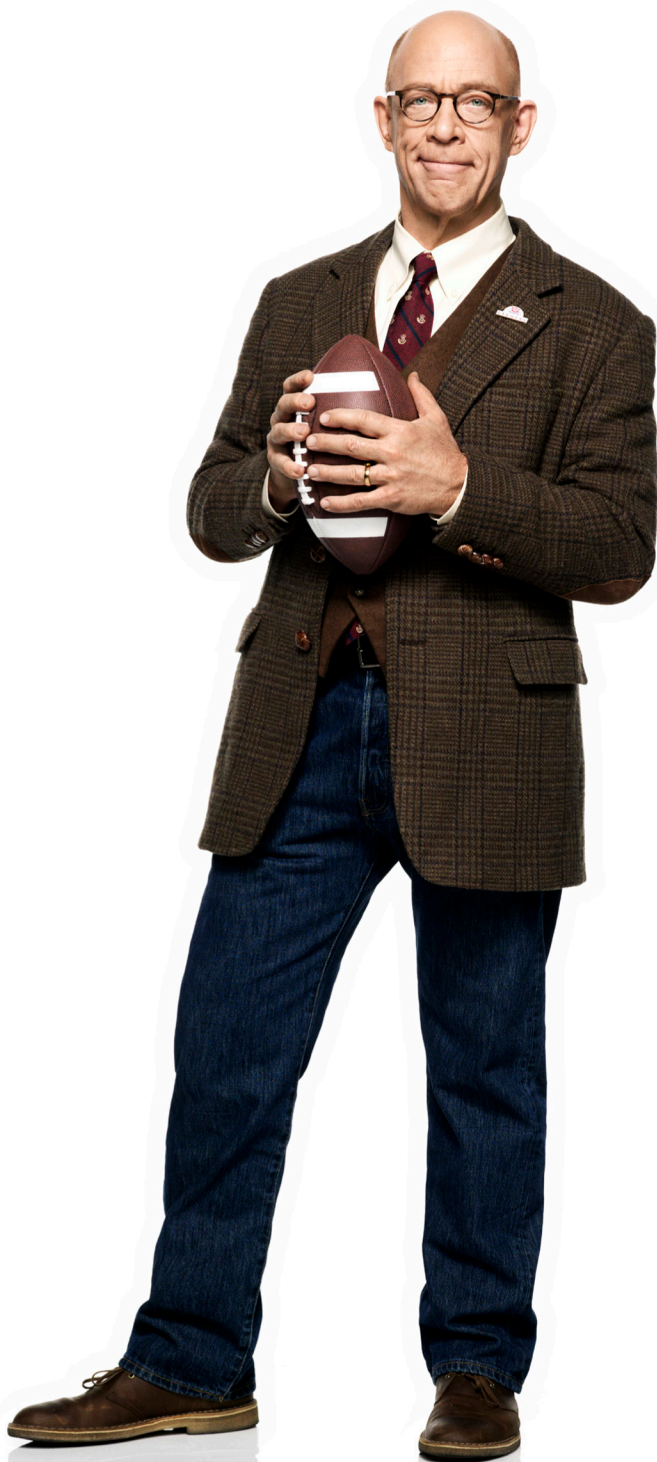
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